

# NEW YORK STATE

## FAMILY SUPPORT PROGRAMS



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Family Peer Support Services (FPSS) are an array of formal and informal services and supports provided to families raising a child up to age 21 who is experiencing social, emotional, developmental and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength-based relationship between a Family Peer Advocate and the parent/family member for the benefit of the child/youth. The purpose of this service is to support the parent/family member and enhance their skills so they can promote positive youth functioning and their child’s ability to live successfully in their community. FPSS are provided by a trained and credentialed Family Peer Advocate (FPA) who is uniquely qualified to work with families based on his/her personal experience parenting a child with similar needs and the specialized training they receive (see below). FPSS can be provided through individual and group face-to-face work in various settings (e.g. family’s home, community, office, telephone or Skype contacts, etc).

## TYPES OF FAMILY PEER SUPPORT SERVICES

*There are six categories of Family Peer Support Services.\**

*Within each category are several examples of activities specific to that category. These examples are not intended to be exhaustive.*

***\*A family peer support provider will have the capacity to offer all six categories of services based on the individual needs and preferences of the family.***

<p>Outreach and Information</p>	<ul style="list-style-type: none"> <li>▪ Empower families to make informed decisions regarding the nature of supports for themselves and their child through:               <ul style="list-style-type: none"> <li>- sharing information about resources, services and supports and exploring what might be appropriate for their child and family;</li> <li>- exploring the needs and preferences of the family and locating relevant resources.</li> <li>- helping families understand eligibility rules;</li> <li>- helping families understand the assessment process and identifying their child’s strengths, needs and diagnosis.</li> </ul> </li> <li>▪ Develop resource directories to identify relevant formal services and informal resources for families.</li> <li>▪ Conduct general and individual outreach in the community to raise awareness, reduce stigma, and engage families in services.</li> <li>▪ Staff a ‘warm line’ that families can call for information.</li> </ul>
<p>Engagement, Bridging and Transition Support</p>	<ul style="list-style-type: none"> <li>▪ Based on the strengths and needs of the youth and family, connect them with appropriate services and supports. Accompany the family when visiting programs.</li> <li>▪ Facilitate meetings between families and service providers.</li> <li>▪ Assist the family to gather, organize and prepare documents needed for specific services.</li> <li>▪ Address any concrete or subjective barriers that may prevent full participation in services.</li> <li>▪ Serve as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals.</li> <li>▪ Support and assist families during stages of transition which may be unfamiliar (e.g.: placements, in crisis, and between service systems etc.).</li> <li>▪ Promote continuity of engagement and supports as families’ needs and services change.</li> </ul>
<p>Self-Advocacy, Self-Efficacy and Empowerment</p>	<ul style="list-style-type: none"> <li>▪ Advocate on behalf of and in collaboration with families to promote shared decision-making.</li> <li>▪ Regularly consult with families and providers to ensure that the family’s perspectives are included in all planning and decision-making.</li> <li>▪ Coach and model shared decision-making and skills that support collaboration.</li> <li>▪ Model strengths-based interactions by accentuating the positive.</li> <li>▪ Support the families in discovering their strength and concerns. Assist families to identify and set goals and short term objectives.</li> <li>▪ Prepare families for meetings and accompany them when needed.</li> <li>▪ Empower families to express their fears, expectations and anxieties to promote positive effective communication.</li> <li>▪ Assist families to frame questions to ask providers.</li> <li>▪ Provide opportunities for families to connect to and support one another.</li> <li>▪ Support and encourage family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support.</li> </ul>

	<ul style="list-style-type: none"> <li>Provide leadership opportunities for families who are receiving Family Peer Support Services.</li> </ul>
Community Connections and Natural Supports	<ul style="list-style-type: none"> <li>Enhance the quality of life by integration and supports for families in their own communities.</li> <li>Help the family to rediscover and reconnect to natural supports already present in their lives.</li> <li>Utilize the families' knowledge of their community in developing new supportive relationships.</li> <li>Help the family identify and get involved in leisure and recreational activities in their community.</li> <li>In partnership with community leaders, encourage families who express an interest to get more involved in faith or cultural organizations.</li> <li>Arrange support and training as needed to facilitate participation in community activities.</li> <li>Conduct groups with families to strengthen social skills, decrease isolation, and provide emotional support.</li> </ul>
Parent Skill Development	<ul style="list-style-type: none"> <li>Supports the efforts of families in caring for and strengthening their children's mental, and physical health, development and well-being of their children.</li> <li>Helps the family learn and practice strategies to support their child's positive behavior.</li> <li>Assist the family to implement strategies recommended by clinicians (e.g. medication management, behavior support, crisis plan) and talk to clinicians about their comfort with these plans.</li> <li>Provide emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness.</li> <li>Link to and provide workshops and courses on parenting that are matched to families' individual needs.</li> <li>Advocate whose child is coming out of placement by equipping the family with skills, knowledge and resources to support the child at home, ensuring the greatest likelihood of success.</li> <li>Assist families to access transportation.</li> </ul>
Promoting Effective Family-Driven Practice	<ul style="list-style-type: none"> <li>Participate on teams that manage access to care, evaluate and work to improve quality of care.</li> <li>Conduct training for service providers on topics including, strategies for partnering with families, engagement, family-centered care, and family-driven decision-making.</li> <li>Attend and/or facilitate meetings to promote family voice and infuse a family perspective at all levels: individual provider, agency, local planning, state and national policy making.</li> </ul>

### FAMILY PEER SUPPORT SERVICES PROVIDER QUALIFICATIONS

Family Peer Support is delivered by a New York State Credentialed Family Peer Advocates (FPA). To be eligible for the FPA Credential, the applicant must:

- Demonstrate 'lived experience' as the parent or primary caregiver who has navigated multiple child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs.
- Have a high school diploma or GED (or document comparable skills).
- Complete the Parent Empowerment Program (PEP) training 40 hours plus 12 one-hour each of group consultation calls
- Submit three letters of reference attesting to proficiency in and suitability for the role of Family Peer Advocate.
- Complete a Professional Development Plan.
- Document 1000 hours of experience providing Family Peer Support services.
- Agree to practice according to the Family Peer Advocate Code of Ethics.
- Complete 20 hours of continuing education and renew their FPA credential every three years.

The Family Peer Advocate Credential is administered by Families Together in New York State. [www.ftnys.org](http://www.ftnys.org)

### DEFINITIONS

**Advocacy:** The spirit of this advocacy work is one that promotes effective parent-professional-system partnerships. Advocacy in this role does not include legal consultation or representation. It is defined as constructive, collaborative work with and on behalf of families to assist them to obtain needed services and supports to promote positive outcomes.

**Parent/Family:** Family is defined as the primary care-giving unit and is inclusive of the wide diversity of primary care-giving units in our culture. Family is a biological, adoptive or self-created unit of people residing together, consisting of adult(s) and/or child(ren), with adult(s) performing duties of parenthood/caregiving for the child(ren). Persons within this unit share bonds, culture, practices and a significant relationship. Biological parents, siblings and others with significant attachment to the individual living outside the home are included in the definition of family. For the purposes of this service, "family" is defined as the persons who live with, or provide care to a child and may include a parent, spouse, sibling, children, relatives, grandparents, guardians, foster parents or others with significant attachment to the individual.

**Service Provider:** Refers to individuals/organizations that provide formal services to the youth and family from all

child/family serving systems (mental health, juvenile justice, child welfare, substance abuse treatment, education, health, etc.).

**Natural Supports:** Natural supports are individuals and resources a family can access “naturally,” independent from formal services. These supports are a significant source of culturally relevant emotional support and caring friendships for children and families. Natural supports can be short-term or long-term and are usually sustainable and available to the child and family after formal services have ended.

## Central Region

### Broome

#### Broome Catholic Charities

86-88 Walnut Street, Binghamton, NY 13905

Contact: Beth Palmieri - FPA Supervisor

Phone: 607-584-7800

[bpalmieri@CCBC.net](mailto:bpalmieri@CCBC.net)

### Cayuga

#### Cayuga Counseling Services, Inc.

17 E. Genesee Street, Auburn, NY 13021

Residential FPA and Parents as Partners

Contact: Evie Noden – CCSI/Parent Partner

Phone: 315-253-9795

Fax: 315-253-3952

[evien@cayugacounseling.org](mailto:evien@cayugacounseling.org)

### Clinton

#### Behavioral Health Services North, Inc.

22 US Oval, Suite 218, Plattsburgh, NY 12903

Program Coordinator: Carrie Anne Rollier

Phone: 518-561-1767

[crollier@bhns.org](mailto:crollier@bhns.org)

#### Clinton County Community Services.

Family Support Services – C & F

16 Ampersand Drive, Plattsburgh, NY 12901

Contact: Richelle Gregory

Phone: 518-565-4064

Fax: 518-566-0291

[richelle.gregory@clintoncountygov.com](mailto:richelle.gregory@clintoncountygov.com)

### Cortland

#### Cortland Community Services/Clinic

Family Support Services

7 Clayton Avenue

Cortland, NY 13045-2501

### Delaware

#### Family Resource Network

46 Oneida Street, Oneonta, NY 13820

Contact: Michelle Zuk- Executive Director

Phone: 607-432-0001

[executivedirector@familyrn.org](mailto:executivedirector@familyrn.org)

[mzuk@familyrn.org](mailto:mzuk@familyrn.org)

**Essex**

**Families First of Essex County**

**Family Support**

**196 Water Street, Elizabethtown, NY 12932**

**Director of Family Support: Anne Griffin**

**Phone: 518-873-9544**

**Fax: 518-873-9570**

**[agriffin@familiesfirstessex.org](mailto:agriffin@familiesfirstessex.org)**

**Herkimer**

**Center for Family Life and Recovery**

**502 Court Street, Suite 401 Utica, NY 13502**

**CEO: Cassandra Sheets**

**Phone: 315-733-1709**

**[csheets@cflrinc.org](mailto:csheets@cflrinc.org)**

**Upstate Cerebral Palsy, Inc.**

**1601 Armory Drive, Bldg. C, Utica, NY 13501**

**Phone: 315-725-3325**

**[Lesley.lynch@upstatecp.org](mailto:Lesley.lynch@upstatecp.org)**

**[Julie.baum@upstatecp.org](mailto:Julie.baum@upstatecp.org)**

**[Stephanie.richard@upstatecp.org](mailto:Stephanie.richard@upstatecp.org)**

**Franklin**

**Citizens Advocates, Inc.**

**Enhanced Parent Support Services**

**209 Park Street, Malone, NY 12953**

**Contact: Brandon Titus**

**Phone: 518-651-2237**

**Cell: 518-651-1569**

**[brandontitus@citizenadvocates.net](mailto:brandontitus@citizenadvocates.net)**

**Fulton & Montgomery**

**MHA of Fulton and Montgomery Counties**

**Family Support – Fulton/Montgomery**

**307-309 Meadow Street, Johnstown, NY 12095**

**Family Support Director: Terri Flint**

**Phone: 518-762-5332 (103)**

**[tflint@mhafm.org](mailto:tflint@mhafm.org)**

**Fulton**

**The Family Counseling Center**

**Family Support**

**11-21 Broadway, Gloversville, NY 12078**

**Program Director: Cathy Calabrese**

**Phone: 518-725-4310**

**[kcalabrese@thefamilycounselingcenter.org](mailto:kcalabrese@thefamilycounselingcenter.org)**

**Jefferson**

**Northern Regional Center for Independent Living**  
**Family Support Services**  
210 Court Street, Suite 107, Watertown, NY 13601  
Program Director: Kathy Connor  
Phone: 315-785-8703  
[kathvc@nrcil.net](mailto:kathvc@nrcil.net)

**Lewis**

**Northern Regional Center for Independent Living**  
**Family Support Services**  
7632 North State Street, Lowville, NY 13367  
Program Director: Karen Boliver  
Phone: 315-376-8696  
[karenb@nrcil.net](mailto:karenb@nrcil.net)

**Madison**

**Family Support in Central New York**  
155 Madison Street, Oneida, NY 13421  
Contact: Joan Godlewski / Elaine Angwin  
Phone: 315-794-4590 / 315-941-2520  
[jgodlewski@twcny.rr.com](mailto:jgodlewski@twcny.rr.com)  
[eahpny@dreamscape.com](mailto:eahpny@dreamscape.com)

**Oswego**

**Hillside Children's Center**  
945 South 1<sup>st</sup> Street, Fulton, NY 13069  
Contact: Lisa Kinney/Elaine Conway  
[lkinney@hillside.com](mailto:lkinney@hillside.com)  
[econway@hillside.com](mailto:econway@hillside.com)

**Otsego**

**Family Resource Network**  
46 Oneida Street, Oneonta, NY 13820  
Coordinated Children's Service Initiative  
Contact: Michelle Zuk- Executive Director  
Phone: 607-432-0001  
[executivedirector@familyrn.org](mailto:executivedirector@familyrn.org)  
[mzuk@familyrn.org](mailto:mzuk@familyrn.org)



## **Hudson River Region**

### **Albany**

**Families United Network**  
60 Academy Road, Albany, NY 12208  
Parsons Child & Family Center  
Contact: Cynthia Novacovik  
Phone: 518-426-2649  
Fax: 518-447-5234

### **Columbia**

**MHA in Columbia/Greene Counties, Inc.**  
713 Union Street Hudson, NY 12534  
Contact: Roxanne Carpenter  
Phone: 518-828-4619 (x202)  
Fax: 518-828-1196

### **Dutchess**

**MHA in Dutchess County, Inc.**  
Family Support Programs  
253 Mansion Street Poughkeepsie, NY 12601  
Contact: Lydia Edelhaus, Lynn Rogers, Tasha Morgan  
Phone: 845-473-2500 (x1343) (x1342)  
Fax: 845-473-4870

### **Greene**

**Greene County Mental Health Center**  
Family Support Program  
PO Box 905, Cairo, NY 12601  
Contact: Katie Conroy  
Phone: 518-622-9163  
Fax: 518-622-8596  
[KConroy@discovergreene.com](mailto:KConroy@discovergreene.com)

### **Orange**

**MHA of Orange County, Inc.**  
Family Support Program  
73 James P. Kelly Way, Middletown, NY 10940  
Contact: Mary Dumas, Peggy Spagnola, Shakia Henderson  
Phone: 845-342-2400  
Fax: 845-343-9556

**Orange**

**Access: Supports for Living**  
2001 Rt. 17M, Goshen, NY 10924  
Contact: Anne Marie Freitas  
Phone: 845-343-8100  
Fax: 845-243-9906

**Putnam**

**Cove Care**  
1808 Rt. 6, Carmel, NY 10512  
Contact: Claire Crowley  
Phone: 845-225-8995  
Fax: 845-225-0753

**Rensselaer**

**CEO**  
2331 Fifth Avenue, Troy, NY 12180  
Contact: Jany Valezquez  
Phone: 518-272-6012  
Fax: 518-687-0524

**Rockland**

**MHA Rockland County, Inc.**  
140 Route 303, Suite A, Valley Cottage, NY 10989  
Contact: Kathy Abramson  
Phone: 845-267-2172 (278)

**St. Dominics Family Support**  
500 Western Highway Blauvelt, NY 10913  
Contact: Tanisha Timothee / Barbara Martinez  
Phone: 845-359-7361

**NAMI Rockland County**  
140 Old Orangeburg Road, Bldg. #57, Rm N106  
Orangeburg, NY 10962  
Contact: Anne Arias  
Phone: 845-359-8785  
Fax: 845-359-4604  
[www.namirockland.org](http://www.namirockland.org)  
Helpline: 845-359-8787  
[anne@namirockland.org](mailto:anne@namirockland.org)

**Saratoga**

**Captain Community Human Services**  
5 Municipal Plaza, Suite 3, Clifton Park, NY 12065  
Contact: Amy Piroli  
Phone: 518-399-4624  
Fax: 518-399-8663

**Schoharie**

**Schoharie County Community Action Program**

795 East Main Street, Suite 5, Cobleskill, NY

Contact: Jodi Gregory

Phone: 518-235-0261

Fax: 518-234-0959

**Catholic Charities**

Family Support Services serving Delaware, Otsego and Schoharie Counties

489 West Main Street, Cobleskill, NY 12043

Contact: Rebecca Snyder/Lynn Glueckert

Phone: 518-235-3581

Fax: 518-234-8423

**Sullivan**

**Action Towards Independence, Inc**

309 East Broadway, Monticello, NY 12701

Contact: Linda Simmons

Phone: 845-794-4228

Fax: 845-794-4475

**Ulster**

**MHA in Ulster, Inc.**

Family Support Services

PO Box 2304, Kingston, NY 12402

Contact: Jessica Distuhl

Phone: 845-339-9090 (180)

Fax: 845-336-0192

**Families of Woodstock Adolescent Services**

166 Albany Ave. Kingston NY 12401

Contact Person: Tori Barnes

(845) 331-7080 Ext.146

(845) 802-5558 Fax

**Warren/Washington**

**Center for Children and Families**

1 Lawrence Street, Glens Falls, NY 12801

Contact: Mariane Simas

Phone: 518-926-7068

Fax: 518-926-7069

**Westchester**

**Family Ties of Westchester**

**112 East Pond Road, 3<sup>rd</sup> floor, White Plains, NY 12801**

**Contact: Kerry Megley**

**Phone: 914-995-5238**

**Fax: 914-995-6220**

**Family Ties - Resource Center**

**53 South Broadway, Mezz Level, Yonkers, NY 10701**

**Contact: Ricki Knight**

**Phone: 914-964-2063**

**Fax: 914-995-5872**

**Family Ties - Resource Center**

**3 North Division Street, 2<sup>nd</sup> floor, Peekskill NY 10566**

**Contact: Maggie Reyes**

**Phone: 914-739-4725**

**Fax: 914-739-4727**

**Family Ties - Resource Center**

**100 Steven Avenue, Street level, Mt. Vernon, NY 10550**

**Contact: Bert Littlejohn**

**Phone: 914-667-9369**

**Fax: 914-667-9402**

**Family Ties - Resource Center**

**175 Main Street Ossining, NY 10562**

**Contact: Lucy Sandoval**

**Phone: 914-941-3461**

**Fax: 914-941-5373**

## **Long Island Region**

### **Nassau/Suffolk**

#### **Long Island Families Together**

21 Greene Ave, Amityville, NY 11701

Contact: Eileen Kadletz, Executive Director

Phone: (631)-264-5438, Ext. 103

[ekadletz@lift4kids.org](mailto:ekadletz@lift4kids.org)

### **Nassau**

#### **Family & Children's Association**

Family Center Nassau

400 Oak St., Suite 104, Garden City, NY 11530

Contact: Rosemary Randazzo

Phone: (516) 458-5976

[rrandazzo@familyandchildrens.org](mailto:rrandazzo@familyandchildrens.org)

#### **North Shore Child & Family Guidance Center**

Family Advocate Program

480 Old Westbury Road, Roslyn Heights, NY 11577

Contact: Lee Holtzman

Phone: (516) 626-1971

[LHoltzman@northshorechildguidance.org](mailto:LHoltzman@northshorechildguidance.org)

#### **Hispanic Counseling Center**

Family Support Program

344 Fulton Avenue, Hempstead, NY 11550

Contact: Maria Rodriguez

Phone:(516) 538-2613

[merodriguez@hispaniccounseling.org](mailto:merodriguez@hispaniccounseling.org)

### **Suffolk**

#### **Family & Children's Association**

Family Center Suffolk

4400 Veterans Hwy, Suite 202, Holbrook, NY 11741

Contact: Rosemary Randazzo

Phone: (516) 485-5976

[rrandazzo@familyandchildrens.org](mailto:rrandazzo@familyandchildrens.org)

#### **Well Life Network**

Family Support Service Program

3600 Rte. 112, Coram, NY 11727

Contact: Meghan Clancy-Folan

Phone: (631) 920-8302

[Meghan.Clancy-Folan@WellLife.org](mailto:Meghan.Clancy-Folan@WellLife.org)

**Suffolk**

**Family Service League**

**Parent to Parent Program**

**Brentwood Mental Health Clinic,**

**1841 Brentwood Road, Brentwood, NY, 11717**

**Contact: Debra Begley**

**Phone: (631) 853-2793**

**[dbegley@fsl-li.org](mailto:dbegley@fsl-li.org)**

## **New York City Region**

### **Northern Bronx**

**FRC of Northern Bronx-MHA of NYC**  
975 Kelly St. Suite 301 Bronx, NY 10459  
Program Director: Wanda Greene  
Phone: 718-220-0456 ext.6126

### **Southern Bronx**

**FRC of Southern Bronx-MHA of NYC**  
975 Kelly St. Suite 301 Bronx, NY 10459  
Program Director: Yvette Pena  
Phone: 718-220-3868 ext.6124

### **Northern Manhattan**

**FRC of Northern Manhattan- MHA of NYC**  
1 Penn Plaza 36<sup>th</sup> floor Suite 3696 NY.NY. 10119  
Program Director: Lucy Santana  
Phone: 212-410-1820

### **Southern Manhattan**

**FRC of Southern Manhattan- MHA of NYC**  
1 Penn Plaza 36<sup>th</sup> floor Suite 3696 NY. NY. 10119  
Program Director: Janet Rosa  
Phone: 212-964-5253

### **Eastern Queens**

**FRC of Eastern Queens-St. John's Episcopal**  
148-45 Hillside Ave. Suite 203 Jamaica NY 11435  
Program Director Kathy Gardini  
Phone: 347-644-5711

### **Western Queens**

**FRC of Western Queens-MHA of NYC**  
29-46 Northern Blvd. 2<sup>nd</sup> floor LIC NY 11101  
Program Director: Ina Concepcion  
Phone: 718-651-1960

### **Northern Brooklyn**

**FRC of Northern Brooklyn-ICL**  
2581 Atlantic Ave Brooklyn NY 11212  
Program Director: Terri Johnson  
718-290-8100 ext. 4145

**Southern Brooklyn**

**FRC Southern Brooklyn-JCCA**  
858 East 29th Street Brooklyn NY 11210  
Program Director: Yudelca DeLaCruz  
Phone: 347-394-5186

**Staten Island**

**FRC of Staten Island**  
1765 South Ave., Staten Island NY 10314  
Program Director: Deborah Miller  
Phone: 718-698-5307

**Families on the Move**  
358 St. Marks Place Ste. 302 S.I. NY 10301  
Program Director: Tina Gibbs Yaseep Program  
Phone: 347-682-4870 fax: 718-447-6539  
Deputy Director of Programs: Lorraine Jacobs  
Phone: 718-613-3079



## Western Region

### Multiple Counties

#### Finger Lakes Parent Network

25 West Steuben Street, Bath, NY

Program Director: Patti DiNardo

Phone: 585-289-4874

[pdinardo@flpn.org](mailto:pdinardo@flpn.org)

Assistant Director: Jeannine Struble

Phone: 315-568-4363

[jstruble@flpn.org](mailto:jstruble@flpn.org)

**Serving Counties: Alleghany, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, Yates**

#### Hillside Family Support

96 West Buffalo Street, Warsaw, NY 14569

Manager: Kathy Holmes

Phone: 585-786-5906

[kholmes@hillside.com](mailto:kholmes@hillside.com)

**Serving Counties: Genesee, Livingston, Orleans, Wyoming**

### Cattaraugus

#### Cattaraugus Rehab Family Support Program

1439 Buffalo St. Olean, NY 14760

Program Manager: Aimee Kaple

Phone: 716-375-4730 (177)

[akaple@rehabcenter.org](mailto:akaple@rehabcenter.org)

Family Support Supervisor: Jean Knapp

Phone: 716-790-9277

[jknapp@rehabcenter.org](mailto:jknapp@rehabcenter.org)

### Chautauqua

#### Family Peer Support Services of Chautauqua County, Inc.

Chautauqua County Department of Mental Hygiene

2 Academy Street, Room 200, Mayville, NY 14757

Executive Director: Melody Morris

Phone: 716-753-4157

[morrismi@co.chautauqua.ny.us](mailto:morrismi@co.chautauqua.ny.us)

### Erie

#### Families' Child Advocacy Center

135 Delaware Avenue, Suite 307, Buffalo, NY 14202

Executive Director: Vicki McCarthy

Phone: 716-954-3615

[v.mccarthy@fcanwny.org](mailto:v.mccarthy@fcanwny.org)

**Erie**

**Child and Family Support Program**  
**Mental Health Association in Erie County**  
999 Delaware Avenue, Buffalo, NY 14209  
Director: Jenny Laney  
Phone: 716-886-1242  
[laney@eriemha.org](mailto:laney@eriemha.org)

**Monroe**

**Mental Health Association Family Support Program**  
320 Goodman Street N, Rochester NY, 14607  
Director: Carol Carlson  
Phone: 585-325-3145 (133)  
[ccarlson@mharochester.org](mailto:ccarlson@mharochester.org)

**Mentoring/Family Support Compeer Rochester**  
259 Monroe Street, Rochester, NY 14607  
Program Director: Sara Passamonte  
Phone: 585-546-8280  
[spassamonte@cmpeerrochester.org](mailto:spassamonte@cmpeerrochester.org)

**Niagara**

**Niagara Frontier Family Network**  
**New Directions Youth and Family Services**  
6395 Old Niagara Road, Lockport, NY 14094  
Director: Sarah Taylor  
Phone: 716-529-1122  
[staylor@ndyfs.org](mailto:staylor@ndyfs.org)  
Coordinator: Laura Lloyd  
Phone: 716-439-1179  
[Lloyd@ndyfs.org](mailto:Lloyd@ndyfs.org)

**Tompkins**

**Mental Health Association in Tompkins County**  
**Family Support Services**  
301 South Geneva Street, Suite 109, Ithaca, NY 14850  
Director: Josephine Cohen  
Phone: 607-273-9250  
[jcohen@mhaedu.org](mailto:jcohen@mhaedu.org)  
Family Peer Specialist: Pat Vincent  
Phone: 607-273-9250  
[pvincent@mhaedu.org](mailto:pvincent@mhaedu.org)