# **Policy Change Announcement**

## Youth Peer Advocate Credential Renewal

There is a change in the Renewal requirements for the YPA Credential. Starting with credentials expiring July 1, 2021, advocates will need two hours of training in Cultural Humility/Bias Reduction in order to renew their credential. The Cultural Humility/Bias Reduction trainings will be included in the current 20-hour requirement. Below is a list of trainings that we have put together for you to consider to meet the new requirement. You can also find this list on the FTNYS website under Workforce Development. We have compiled this list as a starting point. These are just suggestions. Any training that addresses Bias, Cultural Competence, Disparity, LGBTQI and/or Micro-Aggressions can be accepted.

If you have any questions, feel free to contact us at <a href="YPACredential@ftnys.org">YPACredential@ftnys.org</a>.

## **Cultural Humility/Bias Trainings**

#### **LGBT**

Working with LGBTQ Youth in a Mental Health Setting

## Racism, Micro-Aggression and Anti-Oppressive Practice

How Anti-Oppressive Practice Can Impact Our Work

Strategic Approaches for Behavioral Health Organizations to Address Racial and Social Inequity

Becoming a Socially Just Organization: Why Should we care and what can we do?

<u>How Racism Impacts Those We Serve and How We Serve: Are We Meeting Participants Where They Are?</u>

Race, Poverty & Trauma: Microaggressions and the Therapeutic Alliance: Exploring Ethnically and Racially Diverse Clinician-Participant Relationships

Race and Trauma Race-based Traumatic Stress and Psychological Injury in Psychotherapy

Structural Racism and Mental Health

Resources for Coping with and Addressing Racial Trauma and Oppression

<u>Legacies of Pain and Resilience: Clinical Implications for Understanding Historical Trauma and Race</u>

#### **Cultural Humility**

Identity Bias and Cultural Humility: Connecting to Ourselves and Others

#### **Podcasts**

Addressing Historical Trauma (Black Boys and Men Podcast)

Police Brutality & Trauma (Black Boys and Men Podcast)

Raising Our Black Sons: A Mother's Perspective (Black Boys and Men Podcast)

Resilience and Steps Forward (Black Boys and Men Podcast)

Free to Be LGBTQIA+ (Free to Be Podcast by FTNYS)