

## Pre-Conference, Keynote & Closing Plenary Speakers Tuesday, May 4 & Wednesday, May 5

Families Together is excited to share our Pre-Conference, Keynote and Closing Plenary speakers for this year's conference. Learn more about their presentations below!

### *Pre-Conference Screening & Panel Discussion*

**Tuesday, May 4 from 2:00-3:30pm**

Join us for a screening of the movie, **Ernie & Joe: Crisis Cops** and a panel discussion with Ernie and Joe and local officials. The goal will be to discuss the intersection of law enforcement and mental health crisis.



### *Keynote Speaker*

**Wednesday, May 5 from 9:00-10:00am**

**Ken Nwadike, Jr.**, peace activist, motivational speaker and video journalist known as the **Free Hugs Guy** online will present the *Power of Positive Human Interaction and Ways to Bridge the Racial Divide*. This keynote aims to create unity, civility, and build a more diverse and inclusive culture by the positive human interaction.



### *Closing Plenary Speaker*

**Wednesday, May 5 from 2:00-3:00pm**

28-year-old suicide/abuse survivor, TEDx speaker, mental health and sobriety advocate and Founder & CEO of Cope Notes, **Johnny Crowder** will offer Daily Routines to Improve Overall Health. In this presentation, we'll discuss how to identify healthy and unhealthy habits, how to foster a culture with the strength to overcome stigma, and how implementing simple, even unconventional, self-care practices into our daily routines can make a transformational impact on our mental and emotional health.

