



Understanding The New MMC Services for Families and Youth

Developed by Families Together in New York State

Made possible with grant funding from the Office of Mental Health

Welcome

This webinar is designed to be utilized to educate families and youth about Medicaid Redesign in a way that is family and youth friendly. Any discussions pertaining to this training are not necessarily representative of the view of OMH.

Agenda

- Understanding Medicaid
- Medicaid Managed Care Redesign
- Health Homes
- Care Coordination
- Children and Family Treatment Support Services
- How to Access New Services
- Service Flow Examples
- Resources

Glossary

- **HH**-Health Home
- **CCO/HH** – Care Coordination Organization/Health Home
- **C-YES**- Children and Youth Evaluation Service
- **HCBS**- Home and Community Based Services
- **CFTSS**- Children and Family Treatment and Support Services
- **OLP**- Other Licensed Practitioner
- **CPST**- Community Psychiatric Support and Treatment
- **PSR**- Psychosocial Rehabilitation Supports
- **FPSS**- Family Peer Support Services
- **YPST**- Youth Peer Support and Training
- **CI**- Crisis Intervention
- **SCA**- Single Case Agreements
- **MMCP**- Medicaid Managed Care Provider
- **FPA**- Family Peer Advocate
- **CRPA-F**- Certified Recovery Peer Advocate - Family
- **CRPA-Y** - Certified Recovery Peer Advocate – Youth
- **EPDST**- Early periodic diagnostic screen testing

Understanding Medicaid Managed Care

What is Medicaid Managed Care?

Medicaid Managed Care is a redesign of Medicaid services to better support Youth and Families in the community.

Services are provided through a **Medicaid Managed Care Plan (MMCP)**

Most children/youth receiving Medicaid are already enrolled in a MMCP, but some services are not yet covered by their plan and are covered by regular Medicaid

Some children/youth:

- Must enroll in a Medicaid Managed Care Plan.
- May enroll in a Medicaid Managed Care Plan but do not have to.
- Cannot enroll in a Medicaid Managed Care Plan. Their services are paid through regular Medicaid.

How do I get a MMCP?

When its time to pick a plan, families will get a letter with instructions and will have 60 days to choose a plan.

If you have any questions about enrolling in a Plan, you can speak with your care manager or call New York Medicaid Choice at 1-800-505-5678 (TTY 1888-329-1541).

Health Home

Find your local Health Home

https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/hh_map/index.htm

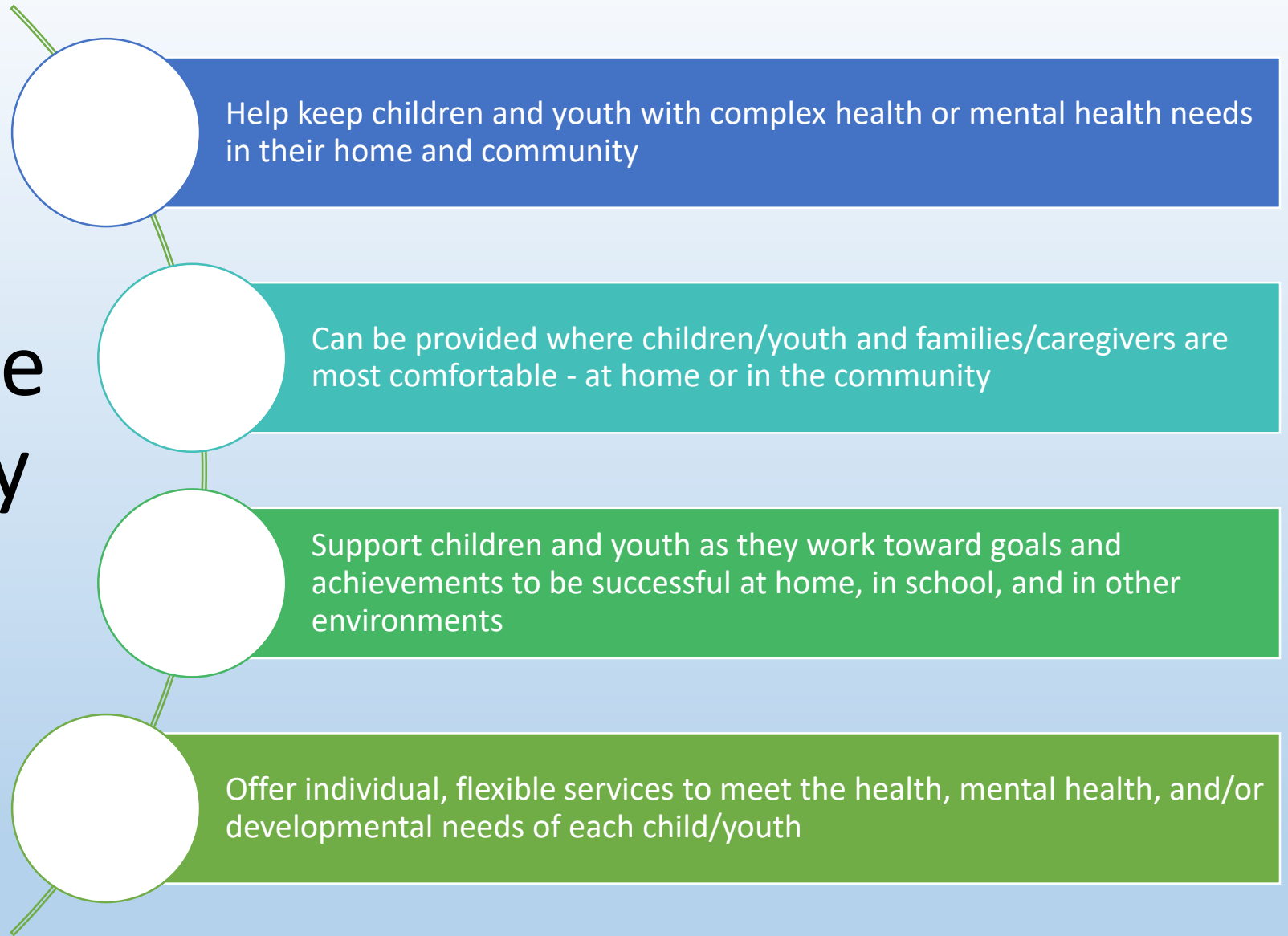


What is Care Coordination?

Video Overview

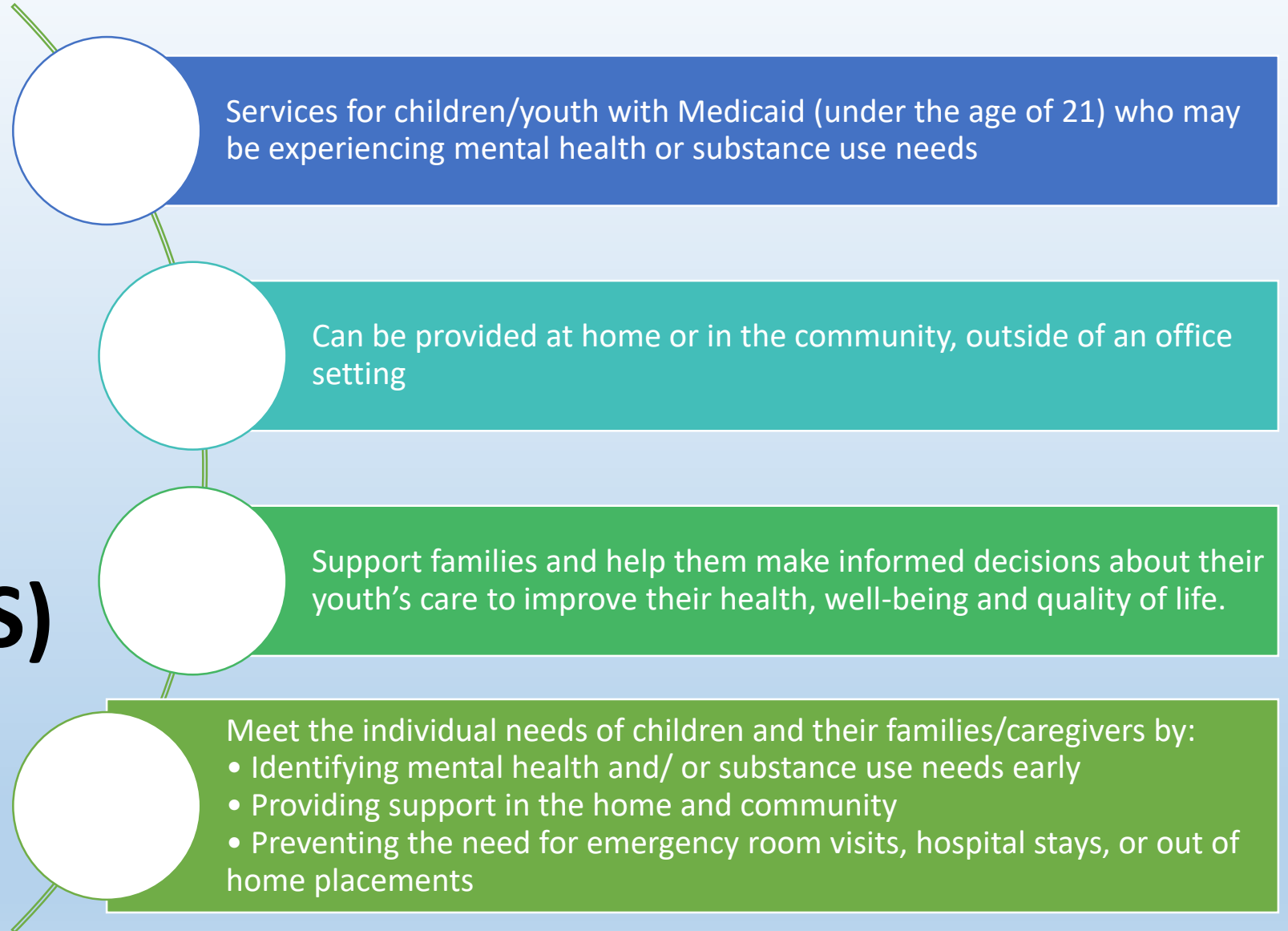
<https://vimeo.com/309301318/8bbaeb78ea>

What are Children's Home and Community Based Services (HCBS)?



Children and Family Treatment and Support Services (CFTSS)

Children & Family Treatment & Support Services (CFTSS) Highlights



How to Access Services

Referral

Anyone can make a referral for services, but the determination for access to (“recommendation”) and service component (provision) must be made by a licensed practitioner who can determine and document medical necessity.

Needs can be identified by multiple sources including:

- parents and other caregivers
- pediatricians
- Therapist
- County worker (case manager, SPOA, etc.)
- care managers
- school personnel (social worker or counselor)
- or the young people themselves

How to Access Services



Recommendation

To get a recommendation a **licensed practitioner** needs to identify and document that access to these services and their components are needed (i.e.; **medical necessity**)

This evaluation process is based on a completed assessment. The recommendation must be in writing and include an explanation of the medical need for the service.

How to Access Services

Medical Necessity

In order for family and youth to access these services their needs must be deemed medically necessary

*Medically necessary means health care and services that are necessary to prevent, diagnose, manage or treat conditions in the person that cause acute suffering, endanger life, result in illness or infirmity, interfere with such person's capacity for normal activity, or threaten some significant handicap.
(N.Y. Soc. Serv. Law, § 365-a).*

Each new State Plan Service will have specific guidelines.

Please refer to manual for more information.

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

How to Access Services

Medical Necessity

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/example_lpha_recommendation_memo.pdf

Medical Necessity Form - LPHA Recommendation for Children & Family Treatment & Support Services

(NOT A REQUIRED FORM. This form is NOT required to be used, but a sample template to capture the information necessary to demonstrate medical necessity.)

Instructions: This form can only be completed and signed by a Licensed Practitioner of the Healing Arts (Individual currently licensed as a Registered Professional Nurse, Nurse Practitioner, Psychiatrist, Licensed Psychologist, Licensed Psychoanalyst, Licensed Master Social Worker, Licensed Clinical Social Worker, Licensed Marriage & Family Therapist, Licensed Mental Health Counselor, or Licensed Creative Arts Therapist, or Physician).

Recommendation for Rehabilitative Service(s)

Participant Name:	Date of Birth:
Parent/Caregiver:	Relationship:
Address:	Phone:
County of Residence:	Medicaid CIN #:

Behavioral Health Information: (*A MH/SUD diagnosis is only required for a recommendation of PSR) *Check all that apply:*

List	Diagnosis Category	Specific Diagnosis or Symptoms of Mental Illness (MH)/Substance Use (SUD)	DX Code
Primary			
Secondary			
Other			

Areas of Functioning: (As a result of the symptoms or diagnosis of MH/SUD, the child/youth has functional impairment that interferes with or limits functioning in at least one of the following areas and is likely to benefit from and respond to the service(s) recommended to prevent the onset or worsening of symptoms.) *Check all that apply:*

Check	Domain	Description of Impairment
	Self-Direction/Control	
	Self-Care	
	Family Life	
	Social Relationships	
	Symptom Management	

Recommended Child and Family Treatment and Support Service(s): *Check all that apply:*

Check	Rehabilitative Service	Description of Needed Intervention (if known/applicable)
	Other Licensed Practitioner (OLP)	
	Community Psychiatric Supports and Treatment (Intensive counseling)	
	* Psychosocial Rehabilitation (Skill development and building)	

Reason for recommendation:

****By signing below, I am recommending the above-named individual for Child and Family Treatment and Support Service(s)**

**LPHA Signature

Printed Name

NPI#

Date

New Services



OLP

Other Licensed Practitioner

Page 8 within 1/9/19 SPA Manual

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Other Licensed Practitioner (OLP)

What it is:

Treatment services for mental health and substance use needs by *licensed professionals*.

These professionals start the process – they do the **assessment**, **determine medical necessity** and make the **recommendation** for services.

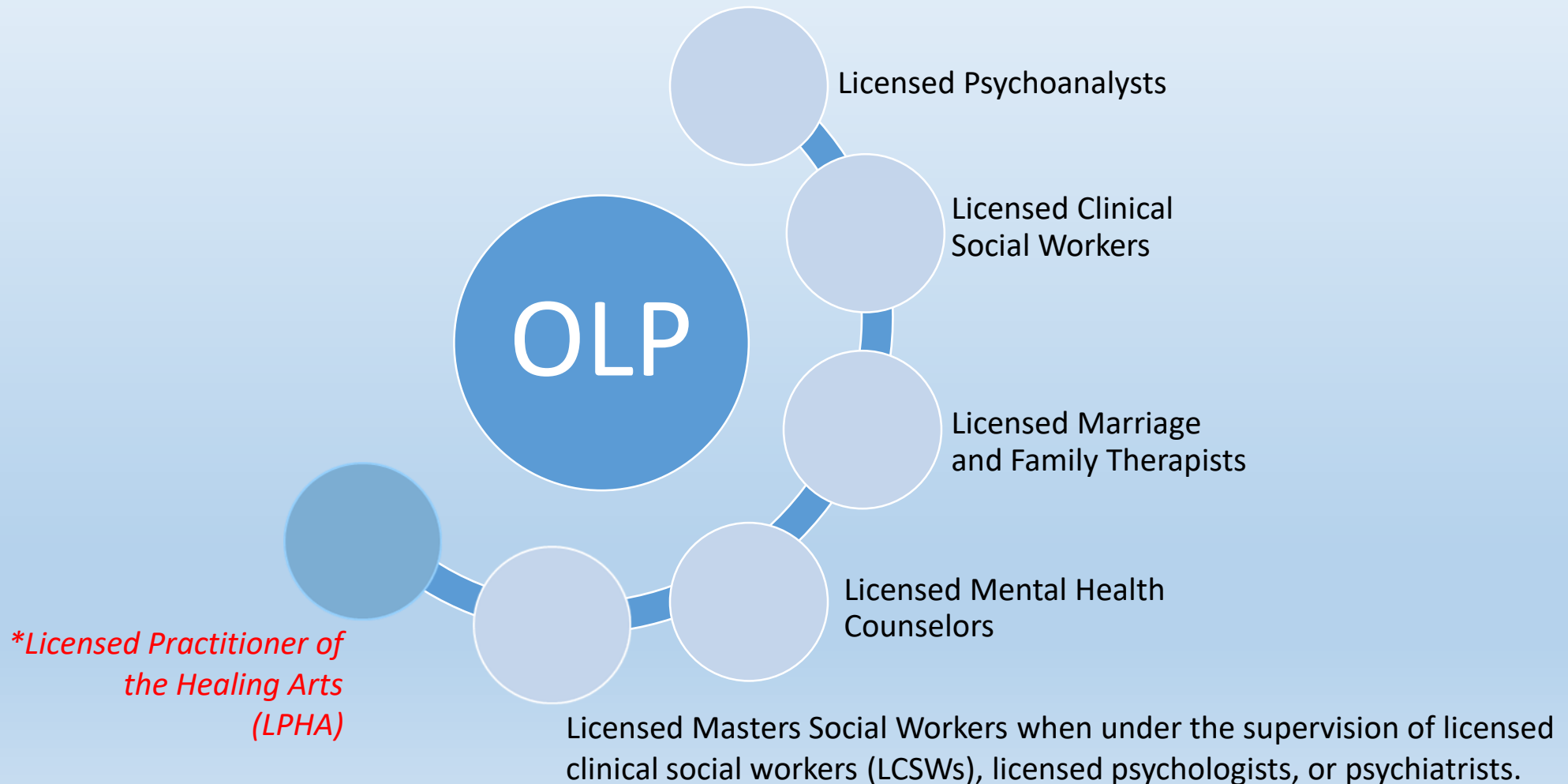
What it includes:

- Licensed Evaluation/Assessment
- Treatment Planning
- Psychotherapy
- Crisis Intervention

Other Licensed Practitioner (OLP)

Who is an Other Licensed Practitioner?

**Note: These practitioners must operate within a designated agency*



Licensed Practitioner of the Healing Arts (LPHA)

The following are LPHAs for CPST, PSR and FPSS:

- Registered Nurse Professional
- Nurse Practitioner
- Psychiatrist
- Licensed Psychologist
- Licensed Master Social Worker*
- Licensed Clinical Social Worker*
- Licensed Marriage and Family Therapist*
- Licensed Mental Health Counselor*
- Physician
- Licensed Creative Arts Therapist
- Licensed Psychoanalyst*
- Physician's Assistant

**Note: these practitioners are also listed under OLP as NP-LBHPs, see OLP for additional information*

CPST

Community Psychiatric Support and Treatment

Page 21 within 1/9/19 SPA Manual

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Community Psychiatric Support and Treatment (CPST)

What it is:

Services provided to young people and their families in the community instead of an office setting to help build self-care and daily living skills. It is intended to assist young people and their family/caregivers with stability and support to function within their natural environment.

What it includes:

- daily living
- personal recovery and/or resilience
- family and interpersonal relationships in school and community integration.



Intensive Interventions

Crisis Avoidance

Intermediate Term Crisis
Management

Rehabilitative Psychoeducation

Strengths Based Service Planning

Rehabilitative Supports

PSR

Psychosocial Rehabilitation Supports

Page 26 within 1/9/19 SPA Manual

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Psychosocial Rehabilitation Supports (PSR)

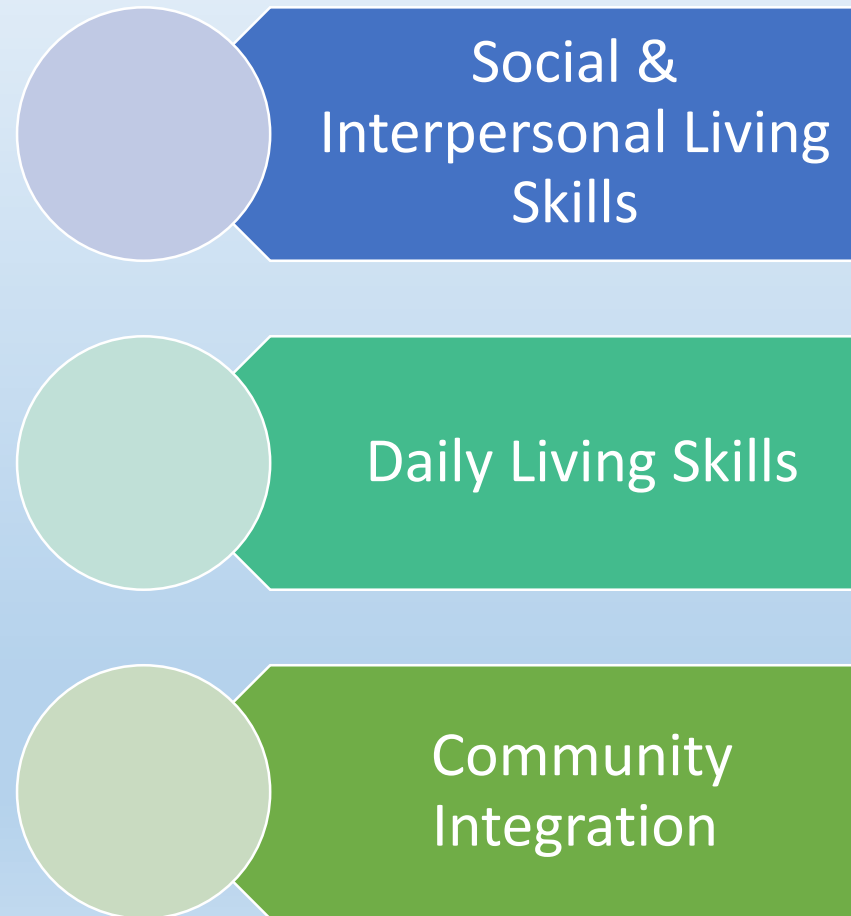
What it is:

Services designed to **restore, rehabilitate** and **support** a youth as an active and productive member of their family and community.

Activities are:

- hands on and task oriented
- focused on rehabilitative needs of the youth
- Can also be provided in coordination with treatment interventions by a licensed provider

Psychosocial Rehabilitation Supports (PSR)



FPSS

Family Peer Support Services (Expanding in July 2019)

Page 32 within 1/9/19 SPA Manual

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Family Peer Support Services (FPSS)

What it is:

Families can get support from a peer with lived experience if they are raising a child who is experiencing *social, emotional, medical, developmental, substance use, and/or behavioral challenges*.

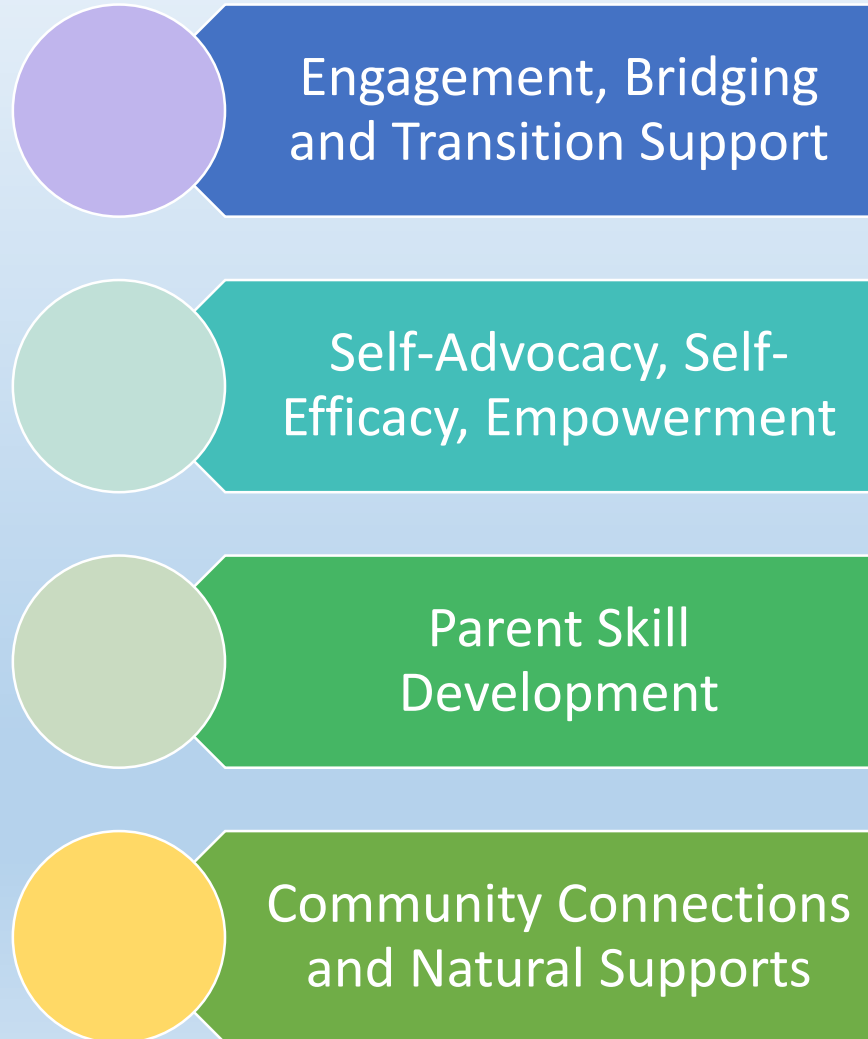
What it includes:

FPSS provides a structured, strength-based relationship between a Family Peer Advocate (FPA) and the parent/caregiver for the benefit of the child.

FPSS are array of formal and informal activities and supports provided to families caring for/raising the youth

**The term ‘family’ is defined as the primary caregiving unit and is inclusive of the wide diversity of primary caregiving units.*

Family Peer Support Services (FPSS)



YPST

Youth Peer Support and Training (Expanding in January 2020)

Page 40 within 1/9/19 SPA Manual

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Youth Peer Support and Training (YPST)

What it is:

Youth who are *experiencing social, medical, emotional, developmental, substance use, and/or behavioral challenges* in home, school, placement, and/or community can receive support from a **peer with similar experiences** to set goals and develop community living skills.

What it includes:

An array of formal and informal services and supports provided by a peer with lived experience to young people to expand the skills and strategies needed to move forward in meeting their personal, individualized life goals, develop self-advocacy skills, and support their transition into adulthood.

Youth Peer Support and Training (YPST)



CI

Crisis Intervention (Expanding in Jan 2020)

Page 14 within 1/9/19 SPA Manual

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Crisis Intervention (CI)

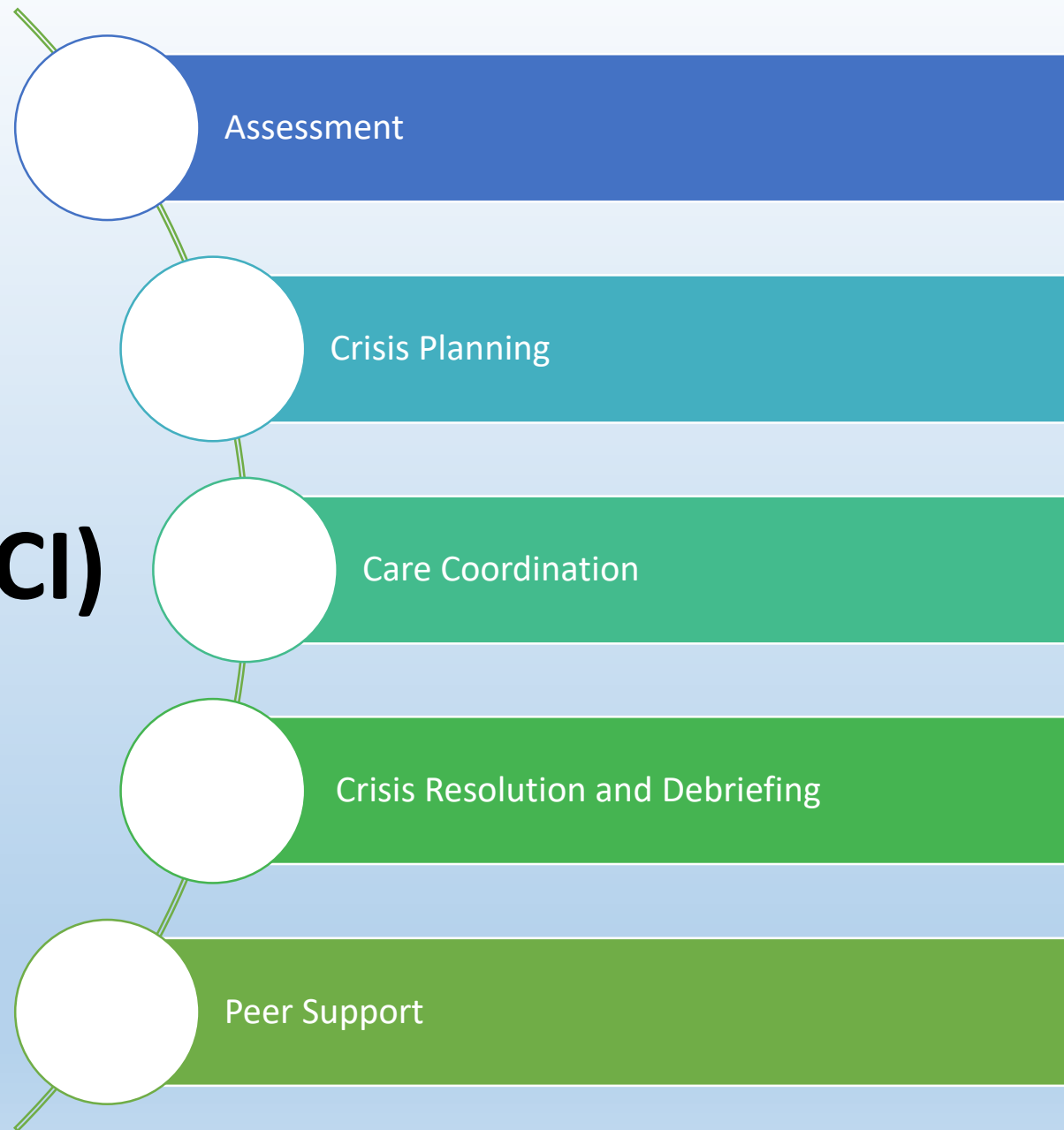
What it is:

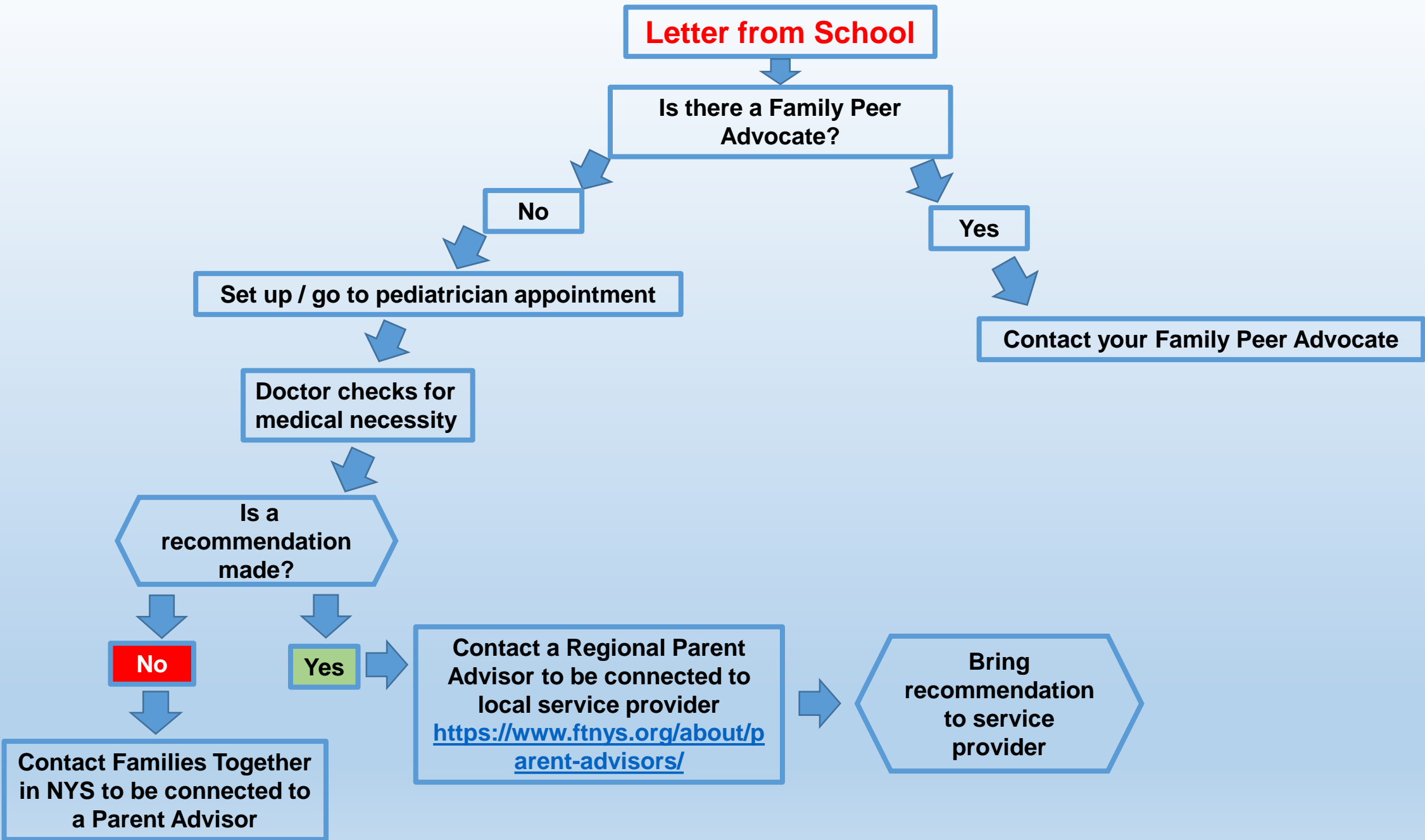
Mobile services provided to young people who need **immediate support** to address personal distress and develop skills to minimize or prevent crises in the future.

These are provided by the clinician and are designed to address acute distress and associated behaviors when the child/youth's condition requires immediate attention *due to an unplanned event that requires a rapid response*.

**Crisis services need not be anticipated in the treatment plan*

Crisis Intervention (CI)





Struggling at School

Is there a Youth Peer Advocate?

No

Set up / go to therapist appointment

Therapist checks medical necessity

Is a recommendation made?

No

Contact Families Together in NYS to be connected to a Regional Youth Partner

Yes

Contact Regional Youth Partner to be connected to a local service provider
<https://youthpowerny.org/meet-the-yp-team/>

Bring recommendation to service provider

Contact your Youth Peer Advocate

Yes

Important Resources

- For more detailed information regarding the services:
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/draft_hcbs_manual.pdf
- To locate designated providers for a service:
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/provider_design.htm
- Brochures and Materials available at:
<https://omh.ny.gov/omhweb/bho/childrensmc.html>

Slide References

- The Children's Health and Behavioral Health System Transformation in New York State slide deck 3/29/19
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/childrens_transformation_slides_for_consumers_3_21_19.pdf
- Children and Family Treatment and Support Services in-depth Training with Review of New Implementation Timeline slide deck
https://ctacny.org/sites/default/files/Final%20SPA%20Slides%206.14.18_updated.pdf
- Updated Children and Family Treatment and Support Services (CFTSS) Manual 1/9/19
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/updated_spa_manual.pdf

Additional Resources

- New York Medicaid Choice 1-800-505-5678
- NYS Children and Youth Evaluation Service (C-YES) 1-833-333-2937
- Managed Care Complaints 1-800-206-8125
- Education on New Services for Children and Families
<https://www.omh.ny.gov/omhweb/bho/childrensmc.html>
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/info.htm
- List of NYS Health Homes by County
https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/hh_map/index.htm
- Directory of NYS Medicaid Managed Care Organizations
https://www.health.ny.gov/health_care/managed_care/mcplans.htm
- New York State of Health Marketplace <https://nystateofhealth.ny.gov/>
- New York State Provider and Health Plan Lookup
<https://pndslookup.health.ny.gov/>



Thank you!