NEW YORK STATE
FAMILY SUPPORT PROGRAMS

Version 5 7.6.2021
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Family Peer Support Services (FPSS) are an array of formal and informal services and supports provided to families raising a child up to age 21 who is experiencing social, emotional, developmental and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength-based relationship between a Family Peer Advocate and the parent/family member for the benefit of the child/youth. The purpose of this service is to support the parent/family member and enhance their skills so they can promote positive youth functioning and their child’s ability to live successfully in their community. FPSS are provided by a trained and credentialed Family Peer Advocate (FPA) who is uniquely qualified to work with families based on his/her personal experience parenting a child with similar needs and the specialized training they receive (see below). FPSS can be provided through individual and group face-to-face work in various settings (e.g. family’s home, community, office, telephone or Skype contacts, etc).

### TYPES OF FAMILY PEER SUPPORT SERVICES

There are six categories of Family Peer Support Services. *Within each category are several examples of activities specific to that category. These examples are not intended to be exhaustive.

*A family peer support provider will have the capacity to offer all six categories of services based on the individual needs and preferences of the family.*

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
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<tbody>
<tr>
<td>Outreach and Information</td>
<td>Empower families to make informed decisions regarding the nature of supports for themselves and their child through: - sharing information about resources, services and supports and exploring what might be appropriate for their child and family; - exploring the needs and preferences of the family and locating relevant resources. - helping families understand eligibility rules; - helping families understand the assessment process and identifying their child’s strengths, needs and diagnosis. - Develop resource directories to identify relevant formal services and informal resources for families. - Conduct general and individual outreach in the community to raise awareness, reduce stigma, and engage families in services. - Staff a ‘warm line’ that families can call for information.</td>
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<tr>
<td>Engagement, Bridging and Transition Support</td>
<td>Based on the strengths and needs of the youth and family, connect them with appropriate services and supports. Accompany the family when visiting programs. - Facilitate meetings between families and service providers. - Assist the family to gather, organize and prepare documents needed for specific services. - Address any concrete or subjective barriers that may prevent full participation in services. - Serve as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals. - Support and assist families during stages of transition which may be unfamiliar (e.g.: placements, in crisis, and between service systems etc.). - Promote continuity of engagement and supports as families’ needs and services change.</td>
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<td>Self-Advocacy, Self-Efficacy and Empowerment</td>
<td>Advocate on behalf of and in collaboration with families to promote shared decision-making. - Regularly consult with families and providers to ensure that the family’s perspectives are included in all planning and decision-making. - Coach and model shared decision-making and skills that support collaboration. - Model strengths-based interactions by accentuating the positive. - Support the families in discovering their strength and concerns. Assist families to identify and set goals and short term objectives. - Prepare families for meetings and accompany them when needed. - Empower families to express their fears, expectations and anxieties to promote positive effective communication. - Assist families to frame questions to ask providers. - Provide opportunities for families to connect to and support one another. - Support and encourage family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support.</td>
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</table>
### Community Connections and Natural Supports
- Provide leadership opportunities for families who are receiving Family Peer Support Services.
- Enhance the quality of life by integration and supports for families in their own communities.
- Help the family to rediscover and reconnect to natural supports already present in their lives.
- Utilize the families’ knowledge of their community in developing new supportive relationships.
- Help the family identify and get involved in leisure and recreational activities in their community.
- In partnership with community leaders, encourage families who express an interest to get more involved in faith or cultural organizations.
- Arrange support and training as needed to facilitate participation in community activities.
- Conduct groups with families to strengthen social skills, decrease isolation, and provide emotional support.

### Parent Skill Development
- Supports the efforts of families in caring for and strengthening their children’s mental, and physical health, development and well-being of their children.
- Helps the family learn and practice strategies to support their child’s positive behavior.
- Assist the family to implement strategies recommended by clinicians (e.g. medication management, behavior support, crisis plan) and talk to clinicians about their comfort with these plans.
- Provide emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness.
- Link to and provide workshops and courses on parenting that are matched to families’ individual needs.
- Advocate whose child is coming out of placement by equipping the family with skills, knowledge and resources to support the child at home, ensuring the greatest likelihood of success.
- Assist families to access transportation.

### Promoting Effective Family-Driven Practice
- Participate on teams that manage access to care, evaluate and work to improve quality of care.
- Conduct training for service providers on topics including, strategies for partnering with families, engagement, family-centered care, and family-driven decision-making.
- Attend and/or facilitate meetings to promote family voice and infuse a family perspective at all levels: individual provider, agency, local planning, state and national policy making.

### FAMILY PEER SUPPORT SERVICES PROVIDER QUALIFICATIONS
Family Peer Support is delivered by a New York State Credentialed Family Peer Advocates (FPA). To be eligible for the FPA Credential, the applicant must:
- Demonstrate ‘lived experience’ as the parent or primary caregiver who has navigated multiple child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs.
- Have a high school diploma or GED (or document comparable skills).
- Complete the Parent Empowerment Program (PEP) training 40 hours plus 12 one-hour each of group consultation calls.
- Submit three letters of reference attesting to proficiency in and suitability for the role of Family Peer Advocate.
- Complete a Professional Development Plan.
- Document 1000 hours of experience providing Family Peer Support services.
- Agree to practice according to the Family Peer Advocate Code of Ethics.
- Complete 20 hours of continuing education and renew their FPA credential every three years.

The Family Peer Advocate Credential is administered by Families Together in New York State. [www.ftnys.org](http://www.ftnys.org)

### DEFINITIONS

**Advocacy:** The spirit of this advocacy work is one that promotes effective parent-professional-system partnerships. Advocacy in this role does not include legal consultation or representation. It is defined as constructive, collaborative work with and on behalf of families to assist them to obtain needed services and supports to promote positive outcomes.

**Parent/Family:** Family is defined as the primary care-giving unit and is inclusive of the wide diversity of primary care-giving units in our culture. Family is a biological, adoptive or self-created unit of people residing together, consisting of adult(s) and/or child(ren), with adult(s) performing duties of parenthood/caregiving for the child(ren). Persons within this unit share bonds, culture, practices and a significant relationship. Biological parents, siblings and others with significant attachment to the individual living outside the home are included in the definition of family. For the purposes of this service, "family" is defined as the persons who live with, or provide care to a child and may include a parent, spouse, sibling, children, relatives, grandparents, guardians, foster parents or others with significant attachment to the individual.

**Service Provider:** Refers to individuals/organizations that provide formal services to the youth and family from all levels: individual provider, agency, local planning, state and national policy making.
child/family serving systems (mental health, juvenile justice, child welfare, substance abuse treatment, education, health, etc.).

Natural Supports: Natural supports are individuals and resources a family can access “naturally,” independent from formal services. These supports are a significant source of culturally relevant emotional support and caring friendships for children and families. Natural supports can be short-term or long-term and are usually sustainable and available to the child and family after formal services have ended.
Central Region

**Broome**

**Broome Catholic Charities**
86-88 Walnut Street, Binghamton, NY 13905
Phone: 607-584-7800

**Children’s Home of Wyoming Conference**
297 Chenango Street, Binghamton, NY 13901
1182 Chenango Street, Binghamton, NY 13901
Contact: Jennifer Parks, Beth Palmieri
607-772-6904
jparks@chowc.org
bpalmieri@chowc.org

**MHA Southern Tier**
47 Broad Street, Binghamton, NY 13094
Contact: Wendy Hitchcock
607-771-888 ext:328
Wendy.hitchcock@mhas.org

**Cayuga**

**Cayuga Counseling Services, Inc.**
17 E. Genesee Street, Auburn, NY 13021
Residential FPA and Parents as Partners
Contact: Evie Noden – CCSI/Parent Partner
Phone: 315-253-9795
Fax: 315-253-3952
evien@cayugacounseling.org

**Clinton**

**Behavioral Health Services North, Inc.**
22 US Oval, Suite 218, Plattsburgh, NY 12903
Program Coordinator: Carrie Anne Rollier
Phone: 518-561-1767
crollier@bhns.org

**Clinton County Community Services.**
Family Support Services – C & F
16 Ampersand Drive, Plattsburgh, NY 12901
Contact: Richelle Gregory
Phone: 518-565-4064
Fax: 518-566-0291
richelle.gregory@clintoncountygov.com
<table>
<thead>
<tr>
<th>Location</th>
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<th>Address</th>
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<tr>
<td>Cortland</td>
<td>Cortland Community Services/Clinic</td>
<td>7 Clayton Avenue</td>
<td>Jamee Sobko</td>
<td>607-758-6110</td>
<td><a href="mailto:jsobko@cortland-co.org">jsobko@cortland-co.org</a></td>
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<tr>
<td></td>
<td>Family Support Services</td>
<td>Cortland, NY 13045-2501</td>
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<td>Delaware</td>
<td>Family Resource Network</td>
<td>46 Oneida Street, Oneonta, NY 13820</td>
<td>Michelle Zuk</td>
<td>607-432-0001</td>
<td><a href="mailto:executivedirector@familyrn.org">executivedirector@familyrn.org</a> <a href="mailto:mzuk@familyrn.org">mzuk@familyrn.org</a> <a href="mailto:Bfinkelstein@familyrn.org">Bfinkelstein@familyrn.org</a></td>
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<tr>
<td>Essex</td>
<td>Families First of Essex County</td>
<td>196 Water Street, Elizabethtown, NY 12932</td>
<td>Anne Griffin</td>
<td>518-873-9544</td>
<td><a href="mailto:agriffin@familiesfirstessex.org">agriffin@familiesfirstessex.org</a></td>
</tr>
<tr>
<td>Herkimer</td>
<td>Center for Family Life and Recovery</td>
<td>502 Court Street, Suite 401 Utica, NY 13502</td>
<td>Sandy Seaman</td>
<td>315-867-1382</td>
<td><a href="mailto:sseaman@cflrinc.org">sseaman@cflrinc.org</a></td>
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<td></td>
<td>Upstate Cerebral Palsy, Inc.</td>
<td>s/b 235 N. Prospect St, Herkimer, NY 13350</td>
<td>Elizabeth Pritchard</td>
<td>315-525-1523</td>
<td>Elizabeth <a href="mailto:Pritchard@upstatecp.org">Pritchard@upstatecp.org</a></td>
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<tr>
<td>Franklin</td>
<td>Citizens Advocates, Inc.</td>
<td>Enhanced Parent Support Services</td>
<td>Melissa Rundall</td>
<td>518-651-2277</td>
<td><a href="mailto:melissarundall@citizenadvocates.net">melissarundall@citizenadvocates.net</a></td>
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<td>209 Park Street, Malone, NY 12953</td>
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| Fulton & Montgomery | MHA of Fulton and Montgomery Counties | Family Support – Fulton/Montgomery  
307-309 Meadow Street, Johnstown, NY 12095  
Family Support Director: Janine Dykeman  
Phone: 518-762-5332 (103)  
jdykeman@mhafm.org | |
| Fulton    | The Family Counseling Center  
Family Support  
11-21 Broadway, Gloversville, NY 12078  
Contact: Kathleen Calabrese  
Phone: 518-725-4310  
kcalabrese@thefamilycounselingcenter.org | | |
| Jefferson | Northern Regional Center for Independent Living  
Family Support Services  
210 Court Street, Suite 107, Watertown, NY 13601  
Program Director: Kathy Connor  
Phone: 315-785-8703  
kathyc@nrcil.net  
Aileen Martin  
aileenm@nrcil.net | | |
| Lewis     | Northern Regional Center for Independent Living  
Family Support Services  
7632 North State Street, Lowville, NY 13367  
Program Director: Karen Boliver  
Phone: 315-376-8696  
karenb@nrcil.net | | |
| Madison   | Family Support in Central New York  
155 Madison Street, Oneida, NY 13421  
Contact: Elaine Angwin  
Phone: 315-794-4590 / 315-941-2520  
Elaine.fscny@gmail.com | | |
| Onondaga  | Onondaga County ACCESS  
Director: Tracy Miller  
315-463-1100  
tracy.miller2@dfa.state.ny.us | | |
Oswego
Hillside Children’s Center
945 South 1st Street, Fulton, NY 13069
Contact: Lacey Natello
585-219-3028
lnatello@hillside.com

Otsego
Family Resource Network
46 Oneida Street, Oneonta, NY 13820
Coordinated Children’s Service Initiative
Contact: Michelle Zuk- Executive Director
Phone: 607-432-0001
executivedirector@familyrn.org
mzuk@familyrn.org
Barbara Finkelstein
bfinkelstein@familyrun.org

St. Lawrence
St. Lawrence Dept. of Health
Contact: Kathy Connor
Phone: 315-785-8703
kathyc@nrcil.net

Families Together New York State

Regional Parent Advisors

Sue Lewis, FPA
315-317-4877
315-426-3936
slewis@ftnys.org
susan.lewis@omh.ny.gov

Kathleen Liedka, FPA
315-426-3944
315-729-8622
kliedka@ftnys.org
Kathleen.liedka@omh.ny.gov

Regional Youth Partner
Julie Dealing
jdealing@ftnys.org
315-679-1476
Hudson River Region

Albany

Families United Network
60 Academy Road, Albany, NY 12208
Parsons Child & Family Center
Contact: Cynthia Novacovic
cnovakovic@northernrivers.org
Phone: 518-426-2649
Fax: 518-447-5234

Columbia

MHA in Columbia/Greene Counties, Inc.
713 Union Street, Hudson, NY 12534
Contact: Roxanne Carpenter
rcarpenter@mhacg.org
Phone: 518-828-4619 (x202)
Fax: 518-828-1196

Dutchess

MHA in Dutchess County, Inc.
Family Support Programs
253 Mansion Street Poughkeepsie, NY 12601
Contact: Janet Caruso, Lynn Rogers
jcaruso@mhadutchess.org
lrogers@mhadutchess.org
Phone: 845-473-2500 (x1343) (x1342)
Fax: 845-473-4870

Greene

Greene County Mental Health Center
Family Support Program
PO Box 905, Cairo, NY 12601
Contact: Katie Conroy
Phone: 518-622-9163
Fax: 518-622-8596
KConroy@discovergreene.com

MHA in Columbia/Greene Counties, Inc.
713 Union Street
Hudson, NY 12534
Contact: Roxanne Carpenter
rcarpenter@mhacg.org
Phone: 518-828-4619 (x202)
Fax: 518-828-1196
Lori Kolb-Speer
lkspeer@mhacg.org
Orange

MHA of Orange County, Inc.
Family Support Program
73 James P. Kelly Way, Middletown, NY 10940
Contact: Shakia Henderson
shenderson@mhaorangeny.org
Phone: 845-342-2400
Fax: 845-343-9556

Orange

Access: Supports for Living
2001 Rt. 17M, Goshen, NY 10924
Contact: Anne Marie Freitas
afreitas@asfl.org
Phone: 845-343-8100
Fax: 845-243-9906

Putnam

Cove Care
1808 Rt. 6, Carmel, NY 10512
Contact: Christina McGuigan
cmguigan@covecarecenter.org
Phone: 845-225-8995
Fax: 845-225-0753

Rensselaer

Vanderheyden Hall
650 Cooper Hill Road, Wynantskill, NY 12198
Contact: Ruth Fennelly
rfennelly@vanderheyden.org
Phone: 518-283-6500 (211)
Fax: 518-687-0524

Rockland

MHA Rockland County, Inc.
140 Route 303, Suite A, Valley Cottage, NY 10989
Contact: Laurie Montanaro
abramsonk@mharockland.org
Phone: 845-267-2172 (278)

St. Dominics Family Support
500 Western Highway Blauvelt, NY 10913
Phone: 845-359-7361
Contact: Santana Letts
NAMI Rockland County
140 Old Orangeburg Road, Bldg. #57, Rm N106
Orangeburg, NY 10962
Contact: Anne Arias
Phone: 845-359-8785
Fax: 845-359-4604
www.namirockland.org
Helpline: 845-359-8787
anne@namirockland.org

Saratoga
Captain Community Human Services
5 Municipal Plaza, Suite 3, Clifton Park, NY 12065
Contact: Joanna Long
Phone: 518-399-4624
Fax: 518-371-1185

Schoharie
Schoharie County Community Action Program
795 East Main Street, Suite 5, Cobleskill, NY
Contact: Becky Foland
bfoland@sccapinc.org
Phone: 518-235-0261
Fax: 518-234-0959

Catholic Charities
Family Support Services serving Delaware, Otsego and Schoharie Counties
489 West Main Street, Cobleskill, NY 12043
Contact: Lynn Glueckert
lglueckert@charitiescndo.org
Phone: 518-235-3581
Fax: 518-234-8423

Sullivan
Action Towards Independence, Inc
309 East Broadway, Monticello, NY 12701
Contact: Deborah Worden
dworden@atitoday.org
Phone: 845-794-4228
Fax: 845-794-4475
<table>
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<tr>
<th>Location</th>
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<tr>
<td><strong>Ulster</strong></td>
<td>MHA in Ulster, Inc.</td>
<td>Family Support Services</td>
<td>Jeannette Corrow</td>
<td>845-339-9090 (180)</td>
<td>845-336-0192</td>
<td><a href="mailto:jcorrow@mhainulster.com">jcorrow@mhainulster.com</a></td>
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<td>Families of Woodstock Adolescent Services</td>
<td>166 Albany Ave. Kingston NY 12401</td>
<td>Tori Barnes</td>
<td>(845) 331-7080 Ext.146</td>
<td>(845) 802-5558 Fax</td>
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<td><strong>Warren/Washington</strong></td>
<td>Behavioral Health Services North Wellness Center</td>
<td>25 Willowbrook Road, Queensbury, NY 12804</td>
<td>Mariane Simas</td>
<td>518-926-7100</td>
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<td>Contact: Mariane Simas</td>
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<td><strong>Westchester</strong></td>
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Yonkers
30 South Broadway, 7th Floor
Yonkers, NY 10701
Phone: (914) 964-2063
Fax: (914) 964-5748
yonkers@famtieswest.org

Administrative Office
112 East Post Rd, 3rd Floor White Plains, NY 10601
Phone: (914) 995-5238
Fax: (914) 995-8421
info@famtieswest.org

Families Together New York State

Regional Parent Advisors

Barbara Callahan, FPA
845-797-1861
bcallahan@ftnys.org
Barbara.callahan@omh.ny.gov

Kim Kaiser, FPA
646-685-7495
kkaiser@ftnys.org

Regional Youth Partner

Charles Anthony Rice
CARice@ftnys.org
518-432-0333 (33)
518-948-2531
**Long Island Region**

**Nassau County**

- Family & Children’s Association
  - The Family Center
    - 300 Old Country Rd. East
    - Garden City, NY 11530
    - 516-485-5976

- Hispanic Counseling Center
  - Family Support Program
    - 344 Fulton Avenue
    - Hempstead, NY 11550
    - 516-538-2613

- North Shore Child & Family Guidance Center
  - Family Advocate Program
    - 480 Old Westbury Road
    - Roslyn Hts, NY 11577
    - 516-626-1971

**Suffolk County**

- WellLife Network
  - Family Support Service Program (FSS)
    - 3600 Rte. 112
    - Coram, NY 11727
    - 631-920-8302

- Family Service League
  - Parent to Parent Program
    - 1841 Brentwood Rd.
    - Brentwood NY 11717
    - 631-853-2793

- Family and Children’s Y-FI, Youth-Family Integration
  - 4400 Veterans Hwy 202
  - Holbrook, NY 11741
  - 631-389-4693

  Janet Lino  jlino@fcali.org

**Regional Resources**

- **Long Island Families Together**
  - 21 Greene Ave, Amityville, NY 11701
  - Contact:  Eileen Kadletz, Executive Director
    - 631-264-5438, Ext. 103  ekadletz@lift4kids.org

- **Families Together New York State**

  **Regional Parent Advisor**
  - Cheryl Williams, FDC, FPA
    - 631-761-3181
    - cheryl.williams@omh.ny.gov
cwilliams@ftnys.org

  **Regional Parent Advisor**
  - Heather Tafuro, MS Ed. FDC, FPA
    - 631-761-3334
    - heather.tafuro@omh.ny.gov
    - htafuro@ftnys.org

  **Regional Youth Partner**
  - Robbie Letteri
    - rletteri@ftnys.org
    - 631-245-5289
IMPORTANT PHONE NUMBERS

County Department of Mental Health
   Nassau County                   516-227-7057
   Suffolk County                  631-853-8500

The Crisis Center (Hotline)          516-679-1111

Response of Suffolk (Hotline)        631-751-7500

Care Coordination/Health Home Manager (formerly ICM / SEM)
   Nassau County                   516-485-5976
   Suffolk County                   631-854-0175

Long Island Families Together        631-264-5438

Mental Health Association
   Nassau County                   516-489-2322
   Suffolk County                   631-226-3900

Mental Health Hotline                631-952-3333

OMH Long Island Field Office         631-761-2508

Psychiatric Emergency Room
   Nassau University Medical Center 631-572-4775
   CPEP at Stony Brook (Suffolk)    631-444-6050

Sagamore Children’s Psychiatric Center 631-370-1700
   Mobile Mental Health Teams

Single Point of Access (SPOA)
   Nassau County                   516-227-7057
   Suffolk County                   631-853-8513

DASH 24 hr Hotline
   (Diagnostic, Assessment & Stabilization Hub) 631-952-3333
HOTLINES

Suicide Prevention Lifeline 800-237-8255
DASH 631-952-3333
LICADD 631-979-1700 24/7
Huntington Hotline 631-549-8700 24/7
Islip Hotline 631-227-4700
Long Island Crisis Center Hotline 516-679-1111 24/7
Long Beach Reach 516-889-2332 9am-10pm
Mental Health Hotline-Nassau 516-227-8255 24/7
Mental Health Hotline-Suffolk 631-952-3333 24/7
National Suicide Prevention 800-273-8255 24/7
Response of Suffolk County 631-751-7500 24/7
Response Spanish Line 631-751-7423 M-F 5pm-10pm
Response On-lineHear2Help www.responsehotline.org M-F 5pm-11pm
The Samaritans - NYC 212-673-3000

Additional Important Numbers

Nassau County Dept. of Health 516-742-6154 5:00 PM - 9:00 AM
Nassau County Dept. of Social Services 516-572-3143 6:00 PM - 8:00 AM
Families’ Anonymous 800-736-9805 Meeting information
Suffolk County Dept. of Social Services 631-854-9100 4:30 PM - 9:00 AM

INFORMATION AND REFERRAL RESOURCES

Nassau County

Family and Children’s Association 516-746-0350
Mental Health Association 516-489-2322

Suffolk County

Family Service League 631-427-3700
Association of Mental Health & Wellness 631-226-3900
Islip information and referral 631-595-3535
Middle Country Library 631-585-9393

Nassau/Suffolk Counties

New York State Office of Mental Health 631-761-2508
Sagamore Children's Psychiatric Center 631-370-1700
## NASSAU COUNTY CLINICS

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Central Nassau Guidance &amp; Counseling Services, Inc.</td>
<td>950 South Oyster Bay Road – Suite 104, Hicksville, NY 11801</td>
<td>516-822-6111</td>
</tr>
<tr>
<td>EPIC Clinic Care</td>
<td>1500 Hempstead Tpke, E. Meadow, NY 11554</td>
<td>516-739-7733</td>
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<tr>
<td>Hispanic Counseling Center</td>
<td>344 Fulton Avenue, Hempstead, NY 11550</td>
<td>516-538-2613</td>
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<tr>
<td>LIFQHC</td>
<td>380 Nassau Road, Roosevelt, NY 11575</td>
<td>516-442-5325</td>
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<tr>
<td>Angelo J. Melillo Center for Mental Health</td>
<td>113 Glen Cove Avenue, Glen Cove, NY 11542</td>
<td>(516) 676-2388</td>
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<tr>
<td>Mercy Medical Center</td>
<td>506 Stewart Ave, Garden City, NY 11570</td>
<td>516-705-3400</td>
</tr>
<tr>
<td>Nassau Univ. Medical Center (NUMC)</td>
<td>2201 Hempstead Turnpike, Butler Building, East Meadow, NY 11554</td>
<td>516-296-2670</td>
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<tr>
<td>North Shore Child &amp; Family Guidance Ctr.</td>
<td>480 Old Westbury Road, Roslyn Heights, NY 11577</td>
<td>516-626-1971</td>
</tr>
<tr>
<td></td>
<td>999 Brush Hollow Road, Westbury, NY 11590</td>
<td>516-997-2926</td>
</tr>
<tr>
<td></td>
<td>Chemical dependency - Ages 7-25</td>
<td></td>
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<tr>
<td></td>
<td>Mental Health - Ages 7-21</td>
<td></td>
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<tr>
<td>80 North Service Road (LIE)</td>
<td>Ages 0-3 w/parent 3-6, Manhasset, NY 11030</td>
<td>516-484-3174</td>
</tr>
<tr>
<td>New Horizons</td>
<td>50 W. Hawthorne Ave, Valley Stream, NY 11580</td>
<td>516-569-6600</td>
</tr>
<tr>
<td>South Nassau Communities Hospital Mental Health Services</td>
<td>2277 Grand Avenue, Baldwin, NY 11510</td>
<td>516-377-5400</td>
</tr>
</tbody>
</table>
SUFFOLK COUNTY CLINICS

Brentwood Mental Health Center
1841 Brentwood Road
Brentwood, NY  11717  631-853-7300

Farmingville Mental Health Center
15 Horseblock Place
Farmingville, NY  11738  631-854-2552

Riverhead Mental Health Center
Riverhead County Center
Riverhead, NY  11901  631-852-1440

Catholic Charities
1727 No. Ocean Avenue
Medford, NY 11763  631-654-1919

21 Fourth Avenue
Bay Shore, NY 11706  631-665-6707

Family Service League (FSL)
Central Islip Clinic
320 Carlton Avenue
Central Islip, NY 11722  631-663-4300

East Hampton Clinic
316 Accabonac Rd.
East Hampton, NY 11937  631-324-3344

FSL – Huntington Clinic*
55 Horizon Drive
Huntington, NY 11743  631-396-2300

Iovino So. Shore Family Center
1444 Fifth Avenue
Bay Shore, NY 11706  631-647-3100

Mastic Clinic
1235 Montauk Hwy
Mastic, NY 11950  631-924-3741

Mattituck Mental Health Clinic
7555 Main Street
Mattituck, NY 11952  631-298-8642

Westhampton Beach Clinic
40 Main St.
Westhampton Beach, NY 11978  631-288-1954

Federation of Organizations Clinic
270A Long Island Avenue
Wyandanch, NY 11798  631-782-6200

John T. Mather Outpatient MHC
125 Oakland Avenue, Ste. 303
Pt. Jefferson, NY 11777  631-729-2140

Hudson River Healthcare Outpt. Behavioral Health Srv.
550 Montauk Highway
Shirley, NY 11967  631-490-3044

New Horizons Counseling Center
445 Oak Street, 2nd Floor
Copiague, NY 11726  631-257-5173

11 Route 111, 2nd Floor
Smithtown, NY 11787  631-656-9550

Sagamore Children’s Center
Waverly Avenue Clinic
440-14 Waverly Avenue,
Patchogue, NY 11772  631-654-2077

SCO/Madonna Heights Services
151 Burrs Lane
Dix Hills, NY 11746  631-643-8800

South Oaks Hospital Outpatient Services
400 Sunrise Highway
Amityville, NY 11701
Comp Outpt. Beh. Srv. (COBS) 631-608-5900
OnTrack South Oaks 631-608-5570

University Medical Ctr SUNY Stony Brook
Child Psychiatry Clinic
Putnam Hall
Stony Brook, NY 11794-8101
outpatient 631-632-8850
alternate # 631-632-9510

West Islip Youth Enrichment Services (YES)
401 Main St. Room #108
Islip, NY 11751  631-446-1950

Children’s Mobile Clinic Available *

INPATIENT SERVICES
Brunswick Hall
81 Louden Avenue
Amityville, NY 11701  631-789-7000
John T. Mather Hospital  
Port Jefferson, NY 11777  631-473-1320  
Partial Hospital  631-473-3877  
Adolescent Unit  631-476-2775  

Sagamore Children's Psychiatric Ctr (SCPC)  
197 Half Hollow Road  
Dix Hills, NY 11746  631-370-1700  
Sagamore Partial Hospital  631-370-1883  

South Oaks Hospital  
400 Sunrise Highway  
Amityville, NY 11701  631-608-5610  
Partial Hospital  631-608-5610  

Stony Brook Hospital (Health Sciences Ctr)  
Stony Brook, NY 11794  631-444-2111  
Stony Brook Child Psychiatry  631-444-1251  

DAY TREATMENT/SCPC SCHOOL BASED  
MENTAL HEALTH CLINICS  
Madonna Heights Day School  631-643-8800  
SCPC No. Babylon Day Treatment  631-491-4355  
SCPC Sayville School Based Clinic  631-775-1727  
SCPC Tecumseh School Based Clinic  631-696-8660  
SCPC Jefferson School Based Clinic  631-240-8920  
SCPC Sequoya School Based Clinic  631-622-1249  

NON-OMH LICENSED CLINICS  
ACLD  631-665-3464  
ACLD Kramer Learning Center  631-665-1900  
Colonial Youth  631-281-4461  
LI Select Health Care  631-650-2510  
EPIC (Epilepsy Foundation)  516 739-7733  
FSL Huntington  631-427-3700  
Just Kids (preschool)  631-924-0008  
VIBS  631-360-3730  
YMCA Centereach  631-580-7777  
Youth Bureau  631-853-8270  

EMERGENCY SERVICES  
CEP Stony Brook Hospital  631-444-6050  
CPS Emergency  631-854-9100  
Crisis Respite  631-370-1701  
Children’s Mobile Response Team  631-952-3333  
DASH  631-952-3333  
NYS CPS Hotline  1-800-342-3720  
Response Hotline of Suffolk  631-751-7500  
SCPC Mobile Integration Team  631-370-1701  
WellLife Network - Link  631-920-8302  

COMMUNITY SUPPORT SERVICES  
Alternatives for Youth (EAC)  631-648-2700  
Assoc. for MH & Wellness  631-226-3900  
Assoc. for MH & Wellness – HHCM  631-389-6336  
Big Brothers & Sisters  516-731-7880  
CPS Prevention  631-854-9359  
FCA Youth & Family Integration  631-389-4693  
FSL CAPT (preschool)  631-647-3128  
FSL Family Connect  631-650-0051  
FSL Home Base/Home Safe  631-650-0073  
FSL – HHCM/NMCC Intensive  631-650-0146  
FSL Parent to Parent (FSS)  631-853-2793  
FSL – HHCM/NMCC Supportive  631-650-0146  
FSL Therapeutic Rec/Recess  631-650-0105  
Head Start  631-758-5200  
LI Advocacy Center  631-234-0467  
LIFT – LI Families Together (FSS)  631-264-LIFT  
Probation  631-853-7889  
SCDCMH– HHCM/NMCC Intensive  631-854-0175  
WellLife Network Youth Care Mgmt  631-920-8663  
WellLife Network SSTAAAY  631-920-8604  
WellLife Network MEIP  631-920-8333  

SOME RESIDENTIAL OPTIONS  
Berkshire Farms  631-420-4444  
Hope For Youth  631-691-5100  
LIAFS  631-444-4400  
Mercy First/Merrick House CR  516-868-2050  
WellLife Network House (east)  631-751-0197  
WellLife Network House (west)  631-683-4393  
SCO/CR  631-243-0305  
SCO/Madonna Heights RTF  631-643-8800  

For Further Information call:  
Kathleen Herz, Psy.D.  631-853-2949  
Suffolk County Mental Hygiene  631-853-2949  
Maryann Braithwaite, LCSW  631-761-2063  
Office of Mental Health  631-761-2063  

Single Point of Access (CSPOA)  631-853-8513  
Fax  631-853-8518
# New York City Region

## Northern Bronx
- **FRC of Northern Bronx-MHA of NYC**
- 975 Kelly St. Suite 301 Bronx, NY 10459
- Program Director: Iliana Reyes
- [ireyes@vibrant.org](mailto:ireyes@vibrant.org)
- Phone: 718-220-0456

## Southern Bronx
- **FRC of Southern Bronx-MHA of NYC**
- 975 Kelly St. Suite 301 Bronx, NY 10459
- Program Director: Yvette Pena
- [ypena@vibrant.org](mailto:ypena@vibrant.org)
- Phone: 718-220-3868

## Northern Manhattan
- **FRC of Northern Manhattan- MHA of NYC**
- 1 Penn Plaza 36th floor Suite 3696 NY.NY. 10119
- Program Director: Lucy Santana
- [lsantana@vibrant.org](mailto:lsantana@vibrant.org)
- Phone: 212-410-1820

## Southern Manhattan
- **FRC of Southern Manhattan- MHA of NYC**
- 1 Penn Plaza 36th floor Suite 3696 NY. NY. 10119
- Program Director: Janet Rosa
- [jrosa@vibrant.org](mailto:jrosa@vibrant.org)
- Phone: 212-964-5253

## Eastern Queens
- **FRC of Eastern Queens-St. John’s Episcopal**
- 148-45 Hillside Ave. Suite 203 Jamaica NY 11435
- Program Director: Kathy Gardini
- [kgargini@ehs.org](mailto:kgargini@ehs.org)
- Phone: 347-644-5711

## Western Queens
- **FRC of Western Queens-MHA of NYC**
- 29-46 Northern Blvd. 2nd floor LIC NY 11101
- Program Director: Ina Concepcion
- [iconcepcion@vibrant.org](mailto:iconcepcion@vibrant.org)
- Phone: 718-651-1960
Northern Brooklyn
FRC of Northern Brooklyn-ICL
2581 Atlantic Ave Brooklyn NY 11212
Program Director: Terri Johnson
tjohnson@iclinc.net
718-290-8100 ext. 4145

Southern Brooklyn
FRC Southern Brooklyn-JCCA
858 East29th Street Brooklyn NY 11210
Program Director: Yudelca DeLaCruz
delacruzy@jccany.org
Phone: 347-394-5186

Staten Island
FRC of Staten Island
1765 South Ave., Staten Island NY 10314
Contact: Destiny Rodriguez
drodriguez@jbfcs.org
Phone: 718-698-5307

Families on the Move
358 St. Marks Place Ste. 302 S.I. NY 10301
Director: Euphemia Adams
eadams@fotmnyc.org
Phone: 347-682-4870 fax: 718-447-6539
Deputy Director of Programs: Lorraine Jacobs
ljacobs@fotmnyc.org
Phone : 718-613-3079

Families Together New York State

Regional Parent Advisors

Mona Ghuneim, FPA
mghuneim@ftnys.org
mona.ghuneim@omh.gov.ny
212-330-1676
917-597-9483
Diana Mendez, FPA
dmendez@ftnys.org
diana.mendez@omh.gov.ny
212-330-6371
917-232-5146

Regional Youth Partner
Apierre@ftnys.org
518-432-0333 (x35)
**Western Region**

**Multiple Counties**

*AspireHope*
25 West Steuben Street, Bath, NY
Program Director: Patti DiNardo
Phone: 585-289-4874
pdinardo@aspirehope.org
Serving Counties: Alleghany, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, Yates

**Hillside Family Support**
96 West Buffalo Street, Warsaw, NY 14569
Manager: Megan Henry
Phone: 585-786-5906
mhenry@hillside.com
Serving Counties: Genesee, Livingston, Orleans, Wyoming

**Cattaraugus**

*Cattaraugus Rehab Family Support Program*
1439 Buffalo St. Olean, NY 14760
Program Manager: Aimee Kaple
Phone: 716-375-4730 (177)
akaple@rehabcenter.org

**Chautauqua**

*Family Peer Support Services of Chautauqua County, Inc.*
Chautauqua County Department of Mental Hygiene
2 Academy Street, Room 200, Mayville, NY 14757
Contact: Dawn Jennings
Phone: 716-673-5209
djennings@co.chautauqua.ny.us

**Erie**

*Families’ Child Advocacy Center*
135 Delaware Avenue, Suite 307, Buffalo, NY 14202
Contact: Craig Douglass
Phone: 716-954-3615
c.douglass@fcanwny.org

*Child and Family Support Program*
Mental Health Association in Erie County
999 Delaware Avenue, Buffalo, NY 14209
Director: Jenny Laney
Phone: 716-886-1242
laney@eriemha.org
Monroe

**Mental Health Association Family Support Program**
320 Goodman Street N, Rochester NY, 14607
Director: Carol Carlson
carol.carlson@mharochester.org
Phone: 585-325-3145 (133)

**Compeer Rochester**
259 Monroe Street, Rochester, NY 14607
Contact: Josh Higgins, Manager of Youth Skill Building and Peer Services
Phone: 585-546-8280
jhiggins@compeerrochester.org

Niagara

**Niagara Frontier Family Network**
**New Directions Youth and Family Services**
6395 Old Niagara Road, Lockport, NY 14094
Director: Sarah Taylor
Phone: 716-529-1122
staylor@ndyfs.org

Tompkins

**Mental Health Association in Tompkins County**
**Family Support Services**
301 South Geneva Street, Suite 109, Ithaca, NY 14850
Director: Josephine Gibson
Phone: 607-273-9250
jgibson@mhaedu.org

Families Together New York State

**Regional Parent Advisor**

Pam Brannan, FPA
pbrannan@ftnys.org
Pamela.Brannan@omh.ny.gov
716-517-1905, 716-533-4079

**Regional Youth Partner**

Alex Carpenter
acarpenter@ftnys.org
585-314-2452
Families Together
in New York State