

# Families Together in New York State

Empowering Families. Coordinating Systems.



## NEW YORK STATE FAMILY SUPPORT PROGRAMS

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**Families  
Together**  
in New York State

Family Peer Support Services (FPSS) are an array of formal and informal services and supports provided to families raising a child up to age 21 who is experiencing social, emotional, developmental and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength-based relationship between a Family Peer Advocate and the parent/family member for the benefit of the child/youth. The purpose of this service is to support the parent/family member and enhance their skills so they can promote positive youth functioning and their child's ability to live successfully in their community. FPSS are provided by a trained and credentialed Family Peer Advocate (FPA) who is uniquely qualified to work with families based on his/her personal experience parenting a child with similar needs and the specialized training they receive (see below). FPSS can be provided through individual and group face-to-face work in various settings (e.g. family's home, community, office, telephone or Skype contacts, etc).

## TYPES OF FAMILY PEER SUPPORT SERVICES

*There are six categories of Family Peer Support Services.\**

*Within each category are several examples of activities specific to that category. These examples are not intended to be exhaustive.*

***\*A family peer support provider will have the capacity to offer all six categories of services based on the individual needs and preferences of the family.***

<p>Outreach and Information</p>	<ul style="list-style-type: none"> <li>▪ Empower families to make informed decisions regarding the nature of supports for themselves and their child through:             <ul style="list-style-type: none"> <li>- sharing information about resources, services and supports and exploring what might be appropriate for their child and family;</li> <li>- exploring the needs and preferences of the family and locating relevant resources.</li> <li>- helping families understand eligibility rules;</li> <li>- helping families understand the assessment process and identifying their child's strengths, needs and diagnosis.</li> </ul> </li> <li>▪ Develop resource directories to identify relevant formal services and informal resources for families.</li> <li>▪ Conduct general and individual outreach in the community to raise awareness, reduce stigma, and engage families in services.</li> <li>▪ Staff a 'warm line' that families can call for information.</li> </ul>
<p>Engagement, Bridging and Transition Support</p>	<ul style="list-style-type: none"> <li>▪ Based on the strengths and needs of the youth and family, connect them with appropriate services and supports. Accompany the family when visiting programs.</li> <li>▪ Facilitate meetings between families and service providers.</li> <li>▪ Assist the family to gather, organize and prepare documents needed for specific services.</li> <li>▪ Address any concrete or subjective barriers that may prevent full participation in services.</li> <li>▪ Serve as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals.</li> <li>▪ Support and assist families during stages of transition which may be unfamiliar (e.g.: placements, in crisis, and between service systems etc.).</li> <li>▪ Promote continuity of engagement and supports as families' needs and services change.</li> </ul>
<p>Self-Advocacy, Self-Efficacy and Empowerment</p>	<ul style="list-style-type: none"> <li>▪ Advocate on behalf of and in collaboration with families to promote shared decision-making.</li> <li>▪ Regularly consult with families and providers to ensure that the family's perspectives are included in all planning and decision-making.</li> <li>▪ Coach and model shared decision-making and skills that support collaboration.</li> <li>▪ Model strengths-based interactions by accentuating the positive.</li> <li>▪ Support the families in discovering their strength and concerns. Assist families to identify and set goals and short term objectives.</li> <li>▪ Prepare families for meetings and accompany them when needed.</li> <li>▪ Empower families to express their fears, expectations and anxieties to promote positive effective communication.</li> <li>▪ Assist families to frame questions to ask providers.</li> <li>▪ Provide opportunities for families to connect to and support one another.</li> <li>▪ Support and encourage family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support.</li> </ul>

	<ul style="list-style-type: none"> <li>Provide leadership opportunities for families who are receiving Family Peer Support Services.</li> </ul>
Community Connections and Natural Supports	<ul style="list-style-type: none"> <li>Enhance the quality of life by integration and supports for families in their own communities.</li> <li>Help the family to rediscover and reconnect to natural supports already present in their lives.</li> <li>Utilize the families' knowledge of their community in developing new supportive relationships.</li> <li>Help the family identify and get involved in leisure and recreational activities in their community.</li> <li>In partnership with community leaders, encourage families who express an interest to get more involved in faith or cultural organizations.</li> <li>Arrange support and training as needed to facilitate participation in community activities.</li> <li>Conduct groups with families to strengthen social skills, decrease isolation, and provide emotional support.</li> </ul>
Parent Skill Development	<ul style="list-style-type: none"> <li>Supports the efforts of families in caring for and strengthening their children's mental, and physical health, development and well-being of their children.</li> <li>Helps the family learn and practice strategies to support their child's positive behavior.</li> <li>Assist the family to implement strategies recommended by clinicians (e.g. medication management, behavior support, crisis plan) and talk to clinicians about their comfort with these plans.</li> <li>Provide emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness.</li> <li>Link to and provide workshops and courses on parenting that are matched to families' individual needs.</li> <li>Advocate whose child is coming out of placement by equipping the family with skills, knowledge and resources to support the child at home, ensuring the greatest likelihood of success.</li> <li>Assist families to access transportation.</li> </ul>
Promoting Effective Family-Driven Practice	<ul style="list-style-type: none"> <li>Participate on teams that manage access to care, evaluate and work to improve quality of care.</li> <li>Conduct training for service providers on topics including, strategies for partnering with families, engagement, family-centered care, and family-driven decision-making.</li> <li>Attend and/or facilitate meetings to promote family voice and infuse a family perspective at all levels: individual provider, agency, local planning, state and national policy making.</li> </ul>

### FAMILY PEER SUPPORT SERVICES PROVIDER QUALIFICATIONS

Family Peer Support is delivered by a New York State Credentialed Family Peer Advocates (FPA). To be eligible for the FPA Credential, the applicant must:

- Demonstrate 'lived experience' as the parent or primary caregiver who has navigated multiple child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs.
- Have a high school diploma or GED (or document comparable skills).
- Complete the Parent Empowerment Program (PEP) training 40 hours plus 12 one-hour each of group consultation calls
- Submit three letters of reference attesting to proficiency in and suitability for the role of Family Peer Advocate.
- Complete a Professional Development Plan.
- Document 1000 hours of experience providing Family Peer Support services.
- Agree to practice according to the Family Peer Advocate Code of Ethics.
- Complete 20 hours of continuing education and renew their FPA credential every three years.

The Family Peer Advocate Credential is administered by Families Together in New York State. [www.ftnys.org](http://www.ftnys.org)

### DEFINITIONS

**Advocacy:** The spirit of this advocacy work is one that promotes effective parent-professional-system partnerships. Advocacy in this role does not include legal consultation or representation. It is defined as constructive, collaborative work with and on behalf of families to assist them to obtain needed services and supports to promote positive outcomes.

**Parent/Family:** Family is defined as the primary care-giving unit and is inclusive of the wide diversity of primary care-giving units in our culture. Family is a biological, adoptive or self-created unit of people residing together, consisting of adult(s) and/or child(ren), with adult(s) performing duties of parenthood/caregiving for the child(ren). Persons within this unit share bonds, culture, practices and a significant relationship. Biological parents, siblings and others with significant attachment to the individual living outside the home are included in the definition of family. For the purposes of this service, "family" is defined as the persons who live with, or provide care to a child and may include a parent, spouse, sibling, children, relatives, grandparents, guardians, foster parents or others with significant attachment to the individual.

**Service Provider:** Refers to individuals/organizations that provide formal services to the youth and family from all

child/family serving systems (mental health, juvenile justice, child welfare, substance abuse treatment, education, health, etc.).

**Natural Supports:** Natural supports are individuals and resources a family can access “naturally,” independent from formal services. These supports are a significant source of culturally relevant emotional support and caring friendships for children and families. Natural supports can be short-term or long-term and are usually sustainable and available to the child and family after formal services have ended.

## **Central Region**

### **Broome**

#### **Broome Catholic Charities**

86-88 Walnut Street, Binghamton, NY 13905  
Phone: 607-584-7800

#### **Children's Home of Wyoming Conference**

297 Chenango Street, Binghamton, NY 13901  
1182 Chenango Street, Binghamton, NY 13901  
Contact: Jennifer Parks, Beth Palmieri  
607-772-6904

[jparks@chowc.org](mailto:jparks@chowc.org)

[bpalmieri@chowc.org](mailto:bpalmieri@chowc.org)

#### **MHA Southern Tier**

47 Broad Street, Binghamton, NY 13904  
Contact: Wendy Hitchcock  
607-771-888 ext:328

[Wendy.hitchcock@mhast.org](mailto:Wendy.hitchcock@mhast.org)

### **Cayuga**

#### **Cayuga Counseling Services, Inc.**

17 E. Genesee Street, Auburn, NY 13021  
Residential FPA and Parents as Partners  
Contact: Evie Noden – CCSI/Parent Partner  
Phone: 315-253-9795  
Fax: 315-253-3952

[evien@cavugacounseling.org](mailto:evien@cavugacounseling.org)

### **Clinton**

#### **Behavioral Health Services North, Inc.**

22 US Oval, Suite 218, Plattsburgh, NY 12903  
Program Coordinator: Carrie Anne Rollier  
Phone: 518-561-1767

[crollier@bhns.org](mailto:crollier@bhns.org)

#### **Clinton County Community Services.**

Family Support Services – C & F  
16 Ampersand Drive, Plattsburgh, NY 12901  
Contact: Richelle Gregory  
Phone: 518-565-4064  
Fax: 518-566-0291

[richelle.gregory@clintoncountygov.com](mailto:richelle.gregory@clintoncountygov.com)

**Cortland**

**Cortland Community Services/Clinic**  
Family Support Services  
7 Clayton Avenue  
Cortland, NY 13045-2501  
Contact: Jamee Sobko  
607-758-6110  
[jsobko@cortland-co.org](mailto:jsobko@cortland-co.org)

**Delaware**

**Family Resource Network**  
46 Oneida Street, Oneonta, NY 13820  
Contact: Michelle Zuk- Executive Director  
[executivedirector@familyrn.org](mailto:executivedirector@familyrn.org) [mzuk@familyrn.org](mailto:mzuk@familyrn.org)  
[familyrn.org](http://familyrn.org)  
Barb Finkelstein  
[Bfinkelstein@familyrn.org](mailto:Bfinkelstein@familyrn.org)  
Phone: 607-432-0001

**Essex**

**Families First of Essex County**  
Family Support  
196 Water Street, Elizabethtown, NY 12932  
Director of Family Support: Anne Griffin  
Phone: 518-873-9544  
Fax: 518-873-9570  
[agriffin@familiesfirstessex.org](mailto:agriffin@familiesfirstessex.org)

**Herkimer**

**Center for Family Life and Recovery**  
502 Court Street, Suite 401 Utica, NY 13502  
Sandy Seaman  
Phone: 315-867-1382  
[sseaman@cflrinc.org](mailto:sseaman@cflrinc.org)

**Upstate Cerebral Palsy, Inc.**  
s/b 235 N. Prospect St, Herkimer, NY 13350  
Phone: 315-525-1523  
Elizabeth Pritchard  
[Elizabeth.Pritchard@upstatecp.org](mailto:Elizabeth.Pritchard@upstatecp.org)

**Franklin**

**Citizens Advocates, Inc.**  
Enhanced Parent Support Services  
209 Park Street, Malone, NY 12953  
Contact: Melissa Rundall  
Phone: 518-651-2277  
[melissarundall@citizenadvocates.net](mailto:melissarundall@citizenadvocates.net)

**Fulton & Montgomery**

**MHA of Fulton and Montgomery Counties**  
Family Support – Fulton/Montgomery  
307-309 Meadow Street, Johnstown, NY 12095  
Family Support Director: Janine Dykeman  
Phone: 518-762-5332 (103)  
jdykemant@mhafm.org

**Fulton**

**The Family Counseling Center**  
Family Support  
11-21 Broadway, Gloversville, NY 12078  
Contact: Kathleen Calabrese  
Phone: 518-725-4310  
kcalabrese@thefamilycounselingcenter.org

**Jefferson**

**Northern Regional Center for Independent Living**  
Family Support Services  
210 Court Street, Suite 107, Watertown, NY 13601  
Program Director: Kathy Connor  
Phone: 315-785-8703  
kathyc@nrcil.net  
Aileen Martin  
aileenm@nrcil.net

**Lewis**

**Northern Regional Center for Independent Living**  
Family Support Services  
7632 North State Street, Lowville, NY 13367  
Program Director: Karen Boliver  
Phone: 315-376-8696  
karenb@nrcil.net

**Madison**

**Family Support in Central New York**  
155 Madison Street, Oneida, NY 13421  
Contact: Elaine Angwin  
Phone: 315-794-4590 / 315-941-2520  
Elaine.fscny@gmail.com

**Onondaga**

**Onondaga County ACCESS**  
Director: Tracy Miller  
315-463-1100  
tracy.miller2@dfa.state.ny.us



**Oswego**

**Hillside Children's Center**

945 South 1<sup>st</sup> Street, Fulton, NY 13069

Contact: Lacey Natello

585-219-3028

[lnatello@hillside.com](mailto:lnatello@hillside.com)

**Otsego**

**Family Resource Network**

46 Oneida Street, Oneonta, NY 13820

Coordinated Children's Service Initiative

Contact: Michelle Zuk- Executive Director

Phone: 607-432-0001

[executivedirector@familvrn.org](mailto:executivedirector@familvrn.org)

[mzuk@familvrn.org](mailto:mzuk@familvrn.org)

Barbara Finkelstein

[bfinkelstein@familyrun.org](mailto:bfinkelstein@familyrun.org)

**St. Lawrence**

**St. Lawrence Dept. of Health**

Contact: Kathy Connor

Phone: 315-785-8703

[kathyc@nrcil.net](mailto:kathyc@nrcil.net)

**Families Together New York State**

**Regional Parent Advisors**

Sue Lewis, FPA

315-317-4877

315-426-3936

[slewis@ftnys.org](mailto:slewis@ftnys.org)

[susan.lewis@omh.ny.gov](mailto:susan.lewis@omh.ny.gov)

Kathleen Liedka, FPA

315-426-3944

315-729-8622

[kliedka@ftnys.org](mailto:kliedka@ftnys.org)

[Kathleen.liedka@omh.ny.gov](mailto:Kathleen.liedka@omh.ny.gov)

**Regional Youth Partner**

Julie Dealing

[jdealing@ftnys.org](mailto:jdealing@ftnys.org)

315-679-1476

## **Hudson River Region**

### **Albany**

**Families United Network**  
60 Academy Road, Albany, NY 12208  
Parsons Child & Family Center  
Contact: Cynthia Novacovic  
[cnovakovic@northernrivers.org](mailto:cnovakovic@northernrivers.org)  
Phone: 518-426-2649  
Fax: 518-447-5234

### **Columbia**

**MHA in Columbia/Greene Counties, Inc.**  
713 Union Street, Hudson, NY 12534  
Contact: Roxanne Carpenter  
[rcarpenter@mhacg.org](mailto:rcarpenter@mhacg.org)  
Phone: 518-828-4619 (x202)  
Fax: 518-828-1196

### **Dutchess**

**MHA in Dutchess County, Inc.**  
Family Support Programs  
253 Mansion Street Poughkeepsie, NY 12601  
Contact: Janet Caruso, Lynn Rogers  
[jcaruso@mhadutchess.org](mailto:jcaruso@mhadutchess.org)  
[lrogers@mhadutchess.org](mailto:lrogers@mhadutchess.org)  
Phone: 845-473-2500 (x1343) (x1342)  
Fax: 845-473-4870

### **Greene**

**Greene County Mental Health Center**  
Family Support Program  
PO Box 905, Cairo, NY 12601  
Contact: Katie Conroy  
Phone: 518-622-9163  
Fax: 518-622-8596  
[KConroy@discovergreene.com](mailto:KConroy@discovergreene.com)

**MHA in Columbia/Greene Counties, Inc.**  
713 Union Street  
Hudson, NY 12534  
Contact: Roxanne Carpenter  
[rcarpenter@mhacg.org](mailto:rcarpenter@mhacg.org)

Phone: 518-828-4619 (x202)  
Fax: 518-828-1196  
Lori Kolb-Speer  
[lkspeer@mhacg.org](mailto:lkspeer@mhacg.org)

**Orange**

**MHA of Orange County, Inc.**  
Family Support Program  
73 James P. Kelly Way, Middletown, NY 10940  
Contact: Shakia Henderson  
[shenderson@mhaorangeny.org](mailto:shenderson@mhaorangeny.org)  
Phone: 845-342-2400  
Fax: 845-343-9556

**Orange**

**Access: Supports for Living**  
2001 Rt. 17M, Goshen, NY 10924  
Contact: Anne Marie Freitas  
[afreitas@asfl.org](mailto:afreitas@asfl.org)  
Phone: 845-343-8100  
Fax: 845-243-9906

**Putnam**

**Cove Care**  
1808 Rt. 6, Carmel, NY 10512  
Contact: Christina McGuigan  
[cmcguigan@covecarecenter.org](mailto:cmcguigan@covecarecenter.org)  
Phone: 845-225-8995  
Fax: 845-225-0753

**Rensselaer**

**Vanderheyden Hall**  
650 Cooper Hill Road, Wynantskill, NY 12198  
Contact: Ruth Fennelly  
[rfennelly@vanderheyden.org](mailto:rfennelly@vanderheyden.org)  
Phone: 518-283-6500 (211)  
Fax: 518-687-0524

**Rockland**

**MHA Rockland County, Inc.**  
140 Route 303, Suite A, Valley Cottage, NY 10989  
Contact: Laurie Montanaro  
[abramsonk@mharockland.org](mailto:abramsonk@mharockland.org)  
Phone: 845-267-2172 (278)

**St. Dominics Family Support**  
500 Western Highway Blauvelt, NY 10913  
Phone: 845-359-7361  
Contact: Santana Letts

**NAMI Rockland County**

140 Old Orangeburg Road, Bldg. #57, Rm N106

Orangeburg, NY 10962

Contact: Anne Arias

Phone: 845-359-8785

Fax: 845-359-4604

[www.namirockland.org](http://www.namirockland.org)

Helpline: 845-359-8787

[anne@namirockland.org](mailto:anne@namirockland.org)

**Saratoga**

**Captain Community Human Services**

5 Municipal Plaza, Suite 3, Clifton Park, NY 12065

Contact: Joanna Long

Phone: 518-399-4624

Fax: 518-371-1185

**Schoharie**

**Schoharie County Community Action Program**

795 East Main Street, Suite 5, Cobleskill, NY

Contact: Becky Foland

[bfoland@sccapinc.org](mailto:bfoland@sccapinc.org)

Phone: 518-235-0261

Fax: 518-234-0959

**Catholic Charities**

Family Support Services serving Delaware, Otsego and  
Schoharie Counties

489 West Main Street, Cobleskill, NY 12043

Contact: Lynn Glueckert

[lglueckert@charitiesccdo.org](mailto:lglueckert@charitiesccdo.org)

Phone: 518-235-3581

Fax: 518-234-8423

**Sullivan**

**Action Towards Independence, Inc**

309 East Broadway, Monticello, NY 12701

Contact: Deborah Worden

[dworden@atitoday.org](mailto:dworden@atitoday.org)

Phone: 845-794-4228

Fax: 845-794-4475

**Ulster**

**MHA in Ulster, Inc.**

Family Support Services  
PO Box 2304, Kingston, NY 12402  
Contact: Jeannette Corrow  
[jcorrow@mhainulster.com](mailto:jcorrow@mhainulster.com)  
Phone: 845-339-9090 (180)  
Fax: 845-336-0192

**Families of Woodstock Adolescent Services**

166 Albany Ave. Kingston NY 12401  
Contact Person: Tori Barnes  
(845) 331-7080 Ext.146  
(845) 802-5558 Fax

**Warren/Washington**

Behavioral Health Services North Wellness Center  
25 Willowbrook Road  
Queensbury, NY 12804  
Contact: Mariane Simas  
Phone: 518-926-7100

**Westchester**

**Family Ties of Westchester**

**Mount Vernon**

105 Stevens Avenue, Suite 402  
Mount Vernon, NY 10550  
Phone: (914) 667-9369  
Fax: (914) 667-9402  
[mtvernon@famtieswest.org](mailto:mtvernon@famtieswest.org)

**Ossining**

175 Main Street, 2nd Floor  
Ossining, NY 10562  
Phone: (914) 941-3461  
Fax: (914) 941-5373  
[ossining@famtieswest.org](mailto:ossining@famtieswest.org)

**Peekskill**

c/o CHOICE, Inc.  
One Park Place, 2nd Floor  
Peekskill, NY 10566  
Phone: (914) 930-8832  
Fax. (914) 930-8833  
[peekskill@famtieswest.org](mailto:peekskill@famtieswest.org)

**Yonkers**

**30 South Broadway, 7th Floor  
Yonkers, NY 10701  
Phone: (914) 964-2063  
Fax: (914) 964-5748  
[yonkers@famtieswest.org](mailto:yonkers@famtieswest.org)**

**Administrative Office**

**112 East Post Rd, 3rd Floor White Plains, NY 10601  
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[info@famtieswest.org](mailto:info@famtieswest.org)**

**Families Together New York State**

**Regional Parent Advisors**

**Barbara Callahan, FPA  
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**Kim Kaiser, FPA  
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[kkaiser@ftnys.org](mailto:kkaiser@ftnys.org)**

**Regional Youth Partner**

**Charles Anthony Rice  
[CARice@ftnys.org](mailto:CARice@ftnys.org)  
518-432-0333 (33)  
518-948-2531**

## **Long Island Region**

### **Nassau County**

Family & Children's  
Association  
The Family Center  
300 Old Country Rd. East  
Garden City, NY 11530  
516-485-5976

Hispanic Counseling Center  
Family Support Program  
344 Fulton Avenue  
Hempstead, NY 11550  
516-538-2613

North Shore Child & Family  
Guidance Center  
Family Advocate Program  
480 Old Westbury Road  
Roslyn Hts, NY 11577  
516-626-1971

### **Suffolk County**

WellLife Network  
Family Support  
Service Program (FSS)  
3600 Rte. 112  
Coram, NY 11727  
631-920-8302

Family Service League  
Parent to Parent Program  
1841 Brentwood Rd.  
Brentwood NY 11717  
631-853-2793

Family and Children's  
Y-FI, Youth-Family Integration  
4400 Veterans Hwy 202  
Holbrook, NY 11741  
631-389-4693  
Janet Lino [jlino@fcali.org](mailto:jlino@fcali.org)

## **Regional Resources**

### **Long Island Families Together**

21 Greene Ave, Amityville, NY 11701  
**Contact: Eileen Kadletz**, Executive Director  
631-264-5438, Ext. 103 [ekadletz@lift4kids.org](mailto:ekadletz@lift4kids.org)

### **Families Together New York State**

**Regional Parent Advisor**  
**Cheryl Williams, FDC, FPA**  
**631-761-3181**  
[cheryl.williams@omh.ny.gov](mailto:cheryl.williams@omh.ny.gov)  
[cwilliams@ftnys.org](mailto:cwilliams@ftnys.org)

**Regional Parent Advisor**  
**Heather Tafuro, MS Ed. FDC, FPA**  
**631-761-3334**  
[heather.tafuro@omh.ny.gov](mailto:heather.tafuro@omh.ny.gov)  
[htafuro@ftnys.org](mailto:htafuro@ftnys.org)

### **Regional Youth Partner**

**Robbie Letteri**  
[rletteri@ftnys.org](mailto:rletteri@ftnys.org)  
**631-245-5289**

## IMPORTANT PHONE NUMBERS

County Department of Mental Health Nassau County Suffolk County	516-227-7057 631-853-8500
The Crisis Center (Hotline)	516-679-1111
Response of Suffolk (Hotline)	631-751-7500
Care Coordination/Health Home Manager (formerly ICM / SEM) Nassau County Suffolk County	516-485-5976 631-854-0175
Long Island Families Together	631-264-5438
Mental Health Association Nassau County Suffolk County	516-489-2322 631-226-3900
Mental Health Hotline	631-952-3333
OMH Long Island Field Office	631-761-2508
Psychiatric Emergency Room Nassau University Medical Center CPEP at Stony Brook (Suffolk)	631-572-4775 631-444-6050
Sagamore Children's Psychiatric Center Mobile Mental Health Teams	631-370-1700
Single Point of Access (SPOA) Nassau County Suffolk County	516- 227-7057 631-853-8513
DASH 24 hr Hotline ( <u>D</u> agnostic, <u>A</u> ssessment & <u>S</u> tabilization <u>H</u> ub)	631-952-3333



## **HOTLINES**

<b>Suicide Prevention Lifeline</b>	<b>800-237-8255</b>	
DASH	631-952-3333	
LICADD	631-979-1700	24/7
Huntington Hotline	631-549-8700	24/7
Islip Hotline	631-227-4700	
Long Island Crisis Center Hotline	516- 679-1111	24/7
Long Beach Reach	516- 889-2332	9am-10pm
Mental Health Hotline-Nassau	516- 227-8255	24/7
Mental Health Hotline-Suffolk	631-952-3333	24/7
National Suicide Prevention	800- 273-8255	24/7
Response of Suffolk County	631- 751-7500	24/7
Response Spanish Line	631-751-7423	M-F 5pm-10pm
Response On-lineHear2Help	<a href="http://www.responsehotline.org">www.responsehotline.org</a>	M-F 5pm-11pm
The Samaritans - NYC	212-673-3000	

## **Additional Important Numbers**

Nassau County Dept. of Health	516-742-6154	5:00 PM - 9:00 AM
Nassau County Dept. of Social Services	516-572-3143	6:00 PM - 8:00 AM
Families' Anonymous	800-736-9805	Meeting information
Suffolk County Dept. of Social Services-after hrs	631-854-9100	4:30 PM - 9:00 AM

## **INFORMATION AND REFERRAL RESOURCES**

### **Nassau County**

Family and Children's Association	516-746-0350
Mental Health Association	516-489-2322

### **Suffolk County**

Family Service League	631-427-3700
Association of Mental Health & Wellness	631-226-3900
Islip information and referral	631-595-3535
Middle Country Library	631-585-9393

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### **Nassau/Suffolk Counties**

New York State Office of Mental Health	631-761-2508
Sagamore Children's Psychiatric Center	631-370-1700

## **NASSAU COUNTY CLINICS**

### **Central Nassau Guidance & Counseling Services, Inc.**

950 South Oyster Bay Road – Suite 104  
Hicksville, NY 11801 516-822-6111

### **EPIC Clinic Care**

1500 Hempstead Tpke  
E. Meadow, NY 11554 516-739-7733

### **Hispanic Counseling Center**

344 Fulton Avenue  
Hempstead, NY 11550 516-538-2613

### **LIFQHC**

380 Nassau Road  
Roosevelt, NY 11575 516-442-5325

### **Angelo J. Melillo Center for Mental Health**

113 Glen Cove Avenue  
Glen Cove, NY 11542 (516) 676-2388

### **Mercy Medical Center**

**BH Care Services** Ages 18 & up  
506 Stewart Ave  
Garden City, NY 11570 516-705-3400

### **Nassau Univ. Medical Center (NUMC)**

#### **Child, Adolescent. & Family Clinic**

2201 Hempstead Turnpike  
Butler Building  
East Meadow, NY 11554 516-296-2670

### **North Shore Child & Family Guidance Ctr.**

480 Old Westbury Road Ages 7 – 21  
Roslyn Heights, NY 11577 516-626-1971

999 Brush Hollow Road  
Westbury, NY 11590 516-997-2926  
Chemical dependency- Ages 7-25  
Mental Health - Ages 7- 21

**80 North Service Road (LIE)** Ages 0-3  
w/parent 3-6

**Manhasset, NY 11030 516-484-3174**

### **New Horizons**

50 W. Hawthorne Ave  
Valley Stream, NY 11580 516-569-6600

### **South Nassau Communities Hospital**

#### **Mental Health Services**

2277 Grand Avenue  
Baldwin, NY 11510 516-377-5400

### **Hempstead Clinic**

175 Fulton Avenue  
Hempstead, NY 11550 516-485-5710

### **Southeast Nassau Guidance Center**

2146 Jackson Avenue Ages 18 & up  
Seaford, NY 11783 516-221-3030

### **South Shore Child Guidance Center**

91 Guy Lombardo Ave  
Freeport, NY 11520 516-868-3030

## SUFFOLK COUNTY CLINICS

### **Brentwood Mental Health Center**

1841 Brentwood Road  
Brentwood, NY 11717 631-853-7300

### **Farmingville Mental Health Center**

15 Horseblock Place  
Farmingville, NY 11738 631-854-2552

### **Riverhead Mental Health Center**

Riverhead County Center  
Riverhead, NY 11901 631-852-1440

### **Catholic Charities**

1727 No. Ocean Avenue  
Medford, NY 11763 631-654-1919

21 Fourth Avenue  
Bay Shore, NY 11706 631-665-6707

### **Family Service League (FSL)**

Central Islip Clinic  
320 Carlton Avenue  
Central Islip, NY 11722 631-663-4300

East Hampton Clinic  
316 Accabonac Rd.  
East Hampton, NY 11937 631-324-3344

FSL – Huntington Clinic\*  
55 Horizon Drive  
Huntington, NY 11743 631-396-2300

Iovino So. Shore Family Center  
1444 Fifth Avenue  
Bay Shore, NY 11706 631-647-3100

Mastic Clinic  
1235 Montauk Hwy  
Mastic, NY 11950 631-924-3741

Mattituck Mental Health Clinic  
7555 Main Street  
Mattituck, NY 11952 631-298-8642

Westhampton Beach Clinic  
40 Main St.  
Westhampton Beach, NY 11978 631-288-1954

### **Federation of Organizations Clinic**

270A Long Island Avenue  
Wyandanch, NY 11798 631-782-6200

### **John T. Mather Outpatient MHC**

125 Oakland Avenue, Ste. 303  
Pt. Jefferson, NY 11777 631-729-2140

### **Hudson River Healthcare Outpt. Behavioral Health Srv.**

550 Montauk Highway  
Shirley, NY 11967 631-490-3044

### **New Horizons Counseling Center**

445 Oak Street, 2<sup>nd</sup> Floor  
Copiague, NY 11726 631-257-5173

11 Route 111, 2<sup>nd</sup> Floor  
Smithtown, NY 11787 631-656-9550

### **Sagamore Children's Center**

Waverly Avenue Clinic  
440-14 Waverly Avenue,  
Patchogue, NY 11772 631-654-2077

### **SCO/Madonna Heights Services**

151 Burrs Lane  
Dix Hills, NY 11746 631-643-8800

### **South Oaks Hospital Outpatient Services**

400 Sunrise Highway  
Amityville, NY 11701  
Comp Outpt. Beh. Srv. (COBS) 631-608-5900  
OnTrack South Oaks 631-608-5570

### **University Medical Ctr SUNY Stony Brook**

Child Psychiatry Clinic  
Putnam Hall  
Stony Brook, NY 11794-8101  
outpatient 631-632-8850  
alternate # 631-632-9510

### **West Islip Youth Enrichment Services (YES)**

401 Main St. Room #108  
Islip, NY 11751 631-446-1950

Children's Mobile Clinic Available \*

### **INPATIENT SERVICES**

Brunswick Hall  
81 Loudon Avenue  
Amityville, NY 11701 631-789-7000

John T. Mather Hospital  
 North Country Road  
 Port Jefferson, NY 11777 631-473-1320  
 Partial Hospital 631-473-3877  
 Adolescent Unit 631-476-2775

Sagamore Children's Psychiatric Ctr (SCPC)  
 197 Half Hollow Road  
 Dix Hills, NY 11746 631-370-1700  
 Sagamore Partial Hospital 631-370-1883

South Oaks Hospital  
 400 Sunrise Highway  
 Amityville, NY 11701 631-608-5610  
 Partial Hospital 631-608-5610

Stony Brook Hospital (Health Sciences Ctr)  
 Stony Brook, NY 11794 631-444-2111  
 Stony Brook Child Psychiatry 631-444-1251

**DAY TREATMENT/SCPC SCHOOL BASED MENTAL HEALTH CLINICS**

Madonna Heights Day School 631-643-8800  
 SCPC No. Babylon Day Treatment 631-491-4355  
 SCPC Sayville School Based Clinic 631-775-1727  
 SCPC Tecumseh School Based Clinic 631-696-8660  
 SCPC Jefferson School Based Clinic 631-240-8920  
 SCPC Sequoya School Based Clinic 631-622-1249

**NON-OMH LICENSED CLINICS**

ACLD 631-665-3464  
 ACLD Kramer Learning Center 631-665-1900  
 Colonial Youth 631-281-4461  
 LI Select Health Care 631-650-2510  
 EPIC (Epilepsy Foundation) 516 739-7733  
 FSL Huntington 631-427-3700  
 Just Kids (preschool) 631-924-0008  
 VIBS 631-360-3730  
 YMCA Centereach 631-580-7777  
 Youth Bureau 631-853-8270

**EMERGENCY SERVICES**

CPEP Stony Brook Hospital 631-444-6050  
 CPS Emergency 631-854-9100  
 Crisis Respite 631-370-1701  
 Children's Mobile Response Team 631-952-3333  
 DASH 631-952-3333  
 NYS CPS Hotline 1-800 342-3720  
 Response Hotline of Suffolk 631-751-7500  
 SCPC Mobile Integration Team 631-370-1701  
 WellLife Network - Link 631-920-

8302

**COMMUNITY SUPPORT SERVICES**

Alternatives for Youth (EAC) 631-648-2700  
 Assoc. for MH & Wellness 631-226-3900  
 Assoc. for MH & Wellness – HHCM 631-389-6336  
 Big Brothers & Sisters 516-731-7880  
 CPS Prevention 631-854-9359  
 FCA Youth & Family Integration 631-389-4693  
 FSL CAPT (preschool) 631-647-3128  
 FSL Family Connect 631-650-0051  
 FSL Home Base/Home Safe 631-650-0073  
 FSL – HHCM/NMCC Intensive 631-650-0146  
 FSL Parent to Parent (FSS) 631-853-2793  
 FSL – HHCM/NMCC Supportive 631-650-0146  
 FSL Therapeutic Rec/Recess 631-650-0105  
 Head Start 631-758-5200  
 LI Advocacy Center 631-234-0467  
 LIFT – LI Families Together (FSS) 631-264-LIFT  
 Probation 631-853-7889  
 SCDCMH– HHCM/NMCC Intensive 631-854-0175  
 WellLife Network Youth Care Mgmt 631-920-8663  
 WellLife Network SSTAAY 631-920-8604  
 WellLife Network MEIP 631-920-8333

**SOME RESIDENTIAL OPTIONS**

Berkshire Farms 631-420-4444  
 Hope For Youth 631-691-5100  
 LIAFS 631-444-4400  
 Mercy First/Merrick House CR 516-868-2050  
 WellLife Network House (east) 631-751-0197  
 WellLife Network House (west) 631-683-4393  
 SCO/CR 631-243-0305  
 SCO/Madonna Heights RTF 631-643-8800

**For Further Information call:**

Kathleen Herz, Psy.D.  
 Suffolk County Mental Hygiene 631-853-2949

Maryann Braithwaite, LCSW  
 Office of Mental Health 631-761-2063

**Single Point of Access (CSPOA)** 631-853-8513  
**Fax** 631-853-8518

## **New York City Region**

### **Northern Bronx**

**ERC of Northern Bronx-MHA of NYC**  
975 Kelly St. Suite 301 Bronx, NY 10459  
Program Director: Iliana Reyes  
[ireyes@vibrant.org](mailto:ireyes@vibrant.org)  
Phone: 718-220-0456

### **Southern Bronx**

**ERC of Southern Bronx-MHA of NYC**  
975 Kelly St. Suite 301 Bronx, NY 10459  
Program Director: Yvette Pena  
[ypena@vibrant.org](mailto:ypena@vibrant.org)  
Phone: 718-220-3868

### **Northern Manhattan**

**ERC of Northern Manhattan- MHA of NYC**  
1 Penn Plaza 36<sup>th</sup> floor Suite 3696 NY.NY. 10119  
Program Director: Lucy Santana  
[lsantana@vibrant.org](mailto:lsantana@vibrant.org)  
Phone: 212-410-1820

### **Southern Manhattan**

**ERC of Southern Manhattan- MHA of NYC**  
1 Penn Plaza 36<sup>th</sup> floor Suite 3696 NY. NY. 10119  
Program Director: Janet Rosa  
[jrosa@vibrant.org](mailto:jrosa@vibrant.org)  
Phone: 212-964-5253

### **Eastern Queens**

**ERC of Eastern Queens-St. John's Episcopal**  
148-45 Hillside Ave. Suite 203 Jamaica NY 11435  
Program Director Kathy Gardini  
[kgardini@ehs.org](mailto:kgardini@ehs.org)  
Phone: 347-644-5711

### **Western Queens**

**ERC of Western Queens-MHA of NYC**  
29-46 Northern Blvd. 2<sup>nd</sup> floor LIC NY 11101  
Program Director: Ina Concepcion  
[iconcepcion@vibrant.org](mailto:iconcepcion@vibrant.org)  
Phone: 718-651-1960

**Northern Brooklyn**

**FRC of Northern Brooklyn-ICL**  
2581 Atlantic Ave Brooklyn NY 11212  
Program Director: Terri Johnson  
[tjohnson@iclinc.net](mailto:tjohnson@iclinc.net)  
718-290-8100 ext. 4145

**Southern Brooklyn**

**FRC Southern Brooklyn-JCCA**  
858 East 29th Street Brooklyn NY 11210  
Program Director: Yudelca DeLaCruz  
[delacruz@jccany.org](mailto:delacruz@jccany.org)  
Phone: 347-394-5186

**Staten Island**

**FRC of Staten Island**  
1765 South Ave., Staten Island NY 10314  
Contact: Destiny Rodriguez  
[drodriguez@jbfcs.org](mailto:drodriguez@jbfcs.org)  
Phone: 718-698-5307

**Families on the Move**  
358 St. Marks Place Ste. 302 S.I. NY 10301  
Director: Euphemia Adams  
[eadams@fotmny.org](mailto:eadams@fotmny.org)  
Phone: 347-682-4870 fax: 718-447-6539  
Deputy Director of Programs: Lorraine Jacobs  
[ljacobs@fotmny.org](mailto:ljacobs@fotmny.org)  
Phone : 718-613-3079

**Families Together New York State**

**Regional Parent Advisors**

Mona Ghuneim, FPA  
[mghuneim@ftnys.org](mailto:mghuneim@ftnys.org)  
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917-597-9483

Diana Mendez, FPA  
[dmendez@ftnys.org](mailto:dmendez@ftnys.org)  
[diana.mendez@omh.gov.ny](mailto:diana.mendez@omh.gov.ny)  
212-330-6371  
917-232-5146

**Regional Youth Partner**

[Apierre@ftnys.org](mailto:Apierre@ftnys.org)  
[518-432-0333 \(x35\)](tel:518-432-0333)

## **Western Region**

### **Multiple Counties**

#### **AspireHope**

25 West Steuben Street, Bath, NY

Program Director: Patti DiNardo

Phone: 585-289-4874

[pdinardo@aspirehope.org](mailto:pdinardo@aspirehope.org)

Serving Counties: Alleghany, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, Yates

#### **Hillside Family Support**

96 West Buffalo Street, Warsaw, NY 14569

Manager: Megan Henry

Phone: 585-786-5906

[mhenry@hillside.com](mailto:mhenry@hillside.com)

Serving Counties: Genesee, Livingston, Orleans, Wyoming

### **Cattaraugus**

#### **Cattaraugus Rehab Family Support Program**

1439 Buffalo St. Olean, NY 14760

Program Manager: Aimee Kaple

Phone: 716-375-4730 (177)

[akaple@rehabcenter.org](mailto:akaple@rehabcenter.org)

### **Chautauqua**

#### **Family Peer Support Services of Chautauqua County, Inc.**

Chautauqua County Department of Mental Hygiene

2 Academy Street, Room 200, Mayville, NY 14757

Contact: Dawn Jennings

Phone: 716-673-5209

[djennings@co.chautauqua.ny.us](mailto:djennings@co.chautauqua.ny.us)

### **Erie**

#### **Families' Child Advocacy Center**

135 Delaware Avenue, Suite 307, Buffalo, NY 14202

Contact: Craig Douglass

Phone: 716-954-3615

[c.douglass@fcanwny.org](mailto:c.douglass@fcanwny.org)

### **Erie**

#### **Child and Family Support Program**

**Mental Health Association in Erie County**

999 Delaware Avenue, Buffalo, NY 14209

Director: Jenny Laney

Phone: 716-886-1242

[laney@eriemha.org](mailto:laney@eriemha.org)

**Monroe**

**Mental Health Association Family Support Program**

320 Goodman Street N, Rochester NY, 14607

Director: Carol Carlson

[ccarlson@mharochester.org](mailto:ccarlson@mharochester.org)

Phone: 585-325-3145 (133)

**Compeer Rochester**

259 Monroe Street, Rochester, NY 14607

Contact: Josh Higgins, Manager of Youth Skill Building and Peer Services

Phone: 585-546-8280

[jhiggins@compeerrochester.org](mailto:jhiggins@compeerrochester.org)

**Niagara**

**Niagara Frontier Family Network**

**New Directions Youth and Family Services**

6395 Old Niagara Road, Lockport, NY 14094

Director: Sarah Taylor

Phone: 716-529-1122

[staylor@ndyfs.org](mailto:staylor@ndyfs.org)

**Tompkins**

**Mental Health Association in Tompkins County**

**Family Support Services**

301 South Geneva Street, Suite 109, Ithaca, NY 14850

Director: Josephine Gibson

Phone: 607-273-9250

[jgibson@mhaedu.org](mailto:jgibson@mhaedu.org)

**Families Together New York State**

**Regional Parent Advisor**

Pam Brannan, FPA

[pbrannan@ftnys.org](mailto:pbrannan@ftnys.org)

[Pamela.Brannan@omh.ny.gov](mailto:Pamela.Brannan@omh.ny.gov)

716-517-1905, 716-533-4079

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[acarpenter@ftnys.org](mailto:acarpenter@ftnys.org)

585-314-2452



# Families Together in New York State