

Regional Parent Advisors

Central Region:	315-426-3936
Hudson River Region:	845-454-8692
Western Region:	716-533-4079
New York City Region:	212-330-1676
Long Island Region:	631-761-3334



EMPOWERING FAMILIES. COORDINATING SYSTEMS.

**Is your child
struggling at home,
in school, or in the
community?**

**Do you have
more questions
than answers?**



You are not alone

Children and Family Treatment and Support Services (CFTSS)

NYS Medicaid services for youth and their family.

What are they?

These new services address mental health and substance use concerns, otherwise referred to as, “behavioral health” concerns of youth under 21. The goal is to improve quality of life and overall well-being.

Who are they for?

These services are for youth under the age of 21 who are on NYS Medicaid and have behavioral health concerns. Families of these youth are also eligible for services.

How do they help?

These services offer support with these concerns in a variety of ways. Support can even be brought into the home and community.

How do you access them?

Youth under 21 and their families can access these services with a recommendation from a licensed professional.

A Parent Advisor or Family/Youth Peer Advocate can help walk you through this process.



There is a whole community waiting to help.



Some Supports Available

- Families can receive support from a family peer with similar life experience of raising a youth/child with mental health and/or substance use (behavioral health) challenges
- Youth can meet with a youth peer for support and coaching
- Screening for mental health and/or substance use challenges
- Individual and family therapy in your home or community
- Support to understand medications
- Support to incorporate new skills into everyday life
- Build better relationships and communication with family, friends and others
- Develop lifelong self-care and coping skills
- Access to crisis services in and after emergencies

Learn more:

Visit our website:

www.ftnys.org

click ➡ “resources”

click ➡ “new Medicaid services for youth”

Or give us a call.

We can connect you to the right resources in your community.

(518) 432-0333 ext. 17

