# **Central New York**

# Family Support Resource Directory

(Updated May 2016)

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**NOTE:** Family Based Treatment Programs are CLOSED effective March 31, 2013

# **Additions and Edits**

All information in this guide is provided as a convenience and for information purposes only and does not constitute an endorsement or recommendation of these services. Reasonable effort is made to present current and accurate information. Please submit corrections or additions to:

Susan Lewis or Kathleen Liedka NYS OMH CNY Field Office 545 Cedar Street Syracuse, NY 13210 315-426-3930

<u>Additions</u>
Program Name
Address
Phone Number
<u>Changes</u> Program Name
Contact Name
Address
Phone Number
Program Description

#### **Broome County**

#### **Director of Community Services for OMH**

Arthur Johnson Broome County Mental Health Department 36-42 Main Street, DSS Building, 1<sup>st</sup> Floor Binghamton, NY 13905 607-778-6357 / fax 607-778-6189 ajohnson@co.broome.ny.us

#### **Family Support Programs**

Children's Home of Wyoming Conference 1182 Chenango Street Binghamton, NY 13901 607-772-6904 / 800-772-6904 Kelly Clark, Director Day Treatment Program 607-772-2804 x313

Catholic Charities – Youth Services 86-88 Walnut Street Binghamton, NY 13905 607-584-7800 / fax 607-584-7801

# **SPOA Coordinator**

Amanda Vredenburgh Broome County Mental Health Department 36-42 Main Street Binghamton, NY 13905 607-778-1102 / fax 607-778-6189 avredenburgh@co.broome.ny.us

# **CCSI Coordinator**

Beth Palmieri Catholic Charities of Broome County 86-88 Walnut Street Binghamton, NY 13905 607-584-7800

# **CCSI Focus Coordinators**

Kathy Eckert, Director, C&F Services / Liz Ann Clifford Mental Health Association of the Southern Tier 153 Court Street Binghamton, NY 13901 607-771-8888 x307 / Fax 607-771-8892 info@yourmha.com or Kathy.eckert@yourmha.com

# **Mental Health Clinic**

Broome County Community Mental Health Service Closed May 2015

Greater Binghamton Health Center (GBHC) Clinic 114 Clinton Street Binghamton, NY 13905 607-797-0680

# **Case Management**

C&Y Intensive/Supportive Case Management & Aging Out Intensive Case Management Broome Catholic Charities 86-88 Walnut Street Binghamton, NY 13905 607-584-7800

# **Broome County** (continued)

#### **Day Treatment**

Binghamton Psychiatric Center - Adolescent Day Treatment 425 Robinson Street Binghamton, NY 13901 607-724-1391

Children's Home Of Wyoming Conference, Inc. - Day Treatment 1182 Chenango Street Binghamton, NY 13901 607-772-6904

# **Home and Community Based Waiver Program**

Catholic Charities of Broome County - Children's Flex Team 232 Main Street Binghamton, NY 13905 607-584-7800 / fax 607-584-7801

# Community Residence - also see Regional Resources

Catholic Charities of Broome County
Boys of Courage, C&Y Community Residence
32 Oak Street
Binghamton, NY 13905
607-724-2001

Greater Binghamton Health Center - Adolescent Crisis Residence Broome County 607-724-1391

Residential Treatment Facility - See Regional Resources

# Psychiatric Emergency Room/Comprehensive Psychiatric Evaluation Program (CPEP)

Article 28

United Health Services Hospitals, Inc Comprehensive Psychiatric Emergency Program 10-42 Mitchell Avenue Binghamton, NY 13903 607-762-2315 / CPEP Crisis Line 607-762-2459

# **Legal Services**

Legal Services of Central New York, Inc. 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / Toll Free: 866-475-9967

TTY: 315-475-3120 / TTY toll free 866-475-3120

# **Broome County** (continued)

#### **Additional Resources**

Battisti Network, Inc. 265 Main Street Binghamton, NY 13905 607-770-1355

\*Battisti Network provides a comprehensive, interdisciplinary, outpatient program for the treatment of eating disorders.

Greater Binghamton Health Center Pam Evans - PC Advocate 607-771-8888 425 Robinson Street Binghamton, NY 13901 607-724-1391

Adolescent Crisis Residence	607-773-4625
Adolescent Day Treatment	607-773-4026
Case Management	607-797-4520
Child & Adolescent Behavioral Health Center	607-773-4520
Children & Youth Mobile Mental Health Team	607-773-4424
Family Support & Advocacy-NAMI Broome County	607-773-4294
Family Support Group for Children & Adolescents	607-773-4027

Family and Children's Society of Broome County (2 locations)

257 Main Street 153 Main Street Binghamton, NY 13905 Owego, NY 13827

607-729-6206 / Fax 607-729-1858 607-687-3540 / Fax 607-687-3911

<u>Services</u>: Family Support Centers in Whitney Point & Harpursville Schools

Advantage After School Program in the Harpursville Central Schools

Adolescent Pregnancy Prevention Service 607-729-6206

# Family Resource Network/Parent to Parent (See Regional Resources)

# **Transition Services**

Adult SPOA Coordinator
Gary Tucker
Catholic Charities
232 Main Street
Binghamton, NY 13905
607-723-9991 x317 / fax 607-773-7891
qtucker@ccbc.net

# **Cayuga County**

# **Director of Community Services for OMH**

Raymond Bizzari
Cayuga County Community Services
146 North Street
Auburn, NY 13021
315-253-2746 / fax 315-253-1077
rbizzari@cayugacounty.us

# **Family Support Programs**

Cayuga Counseling Services
Parents as Partners
17 East Genesee Street
Auburn, NY 13021
315-253-9795
Evie Noden, Family Program Coordinator
evien@cayugacounseling.org

Cayuga County Mental Health Family Support 157 Genesee Street Auburn, NY 13021 315-253-0341

# **SPOA Coordinator**

Maureen Brennan
Cayuga County Community Services
146 North Street
Auburn, NY 13021
315-253-0341 / fax 315-253-1687
mbrennan@co.cayugacounty.us

# **CCSI Coordinator**

Evie Noden, CSW
Cayuga Counseling Services
17 East Genesee St
Auburn, NY 13021
315-253-9795 / fax 315-253-1687
evien@cayugacounseling.org

#### **Mental Health Clinic**

Cayuga Counseling Services Mental Health Clinic 17 East Genesee St Auburn, NY 13021 607-253-9795

Cayuga County Mental Health Clinic 157 Genesee Street Auburn, NY 13021 315-253-1687

#### **Day Treatment Program**

Cayuga Counseling Center - BOCES Campus Child/Adolescent Day Treatment Program 1879 West Genesee Street Auburn, NY 13021 315-253-9795

# Cayuga County (continued)

#### **Case Management**

Cayuga County Mental Health – Children & Youth ICM 146 North Street
Auburn, NY 13021 315-253-1690

# **Home and Community Based Waiver Program**

Hillside Family of Services - HCBS Waiver Program Hillside Children's Center 215 Wyoming Street Syracuse, NY 13204 315-703-8700

# **Community Residence** - See Regional Resources

#### Residential Treatment Facility - See Regional Resources

Hillside RTF - Finger Lakes Campus 7432 County House Road Auburn, NY 13021 315-258-2100 Kelly White, Advocate kwhite@hillside.com

# Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP)

Auburn Memorial Hospital 17 Lansing St. Auburn, NY 13021 315-255-7011 Article 28

# Legal Services

Legal Services of Central New York, Inc. 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / Toll Free: 866-475-9967 TTY: 315-475-3120 / TTY toll free 866-475-3120

# **Additional Resources**

NAMI Cayuga County Chapter Terri Wasilenko Auburn Community Hospital 2<sup>nd</sup> Floor Assembly Room Auburn, NY 13021 315-255-7443 NAMI Office 2maestros@twc.com

Services: Meets 1<sup>st</sup> and 3<sup>rd</sup> Tuesday at 6:00 – 7:30 pm at above address

#### **Transition Services**

Adult SPOA Coordinator
Katie Montroy
146 North Street
Auburn, NY 13021
315-253-0341 / fax 315-253-1077
kmontroy@cayugacounty.us

# **Chenango County**

# **Director of Community Services for OMH**

Ruth Roberts
Chenango County Community Services
5 Court Street, Suite 42
Norwich NY 13815
607-337-1600 / fax 607-334-4519
ruthr@co.chenango.nv.us

#### **Family Support Program**

Mental Health Association of Ulster County Marion Mossman, Program Director 5546 State Highway 7 Oneonta, NY 13820 607-433-0700 m.mossman@mhainulster.org

Family Resource Network, Inc Michelle Zuk, Executive Director 46 Oneida Street Oneonta, NY 607-432-0001 / fax 607-432-5516 executivedirector@familyrn.org Website: www.familyrn.org

# **SPOA Coordinator**

Terry Foor-Pessin Chenango County Community Services 5 Court Street, Suite 42 Norwich, NY 13815 607-337-1600 / fax 607-334-4519 terryf@co.chenango.ny.us

# **CCSI Coordinator**

Michelle Zuk Family Resource Network, Inc 46 Oneida Street Oneonta, NY 607-432-0001 / fax 607-432-5516 mzuk@familyrn.org

Website: www.familyrn.org

#### **Mental Health Clinic**

Chenango County Behavioral Health Services 5 Court St, Suite 42 Norwich, NY 13815 607-337-1600

# **Day Treatment Program** - Not available in this county

# **Case Management**

Chenango County Community Services Children & Youth ICM/SCM 5 Court Street, Suite 42 Norwich NY 13815 607-337-1600

# **Chenango County** (continued)

#### **Home and Community Based Waiver**

Mental Health Association of Ulster County Marion Mossman, Program Director 5546 State Highway 7 Oneonta, NY 13820 607-433-0700 m.mossman@mhainulster.org

# **Community Residence** - see Regional Resources

#### Residential Treatment Facilities - see Regional Resources

Stillwater RTF 638 Squirrel Hill Road Chenango Fork, NY 13746 607-656-9004

# Psychiatric Emergency Room/ Comprehensive Psychiatric Evaluation Program (CPEP)

Article 28

United Health Services Hospitals, Inc Comprehensive Psychiatric Emergency Program 10-42 Mitchell Avenue Binghamton, NY 13903 607-762-2315 / CPEP Crisis Line 607-762-2459

Bassett Medical Center One Atwell Road Cooperstown, NY 13326 607-547-3500 / fax 607-547-3006

#### **Legal Services**

Legal Services of Central New York, Inc. 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / Toll Free: 866-475-9967 TTY: 315-475-3120 / TTY toll free 866-475-3120

#### **Additional Resources**

Parents Peace of Mind Nancy Joslyn 1699 State Highway 8 Mt. Upton, NY 13809 607-764-8793

# **Transition Services**

Adult SPOA Coordinator Terry Foor-Pessin Chenango County Community Services 5 Court Street, suite 42 Norwich, NY 13815 607-337-1602 / fax 607-334-4519 terryf@co.chenango.ny.us

# **Clinton County**

# **Director of Community Services for OMH**

Peter Trout Clinton County Mental Health Services 16 Ampersand Avenue Plattsburgh, NY 12901 518-565-4064 / fax 518-566-0261 troutp@co.clinton.nv.us

# **SPOA/CCSI Coordinator**

Amy Weir Clinton County Mental Health 16 Ampersand Drive Plattsburgh, NY 12901 518-565-4060 / fax 518-566-0168 WeirA@co.clinton.ny.us

# **Family Support Services**

Behavioral Health Services North, Inc. FIT Program (Families Involved Together) 22 US Oval, Suite 100 Plattsburgh, NY 12903 Erica Leonard, Program Coordinator 518-561-1767 eleonar@bhsn.org

Website: www.bhsn.org/fit.php

Child Care Coordinating Council of the North Country Jamie Basiliere, Executive Director 194 US Oval, POB 2640 Plattsburgh, NY 12901 518-561-4999 / Fax 518-561-6956

Jamie@primelink1.net Website: www.ccccnc.org

Families Together in the Northeastern Region Family Support Erica Leonard, Program Director 22 US Oval, Suite 100 Plattsburgh, NY 12903 518-561-1767

eleonard@bhsn.org

Website: www.bhsn.org/fit.php

#### Clinic

Behavioral Health Services North, Inc Child & Family Clinic Amy Larmon, Director 22 US Oval, Suite 100 Plattsburgh, NY 12903 518-561-1767

alarmon@bhsn.org Website: www.bhsn.org

# Clinton County (continued)

#### **Intensive Case Management**

Behavioral Health Services North, Inc Child & Family Clinic – Children & Youth ICM Shelley Munson 22 US Oval, Suite 100 Plattsburgh, NY 12903 518-563-8206 smunson@bhsn.org

# **Home and Community Based Waiver Program**

Behavioral Health Services North, Inc Shelley Munson 22 US Oval, Suite 100 Plattsburgh, NY 12903 518-563-8206

smunson@bhsn.org
Website: www.bhsn.org

# Psychiatric Emergency Room/Inpatient Hospitalization

CVPH (Champlain Valley) - Children and Adolescent - MH Unit 75 Beekman Street, 2<sup>nd</sup> Floor Article 28
Plattsburgh, NY 12901
518-562-7536
Sharon Schmidt-Twiss
stwiss@cvph.org

Website: www.cvph.org

# **Transition Services**

Adult SPOA Coordinator Amy Weir 16 Ampersand Drive Plattsburgh, NY 12901 518-565-4060 / fax 518-566-0168 WeirA@co.clinton.nv.us

# **Community Resources**

Family Support
Families Together in the Northeastern Region
Erica Leonard, Program Director
22 US Oval, Suite 100
Plattsburgh, NY 12903
518-561-1767
eleonard@bhsn.org

# **NAMI of Champlain Valley**

14 Healey Ave, Suite D
Plattsburgh, NY 12901
518-561-2685
Amanda Bulris, Executive Director
namiofcv@aol.com
Website: www.nami-cv.org

Mary Ann Cox, Teen Screen Coordinator 518-563-1141 (home) teenscreen@gmail.com

# **Families Helping Families in Crisis Program**

Sponsored by NAMI-CV 518-561-2685

# **Cortland County**

# **Director of Community Services for OMH**

Mark Thayer
Cortland County Community Services
7 Clayton Avenue
Cortland, NY 13045
607-758-6100 / fax 607-758-6116
mthayer@cortland-co.org

#### **Family Support Program**

Jamee Sobko, Director Cortland County Mental Health 7 Clayton Avenue Cortland, NY 13045 607-428-5481 jsobko@cortland-co.org

# **SPOA Coordinator**

Alexandra Huntington-Ofner
7 Clayton Avenue
Cortland, NY 13045
607-758-6100 x256 / fax 607-758-6116
ahuntingtonofner@cortland-co.org

# **CCSI Coordinator**

Chris Driscoll – Coordinator 607-428-5487 Alma Johnson – Parent Partner 607-753-5155 Tara Content – 607-753-5107 Mary DeMunn – 607-662-5070 Shannon Westmoreland – Parent Partner Cortland County Office Building, Room 102 60 Central Ave Cortland, NY 13045

# **Mental Health Clinic**

Cortland County Mental Health Clinic 7 Clayton Avenue Cortland, NY 13045 607-758-6100

Family Counseling Services of Cortland County, Inc 10 North Main Street Cortland, NY 13045 607-753-0234

# **Day Treatment Program**

Franziska Racker Centers, Inc. McEvoy Educational Center 1710 NYS Route 13 Cortland, NY 13045 607-257-1551 / fax 607-272-0188

#### **Case Management Services**

Cortland County Community Services – Children & Youth ICM 7 Clayton Avenue Cortland NY 13045 607-758-6110

# **Cortland County** (continued)

#### **Home and Community Base Services**

Hillside Family of Services HCBS Waiver Program Hillside Children's Center 215 Wyoming Street Syracuse, NY 13204 315-703-8700

# **Community Residence** - see Regional Resources

#### Residential Treatment Facilities - see Regional Resources

# Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP)

Cortland Regional Medical Center (formerly Cortland Memorial Hospital)
134 Homer Avenue
Cortland NY 13045
607-756-3500 / fax 607-756-3226

# <u>Inpatient Hospitalization</u> - See Regional Resources

# **Legal Services**

Legal Services of Central New York, Inc 472 South Salina Street, Suite 300 Syracuse, New York 13202 Tel 315-475-3127 / TTY 315-475-3120 Toll Free 866-475-9967 / TTY toll free 866-475-3120

# **Transition Services**

Adult SPOA Coordinator Alexandra Huntington-Ofner Cortland County Community Services 7 Clayton Avenue Cortland, NY 13045 607-758-6100 x256 / fax 607-758-6116 ahuntingtonofner@cortland-co.org

# **Delaware County**

# **Director of Community Services for OMH**

Cindy Heaney
Delaware County Community Services
Box 266, One Hospital Road
Walton, NY 13856
607-865-6522 / fax 607-865-7427
cindy.heaney@co.delaware.ny.us

#### **Family Support Program**

MHA in Ulster - The Harbour Program Closed May 2015

Family Resource Network, Inc 46 Oneida Street Oneonta, NY 607-432-0001 / fax 607-432-5516 Website: www.familyrn.org

# **SPOA Coordinator**

Doug Elston 132 Delaware St. Suite 2B Walton, NY 13856 607-865-6522 x31 / fax 607-865-7424 doug.elston@co.delaware.ny.us

#### **CCSI Program -**

Family Resource Network 46 Oneida Street Oneonta, NY 13820 607-432-0001 / Fax 607-432-5576 executivedirector@familyrn.org

# **Mental Health Clinic**

Delaware County Mental Health Clinic One Hospital Road Walton, NY 13856 607-865-6522

#### Day Treatment Program - Not available in this county

# Case Management

Delaware County Community Services – Children & Youth ICM Box 266 One Hospital Road Walton NY 13856 607-865-6522 / fax 607-865-7427

# **Home and Community Based Waiver Program**

Marion Mossman MHA in Ulster County 5546 State Highway 7, Suite 2 Oneonta, NY 13820 607-433-0100 / Fax 607-432-3814 m.mossman@mhainulster.org

# **Delaware County (continued)**

# **Community Residence** - see Regional Resources

# Residential Treatment Facility - see Regional Resources

# Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP) United Health Services Hospitals, Inc Article 28

United Health Services Hospitals, Inc Comprehensive Psychiatric Emergency Program 10-42 Mitchell Avenue Binghamton, NY 13903 607-762-2315 / CPEP Crisis Line 607-762-2459

Bassett Medical Center – Article 28 One Atwell Road Cooperstown, NY 13326 607-547-3500 / fax 607-547-3006

# **Legal Services**

Legal Services of Central New York, Inc. 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / Toll Free: 866-475-9967 TTY: 315-475-3120 / TTY toll free 866-475-3120

# **Transition Services**

Adult SPOA
Sherry Homan
132 Delaware St. Suite 2B
Walton, NY 13856
607-865-6522 x14 / fax 607-865-7424
sherry.homan@co.delaware.ny.us

# **Essex County**

# **Director of Community Services for OMH**

Stephen Valley
Essex County Community Services
PO Box 8, 7513 Court Street
Elizabethtown, NY 12932
518-873-3670 / fax 518-873-3777
syalley@co.essex.ny.us

#### **Family Support Programs**

Tracey Serlock, Director Family Support Families First in Essex County P.O. Box 565, 196 Water Street Elizabethtown, NY 12932 518-873-9544 / fax 518-873-9570 tserlock@familiesfirstessex.org

# **SPOA Coordinator**

Steve Feinbloom PO BOX 8, 7513 Court Street Elizabethtown, NY 12932 518-873-3670/ fax 518-873-3777 sfeinbloom@co.essex.ny.us

# **CCSI Coordinators**

Eliza Pillard / John Haverlick Essex County Community Services PO BOX 8, 7513 Court Street Elizabethtown, NY 12932 518-873-3670 / fax 518-873-3777

#### Respite

Families First in Essex County P.O. Box 565, 196 Water Street Elizabethtown, NY 12932 518-873-9544 / fax 518-873-9570

# **Clinic**

Essex County Community Clinic P.O. Box 8, 7513 Court Street Elizabethtown, NY 12932 518-873-3670 / fax 518-873-3777

#### **Case Management**

Families First in Essex County – Children & Youth ICM P.O. Box 565, 196 Water Street Elizabethtown, NY 12932 518-873-9544 / fax 518-873-9570

#### **Home and Community Based Waiver**

Tracey Serlock, Director Family Services Families First in Essex County P.O. Box 565, 196 Water Street Elizabethtown, NY 12932 518-873-9544 / fax 518-873-9570 tserlock@familiesfirstessex.org

# **Essex County** (Continued)

# **Transition Services**

Adult SPOA Coordinator Steve Feinbloom PO BOX 8, 7513 Court Street Elizabethtown, NY 12932 518-873-3670/ fax 518-873-3777 sfeinbloom@co.essex.ny.us

# **Community Resources**

Family Support
Families Together in the Adirondacks - Families First
196 Water Street
Elizabethtown, NY 12932
518-873-9544
Heather Morrison

Website: <u>www.ftnys.org</u> or <u>www.familiesfirstessex.org</u> Services: Meetings in Essex county location

# **Franklin County**

# **Director of Community Services for OMH**

Suzanne Lavigne
Franklin County Community Services
70 Edgewood Road, POB 1270
Saranac Lake, NY 12983
518-891-2280 / fax 518-891-2621
suzannelavigne@citizenadvocates.net

#### **Family Support Programs**

St. Regis Mohawk Education & Community MH 412 State Route 37, Box 8A Akwesasne, NY 13655 518-358-3141 / fax 518-358-2797 Melissa Connors-Chamberlain x160

Citizen Advocates
Dba North Star Behavioral Health Services
209 Park Street, PO Box 608
Malone, NY 12953
518-483-1250 / fax 518-783-2242
Susan Delehanty, CEO
518-483-1251
susandelehanty@citizenadvocates.net

# **SPOA**

Angie Martin Franklin County 184 Finney Blvd Malone, NY 12953 518-354-9002 amartin@co.franklin.ny.us

# **CCSI Coordinator**

John Henderson Citizen Advocates 17 Main Street Saranac Lake, NY 12983 518-481-5746

# Clinic 2 Locations

Citizen Advocates dba North Star Behavioral Health Services 209 Park Street, PO Box 608 Malone, NY 12953 518-483-1250 / fax 518-783-2242

St. Regis Mohawk Education & Community MH 412 State Route 37, Box 8A Akwesasne, NY 13655 518-358-3141 / fax 518-358-2797

# **Day Treatment**

Citizen Advocates, Inc / North Star Industries North Franklin Education Center 43 Husky Lane Malone, NY 12953 518-483-1390 Citizen Advocates dba North Star Behavioral Health Services 70 Edgewood Road Saranac Lake, NY 12983 518-891-2319

# Franklin County (continued)

#### **Case Management**

Donna Kissane
Citizen Advocates – Children & Youth ICM/SCM
209 Park Street, PO Box 608
Malone, NY 12953
518-481-5746 x 2237
donnakissane@citizenadvocates.net

# **Home and Community Based Waiver**

Citizen Advocates dba North Star Behavioral Health Services 209 Park Street, PO Box 608 Malone, NY 12953 Jim Brooks 518-481-5746 / fax 518-481-5289

# **Community Residence**

Citizen Advocates - Adirondack Youth Lodge 255 Junction Road Malone, NY 12953 518-483-6256 Heath Kuhn

# **Transition Services**

Adult SPOA/AOT Coordinator
Donna Kissane
Citizen Advocates
209 Park Street, PO Box 608Saranac Lake, NY 12983
518-481-5746 x 2237
donnakissane@citizenadvocates.net

#### **Community Resources**

Family Support Families Together in the Adirondacks - Families First 196 Water Street Elizabethtown, NY 12932 518-873-9544

Website: <a href="www.ftnys.org">www.ftnys.org</a> or <a href="www.ftnys.org">www.familiesfirstessex.org</a> Services: Meetings in Essex county location

Resource information and Support - Family Champions of the North Country Karen Piole, Director P. O. Box 987
Tupper Lake, NY 12986
518-534-9439
familychampions@yahoo.com

# **Fulton County**

# **Director of Community Services**

Ernie Gagnon Fulton County Community Services 57 East Fulton Street, Room 106 Gloversville, NY 12078 518-773-3557 / fax 518-773-3561 egagnon@co.fulton.ny.us

#### **Family Support Programs**

The Family Counseling Center
11-21 Broadway
Gloversville, NY 12078
Shannon L Cubells, Program Director
518-725-4310 x134 / fax 518-725-2556
scubells@thefamilycounselingcenter.org
Kathy Calabrese, Family Peer Advocate 518-725-4310 x109
kcalabrese@thefamilycounselingcenter.org

#### **Family Support**

Mental Health Association in Fulton-Montgomery 307-309 Meadow Street Johnstown, NY12095 518-762-5332 / fax 518-762-6823 Info-line 800-734-5864

#### **SPOA Coordinator**

Joan Draus, Mental Health Services Director Mental Health Association in Fulton-Montgomery 307-309 Meadow Street Johnstown, NY12095 518-762-5332 x111 / fax 518-762-6823 jdraus@mhafm.org

# **CCSI Coordinator**

Shannon Cubells, Children's Services Program Manager The Family Counseling Center 11-21 Broadway Gloversville, NY 12078 518-725-4310 x134 / fax 518-725-2556 scubells@thefamilycounselingcenter.org
Kim Smith, Family Peer Advocate, CCSI, Family Support

# **Clinic**

Fulton County Community MH Clinic Ernest Gagnon 57 East Fulton Street Gloversville, NY 12078 518-773-3531

Family Counseling Center 11-21 Broadway Gloversville, NY 12078 518-725-4310

# Fulton County (Continued)

#### **Case Management**

St. Mary's Hospital – Article 28 427 Guy Park Ave. Amsterdam, NY 12010 Heather Clear 518-841-7359 / fax 518-841-7344

#### **Home and Community Based Waiver**

Parsons Child and Family Center 102 Hackett Blvd. Albany, NY 12208 Sharon Mahota, Director 518-426-2600

# **Transition Services**

Adult SPOA Coordinator Gwen Gyldenvand 57 East Fulton Street Gloversville, NY 12078 518-773-3531 / fax 518-841-7344 ggyldenvand@co.fulton.ny.us

# **Community Resources**

Autism Society of America (Fulton-Montgomery Chapter) 18 East Fulton Street Gloversville, NY 12078 518-773-3109

# Parent Partners or Parent/Family Advocates

Fulton Family Counseling Center
11-21 Broadway
Gloversville, NY 12078
Kathy Calabrese 518-725-4310 x109
Kim Smith 518-725-4310 x 155
Jamie Spraker 518-725-4310 x139

Independent Living Center of Amsterdam 2540 Riverfront Center Amsterdam, NY 12010 518-842-3561

NAMI of Fulton Montgomery 2414 Riverfront Center Amsterdam, NY 12010 Don Adamowski 518-843-3261 / mfhnami@aol.com

# **Hamilton County**

# **Director of Community Services for OMH**

Robert Kleppang
Hamilton County Community Services
83 White Birch Lane
Indian Lake, NY 12842
518-648-5355 / fax 518-648-6437
rkleppang.hccs@frontiernet.net

# Family Support & CCSI Coordinator

Brandy Richards, substance Abuse Prevention Educator Hamilton County Community Services 143 White Birch Lane Indian Lake, NY 12842 518-648-5355 / fax 518-648-6437 brhammer14@hotmail.com

Website: www.hamiltoncountyhhs.org/mental-health/prevention

# **SPOA Coordinator**

Barb Anderson Hamilton County Community Services 83 White Birch Lane Indian Lake, NY 12842 518-648-5355 / fax 518-648-6437 banderson.hccs@frontiernet.net

# **Case Management**

Barb Anderson Hamilton County Community Services 83 White Birch Lane Indian Lake, NY 12842 518-648-5355 / fax 518-648-6437 banderson.hccs@frontiernet.net

# **Home and Community Based Waiver**

Parsons Child and Family Center 102 Hackett Blvd. Albany, NY 12208 518-426-2600

# **Transition Services**

Adult SPOA Coordinator Gwen Gyldenvand Mental Health Association 57 East Fulton Street Gloversville, NY 12078 518-773-3531 / fax 518-841-7344 ggyldenvand@co.fulton.ny.us

# **Community Resources**

Family Support Families Together in the Adirondacks - Families First 196 Water Street Elizabethtown, NY 12932 518-873-9544

Website: <a href="www.ftnys.org">www.ftnys.org</a> or <a href="www.ftnys.org">www.familiesfirstessex.org</a> Services: Meetings in Essex county location

# **Herkimer County**

# **Director of Community Services for OMH**

Kristen Snyder-Branner Herkimer County Community Services 301 N. Washington Street Herkimer, NY 13350 315-867-1465/ fax 315-867-1469 kbranner@herkimercounty.org

# **IMPACT Program**

Jeremy Callahan, Supervisor Kathy Moss, Parent Advocate Center for Family Life & Recovery, Inc 249 South Main Street Herkimer, NY 13350 315-866-8407 jcallahan@cflrinc.org

# **SPOA Coordinator**

Kristen Snyder-Branner
Herkimer County Community Services
301 N. Washington Street
Herkimer, NY 13350
315-867-1469/fax 315-867-1469
kbranner@herkimercounty.org

# **CCSI Coordinator**

Miriam Pirnie Family Services 249 South Main Street Herkimer, NY 13350 315-738-1428

#### **Clinic**

Herkimer County Community Clinic 301 North Washington St. Herkimer, NY 13350 315-866-3190

# **Case Management**

The Neighborhood Center 615 Mary Street Utica, NY 13501 315-732-2225

# **Home and Community Based Waiver**

Transitional Living Services of Northern New York (formerly North Country TLS) 482 Black River Parkway (mailing) 482 City Center Drive (actual location) Watertown, NY 13601 315-782-1777 /fax 315-785-8628 Website: www.tlsnny.com

# **Transition Services**

Rich Fortuna, Adult SPOA/AOT Coordinator United Cerebral Palsy 209 North Main Street Herkimer, NY 13350 315-866-2863 x101 / fax 315-866-8193 rfortuna@ucp-utica.org

# **Jefferson County**

# **Director of Community Services for OMH**

Roger Ambrose Jefferson County Community Services 175 Arsenal Street Watertown, NY 13601 315-785-3283 / fax 315-785-5182 rogera@co.jefferson.ny.us

# **Family Support**

NRCIL - Northern Regional Center for Independent Living 210 Court Street, Suite 107
Watertown, NY 13601
315-785-8703 / fax 315-785-8612
Aileen Martin, Director
Aileenm@nrcil.net
Kathy Connor, Program Director
kathyc@nrcil.net

# **SPOA/SPOE Coordinator**

Melissa Beagle Children's Home of Jefferson County PO Box 6550, 1704 State Street Watertown, NY 13601 315-779-1507 x1410 / fax 315-779-1726 mbeagle@nnychildrenshome.com

# **Intake Coordinator**

Alicia Ruperd
Transitional Living Services of Northern New York
482 Black River Parkway
Watertown, New York 13601
315-782-1777 x1035 / fax: 315-785-8628

#### **Day Treatment**

St. Lawrence Psychiatric Center 1 Chimney Point Drive Ogdensburg, NY 13669 315-393-3000

#### **Case Management**

Children's Home of Jefferson County 167 Polk Street, Suite 300 Watertown, NY 13601 315-779-1507 / fax 315-777-9275 (3<sup>rd</sup> floor)

#### **Home and Community Based Waiver**

Transitional Living Services of Northern New York (formerly North Country TLS) 482 Black River Parkway (mailing) 482 City Center Drive (actual location) Watertown, NY 13601 315-782-1777 /fax 315-785-8628

Website: www.tlsnny.com

# Jefferson County (Continued)

#### **Community Residence**

Transitional Living Services of Northern New York (formerly North Country TLS)
C&Y Community Residence
1562 Washington Street
Watertown, NY 13601
315-782-1777 / fax 315-785-8628
Bobbi Petranchuk

#### **Educational Advocacy**

NRCIL - Northern Regional Center for Independent Living 210 Court Street, Suite 107 Watertown, NY 13601 315-785-8703 / fax 315-785-8612 Kathy Connor

#### **Transition Services**

Melissa Beagle, Adult SPOA Coordinator Children's Home of Jefferson County 1704 State Street Watertown, NY 13601 315-779-1507 x1410 / fax 315-779-1726 mbeagle@nnychildrenshome.com

# **Community Resources**

Families Together of the North Country 7632 N State Street Lowville, NY 13367 315-376-8696 Cathie Wooledge, Parent Advocate cathiew@nrcil.net

NRCIL - Northern Regional Center for Independent Living 210 Court Street, Suite 107
Watertown, NY 13601
Aileen Martin, Director
Aileenm@nrcil.net
315-785-8703 / fax 315-785-8612

Toll free 1-800-585-8703 Website: <a href="https://www.nrcil.net">www.nrcil.net</a>

Family Support Group – for Adults who have been impacted by alcohol or substance abuse by family member Credo Community Center 595 West Main Street Watertown, NY 13601 315-788-1530

Family Support Group meets 2nd and 4th Monday of the Month - 5:30pm - 6:30pm

# **Lewis County**

#### **Director of Community Services for OMH**

Patricia Fralick Lewis County Community Services 7550 North State Street Lowville, NY 13367 315-376-5450 / fax 315-376-7221 patriciafralick@lewiscounty.ny.gov

#### **Lewis County Community Services**

Behavioral Health & Wellness Center 7550 South State Street Lowville, New York 13367 315-376-5450 / fax 315-376-7221

#### **SPOA/SPOE Coordinator**

Patricia Fralick Lewis County Community Services 7550 North State Street Lowville, NY 13367 315-376-5450 / fax 315-376-7221 patriciafralick@lewiscounty.ny.gov

# **Intake Coordinator**

Alicia Ruperd Transitional Living Services of Northern New York 482 Black River Parkway Watertown, New York 13601 315-782-1777 x1035 / fax 315-785-8628 aruperd@tlsnny.com

#### **CCSI Coordinator**

Kristine Eckerson NRCIL 7632 North State Street Lowville, NY 13367 315-376-8696 / fax 315-376-3404 kristinee@nrcil.net

# **Family Support**

NRCIL - Northern Regional Center for Independent Living 7632 North State Street Lowville, NY 13367 315-376-8696 / fax 315-376-3404 Karen Bolivar, Program Director karenb@nrcil.net

#### Clinic

Behavioral Health & Wellness Center 7550 South State Street Lowville, NY 13367 315-376-5450/fax 315-376-7221

# **Case Management**

Transitional Living Services of Northern New York (formerly North Country TLS) 482 Black River Parkway Watertown, NY 13601 315-782-1777 /fax 315-785-8628

Website: www.tlsnny.com

# Lewis County (continued)

#### **Home and Community Based Waiver**

Transitional Living Services of Northern New York (formerly North Country TLS) 482 Black River Parkway Watertown, NY 13601 315-782-1777 /fax 315-785-8628

Website: www.tlsnny.com

#### **Transition Services**

Adult SPOA Coordinator
Heather Lupia
Transitional Living Services of Northern New York
482 Black River Parkway
Watertown, NY 13601
315-782-1777 / fax 315-785-8628
hlupia@tlsnny.com

# **Community Resources**

NRCIL - Northern Regional Center for Independent Living 7632 North State Street Lowville, NY 13367 315-376-8696 / fax 315-376-3404 Karen Bolivar, Program Director karenb@nrcil.net

Families Together of the North Country Cathie Wooledge 315-376-8696 cathiew@nrcil.net

Website: www.ftnc.org

Parent Group; Wellness Group; Respite; Educational Advocate; Skill Building, Anger Control, Parenting Classes NRCIL - Northern Regional Center for Independent Living 7632 North State Street Lowville, NY 13367 315-376-8696 / fax 315-376-3404 Karen Bolivar, Program Director karenb@nrcil.net

# **Madison County**

# **Director of Community Services for OMH**

Teisha Cook
Madison County Mental Health Department
138 North Court Street, P.O. Box 608
Wampsville, NY 13163
315-366-2327 / fax 315-366-2599
teisha.cook@co.madison.ny.us

#### **Family Support Program**

Madison County Mental Health Department 138 North Court Street, P.O. Box 608 Wampsville, NY 13163 315-366-2327 / fax 315-366-2599

#### **SPOA Coordinator**

Teisha Cook
Madison County Mental Health Department
138 North Court Street, P.O. Box 608
Wampsville, NY 13163
315-366-2327 / fax 315-366-2599
teisha.cook@co.madison.ny.us

# **Mental Health Clinic**

Outpatient Services Team Madison County Mental Health Department 138 North Court Street, P.O. Box 608 Wampsville, NY 13163 315-366-2327 / fax 315-366-2599

# **Day Treatment Program**

Franziska Racker Centers, Inc. 3226 Wilkens Road Ithaca, NY 14850 607-272-5891/ fax 607-272-0188

# **Case Management**

Consumer Services of Madison County 1019 North Main Street Oneida, New York 13421 315-361-9131/ fax 315-361-4526

#### **Home and Community Base Services**

Hillside Family of Services Hillside Children's Center - HCBS Waiver Program 215 Wyoming Street Syracuse, NY 13204 315-703-8700

Community Residence - see Regional Resources

Residential Treatment Facilities - see Regional Resources

# Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP)

Article 28

St. Joseph's Hospital – CPEP 301 Prospect Ave. Syracuse, NY 13203 315-448-6555

# Madison County (continued)

#### **Inpatient Hospitalization** - see Regional Resources

# **Legal Services**

Legal Services of Central New York, Inc 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / Toll Free 866-475-9967 TTY 315-475-3120 / TTY toll free 866-475-3120

#### **Additional Resources**

Community Action Program for Madison County 3 East Main Street, P.O. Box 249 Morrisville, NY 13408 315-684-3144 / fax 315-684-9650

#### **Community Services**

Website: www.capmadco.org

# **Parents Recovery Support Group**

Consumer Services of Madison County William Ceaser, Executive Director <u>Csmc98@yahoo.com</u> 1019 Main Street Oneida, NY 13421 Rebecca Hauck, Peer Specialist 315-361-9131 / fax 315-361-4526

#### NAMI

Carol Nuveau 315-363-4784

Services: Meets monthly at the Oneida Library

Community Action Program for Madison County, Inc South Office, 6 Cambridge Ave. (Big M Plaza) Morrisville, NY 13408 315-684-3144

Services: Support group for parents of children with disabilities and Special Needs. Meets first Monday of every month 6:30-8:00 pm

Liberty Resources - Oneida 218 Liberty Street Oneida, NY 13421 315-363-0048 / fax 315-363-0052

Madison County Head Start 110 North Main Street Canastota, NY 13032 315-697-9833 / fax 315-697-9031

Services: Serves children 3 – 4 years of age

#### **Transition Services**

Adult SPOA Coordinator
Danielle Licitra
Madison County Mental Health
PO Box 608
Wampsville, NY 13163
315-366-2327 / fax 315-366-2599
Danielle.licitra@madisoncounty.ny.gov

# **Montgomery County**

#### **Director of Community Services for OMH**

Sarah Boerenko-Pantalone, Interim Montgomery County Community Services 427 Guy Park Avenue Amsterdam, NY 12010 518-841-7367 / fax 518-841-7344 sboerenko@co.montgomery.ny.us

# **Family Support**

Mental Health Association in Fulton-Montgomery Counties 307-309 Meadow Street Johnstown, NY 12095 518-762-5332 / fax 518-762-6823 Info-line 800-734-5864 Della Monihan x114 Terri Flint, Family support Program Director tflint@mhafm.org

The Family Counseling Center
11-21 Broadway
Gloversville, NY 12078
Shannon L Cubells, Program Director
518-725-4310 x134 / fax 518-725-2556
scubells@thefamilycounselingcenter.org
Kathy Calabrese, Family Peer Advocate 518-725-4310 x109
kcalabrese@thefamilycounselingcenter.org

#### **SPOA Coordinator**

Joan Draus, Mental Health Director Mental Health Association in Fulton-Montgomery Counties 307-309 Meadow Street Johnstown, NY 12095 518-762-5332 x115 / fax 518-762-6823 jdraus@mhafm.org

# **Clinic**

St. Mary's Hospital 380 Guy Park Ave Amsterdam, NY 12010 518-841-7341

# **Case Management**

St. Mary's Hospital 427 Guy Park Ave Amsterdam, NY 12010 518-841-7359

#### **Home and Community Based Waiver**

Parsons Child and Family Center 102 Hackett Blvd. Albany, NY 12208 518-426-2600

# **Montgomery Transitional Living Services. Inc**

C&Y Community Residence Highland Road 33 Highland Road Amsterdam, NY 12010 518-842-3717

# **Montgomery County (continued)**

# Psychiatric Emergency Room /Impatient Hospitalization

St. Mary's Hospital Article 28 380 Guy Park Avenue Amsterdam, NY 12010 518-841-7341

#### **Transition Services**

Adult SPOA Coordinator
Gwen Gyldenvand
Mental Health Association in Fulton-Montgomery Counties
57 East Fulton Street
Gloversville, NY 12078
518-773-3531 / fax 518-841-7344
ggyldenvand@co.fulton.ny.us

#### **Community Resources**

Autism Society of America - Montgomery-Fulton Chapter 18 East Fulton Street Gloversville, NY 12078 518-773-3109

#### **Parents Anonymous**

Catholic Charities 1 Kimball Street Amsterdam, NY 12010 518-842-4242 Contact Beth

# Parent Partners or Parent/Family Advocates

Mary Lou Berry (CCSI) St. Mary's Children's Mental Health Clinic 8 North Hampton Road Amsterdam, NY 12010 518-843-7527 / fax 518-843-7537 mlbatsmh@hotmail.com

# **Oneida County**

# **Director of Community Services**

Robin O'Brien
Oneida County Dept. of Mental Health
120 Airline Street, Suite 200
Oriskany, NY 13424
315-768-3660 / fax 315-768-3670
robrien@ocgov.net

# **Mental Health Services for Adults**

Oneida County Dept. of Mental Health 120 Airline Street, Suite 200 Oriskany, NY 13424 315-768-3667 / fax 315-768-3670 Michele Kuhn, Director mkuhn@ocgov.net

#### **Family Support Program**

Oneida County Department of Mental Health / CCSI Tier I 120 Airline Street, Suite 200 Oriskany, NY 13424 315-768-3660 / fax 315-768-3670 Elaine Angwin (work cell 315-794-5799) eangwin@ocgov.net

#### **Children & Youth Services SPOA**

Elaine Angwin
Oneida County Dept. of Mental Health
120 Airline Street, Suite 200
Oriskany, NY 13424
315-768-3660 / fax 315-768-3670
eangwin@ocgov.net

#### Clinic

The Neighborhood Center, Inc 615 Mary Street Utica, NY 13501 315-732-2225 / fax 315-733-0078

Services: TLS Mental Health Counseling, Therapeutic Day Care, Psychiatry

# **Community Health & Behavioral Services Clinic**

United Cerebral Palsy (CHBS) 1020 Mary Street Utica, NY 13501 315-724-6907 / fax 315-798-8818

#### **Case Management**

The Neighborhood Center, Inc 615 Mary Street Utica, NY 13501 315-732-2225 / fax 315-733-0078

Mohawk Valley Psychiatric Center ICM 1400 Noyes At York Utica, NY 13502 315-797-6800

# **Oneida County (Continued)**

#### **Residential Treatment Facility**

House of Good Shepard 1550 Champlin Avenue Utica, NY 13502 315- 235-7681 / Fax 315-235-7689 Trista Corsino, Assistant Director, RTF Services tristac@hgs-utica.com

# **Transition Services**

Adult SPOA Coordinator Carole Flinn Oneida County Dept. of Mental Health 120 Airline Street, Suite 200 Oriskany, NY 13424 315-768-3660 / fax 315-768-3670 Carole.flinn@omh.ny.gov

#### **Community Resources**

Kids Oneida 310 Main Street Utica, NY 13501 315-792-9039 / fax 315-792-9578 Lynn Stevens, Family Support Coordinator

Utica Safe Schools/Healthy Students Partnership, Inc Utica School District 115 Mohawk Street Utica, NY 13501 315- 792-2205

ADHD & Autism Psychological Services & Advocacy Aspire Behavioral Health Solutions 587 Main Street, Suite 108 New York Mills, NY 13417 315-732-3431 Contact: Angela Verenich x209

# **Onondaga County**

# **Director of Community Services for OMH**

Lisa Alford, Adult & Long Care Services (ALTCS) Onondaga County Dept. of Mental Health 421 Montgomery Street, 15<sup>th</sup> Floor Syracuse, NY 13202 315-435-3355 / fax 315-435-3279 lisaalford@ongov.net

Linda Lopez, Deputy Commissioner Child & Family Services Onondaga County Dept. of Mental Health 421 Montgomery Street, 8<sup>th</sup> Floor Syracuse, NY 13202 315-435-2884 / fax 315-435-3279 Linda.Lopez@dfa.state.ny.us

# **Family Support Program**

Onondaga County Department of Mental Health Outpatient Services 530 Cedar Street Syracuse, NY 13210 315-435-7707

Onondaga Case Management Services, Inc. Family Support Services 220 Herald Place Syracuse NY 13202 315-472-7363 / fax 315-472-0084

Family Tapestry Cathy Munson 315-559-2174

Services: Support for parents of children with mental and developmental disorders

# **SPOA/Access Coordinator**

Nancy Kuss Onondaga County Mental Health 421 Montgomery Street, 15<sup>th</sup> Floor Syracuse, NY 13202 315-435-3739 / fax 315-435-3279 Nancy.kuss@dfa.state.ny.us

#### **Mental Health Clinic**

Onondaga County Department of Mental Health 421 Montgomery Street, 10<sup>th</sup> Floor Syracuse, NY 13202 315-435-3737 / fax 315-435-3279

St. Joseph's Hospital Children's Outpatient Clinic 742 James Street Syracuse, NY 13203 315-703-2800

Arise Child and Family Services 635 James Street Syracuse, NY 13203 315-472-3171 / fax 315-472-9252

# **Onondaga County** (continued)

SUNY Upstate Medical University Outpatient Psychiatry Clinic 713 Harrison Street Syracuse, NY 13210 315-464-9093

Liberty Resources, Inc. The Brownell Center for Behavioral Health 1045 James Street Syracuse, NY 13203 315-472-4471

# **Day Treatment Program**

Onondaga County Day Treatment Center 520 Cedar Street Syracuse, NY 13210 315-435-7706

HPC Intensive Adolescent Day Treatment Program 4500 Crown Road Liverpool, NY 13090-3507 315-473-4980

Franziska Racker Centers, Inc. 3226 Wilkens Road Ithaca, NY 14850 607-272-5891 / fax 607-272-0188

#### **Case Management**

Onondaga Case Management Services, Inc. 220 Herald Place Syracuse NY 13202 315-472-7363 / fax 315-472-0084

# **Home and Community Based Waiver Programs**

Hillside Family of Services HCBS Waiver Program Hillside Children's Center 215 Wyoming Street Syracuse, NY 13204 315-703-8700

Elaine Conway, Parent Advocate, Hillside Waiver Program 315-751-0232

Liberty Resources, Inc HCBS Waiver Program 1065 James Street Syracuse, NY 13203 315-425-1004/ fax 315-479-7884

# **Community Residence**- See Regional Resources

Toomey Residential & Community Services Inc Catholic Charities of Onondaga County 1654 West Onondaga Street Syracuse NY 13204 315-424-1845 / fax 315-242-7567

# Residential Treatment Facility - See Regional Resources

# **Onondaga County** (continued)

#### Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP)

St. Joseph's Hospital CPEP 301 Prospect Avenue Syracuse NY 13203 315-448-6555 Article 28

#### **Legal Services**

Legal Services of Central New York, Inc 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / TTY 315-475-3120 Toll Free 866-475-9967 / TTY toll free 866-475-3120

# **Partial Hospitalization**

Centre Syracuse, LLC Eating Disorders Program 3300 James Street Syracuse, NY 13206 315-671-2202/ fax 315-671-2203

#### **Additional Resources**

→ Onondaga County Department of Mental Health 421 Montgomery Street, 10<sup>th</sup> Floor Syracuse, NY 13202 315-435-3355 / fax 315-435-3279

Website: www.ocdmh.ongov.net or www.onondaga.ny.networkofcare.org

→ Mental Health Association of Onondaga County 6520 Basile Rowe East Syracuse, NY 13057

315-445-5606/ fax 315-251-2218

→ Family Tapestry Inc

Parent Initiative (Parent Support Group)

Kathy Munson 315-559-2174

Services: Support for parents of children with mental and developmental disorders

→ Arise Educational Advocate

315-671-2926

→ Central Square: ASK (Assistants Support and Knowledge)

Jasmine Goldstein

315-668-7342 Daun@progressiveimaging.com

→ PASE (Parents Advocating Special Education)

Lisa Larioni, 315-699-5879

Services: Local chapter in North Syracuse School District. Is part of a national organization and is open to parents in all districts.

→ Special Needs Advocacy/Parent Support Group (SNAOS) – Westhill

Sheree Burke, 315-488-4026 sburke1@twcny.rr.com

Services: Provides forum to share concerns and information between parents and Special Education

→ ADD/ADHD Parent & Educator Support Group

Meets 5-6 times/year as an informal, facilitated discussion group where parents and teachers can share concerns and share/brainstorm strategies that work.

Location: Cicero Elementary, 5:30-7:00 PM, Lois Exner, 315-458-1224 Juminalois@hotmail.com

## **Onondaga County** (continued)

- → ADHD & Autism Psychological services & Advocacy Aspire Behavioral Health Solutions 1065 James Street, Suite 210 Syracuse, NY 13203 315-732-3431
- → Asperger Syndrome Support Group BG Downing at Enable 315-445-7591 x237 edowning@enable1.org
- → Autism, P.D.D., and related disorders Mary Harrington 315-637-4438 Ida Leigh Davis 315-457-7937 davlarida3@cs.com
- → Grandparent Support Group Contact EFR 315-478-1462 x336

Services: For Grandparents raising grandchildren w/ developmental disabilities.

→ PACER's Grandparents Support Group
Jane Johnson 952-838-1318 Website: www.PACER.org

Services: A telephone support network for grandparents.

- → Tourette Syndrome Association of CNY 1204 Lancaster Ave. Syracuse, NY 13210 Pat Atkinson 315-472-5750
- → NAMI Promise 917 Avery Ave. Svracuse. NY 13204

nami-promise@accucom.net Website: www.nami-promise.org

Services: Self-help organization for families and friends of people who suffer from serious and persistent psychiatric illness. NAMI Support and Sharing Meeting – 3<sup>rd</sup> Tuesday of every month at Temple Society of Concord, 910 Madison St., Syracuse (in the University section) call 315-487-2085 for more information, facilitated support and information

→ Hutchings Psychiatric Center, Syracuse

David Donaghy 315-426-7680

Services: Family Night Dinners, Common Sense Parenting Series, Family Handbook library Consultations

→ Ophelia Place 207 Tulip Street Liverpool, NY 13088 315-451-5544

Services: Support for young people with eating disorders

- → Exceptional Family Resources 1065 James St, Suite 220 Syracuse, NY 13203 315-478-1462
- → Liberty Resources 1045 James Street Syracuse, NY 13210 315-425-1004

## **Onondaga County** (continued)

#### **Education for Families**

- ➤ NAMI Education and Information meeting 1<sup>st</sup> Tuesday of the month at Temple Society of Concord, 910 Madison St., Syracuse (in University section), call 315-487-2085 for more information; topics vary and group does not meet every month
- > Family-to-Family 12-week Education Course, sponsored by NAMI; call 315-487-2085 for information about start date for next course
- Hutchings Psychiatric Center monthly half-day information series on various aspects of mental illness, call Len Phillips for more information 315-426-6804

#### **Transition Services**

Adult SPOA Coordinator
Jan Moag
Onondaga Case Management Services, Inc
220 Herald Place
Syracuse, NY 13202
315-472-7363 / fax 315-472-0084 jmoag@ocmsinc.org

#### **Transition Groups - Parents and Student**

#### Enable

315-455-7591 asarreno@enable1.org or rvandusen@enable1.org

Services: Addresses issues around transition from high school to adult life for middle/high school students with special needs and their families (separate groups for students and parents) (Run by vocation rehab councilors)

Transitional Living Services – Family Support and Education Center Sheila LeGacy and Merry Leonard 315-478-4151 Services: crisis and ongoing supports and advocacy

Support Group for Spouses of persons with mental illness Joe and Judy Bliss-Ridgway 315-468-9809

Central New York Services Todd or Joanne 315- 478-6610 Sherry Fuller 315-478-0610

Serves: people with co-occurring disorders of addiction and mental illness

St. Joseph's Hospital Rehabilitation and Training program Mary Beth Williams 315-703-2762 Outpatient Clinic Kathy Ducat-Wilson 315-473-2773

## Oswego County

## **Director of Community Services for OMH**

Nicole Kolmsee
Oswego County Community Services
100 Spring Street
Mexico, NY 13114
315-963-5262 / fax 315-963-5530
nkolmsee@oswegocounty.com

#### **Family Support Program**

Catholic Charities of Oswego County Family Support Services Program 365 West First Street Fulton, NY 13069 315-589-3980

#### **SPOA Coordinator**

Jill Gutelius
Oswego County Community Services
100 Spring Street
Mexico, NY 13114
315-963-5262 / fax 315-963-5530
childspoa@oswegocounty.org

#### **Mental Health Clinic**

Oswego Hospital Mental Health Division - Article 28 74 Bunner Street Oswego NY 13126 315-343-8162 / fax 315-349-5785

#### **Day Treatment Program** - Not available in this county

#### **Case Management**

Oswego Hospital Mental Health Division – Article 28 74 Bunner Street Oswego NY 13126 315-343-8162 / fax 315-349-5785

#### **Home and Community Base Services**

Hillside Children's Center HCBS Waiver Program Hillside Children's Center 215 Wyoming Street Syracuse, NY 13204 315-703-8700

**Community Residence** - See Regional Resources

**Residential Treatment Facility** - See Regional Resources

## Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP)

Not available in this county

## Oswego County (continued)

#### **Legal Services**

Legal Services of Central New York, Inc. 472 South Salina Street, Suite 300 Syracuse, New York 13202 315-475-3127 / Toll Free: 866-475-9967

TTY: 315-475-3120 / TTY toll free 866-475-3120

#### **Additional Resources**

→ Parents of Special Children 2-C Tower Drive Fulton, NY 13069 315-598-7672

→ The Light – Oswego Hospital Mental Health Clinic

74 Brunner Street

Oswego NY 13126

Barbara Moore 315-343-8162

Services: Families offer mutual support and educational opportunities

→ Parents Support Group (Oswego)

104 West Utica Street

Oswego NY 13126

Sabine Ingerson, 315-342-4088

Services: Support group for parents of children w/ disabilities. Meets monthly

→ UPWARD- Uplifting Parents (of children) with Autism and Related Disorders

Kelly Whalen 315-343-0018

Services: Provide information, support and advocacy services, monthly meetings @ 6:30 on 2<sup>nd</sup> Mon. alternating between Alliance Church in Fulton and ARISE in Oswego.

→ Teen Group – Arise

Sabine Ingerson, 315-342-4088

→ TBI – Traumatic Brain Injury - ARISE

Diane 315-342-4088

→ Autism Support Groups

ARISE - Central Square

Janette Sawyer, 315-668-8387

ARISE - Mexico Group

Sabine Ingerson, 315-342-4088

#### **Transition Services**

Adult SPOA Coordinator Nicole Kolmsee 100 Spring Street Mexico, NY 13114 315-349-3545 / fax 315-349-3216 nkolmsee@oswegocounty.com

#### Oswego Industries, Inc.

Career Employment Services 7 Merrill Place Fulton, NY 13069 315-598-3112

## **Otsego County**

## **Director of Community Services for OMH**

Sue Matt
Otsego County Community Services
242 Main Street
Oneonta, NY 13820
607-433-2343 / fax 607-547-1618
Matts@otsegocounty.com

#### **Family Support Program**

Family Resource Network TBA, Executive Director 46 Oneida Street Oneonta, NY 13820 607-432-0001

Executivedirector@familyrn.org
Website: www.familyrn.org

#### **SPOA Coordinator**

Lorraine Bosma 140 County Highway 33W Oneonta, NY 13820 607-547-1621 / fax 607-547-1618 bosmal@otsegocounty.com

## **CCSI Coordinator**

Michelle Zuk Family Resource Network 46 Oneida Street Oneonta, NY 13820 607-432-0001 mzuk@familyrn.org

#### **Mental Health Clinic**

Otsego County Community Services 242 Main Street Oneonta, NY 13820 607-433-2343 / fax 607-547-1618

#### **Bassett Healthcare - Article 28**

Bassett Healthcare Outpatient Clinic One Atwell Road Building #2, 2nd and 3rd Floors Cooperstown, NY 13326-1394 607-547-3500 / fax 607-547-3006

#### **Day Treatment Program** Not available in this county

## **Case Management**

Otsego County Community Services 242 Main Street Oneonta, NY 13820 607-433-2343 / fax 607-547-1618

## **Home and Community Base Waiver**

MHA in Ulster County 178 Main Street

Oneonta, NY 13820 607-433-0700 / Fax 607-432-3814

## Otsego County (continued)

#### **Community Residence** - See Regional Resources

## Residential Treatment Facility - see Regional Resources

# Psychiatric Emergency Rooms/Comprehensive Psychiatric Evaluation Program (CPEP) Bassett Healthcare Article 28

Bassett Healthcare One Atwell Road Cooperstown, NY 13326 877-369-6699

## **Legal Services**

Mental Hygiene Legal Services 28 Hill Street, Suite 314 Oneonta, NY 13820 607-432-2980 / fax 607-432-3371

#### **Additional Resources**

Parent Group Meeting Series OFO, Inc. Child Development Program / Head Start 3 West Broadway Oneonta, NY 13820 607-432-0629

Services: sessions designed for parents around personal growth, parenting skills, problem solving, sharing, films, discussion, resources.

## **Transition Services**

Adult SPOA Coordinator Lorraine Bosma 140 County Highway 33W Oneonta, NY 13820 607-547-1621 / fax 607-547-1618 bosmal@otsegocounty.com

## St. Lawrence County

#### **Director of Community Services for OMH**

Judi Cohen, Interim St. Lawrence Community Services 80 State Highway 310, Suite 1 Canton, NY 13617-1493 315-386-2048/fax 315-386-2435 icohen@stlawco.org

#### **Family Support Programs**

St. Lawrence County Community Services St. Lawrence Psychiatric Center - Pritchard Pavillion 1 Chimney Point Drive Ogdensburg, NY 13669

## **SPOA/CCSI Coordinator**

Lindsay Newvine
Mental Health Services
206 Ford Street, Suite 105
Ogdensburg, NY 13669
315-265-6190 / fax 315-229-3871
Inewvine@stlawco.org

## **Clinic**

St. Lawrence County Mental Health Clinic 80 Route 310 Canton, NY 13617 315-265-6190

St. Lawrence Psychiatric Center C&Y Outpatient Clinic 1 Chimney Point Drive Ogdensburg, NY 13669 315-393-3000

#### **Day Treatment**

St. Lawrence Psychiatric Center 1 Chimney Point Drive Ogdensburg, NY 13669 315-393-3000

#### **Case Management**

St. Lawrence County Community Services 80 State Highway 310, Suite 1 Canton, NY 13617 Tisha Toon 315-386-2048

## **Supportive Case Management**

Transitional Living Services of Northern New York (formerly North Country TLS) 482 Black River Parkway (mailing) 482 City Center Drive (actual location) Watertown, NY 13601 315-782-1777 /fax 315-785-8628

Website: www.tlsnny.com

## St. Lawrence County (continued)

#### **Home and Community Based Waiver**

Transitional Living Services of Northern New York (formerly North Country TLS) 482 Black River Parkway (mailing) 482 City Center Drive (actual location) Watertown, NY 13601

315-782-1777 /fax 315-785-8628

Website: www.tlsnny.com

## **Psychiatric Hospital**

St. Lawrence Psychiatric Center C&Y Outpatient Clinic 1 Chimney Point Drive Ogdensburg, NY 13669 315-393-3000

Samaritan Medical Center 830 Washington Street Watertown, NY 13601 315-785-5768 / fax 315-785-5761

## **Transition Services**

## **Adult SPOA Coordinator**

Lindsay Newvine Mental Health Services 206 Ford Street, Suite 105 Ogdensburg, NY 13669 315-265-6190 / fax 315-229-3871 Inewvine@stlawco.org

## **Community Resources**

Family Support

Families Together of the North Country

Contact: Cathie Wooledge 315-376-8636 cathiew@nrcil.net

Website: www.ftnc.org/

# Central New York Regional Resources

(Revised 3/13)

## **CNY Regional Family Support**

Families Together 888-326-8644 Toll-Free Information Referral Line info@ftnys.org

## **Families Together Chapter Region Information:**

## **Adirondack Region**

Representing:

Franklin, Clinton, Essex, Hamilton, Warren, Washington Counties

Families First of Essex County, P.O. Box 565 Elizabethtown, NY 12932

Contact: Linda Perry-Snow 518-873-9544 Isnowperry@familiesfirstessex.org

## **Central Region**

Representing:

Oswego, Oneida, Herkimer, Madison, Onondaga, Cayuga, Cortland Counties

Families Support in Central New York

Contact: Elaine Angwin <a href="mailto:eangwin@ocgov.net">eangwin@ocgov.net</a>

## North Central/North Country Region

Representing:

St. Lawrence, Jefferson, Lewis Counties

Families Together of the North Country

Contact: Cathie Wooledge 315-376-8636 cathiew@nrcil.net

Website: www.ftnc.org

## **Southern Tier Region**

Representing:

Chenango, Broome, Delaware, Otsego Counties

The Family Resource Network, Inc. 46 Oneida St., Oneonta, NY 13820 Contact: Meghann Andrews Whitaker 607-432-0001 or 800-305-8814

<u>executivedirector@familyrn.org</u> Website: www.familyrn.org

## Resources Early Recognition Specialist Kate Provencher, MA, LMHC

## Children's Social Emotional Health

#### Even Mild Mental Health Problems In Children Can Cause Trouble Later

 $\underline{http://www.npr.org/sections/health-shots/2015/07/15/423211133/even-mild-mental-health-problems-in-children-can-cause-trouble-later$ 

## Mental Illness Afflicts Many Juveniles in Jail

<u>Parents' barriers to using school psychology services for their child's mental health problems</u> http://link.springer.com/article/10.1007/s12310-015-9152-1?no-access=true

## New Statewide Guidelines Aim to Accommodate and Protect Transgender Students

 $\frac{http://www.nytimes.com/2015/07/21/nyregion/new-statewide-guidelines-aim-to-accommodate-and-protect-transgender-students.html?\_r=0$ 

#### Mindfulness as effective as pills for treating recurrent depression

Mindfulness-based cognitive therapy may be as good as pills at stopping people relapsing after recovering from major bouts of depression, according to a study. Mindfulness-based cognitive therapy (MBCT) was developed from mindfulness techniques, which encourage individuals to pay more attention to the present moment, combined with cognitive behaviour therapy (CBT), specifically to try to help people who have recurring depression. It teaches people to recognize that negative thoughts and feelings will return, but that they can disengage from them. Rather than constantly worrying about them, people can become aware of them, understand them and accept them, and avoid being dragged down into a spiral leading back to depression

## Using Brain Science to Boost Social and Emotional Skills

University of Minnesota Extension: This **issue brief** covers recent research on learning and the brain, and its implications for youth development practice. Through understanding and capitalizing on the importance of the social context of learning, teaching youth to focus through single-tasking, tapping in to the power of mindfulness meditation, and providing opportunities for youth to practice and develop willpower, those working with youth have the ability to teach important social and emotional learning (SEL) skills that help young people thrive. <a href="http://www.extension.umn.edu/youth/research/sel/docs/issue-brief-brain-science.pdf">http://www.extension.umn.edu/youth/research/sel/docs/issue-brief-brain-science.pdf</a>

## Social Media, Promoting Mental Health, Decreasing Stigma

Social Media Is Changing How College Students Deal With Mental Health, For Better Or Worse <a href="http://www.huffingtonpost.com/entry/social-media-college-mental-health">http://www.huffingtonpost.com/entry/social-media-college-mental-health</a> 55ae6649e4b08f57d5d28845

#### Let's get teens talking!

One in five teens lives with a mental health condition, yet less than ½ get help. Mental health remains a taboo topic for many so NAMI, with support from SAMHSA, developed a project designed to get teens talking. The project, *Say it Out Loud*, consists of a toolkit that provides everything you need to engage teens in a conversation about mental health. It includes a short film with the ten common warning signs and three youth sharing their stories, a guide on how to conduct a successful discussion with teens, fact sheets to share with participants and more.

#### New York City to Teens: TXT ME with Mental Health Worries

An article by NPR reports that New York City is piloting a program in 10 public high schools called NYC Teen Text. NYC Teen Text is a crisis service that allows teens to get connected to counselors using text messaging.

http://www.npr.org/sections/health-shots/2015/03/27/395777733/new-york-city-to-teens-txt-me-with-mental-health-worries

## Mental health and African Americans: Breaking the tradition of silence

http://amsterdamnews.com/news/2015/jul/30/mental-health-and-african-americans-breaking-tradi/

## What's the Worst Part of Depression? These Twitter Users Are Speaking Up. UpWorthy.com

Like most mental illness, depression is widely misunderstood by those who don't live with it.

## The Do's and Don'ts of Effective Messaging

This tip sheet provides general guidance on designing and delivering consistent and effective substance abuse prevention messages

National Depression Screening Day kits from Screening for Mental Health, Inc. - This information may be of interest although it is focused on National Depression Screening Day rather than universal screening.

#### The kits include:

- Promotional items -- you choose between mood rings with decoder keys or stress balls
- A guide that includes everything you need for a successful event
- Screening forms
- Educational materials about common mental health conditions
- Wellness flyers
- Posters
- Clinician materials
- Year round access to our Downloadable Resource Center, which includes promotional materials (emails, blog posts, posters), and education and clinician material

We also offer kits specifically for organizations who serve <u>service members</u>, <u>veterans</u>, <u>and their families</u>. These kits include resources targeted toward the unique needs of this population.

In addition, we offer <u>online screening programs</u> that allow you to offer your community free and anonymous screenings. The mobile-friendly screenings integrate seamlessly into your existing website, allow for custom welcome messaging as well as provide resources on the results page. We also offer cost-effective <u>combination packages</u> that enable you to offer the online screenings and host in-person events.

To learn more, visit our online <u>shop</u>. If you have questions, feel free to call us at 781-239-0071 or email <u>Community@MentalHealthScreening.org</u>

## Integrating Mental Health

## New learning module on partnering behavioral health & child welfare

Big time props to Network faithful Rich Weisgal for his work with the California Institute for Behavioral Health Solutions (CIBHS) in developing an E-Learning Module titled "Foundations of Behavioral Health: Partnering to Serve The Mental Health Needs of Children in Child Welfare."

## Integrating Medical/Mental Health Care Benefits for Kids & Teens

By Rick Nauert PhD Psych Central

New research supports the belief that for children and teens, care for mental health problems and substance use problems is best delivered within a primary care setting.

http://psychcentral.com/news/2015/08/11/integrated-medicalmental-health-care-approach-best-for-children-and-teens/90694.html

## Ohio AAP Launches Building Mental Wellness Learning Modules

Online training offers participants practical tools, convenient option for earning CME credits

Primary care clinicians are often the de facto source of care for children and adolescents with emotional, developmental, or behavioral issues. We know with appropriate identification, evaluation and treatment, children and adolescents living with mental illness can achieve success in school, in work and in family life. However, identification of these challenges and access to care for the affected families is often complex and a large majority of these children fail to be identified or lack access to treatment or supports. Consider these statistics:

- Approximately 21% -- 1 out of every 5 -- U.S. children and adolescents meet diagnostic criteria for a mental health or substance abuse disorder with impaired functioning.
- An estimated \$247 billion is spent each year on childhood mental disorders.
- Yet only about 20% of children receive needed services.

The Ohio AAP has developed the Building Mental Wellness learning modules to help primary care clinicians – and anyone who provides care for children – develop the breadth and depth of clinical skills necessary to confidently provide family-centered, coordinated care to these children and families within the medical home. The information and tools provided in each of the 11 modules can be quickly implemented to immediately help patients and their families. In addition, upon completion of each module (approximately 30-80 minutes in length), clinicians will receive FREE CME credit.

To learn more about the Building Mental Wellness training modules, visit: <a href="http://ohioaap.org/BMWModuleRegistration">http://ohioaap.org/BMWModuleRegistration</a> or contact Sean O'Hanlon, Project Manager at <a href="mailto:sohanlon@ohioaap.org">sohanlon@ohioaap.org</a> or (614) 846-6258.

#### Trauma

How the Legacy of Slavery Affects the Mental Health of Black Americans Today, TheConversation.com <a href="http://theconversation.com/how-the-legacy-of-slavery-affects-the-mental-health-of-black-americans-today-44642">http://theconversation.com/how-the-legacy-of-slavery-affects-the-mental-health-of-black-americans-today-44642</a>

## The Effects of Domestic Violence on Unborn Children, ACEsConnection.com

ACEs Connection member Anita Kulick discusses a Michigan State University study that was the first to draw a link between abuse of pregnant women and behaviors exhibited by their children within the first year of life.

## Mandela, I'm Not: The Taxing Life of a Mother Coping With Trauma

Read more at <a href="http://indiancountrytodaymedianetwork.com/2015/08/13/mandela-im-not-taxing-life-mother-coping-trauma-161360">http://indiancountrytodaymedianetwork.com/2015/08/13/mandela-im-not-taxing-life-mother-coping-trauma-161360</a>

## Related Prevention Efforts

## Teen pregnancy prevention up close and personal

The HHS Office of Adolescent Health (OAH) announced the release of two new video series that reflect on what works for teen pregnancy prevention (TPP) and the impact of TPP programs on the lives of adolescents across the United States.

## OAH Grantees: Changing Adolescents' Lives

The first video series provides a personal look at TPP programs in local communities. The initial video features Sé tú mismo (Be Yourself), a positive youth development program for Latino youth in Washington, DC and Montgomery County, Maryland. Hear from the teens themselves about the difference the program has made for them, including one who said that joining the program was "the greatest moment" in her life! Learn more about the national evidence-based Teen Pregnancy Prevention program. Watch grantees work in their communities and see experts answer FAQs about teen pregnancy and teen pregnancy prevention program. More information can be found <a href="http://www.hhs.gov/ash/oah/resources-and-publications/multimedia/video">http://www.hhs.gov/ash/oah/resources-and-publications/multimedia/video</a> tpp.html

## Four Your Information

Two Surveys Are Recruiting Participants, Including Students, Other Youth, and Professionals
The Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities is seeking to learn more about how to support students with mental health issues to help them succeed in school. "Students who enroll in the study may have a chance to work with someone who will help them to set goals related to their education, relationships, mental health and campus life, and receive encouragement and support to achieve their goals," the researchers say. For more information, click here, contact kpizz@temple.edu or go directly to the survey by clicking here.

The second survey, by the Copeland Center (<a href="https://copelandcenter.com/">https://copelandcenter.com/</a>), involves seeking the opinions of youth between the ages of 14 and 30 for a proposed youth documentary "to be used nationally for the advancement and expansion of wellness strategies." For the survey, which will be open until August 31, 2015, <a href="mailto:click here">click here</a>. For more information, write Letty Elenes at <a href="mailto:lelenes25@gmail.com">lelenes25@gmail.com</a>.

## School Mental Health Professional Survey

School Mental Health Professionals (e.g. school counselors, school psychologists, school social workers, school nurses and others) are invited to take an anonymous survey about inter-professional collaboration between school mental health clinicians and pediatric primary care providers. Participation involves answering questions about current practices, comfort in collaborating with pediatric primary care providers, training needs, and beliefs about inter-professional collaboration. If you participate in this study you will have the option of providing your email address to be entered into a raffle for one of two \$50 gift cards. The survey should take approximately 15 minutes to complete. By completing the survey, you are indicating your consent to participate in our study. If questions, please contact Dr. Prerna Arora at parora@pace.edu.

You can access the survey by visiting this link: http://pace.az1.qualtrics.com/SE/?SID=SV 3EJPuxiCtDBPMDb

#### NYS OFFICE OF MENTAL HEALTH CENTRAL NEW YORK FIELD OFFICE

545 Cedar Street, Syracuse, New York 13210 Phone 315-426-3930 / Fax 315-426-3950

The Central New York Field Office facilitates communication between the counties, agencies, recipients and families in the region and the New York State Office of Mental Health. As part of the Office of Mental Health, the CNY Field Office provides information and technical assistance to strengthen and develop recovery based mental health services that are accountable, coordinated and evidence-based. The CNY region includes Broome, Cayuga, Chenango, Clinton, Cortland, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Onondaga, Oswego, Otsego and St. Lawrence.

#### **ADMINISTRATION**

#### Linda M Nelson, Director, 315-426-3946

Ms. Nelson provides administrative leadership and coordination of activities conducted within the Central New York Field Office and the Central New York region of the Office of Mental Health. She works with the Directors/Commissioners of Mental Health in their leadership role in the twenty counties and with the Office of Mental Health Central Office to assist with planning, program development, coordination of services and problem resolution.

Secretary, 315-426-3931

e-mail:

is the secretary to the Director of the CNY Field Office and provides administrative coordination to the Field Office.

Mary Rathbun, Secretary, 315-426-3930

e-mail: Mary.Rathbun@omh.ny.gov

e-mail: Linda.Nelson@omh.ny.gov

Ms. Rathbun provides administrative assistance and support to the Field Office and is also a member of the CNYFO Suicide Prevention Team.

#### CHILDREN'S SERVICES

The Children's Team provides assistance to counties and agencies to ensure a collaborative and comprehensive system of care for children and families and to assist with a Single Point of Access (SPOA) within each county.

#### Glady Smith, Director, Children & Family Services, 315-426-3945

e-mail: Glady.Smith@omh.ny.gov

Ms. Smith provides leadership and coordination for Children and Youth Services within the CNY Field Office. She provides direct assistance for Children & Youth to counties and agencies in the region. She is the CNYFO lead for providing technical assistance related to the implementation of the Single Point of Access (SPOA) committees for Children & Youth and is the liaison for OMH/OMR collaborative initiatives for Children and Youth in the region's central and southern counties.

#### Katharine O'Connell, RTF Specialist 315-426-3949

e-mail: Katharine.Oconnell@omh.ny.gov

Ms. O'Connell provides technical assistance and coordination for the Residential Treatment Facilities within the CNY region.

#### Joy Hammond, Children & Youth Specialist, 315-426-3937

e-mail: Jov.Hammond@omh.nv.gov

Ms. Hammond provides direct assistance on children and youth issues in the northern and eastern counties. She is a member of the CNYFO Suicide Prevention Team and is the liaison for OMH/OPWDD collaborative initiatives for Children and Youth.

Susan Lewis, Parent Advisor, 315-426-3936 Kathleen Liedka, Parent Advisor, 315-426-3944

e-mail: <u>Susan.Lewis@omh.ny.gov</u> e-mail: Kathleen.liedka@omh.ny.gov

Ms. Lewis (working with southern counties) and Ms. Liedka (working with northern counties) work to support and strengthen parents' networks, advocacy, education and leadership in the Central New York Field region.

#### **BUDGET/FISCAL**

The fiscal team provides technical assistance to county and agency fiscal staff through close coordination with OMH Central Office fiscal departments (budget, state aid and claims/payment).

Supervising Budgeting Analyst, 315-426-3932

provides fiscal leadership within the CNY Field Office.

e-mail:

Keith DeWitt, Associate Budget Analyst, 315-426-3935

Mr. DeWitt is the primary fiscal contact for southern counties.

e-mail: Keith.dewitt@omh.ny.gov

e-mail: Jill.Tibbett@omh.ny.gov

Jill Tibbett, Associate Budgeting Analyst, 315-426-3947

Ms. Tibbett is the primary fiscal contact for northern counties.

#### STANDARDS, CERTIFICATION AND QUALITY IMPROVEMENT

The team provides technical assistance to counties and agencies on regulations and law and reviews new and changing services through the PAR (Prior Approval Review) process. They provide quality assurance services to develop and strengthen mental health services in the region, identifying and sharing models and evidence-based practices and responding to complaints and incidents.

#### Richard King, Supervisor, Quality Assurance, 315-426-3933

e-mail: Richard.King@omh.ny.gov

Mr. King provides leadership of the Field Office Standards and Certification Team. He has direct certification responsibility for Broome, Cayuga, Chenango, Delaware, Onondaga and Otsego counties. He is the Emergency Preparedness Liaison. He represents the Field Office in the area of co-occurring mental health/substance abuse services.

#### Amy McMurray, Quality Assurance Specialist, 315-426-3941

e-mail: Amy.Mcmurray@omh.ny.gov

Ms. McMurray has direct certification responsibilities for Cortland, Essex, Fulton, Hamilton, Herkimer, Montgomery, Oneida and Onondaga counties. She also provides leadership regarding coordination of services between OMH and OPWDD within the CNY region.

#### Wanda Hines McGriff, Quality Assurance Specialist, 315-426-3939

e-mail: Wanda.Hinesmcgriff@omh.ny.gov

Ms. Hines McGriff has direct certification responsibilities for Clinton, Franklin, Jefferson, Lewis, Madison, Onondaga, Oswego and St. Lawrence counties. She also provides technical assistance and program reviews in ACT (Assertive Community Treatment), Health Homes and Cultural Competence.

#### Helen Finch White, Quality Assurance Specialist, 315-426-3934

e-mail: Helen.Finchwhite@omh.nv.gov

Ms. Finch White is the lead for following up on complaints received by the Field Office for the CNY region. She also oversees the Adult Homes in the region and provides technical assistance for projects related to health and wellness and linkages with NYS DOH and is a member of the CNYFO Suicide Prevention Team.

#### **PROGRAM SPECIALISTS**

Program specialists are generalists within the CNY Field Office with broad knowledge of program, fiscal and regulatory issues. They also work closely with the Directors/Commissioners of Mental Health in their county leadership role as well as with agencies, recipients and families.

#### Duane Hall, Program Specialist, 315-426-3948

e-mail: <u>Duane.Hall@omh.ny.gov</u>

Mr. Hall is the Program Specialist for the northern counties and is the Field Office lead for Forensic Services. He is the lead for Assisted Outpatient Treatment (AOT) and provides technical assistance and coordination of AOT, the Medication Grant Program and Transition Management. He is also the Field Office lead for psychiatric rehabilitation and PROS. He is the lead for following up on complaints received by the Field Office for the northern counties.

#### Sharon Frisbie, Program Specialist, 315-426-3938

e-mail: Sharon.Frisbie@omh.ny.gov

Ms. Frisbie is the Program Specialist for the southern counties. She reviews and coordinates new and existing capital projects in the CNY region with the OMH Bureau of Housing Services. She is the lead for providing technical assistance related to the implementation of the Single Point of Access committees for adults (SPOA). She is also the lead for following up on complaints received by the Field Office for the southern counties.

#### Program Specialist, 315-426-3922

e-mail:

provides technical assistance for special projects throughout the region including the OMH/OPWDD collaborative initiative.

#### **CONSUMER (RECIPIENT) AFFAIRS**

Elizabeth Patience, Regional Advocacy Specialist, 315-426-3942

e-mail: Elizabeth.Patience@omh.ny.gov

Ms. Patience provides support and technical assistance to current and planned recipient services in the region in coordination with the OMH Bureau of Recipient Affairs. She works to ensure involvement of recipients in all areas of mental health planning and service delivery.

Updated 3/2016

## **CNY Psychiatric Hospitals/Units**

## **Champlain Valley Physician's Hospital**

Stephens Mundy, President/CEO 100 Beekman Street Plattsburgh NY 12901 518-561-2000

## St. Lawrence State Psychiatric Hospital

Tim Farrell, Executive Director 1 Chimney Point Drive Ogdensburg, NY 13669-2291 315-541-2001 / fax 315-541-2041

## **Mohawk Valley State Psychiatric Hospital**

Mark Cattalani, Acting Executive Director 1400 Noyes Street Utica, NY 13502-3802 315-738-3800 / fax 315-738-4412

## **Hutchings State Psychiatric Hospital**

Mark Cattalani, Acting Executive Director Stark, Carol, Parent Advocate 620 Madison Street Syracuse, NY 13210-2319 315-426-3600 / fax 315-426-3603

## **Greater Binghamton Health Center State Psychiatric Hospital**

Mark Stephany, Acting Executive Director Pam Evans, Parent Advocate 425 Robinson Street Binghamton, NY 13904 607-724-1391

## **Partial Hospitalization**

## Centre Syracuse, LLC

John Wohlers, Clinical Director Eating Disorders Program 3300 James Street Syracuse, NY 13206 315-671-2202 x204

## **CNY RESIDENTIAL TREATMENT FACILITIES**

with RTF DIRECTORS & ADVOCATES

STILLWATER RTF (Formerly The Children's Home, RTF)

607-656-9004 / fax 607-656-9076

Janee Valenzuela - Executive Director jvalenzuela@stillwaterrtf.org

Kristen Burghardt - Clinical Director

Stillwater RTF, Inc. 638 Squirrel Hill Road Chenango Fork, NY 13746

Capacity: 18 (male & female)

Age Range: 7-16

## HILLSIDE CHILDREN'S CENTER RTF

315-258-2100 / fax 315-258-2105

Charlie Weld, Director cweld@hillside.com

Mary Seitz, RTF Coordinator <a href="mseitz@hillside.com">mseitz@hillside.com</a>

Susan Allen, Family Advocate SAllen@hillside.com

Hillside Children's Center RTF 7432 County House Road

Auburn, NY 13021

Capacity: 40 (male & female)

Age Range: 11-17

#### HOUSE OF GOOD SHEPHARD RTF

315-235-7680 / fax 315-235-7689

Zig Malowicki, Interim RTF Coordinator 315-235-7681 zigm@hgs-utica.com

House of Good Shephard 1550 Champlin Avenue Utica, NY 13502

Capacity: 18 (male)

Age Range: 13-17

## C & Y Community Residences

## **BOYS of Courage – Catholic Charities, Broome County**

C & Y Community Residence (Includes 9th crisis bed) 32 Oak Street Binghamton, NY 13905 607-724-2001

#### Elmwood Community Residence - RSS

C & Y Community Residence (Includes 9th crisis bed)

11 Elmwood Ave.

Oneonta, NY 13820-2103

607-267-4302

Michelle Zuk - Residential Family Peer Support Program

607-432-0001 mzuk@familyrn.org

Marcie Hamilton, Program Coordinator

mhamilton@rehab.org

#### Transitional Living Services of Northern New York, Inc.

C & Y Community Residence 1562 Washington Street Watertown, NY 13601 315-782-1777

## Montgomery Transitional Services, Inc.

C & Y Community Residence (Includes 9th crisis bed) 33 Highland Road Amsterdam, NY 12010 518-843-6208

#### **Toomey Residential & Community Services**

Cold Springs (Children's) Community Residence 3497 Doyle Road Lysander, NY 13027 315-426-1576

CNY Family Based Treatment Programs CLOSED effective March 31, 2013

## **BOCES Districts** (website: www.boces.org)

(Updated May 2015)

Mr. Allen Buyck, District Superintendent of Schools

Broome -Tioga BOCES 607-766-3802

435 Glenwood Road <a href="mailto:abuyck@btboces.org">abuyck@btboces.org</a>

Binghamton, NY 13905-1699

Counties: Broome, Tioga, and Delaware

Mr. William Speck, District Superintendent of Schools

Cayuga-Onondaga BOCES 315-253-0361

1879 West Genesee Street Road bspeck@cayboces.org

Auburn, NY 13021

**Counties: Onondaga and Cayuga** 

Dr. Mark Davey, District Superintendent of Schools

Champlain Valley Educational Services 518-536-7311

P.O. Box 455 davey\_mark@cves.org

1585 Military Turnpike Plattsburgh, NY 12901

Counties: Clinton, Essex, Warren and Washington

Mr. Christopher Todd, District Superintendent of Schools

Oswego BOCES 315-963-4222

Center for Instruction, Technology & Innovation (CiTi) <a href="mailto:ctodd@oswegoboces.org">ctodd@oswegoboces.org</a>

179 County Route 64 Mexico, NY 13114 County: Oswego

Mr. Allen Buyck, Interim District Superintendent of Schools

Delaware-Chenango-Madison-Otsego BOCES 607-335-1233

6678 County Road 32 buycka@dcmoboces.com

Norwich, NY 13815-3554

Counties: Delaware, Chenango, Madison and Otsego

Mr. Stephen T. Shafer, District Superintendent of Schools

Franklin-Essex-Hamilton BOCES 518-483-6420

P.O. Box 28 <u>sshafer@mail.fehb.org</u>

23 Huskie Lane Malone, NY 12953

Counties: Franklin, Essex, and Hamilton

Dr. Patrick Michel, District Superintendent of Schools

Hamilton-Fulton-Montgomery BOCES 518-736-4300

2755 State Highway 67

Johnstown, NY 12095

pmichel@hfmboces.org

**Counties: Hamilton, Fulton and Montgomery** 

Mr. Mark Vivacqua, District Superintendent of Schools

Herkimer-Fulton-Hamilton-Otsego BOCES 315-867-2023

352 Gros Boulevard <u>mvivacqua@herkimer-boces.org</u>

Herkimer, NY 13350

Counties: Herkimer, Fulton, Hamilton, and Otsego

## **BOCES Districts** (continued)

Mr. Stephen J. Todd, District Superintendent of Schools Jefferson-Lewis-Hamilton-Herkimer-Oneida BOCES 20104 State Route 3

Watertown, NY 13601

Counties: Jefferson, Lewis, Hamilton, Herkimer, and Oneida

Ms. Jacklin G. Starks, District Superintendent of Schools

Madison-Oneida BOCES

P.O. Box 168 4937 Spring Road Verona, NY 13478-0168

**Counties: Oneida and Madison** 

Mr. Howard D. Mettelman, District Superintendent of Schools

Oneida-Herkimer-Madison BOCES

P.O. Box 70

4747 Middle Settlement Road New Hartford, NY 13413-0070

Counties: Oneida, Herkimer and Madison

Mr. Jody F. Manning, District Superintendent of Schools

Onondaga-Cortland-Madison BOCES

P.O. Box 4754

6820 Thompson Road Syracuse, NY 13211

Counties: Onondaga, Cortland and Madison

Mr. Nicholas J. Savin, District Superintendent of Schools

Otsego Northern Catskills BOCES (ONC)

2020 Jump Brook Road, P.O. Box 382

Grand Gorge, NY 12434

County: Otsego

Mr. Thomas R Burns, District Superintendent of Schools

St. Lawrence-Lewis BOCES

40 West Main Street

P.O. Box 231

Canton, NY 13617

Counties: St. Lawrence, Lewis

Mr. James P Dexter, District Superintendent

Washington-Saratoga-Warren-Hamilton-Essex BOCES

1153 Burgovne Avenue, Suite 2

Fort Edward, NY 12828-1134

Counties: Saratoga, Washington, Warren, Hamilton, and Essex

315-779-7012 stodd@boces.com

315-361-5510

istarks@moboces.org

315-793-8561

hmettelman@oneida-boces.org

315-433-2602

imanning@ocmboces.org

607-588-6291

nsavin@mail.oncboces.org

315-386-4504

518-746-3310

tburns@sllboces.org

idexter@wswheboces.org

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# Central New York Regional Interagency Technical Assistance Team Revised April, 2015

	nevised riprii, 2015	
Education		
BOCES	Tel: 315-433-2609	OCM BOCES
Penny Williams	Fax: 315-431-8467	Youth Development
Youth Development Coordinator		6075 East Molloy Road
pwilliams@ocmboces.org		Syracuse, NY 13221-4774
CORNELL	Tel: 607-244-5471	Cornell University
Nancy Hinkley (Faculty)	Fax: 607-225-2764	Employment and Disability Institute
Nah36@cornell.edu	1 dx. 007-223-2704	201 Dolgen Hall
<u>NaiiSo@corneii.edu</u>		Ithaca, NY 14853-3901
Parent Representative		Ittiaca, N1 14633-3301
•		
Lisa Finnerty Coggi	Tel: 315-420-6187	
lisacoggi@gmail.com		
NYS OFFICE OF CHILDREN AND FAMILY S	ERVICES	
Regional Operations/Practice Improvement	Tel: 315-423-1200	NYS Office of Children & Family Services
Daniel Comins, Regional Director	Fax: 315-423-3960	The Atrium
Daniel.Comins@ocfs.state.ny.us	1 d.h. 515 425 5500	100 South Salina Street , Suite 350
<u>Damer.commis@ocis.state.ny.us</u>		Syracuse, NY 13202
Broome, Cayuga Chenango, Cortland, Delaware,		Syracuse, IVI 13202
Herkimer, Jefferson, Lewis, Madison, Oneida,		
	. 0	
Onondaga, Oswego, Otsego, St. Lawrence, Tioga	ı, &	
Tompkins counties		
Office of Youth Development	Tel: 315-423-5432	NYS Office of Children & Family Services
TBA, Regional Youth Development Coordinator	Fax: 315-423-5499	The Atrium
		100 South Salina Street , Suite 105
Broome, Cayuga Chenango, Cortland, Delaware,		Syracuse, NY 13202
Hamilton, Herkimer, Jefferson, Lewis, Madison,		
Oneida, Onondaga, Oswego, Otsego, St. Lawren	ce,	
Tioga, & Tompkins counties		
<b>NYS OFFICE OF ALCOHOLISM AND SUBST</b>	ANCE ABUSE	
Donna Stott	Tel: 716-454-4320	NYS Office of Alcoholism & Substance
DonnaStott@oasas.state.ny.us		Abuse
		Finger Lakes Regional Office
Broome, Chemung, Livingston, Monroe,		109 South Union Street
Ontario, Schuyler, Seneca, Steuben, Tioga,		Rochester, NY 14607-1826
Tompkins, Wayne, & Yates counties		Nochester, W1 14007 1020
Thomas Davis,	Tel: 315-428-4113	NYS Office of Alcoholism & Substance
Syracuse Regional Office Representative	161. 313-420-4113	Abuse
- · · · · · · · · · · · · · · · · · · ·	Fow 21F 429 4F49	
thomasdavis@oasas.state.ny.us	Fax: 315-428-4518	Central Field Office
		333 E Washington Street
Cayuga, Cortland & Madison counties		Syracuse, NY 13292
NYS OFFICE FOR PEOPLE WITH DEVELOP		
Beth Astramskas, Children's Services Liaison	Tel: 31- 425-5320	NYS Office for People with
Beth.Astramskas@opwdd.ny.gov	Fax: 315-425-5312	Developmental Disabilities
		1001 W Fayette Street Suite 5 B
		Syracuse, NY 13204
Thomas Creagh	Tel: 607-771-0586 x103	NYS Office for People with
Thomas.Creagh@opwdd.ny.gov	Fax: 607-771-6528	Developmental Disabilities
Inomas.creagn@opwaa.nv.gov		•
momas.creagn@opwdd.my.gov		229-231 State Street
momas.creagn@opwdd.ny.gov		229-231 State Street Binghamton, NY 13901

Chris Chalupnicki, Director of Family Health	Tel: 315-477-8142	
csc04@health.state.ny.us		NYS Department of Health
		217 South Salina Street
Jane Foley	315-477-8138	Syracuse, NY 13202
jof03@health.state.ny.us	Fax:315- 477-8581	
Donna Cashman (retired)		
dmcashman05@yahoo.com		
NYS OFFICE OF MENTAL HEALTH		
Glady Smith	Tel: 315- 426-3945	
glady.smith@omh.ny.gov		NYS Office of Mental Health
Broome, Cayuga, Cortland, Chenango, Delaware,		Central New York Field Office
Madison, Onondaga, Oswego & Otsego counties		545 Cedar Street
		Syracuse, NY 13210-2319
Kathleen Liedka, Parent Advisor	315- 426-3944	
Katleen.liedka@omh.ny.us		
Clinton, Essex, Franklin, Fulton, Hamilton,		
Herkimer, Jefferson, Lewis, Montgomery, Oneida		
& St. Lawrence		
Susan Lewis, Parent Advisor	315-426-3936	
susan.lewis@omh.ny.us	313 120 3330	
Broome, Cayuga, Cortland, Chenango, Delaware,		
Madison, Onondaga, Oswego & Otsego counties		
,	315-426-3937	
Joy Hammond		
joy.hammond@omh.state.ny.us		
Clinton, Essex, Franklin, Fulton, Hamilton,		
Herkimer, Jefferson, Lewis, Montgomery, Oneida	Fax: 315-426-3950	
& St. Lawrence		
SYRACUSE UNIVERSITY PARENT ADVOCACY	CENTER	
Amy Zogby, Director	Tel: 315-443-4195	The Center on Human Policy
aezogby@syr.edu	Fax: 315-443-4338	Syracuse University
		805 South Crouse Avenue
		Syracuse, NY 13244-2280
Youth Power!		
Katie Rushlo	Tel:315-679-1476	Prevention Network
Central Region Youth Partner		906 Spencer Street
Central Region Youth Partner		906 Spencer Street Syracuse NY 13204
Central Region Youth Partner krushlo@youthpowerny.org www.YOUTHPOWERNY.ORG		
Central Region Youth Partner <a href="mailto:krushlo@youthpowerny.org">krushlo@youthpowerny.org</a> <a href="mailto:www.YOUTHPOWERNY.ORG">www.YOUTHPOWERNY.ORG</a>	f Care with Children a	Syracuse NY 13204
Central Region Youth Partner  krushlo@youthpowerny.org  www.YOUTHPOWERNY.ORG  NYS Success: Connecting Systems of	Care with Children a	Syracuse NY 13204
Central Region Youth Partner krushlo@youthpowerny.org		Syracuse NY 13204  and Families
Central Region Youth Partner krushlo@youthpowerny.org  www.YOUTHPOWERNY.ORG  NYS Success: Connecting Systems of Mary Copolla, DSW, Project Director	Tel: 518-514-8759	Syracuse NY 13204  and Families  Coordinated Care Services, Inc.
Central Region Youth Partner krushlo@youthpowerny.org  www.YOUTHPOWERNY.ORG  NYS Success: Connecting Systems of Mary Copolla, DSW, Project Director mcoppola@ccsi.org	Tel: 518-514-8759 Fax: 315-443-4338	Syracuse NY 13204  and Families  Coordinated Care Services, Inc. 1099 Jay Street Building J, 3rd Floor
Central Region Youth Partner krushlo@youthpowerny.org  www.YOUTHPOWERNY.ORG  NYS Success: Connecting Systems of Mary Copolla, DSW, Project Director mcoppola@ccsi.org  NYS Collaborative Solutions for Chil	Tel: 518-514-8759 Fax: 315-443-4338 dren & Families	Syracuse NY 13204  and Families  Coordinated Care Services, Inc. 1099 Jay Street Building J, 3rd Floor Rochester, New York 14611
Central Region Youth Partner krushlo@youthpowerny.org  www.YOUTHPOWERNY.ORG  NYS Success: Connecting Systems of Mary Copolla, DSW, Project Director mcoppola@ccsi.org	Tel: 518-514-8759 Fax: 315-443-4338	Syracuse NY 13204  and Families  Coordinated Care Services, Inc. 1099 Jay Street Building J, 3rd Floor

# **GLOSSARY**

## "Knowledge is power and enthusiasm pulls the switch." Steve Droke

## **PROGRAM DESCRIPTIONS**

Highlighted programs are currently available in the CNY region

#### **Adolescent Sex Abuser/Offender Project**

The Adolescent Sex Abuser/Offender (ASA/O) project aims to reduce sexual recidivism of sexually abusing juvenile delinquents identified by the New York State Office of Children and Family Services and New York State Division of Probation and Correctional Alternatives. These children/adolescents are identified as needing services. The initiative also aims to protect the public safety through increased community supervision. The project provides psychosexual specific intervention (group and individual) to youth and families, case management, education, advocacy, and wraparound services. This intensive intervention is provided on site at OCFS Aftercare Offices and Probation Departments. This pilot project is located in seven counties: Bronx, Kings (Brooklyn), Monroe, Onondaga, Nassau, and Suffolk. Each site employs clinical staff trained specifically to treat sexually abusing youth. This project started in 2000.

#### **Clinic Treatment**

Clinic treatment programs offer traditional outpatient mental health services such as assessment, individual, family, and group therapies and medication management. In general these services are offered from a fixed site but there may be a satellite location and mobile outreach.

#### **Community Residences**

Community Residences provide a supervised, therapeutic environment for six to eight children or adolescents, between the ages of 5 and 18 years, that includes structured daily living activities, problem solving skills development, a behavior management system and caring consistent adult interactions. Most often, needed clinical supports for the child and family are provided by community-based services.

Community residences provide a community-based, more normative residential option for some seriously emotionally disturbed children and youth. Without the availability of community residences, children and youth may be unnecessarily placed or kept longer than is appropriate in more restrictive levels of care. Community residences are appropriate for youngsters who are diagnostically the same as youngsters placed in an inpatient or residential treatment facility yet are more independent and able to function in a community based, supervised living environment. These are children who, with supervision, are able to participate in community school, social and recreational activities.

The community residence program model is based upon the following principles:

- > Seriously emotionally disturbed children and youth should be served in the least restrictive environment that is clinically appropriate.
- Families should be supported in their efforts to continue and/or resume primary care for their child by the provision of education/information, skill development, and emotional support.
- Treatment for seriously emotionally disturbed youth occurs in a therapeutic milieu that includes structured daily living activities, the teaching of problem solving skills, a behavior management system, and caring, consistent adult relationships.
- Community residences must be strongly networked with other local mental health services including day treatment, inpatient psychiatric care, residential treatment facilities, outpatient clinics, and the other community based services provided under county and voluntary sector auspice.

#### Coordinated Children's Services Initiative (CCSI)

The Coordinated Children's Services Initiative supports localities to create systems of care that ensure that children who are at risk of residential placement remain at home with their families and in their communities. CCSI is an interagency initiative whose philosophy encompasses a core set of principles. These principles are at all levels of government, across a range of service agencies and programs, and throughout the service planning and delivery process. The principles include:

- To develop and plan for one child and family at a time.
- To provide supports and services in family and community settings.
- To develop parent/professional partnerships.
- To use strength-based approaches.
- > To deliver services that are culturally competent.
- To provide care that is unconditional.

#### **Crisis Residence**

A crisis residence offers a supervised residential setting for persons requiring stabilization. Crisis beds serve children and adolescents exhibiting acute distress for whom stabilization in an alternate setting may be effective. The expected length of stay is up to 21 days. Children's crisis beds are linked with local psychiatric emergency rooms and acute inpatient programs. Follow up care is provided after discharge and the child and family are linked to community resources and supports.

The major goal of the program is to stabilize the situation and return the child to his home quickly, rather than to provide long-term care. Emphasis is on maintaining the relationships the child has in the community, with his family, referral agency, those resources that have provided services previously, and the school. Services, which can be provided in the community, will not be duplicated in the residence.

The crisis residence provides comprehensive assessment, respite, and service planning on a temporary basis for children who are in emotional, behavioral, or family crisis and who may without this kind of intervention require psychiatric hospitalization. Each program provides a highly structured, individually designed intervention for each resident in accordance with the needs of both child and caregiver. A balance of education, recreation, and activities of daily living are maintained within the residence.

## **Day Treatment Services**

A day treatment program provides services designed to stabilize children's adjustment to educational settings, to prepare children to return to educational settings, and to transition children to educational settings. Day treatment services for children and adolescent provide intensive, non-residential services. The programs are characterized by a blend of mental health and special education services provided in a fully integrated program. Typically, these programs include special education in small classes with an emphasis on individualized instruction, individual and group counseling, family services such as family counseling, crisis intervention, interpersonal skill development, and behavior modification. Children and adolescents receiving day treatment services live at home or in the community but are identified by their school district as seriously emotionally disturbed and cannot be maintained in regular classrooms.

#### Family-Based Treatment Programs Program discontinued – CLOSED effective March 31, 2013

The Family-Based Treatment Program (FBTP) is an essential component of the system of care for children and youth with serious emotional disturbances. FBTP targets children who meet SED criteria, can function in a family setting, and are at risk for restrictive settings. It provides, through a careful matching process, a placement in a family home for children who are able to live in the community under the supervision, and with the support of, surrogate parents. These surrogate parents receive special training in behavior management and other related aspects of caring for youth with SED. Additional supports, including clinical services, are arranged through community mental health programs and other community agencies.

FBT programs serve from 10 to 25 youth. Family Specialists are responsible for providing needed supports to both surrogate parents and families of origin with the goal of having the child return to his/her family of origin whenever possible. Each Family Specialist generally works with a cluster of five sets of surrogate parents and one set of respite parents. In addition to pre-service training, on-going training and support groups are offered to the surrogate and respite parents on a monthly basis. Families of origin may be invited to these trainings or may have separate training and support groups.

## **Family Support Programs**

Family support programs provide an array of services to support and empower families with children and adolescents having serious emotional disturbances. The goal of family support is to reduce family stress and enhance each family's ability to care for their child. To do this, family support programs operate on the principles of individualized care, and recognizing every child and family is unique in their strengths and needs. Connecting family members to other families with children with serious emotional problems helps families to feel less isolated and identify their own strengths. Services include but are not limited to education and information, individual advocacy, family support groups, respite, and family recreation events.

#### **Functional Family Therapy**

Functional Family Therapy (FFT) is a family-based prevention and multi systemic intervention program that has been applied successfully in a variety of situations to treat a range of high-risk youth and their families. The FFT program is supported by 30 years of clinical research, which supports it foundation as an evidence-based practice. FFT has been applied with a wide range of youth and their families in various multi-ethnic, multi cultural contexts and with pre-adolescents with conduct disorders, violent acting out and substance abuse issues.

## **Home and Community Based Services Waiver**

The Home and Community Based Services Waiver (HCBS) was developed as a response to experience and learning gained from other state and national grant initiatives. The goals of the HCBS waiver are to:

- > Enable children to remain at home, and/or in the community, thus decreasing institutional placement.
- Use the Individualized Care approach to service planning, delivery and evaluation. This approach is based on a full partnership between family members and service providers. Service plans focus upon the unique needs of each child and builds upon the strengths of the family unit.
- > Expand funding and service options currently available to children and adolescents with a diagnosis of serious emotional disturbance and their families.
- Provide services that promote better outcomes and are cost-effective.

The target population of children eligible for the waiver are children with a diagnosis of serious emotional disturbance who without access to the waiver would be in psychiatric institutional placement. Parent income and resources are not considered in determining a child's eligibility.

The HCBS waiver includes six new services not otherwise available in Medicaid:

- 1. **Individualized Care Coordination** includes the components of intake and screening, assessment of needs, service plan development, linking, advocacy, monitoring and consultation.
- 2. **Crisis Response Services** are activities aimed at stabilizing occurrences of child/family crisis where it arises.
- 3. **Intensive In-home Services** are ongoing activities aimed at providing intensive interventions in the home when a crisis response service is not enough.
- 4. **Respite Care** are activities that provide a needed break for the family and the child to ease the stress at home and improve family harmony.
- Family Support Services are activities designed to enhance the ability of the child to function as part of a family unit and to increase the family's ability to care for the child in the home and in community based settings.
- 6. **Skill Building Services** are activities designed to assist the child in acquiring, developing and addressing functional skills and support, both social and environmental.

Currently there are 610 slots for HCBS waiver in 40 counties and the five boroughs of New York City.

#### **Home Based Crisis Intervention**

Home Based Crisis Intervention (HBCI) provides in-home crisis services to families (natural, foster, or adoptive) where a child is at imminent risk of psychiatric hospitalization. Linked to emergency rooms, these programs provide intensive in-home intervention for 4 to 6 weeks with the goals of admission diversion, teaching problem solving skills to the family, and linking the child and family with community-based resources and supports. A counselor is available seven days a week, 24 hours a day to work with the child and family.

The HBCI model contains the following essential elements, which are incorporated into the goals and objectives of each agency providing this service:

- > Acceptance of only those families on the verge of having a child placed as a result of psychiatric crisis;
- A crisis-oriented intervention process that sees each family as immediately as possible after the referral;
- > These programs are linked to a hospital to assure availability and accessibility;
- Flexible staff hours, including 24 hour a day, 7 day a week response capability;
- An intake and assessment process designed to ensure that no family is left in a dangerous situation;
- An approach to intervention that is multi-faceted, including counseling, skill training, helping the family obtain needed resources and learn problem solving skills;
- A small caseload with each counselor working with only two families at any one time;
- Limits on the length of intervention, usually a brief period of five to six weeks;
- > Linking of families with agencies if further treatment or services are needed;
- Follow-up with families, both to assess their progress and to evaluate the program's success.

The target population for the HBCI program is youth 5 to 17 years of age, who are living at home within their natural, foster, or adoptive family, and who are experiencing a psychiatric crisis that would require hospitalization without immediate intensive intervention. In addition, they and their parents must be willing to receive in-home crisis services. Children may have had previous or ongoing contact with the juvenile justice system, the special education system, the Office of Children and Families, and/or the mental health system.

## **Inpatient Services**

Inpatient services are hospital-based programs that offer a full range of treatment and support services, client education, and skill acquisition in an intensively supervised, structured setting. Programs exist in general hospitals (Article 28), freestanding psychiatric hospitals (\*Article 31) and State Children's Psychiatric Centers.

\*No Article 31's in the CNY Region

#### **Intensive Case Management**

The Intensive Case Management program is designed to assist seriously emotionally disturbed children and youth and their families residing in the community. Intensive Case Management Services are part of the Comprehensive Medicaid Case Management Omnibus and are eligible to participate in Medicaid reimbursement. Well-qualified and specially trained professionals assess and coordinate the supports and services necessary to help children and adolescents live successfully at home and in the community. The Intensive Case Manager works intensively with the child's family, and coordinates with teachers and other helping professionals. Services are based on the specific needs and desires of the child and his or her family and are made available for as long as necessary. Flexible service dollars are available to provide services and supports otherwise not available.

Intensive Case Managers are expected to:

- Monitor and coordinate the delivery of necessary assessments;
- > Coordinate the development of an individualized, comprehensive service plan;
- Provide crisis intervention services, as needed;
- > Provide supportive services to the child's family, in such areas as behavior management, system access, and negotiation, parent education and support groups.

The intensive case management initiative was introduced in 1988 and currently serves children and youth across New York State. Intensive case management for children and youth (CYICM) is the cornerstone program of the NYS comprehensive system of care serving a target group comprised of children with serious emotional disturbances who are considered at risk as defined by the following criteria (NYS OMH, 1988):

- > History of psychiatric hospitalization within the last two years with existing risk of re-hospitalization
- Recent hospitalization of greater than 90 days in duration
- ➤ History of crisis-related contacts with the mental health system
- > History of out-of-home placements due to psychiatric impairment or
- History or treatment in mental health services that are deemed ineffective as demonstrated by the likelihood of impending admission to psychiatric inpatient treatment or a history of unplanned movement out of treatment.

These criteria were originally used to construct rosters of children appropriate for CYICM in each region and continue to be used as guidelines to identify the CYICM target population. Services delivered by intensive case managers (ICMs) are driven by the needs of the child with SED in the context of his/her family.

The overall goal of CYICM is to maintain children in as natural and nonrestrictive environment as possible. The intensity level of CYICM is demonstrated by the 7 day 24 hour response capability of ICMs and the small caseload size. ICMs are expected to be strong advocates for children and families within their local systems of care. Through access to flexible service dollars, ICMs can meet the needs of children and families by purchasing services otherwise unavailable. Overall the CYICM program model is an activist model that stresses the need for service delivery in non-office based settings often in the homes of children and families.

## **Mental Health Juvenile Justice Diversion Project**

Mental Health Juvenile Justice (MHJJ) was established in 1995 and 1996 by a multi-agency workgroup. The goal of MHJJ is to reduce institutional placement with the Office of Children and Family Services by:

- 1. Screening and assessing juvenile delinquents and their families for mental health and substance abuse needs at probation.
- 2. Providing direct treatment services in county probation departments as needed.
- 3. Linking juvenile delinquents and their families with appropriate services in the community.

Eleven counties across New York State have implemented this program and placed mental health and/or substance abuse staff in juvenile probation departments.

## **Residential Treatment Facilities**

Residential Treatment Facilities are designed to provide individualized, active mental health treatment to children and adolescents with a severe emotional disturbance within an intensively staffed residential setting. Residential Treatment Facilities are less restrictive and less intensively staffed than hospital-based programs, but more intensively staffed and provide a wider range of services than community residences. The objective of the program is to help a child improve his or her daily functioning, develop coping skills, support the family and to ensure appropriate community linkages and supports to ensure successful transition to the community. Residential Treatment Facilities range in size from 14-56 beds and serve an average of 760 children per year between the ages of five and 21 years.

#### **School-Based Mental Health Services**

The Office of Mental Health provides mental health services in schools through the following means:

- > School-based satellite clinics. There are over 200 licensed, school-based satellite clinics throughout the state. School-based clinics offer clinic treatment services, as well as crisis intervention, consultation, technical assistance and training, in the school setting. The school location contributes to better access for family members and coordination of services with schools.
- > Off-site services. Licensed clinics which provide mental health services to schools on an as-needed basis may do so as part of their off-site services. The same types of services may be provided under this arrangement as are provided through satellite clinics.
- Special initiatives. OMH currently funds school-based mental health projects in approximately 60 schools throughout the state. Approximately 90% of these are funded and administered in collaboration with other state agencies. Initiatives include the School-Based Mental Health Program and the School Support Projects. School Support projects are a collaboration between OMH and SED. DOH is also a partner in some School Support projects. Descriptions of these projects are provided below.

#### **School-Based Mental Health Program**

Initiated in 1995, the School-Based Mental Health Program offers a combination of traditional and non-traditional mental health services to children and adolescents with emotional/behavioral issues who attend low-performing schools. The objective is to maintain children in the least restrictive school and residential environments. In addition to identifying children with mental health needs and ensuring access to needed services, SBMH programs offer coordinated service planning between educators and mental health professionals. There are currently seven School-Based Mental Health Programs in Buffalo, Long Island, New York City and Yonkers.

## **School Support Projects**

The first School Support projects got underway in 2000. These projects integrate mental health professionals within the school's regular processes for identifying, assessing, planning for and delivering services to students with emotional/behavioral issues. In addition, they are designed to enhance family involvement in the development of education and mental health service plans and to offer training in evidence-based practical skills for successfully raising and teaching children with emotional/behavioral issues. School Support projects are also located in low-performing schools. Some School Support projects are co-located in schools with DOH-approved School-Based Health Centers and seek to enhance coordination between primary care and mental health professionals. These projects also offer special training and oversight in evidence-based clinical practices through Columbia University's Center for the Advancement of Children's Mental Health. School Support projects are currently implemented in 54 schools in all five OMH regions.

#### **Single Point of Access**

Each local government in New York State has been asked to designate a Single Point of Access for Children and Families (SPOA). The purpose of the SPOA for Children and Families is to identify those children with the highest risk of placement in out-of-home settings and to develop appropriate strategies to manage those children in their home communities. The purpose of the SPOA is to:

- Identify children with the highest risk for placement.
- Develop strategies to manage these children in their home communities using an individualized, strength-based approach.
- > Develop better decisions about individualized care planning for children at risk.
- Support communities to manage access to intensive services.

#### **Supportive Case Management**

Supportive Case Managers provide ongoing support to children who have been linked with services, and is similar to the ICM program but less intense. SCMs are required to have two or more contacts with the child/family per month, compared to the four required visits per month in the ICM program. SCMs have caseloads of 20 families at a time. Supportive Case Management Services are part of the Comprehensive Medicaid Case Management Omnibus and are eligible to participate in Medicaid reimbursement.

## **Teaching Family Homes**

The Teaching Family Homes are designed to provide individualized care to children and youth with serious emotional disturbances in a family-like, community-based environment. Specially trained parents live and work with four children and youth with serious emotional disturbances in a home-like setting. The teaching parents are responsible for the social education of the children and the implementation of a service plan developed in conjunction with the family and clinical service provider. The focus is on teaching the youth to live successfully in a family, attend school, and live productively in the community.

# **ACRONYMS**

	ACRON	<u> </u>	
AARP	-American Association of Retired Persons	CSA	-Community Services Association
ACD	-Agency for Child Development	CSB	-Community Service Board
ACHA	-American College of Hospital Administrators	CSEA	-Civil Service Employees Association
	I -Assoc. of Community Living Agencies in Mental Health	CSG	-County Services Group
	-Assoc. for Children with Retarded Mental Development	CSS	-Community Support Services
	D -Advisory Council on Mental Retardation of	CT	-Computerized Tomography
ACINIDI			
A C C W	Development Disabilities	D&E	-Diagnosis and Evaluation
ACSW	-Association of Certified Social Workers	D/C	-Discontinue
ADL	-Activities of Daily Living	DBL	-Disabilities Benefits Law
ADON	-Assistant Director of Nursing	DC	-Developmental Center
AHA	-American Hospital Association	DCS	-Director of Community Services
AHCA	-American Health Care Association	DD Act	-Developmental Disabilities Act
AHRC	-Association for Help to Retarded Children	DDC	-Deputy Director Clinical
AIDS	-Acquired Immune Deficiency Syndrome	DDIA	-Deputy Director of Institutional Administration
AL	-Administrative Law Judge	DDPC	-Developmental Disabilities Planning Council
AMB	-Ambulatory	DDQA	-Deputy Director of Quality Assurance
AMI	-Alliance for the Mentally ill	DDSO	-District Developmental Services Office (OMRDD)
AMRA	-American Medical Record Association	DDTS	-Deputy Director of Treatment Services
ANIB	-Abuse and Neglect Investigations Bureau	DEA	-Drug Enforcement Administration
AOC	-Administrator on Call	DFY	-Division for Youth
AOD	-Administrator on Duty	DHCR	-Division of Housing and Community Renewal
APS	-Adult Protective Services	DHHS	-Department of Health and Human Services
AR	-Appropriateness Review	DHR	-Division of Human Rights
ARC	-Association for Retarded Citizens	Diet Tech	n-Dietetic Technician
ARC	-AIDS Related Complex	DMH	-Division of Mental Hygiene (former name of OMH/OPWDD)
ARF	-Association of Rehabilitations Facilities	DNR	-Do-Not-Resuscitate
ARRC	-Administrative Regulations Review Commission	DOB	-Division of the Budget
BC/BS	-Blue Cross/ Blue Shield	DOCS	-Department of Correctional Services
BCA	-Blue Cross Association	DOH	-Department of the Health
BCYS	-Bureau of Children and Youth Services (OMH)	DOL	-Department of Labor
BDSO	-Broome Development Services Office (OMRDD)	DON	-Director of Nursing
BID	-Twice a day	DQA	-Director of Quality Assurance
BLTC	-Bureau of Long Term Care (Health Department)	DRG	-Diagnosis Related Group
BOCES	-Board of Cooperative Educational Services	DSAS	-Division of Substance Abuse Services
BOE	-Board of Education	DSMIII	-Diagnostic & Statistical Manual of Mental Disorders
BOV	-Board of Visitors	DSS	-Department of Social Services
C/O	-Complaint of	DX	-Diagnosis
CAC	-Certified Alcohol Counselor		-Education for All Handicapped Children Act
CAP	-Client Assistance Program (CQC)	ECT	-Electroconvulsive Therapy
CASAC	-Certified Alcohol & Substance Abuse Counselor (formerly	EEOC	-Equal Employment Opportunity Commission
	CAC)	EFA	-Epilepsy Foundation of America
CAT	-Computerized Axial Tomography	EMS	-Emergency Medical Services
CBVH	-Commission for the Blind and Visually Handicapped	FDA	-Food and Drug Administration
CC&F	-Council on Children and Families	FICA	-Federal Insurance Contributions
CCA	-Child Care Aide	FOIA	-Freedom of Information Act
CHAP	-Child Health Assurance Services	FY	-Fiscal Year
CHCS	-Continuing Health Care Services	GAO	-General Accounting Office
CM	-Case Management	GNYHA	-Greater New York Hospital Association
CMHC	-Community Mental Health Center	GOER	-Governor's Office of Employees Relations
CMI	-Chronic Mentally ill	HAC	-Health Advisory Council
CON	-Certificate of Need	HANYS	-Hospital Association of New York State
COOR	-Court Order of Retention	HCFA	
			-Health Care Financing Administration
COTA	-Certified Occupational Therapy Assistant	HEW	-Department of Health, Education and Welfare
CPL	-Criminal Procedure Law	111.10	(now HHS)
CPR	-Cardiopulmonary Resuscitation	HHA	-Home Health Agencies
CQC	-Commission on Quality of Care	HHC	-Health and Hospitals Corporation
CR	-Community Residence	HHS	-Department of Health and Human Services (US)
CRC	-Certified Rehabilitation Counselor	HIV	-Human Immunodeficiency Virus
CRT	-Chief Recreation Therapist	HMO	-Health Maintenance Organization

LIDO	Hardin Diagram Committee	NIV (CDIA)	IMPACANCE TO THE THEORY OF
HPC	-Health Planning Commission	NYSDIVIE	HMRAS -NYC Dept. of Mental Health & Mental
HRA	-Human Resources Administration		Retardation & Alcoholism Services
HRF	-Health Related Facility	NYCRO	-NYC Regional Office (OMRDD)
HS	-Hours of Sleep or at bed time		RA -NY Association of Community Residence
HAS	-Health Systems Agency		Aministrators
		NVCADO	
HX	-History		C-NYS Association for Retarded Citizens
IBR	-Institute for Basic Research		IHD -NYS Conference of Local Mental Hygiene Directors
ICD	<ul><li>-9-CM-International Classification of Diseases,</li></ul>	OAD	-Office of Advocate for the Disabled
	9th Revision of Clinical Modification	OASA	-Office of Alcoholism and Substance Abuse Services
ICF/DD		OCA	-Office of Court Administration
ICR/MF		OGS	-Office of General Services
	,		
ICU	-Intensive Care Unit	OHSM	-Office Health Systems Management
IEP	-Individual Education Plan	OMH	-Office of Mental Health
IHP	-Individual Habilitation Plan	OMRDD	-Office of Mental Retardation and Developmental
ILC	-Independent Livings Centers		Disabilities (Now OPWDD)
IOCC	-Inter-Office Coordinating Council	OPD	-Outpatient Department
IPP	-Individual Program Plan	OPH	-Office of Public Health
IPR	-Independent Professional Review		-Office for People with Developmental Disabilities
IQ	-Intelligence Quotient	OT	-Occupational Therapy
ITP	-Interdisciplinary Treatment Plan	OVR	-Office of Vocational Rehabilitation
ITT	-Interdisciplinary Treatment Team	Р	-After
IUR	-Independent Utilization Review	P&ADD	-Protection & Advocacy for the Developmentally Disabled
IWRP	-Individualized Written Rehabilitation Progress	PA	-Public Assistance
JCAH			
	-Joint Commission on Accreditation of Hospitals	PAMII	-Protection & Advocacy Systems for the Mentally III Individuals
JCAHO			(CQC)
	Organizations	PASDD	-Protection & Advocacy Systems for the Developmentally
LCER	-Legislative Commission on Expenditure and Review		Disabled
LGU	-Local Government Unit	PC	-Psychiatric Center
LPN	-Licensed Practical Nurse	PDR	-Physician's Desk Reference
LRE		PEF	
	-Least Restrictive Environment		-Public Employees Federation
LWOC	-Leave Without Consent	PER	-Psychiatric Emergency Room
MA	-Medical Advisor	PHCP	-Physically Handicapped Children's Program
MCT	-Mobile Crisis Team	PINS	-Person in Need of Supervision
MD	-Doctor of Medicine	PL94	-142-Public Law 94-142, The Education of All Handicapped
MDU	-Multipally Disabled Unit		Children
ME	-Medical Examiner	PO	-By Mouth
MGT	-Mobile Geriatric Team	POC	-Plan of Correction
MHA	-Mental Health Association	PPHA	-Private Propriety Home for Adults
MHL	-Mental Hygiene Law	PRN	-As Needed
MHLS	-Mental Hygiene Legal Services	PRO	-Professional Review Organization
MHTA	-Mental Hygiene Therapy Aide	PT	-Physical Therapy
MI	-Mentally ill	Q	-Every
MICA	-Mentally ill with Chemical Abuse	QA	-Quality Assurance
MMPI	-Minnesota Multiphasic Personality Inventory	QAB	-Quality Assurance Bureau (CQC)
MNIL	-Medically Needed Income Levels	QID	-Four Times A Day
MR	-Mental Retardation	QMRS	-Qualified Mental Retardation Specialist
MRB	-Medical Review Board (CQC)	R/O	-Rule Out
MRDD	-Mental Retardation and Developmental Disabilities	RA	-Residential Aide
MSW		RCCA	
	-Master Social Work		-Residential Care Centers for Adults
NAI	-Nurse Administrator 1	RD	-Registered Dietician
NAPAS	-National Association of Protection and Advocacy Systems	RFI	-Request for Information
NI/NII	-Nurse I / Nurse II	RFP	-Request for Proposal
NIDA	-National Institute of Drug Abuse	RN	-Registered Nurse
NIH	-National Institute of Health	RN-C	-Registered Nurse-Certified
NIMH	-National Institute of Mental Health	RSA	-Rehabilitation Services Administration
NPL	-Nursing Program Coordinator	RT	-Recreational Therapist
NSAC	-National Society for Autistic Children	RTC	-Residential Treatment Center
NTID	-National Technical Institute for the Deaf	RTF	-Residential Treatment Facility
NYALD	-NYS Association for the Learning Disables	SCTA	-Secure Care Treatment Aide
	•	SCU	-Secure Care Unit
			<del> </del>

SDC	-State Developmental Center	STAT	-Immediately
SDMC	-Surrogate Decision Making Committee (CQC)	STEP	-Sheltered Transitional Employment Program
SED	-State Education Department	TA	-Therapy Aide
SEP	-Supported/ Sheltered Employment Program	TCF	-Transitional Care Facility
SIC	-State Investigation Commission	TD	-Tardive Dyskinesia
SNF	-Skilled Nursing Facility	TEP	-Transitional Employment Program
SOCR	-State Operated Community Residence	TID	-Three Times a Day
SOD	-Statement of Deficiencies	TSA	-Tourette Syndrome Association
SOFA	-State Office for the Aging	TTL	-Treatment Team Leader
SOICF	-State Operated Intermediate Care Facility	UC	-Unit Chief
SP/A	-Speech Pathology and Audiology	UCP	-United Cerebral Palsy
SPC	-State Psychiatric Center	UCSG	-Upstate Community Service Group (OMRDD)
SRO	-Single Room Occupancy	UR	-Utilization Review
SRT	-Senior Recreation Therapist	VA	-Veterans Administration
SRU	-Small Residential Units	VCCA	-Voluntary Child Caring Agency
SSA	-Social Security Administration	VOCR	-Voluntary Operated Community Residence
SSD	-Social Security Disability	VOICF	-Voluntary Operated Intermediate Care Facility
SSDI	-Social Security Disability Insurance	WIC	-Women, Infants and Children's Program
SSI	-Supplemental Security Income		

## **Introduction to the Board of Regents**

Established by the New York State Legislature on May 1, 1784, the Regents of The University of the State of New York form the oldest, continuous state education entity in America. The Regents are responsible for the general supervision of all educational activities within the State, presiding over The University and the New York State Education Department. The Regents are organized into standing committees and subcommittees whose members and chairs are appointed by the Chancellor.

The Board comprises 16 members elected by the State Legislature for 5 year terms: 1 from each of the State's 12 judicial districts and 4 members who serve at large. Regents are unsalaried and are reimbursed only for travel and related expenses in connection with their official duties. The University of the State of New York is the nation's most comprehensive and unified educational system. It consists of all elementary, secondary, and postsecondary educational institutions, libraries, museums, public broadcasting, records and archives, professions, Vocational and Educational Services for Individuals with Disabilities, and such other institutions, organizations, and agencies as may be admitted to The University. The concept of The University of the State of New York is a broad term encompassing all the institutions, both public and private, offering education in the State.

## **Board of Regents – Area Representatives**

\* Year When Present Term Ends

**CNY Counties are highlighted** 

#### 2016\* Bottar, Anthony S.; B.A., J.D., Vice Chancellor

Judicial District V -- Herkimer, Jefferson, Lewis, Oneida, Onondaga, and Oswego

120 Madison Street, Suite 1600, AXA Tower II

Syracuse, NY 13202 Phone: (315) 422-3466

Email: RegentBottar@mail.nysed.gov

## 2020\* Ouderkirk, Beverly L.; B.S. in Ed., M.S. in Ed

Judicial District IV -- Clinton, Essex, Franklin, Fulton, Hamilton, Montgomery, St. Lawrence, Saratoga,

Schenectady, Warren and Washington

303 Main Street

Morristown, NY 13664 Phone: (315) 375-8596

Email: Regent.Ouderkirk@nysed.gov

#### 2017\* Tallon, Jr., James R.; B.A., M.A.

Judicial District VI - Broome, Chemung, Chenango, Cortland, Delaware, Madison, Otsego, Schuyler,

Tioga, Tompkins

United Hospital Fund, Empire State Building

1411 Broadway, 12th Floor

New York, N.Y. 10018 Phone (212) 494-0777

Email: RegentTallon@mail.nysed.gov

#### 2017\* Brown, T. Andrew; B.A., J.D.

Judicial District VII - Cayuga, Livingston, Monroe, Ontario, Seneca, Steuben, Wayne, Yates 925 Crossroads Building

Two State Street Rochester, NY 14614 Phone (585) 454-3667

Email: RegentBrown@mail.nysed.gov

## **Board Committees and Subcommittees**

On or around April 15 each year, the Chancellor must appoint members to the standing committees of the Board, established by statute, and designate the chairperson and vice chairperson of each committee. In addition, the chancellor from time to time may establish subcommittees and shall designate the members and chairperson of each subcommittee. Following are the functions of the standing committees and the current subcommittees of the Board of Regents:

## **Standing Committees**

- Committee on Cultural Education. Assists the full Board of Regents in serving the trustees of the State Library, the State Museum and the State Archives; develops policy recommendations regarding cultural education; develops and monitors State aid programs to cultural institutions and organizations; monitors the implementation of programs and services for government provided by the State Education Department's Office of Cultural Education; develops budgetary and legislative proposals for cultural education and advocates such proposals and cultural education policies in conjunction with the full Board; reviews and approves amendments to the Rules of the Board of Regents and Regulations of the Commissioner of Education concerning cultural education; and seeks input from the public and the professional field concerning cultural education policies and practices.
- Committee on Elementary, Middle, Secondary and Continuing Education. Develops policy recommendations regarding elementary, middle and secondary education, work force preparation and continuing education; reviews the monitoring of elementary, middle and secondary education, workforce preparation and continuing education programs and results; monitors State aid program to elementary, middle and secondary schools; seeks input from the public and the professional field concerning elementary, secondary education and work force preparation and continuing education policies and practices; reviews and approves amendments to the Rules of the Board of Regents and Regulations of the Commissioner of Education pertaining to elementary, middle and secondary education, work force preparation and continuing education; reviews the provision of technical assistance to elementary, middle and secondary schools; develops legislative and budgetary proposals for elementary, middle and secondary education, work force preparation and continuing education; and initiates studies and activities leading to the improvement of educational conditions and outcomes for children from birth through high school graduation and adults in work force preparation and continuing education programs.
- Committee on Ethics. Develops written guidelines for ethical conduct by Board members; assures that Board members are advised by the State Education Department's Office of Counsel with respect to requirements of Public Officers Law and other relevant laws and regulations relating to the conduct of the Regents; advises Board members when potential conflicts of interest arise; reviews allegations of unethical conduct against or by Board members; makes reports and recommendations to the full Board, as appropriate; and reviews written guidelines applicable to State Education Department employees.
- Committee on Higher and Professional Education. Develops policy recommendations regarding postsecondary education and retraining programs; oversees preparation of the statewide plan for the development of postsecondary education and reviews and approves amendments to institutional or sectoral master plans for new programs and facilities; reviews and approves amendments to the Rules of the Board of Regents and Regulations of the Commissioner of Education pertaining to postsecondary education issues, including academic and professional program approval, student and institutional financial aid, professional licensure requirements, and the administration of continuing professional competence requirements; oversees administration of continuing competence requirements for professional licensure and registration; develops policy recommendations regarding professional human resources, examination and licensure issues and requirements, including minority access to professional education and licensure; reviews and approves appointments to the State boards for regular service (advising on licensure, examinations, practice and discipline) for the professions in conjunction with the Regents Committee on Professional Practice; reviews and approves the recommendations of the Staff Committee on the Professions on applications for waiver of licensure requirements; monitors the financial conditions of postsecondary institutions; develops legislative and budgetary proposals for higher and professional education; recommends appointments to advisory councils and boards; and seeks input from the public and the field concerning postsecondary education policies and practices.

- Committee on Professional Practice. Develops policy regarding standards of professional conduct, continuing competence standards, professional practice issues, professional assistance programs and the disciplinary process; monitors the implementation of the licensure/disciplinary function by the State Education Department; reviews and approves appointments to the State Boards for the Professions for service on licensure/disciplinary panels; reviews Regents Review Committee recommendations and proposed consent orders and surrenders of license in professional discipline cases; reviews the recommendations of the staff Committee on the Professions on petitions for restoration of a professional license; seeks input from the public and the professions concerning professional policies and practices; and develops legislative and budgetary proposals relating to professional practice and professional discipline.
- Committee on Vocational and Educational Services for Individuals with Disabilities. Develops policy recommendations regarding vocational rehabilitation, overall coordination of vocational and educational services to individuals with disabilities, and coordination of interagency agreements and activities; monitors the implementation of vocational rehabilitation programs and services and of interagency agreements; develops legislative and budgetary proposals for vocational rehabilitation and related educational services for individuals with disabilities, and leads in pressing for legislative and budgetary priorities within the State Education Department and with the Legislature; reviews and approves amendments to the Rules of the Board of Regents and Regulations of the Commissioner of Education relating to vocational rehabilitation and related educational services for individuals with disabilities; reviews the development and implementation of the Regents Comprehensive Plan for the Office of Vocational and Educational Services for Individuals with Disabilities; and seeks input from the public and professional field on policies and practices concerning vocational rehabilitation and related educational services for the disabled.
- Committee on Policy Integration and Innovation. Guides the strategic planning effort of the Board of Regents; recommends improvements in the structure, operations and staff support of the Board; plans Board retreats and training; and plans the periodic evaluation of the commissioner by the Board.

#### **Subcommittees**

- Subcommittee on State Aid. Develops legislative recommendations and policy to implement A New Compact
  for Learning strategy by seeking appropriate resources to ensure that all students in the State achieve the
  sound basic education necessary for successful adult role
- Subcommittee on Audits. Reviews audits of educational entities conducted by the State Education Department and audits of the department by Federal and State auditors; gives policy level feedback to department staff about audit findings, trends across audits, and courses of constructive action to address problems; Advises on the two-year audit plan of the department.
- Information on Regent Board and Committee membership can be found at www.regents.nysed.gov/