

TABLE OF CONTENTS

| | |
|-----------------------------|------------------|
| Central Region | <u>7</u> |
| Hudson River Region | <u>11</u> |
| Long Island Region | <u>16</u> |
| New York City Region | <u>23</u> |
| Western Region | <u>27</u> |

**Families
Together**
in New York State

Family Peer Support Services (FPSS) are an array of formal and informal services and supports provided to families raising a child up to age 21 who is experiencing social, emotional, developmental and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength-based relationship between a Family Peer Advocate and the parent/family member for the benefit of the child/youth. The purpose of this service is to support the parent/family member and enhance their skills so they can promote positive youth functioning and their child's ability to live successfully in their community. FPSS are provided by a trained and credentialed Family Peer Advocate (FPA) who is uniquely qualified to work with families based on his/her personal experience parenting a child with similar needs and the specialized training they receive (see below). FPSS can be provided through individual and group face-to-face work in various settings (e.g. family's home, community, office, telephone or Skype contacts, etc).

TYPES OF FAMILY PEER SUPPORT SERVICES

*There are six categories of Family Peer Support Services.**

Within each category are several examples of activities specific to that category. These examples are not intended to be exhaustive.

****A family peer support provider will have the capacity to offer all six categories of services based on the individual needs and preferences of the family.***

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| <p>Outreach and Information</p> | <ul style="list-style-type: none"> ▪ Empower families to make informed decisions regarding the nature of supports for themselves and their child through: <ul style="list-style-type: none"> - sharing information about resources, services and supports and exploring what might be appropriate for their child and family; - exploring the needs and preferences of the family and locating relevant resources. - helping families understand eligibility rules; - helping families understand the assessment process and identifying their child's strengths, needs and diagnosis. ▪ Develop resource directories to identify relevant formal services and informal resources for families. ▪ Conduct general and individual outreach in the community to raise awareness, reduce stigma, and engage families in services. ▪ Staff a 'warm line' that families can call for information. |
| <p>Engagement, Bridging and Transition Support</p> | <ul style="list-style-type: none"> ▪ Based on the strengths and needs of the youth and family, connect them with appropriate services and supports. Accompany the family when visiting programs. ▪ Facilitate meetings between families and service providers. ▪ Assist the family to gather, organize and prepare documents needed for specific services. ▪ Address any concrete or subjective barriers that may prevent full participation in services. ▪ Serve as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals. ▪ Support and assist families during stages of transition which may be unfamiliar (e.g.: placements, in crisis, and between service systems etc.). ▪ Promote continuity of engagement and supports as families' needs and services change. |
| <p>Self-Advocacy, Self-Efficacy and Empowerment</p> | <ul style="list-style-type: none"> ▪ Advocate on behalf of and in collaboration with families to promote shared decision-making. ▪ Regularly consult with families and providers to ensure that the family's perspectives are included in all planning and decision-making. ▪ Coach and model shared decision-making and skills that support collaboration. ▪ Model strengths-based interactions by accentuating the positive. ▪ Support the families in discovering their strength and concerns. Assist families to identify and set goals and short term objectives. ▪ Prepare families for meetings and accompany them when needed. ▪ Empower families to express their fears, expectations and anxieties to promote positive effective communication. ▪ Assist families to frame questions to ask providers. ▪ Provide opportunities for families to connect to and support one another. ▪ Support and encourage family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support. |

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| | <ul style="list-style-type: none"> Provide leadership opportunities for families who are receiving Family Peer Support Services. |
| Community Connections and Natural Supports | <ul style="list-style-type: none"> Enhance the quality of life by integration and supports for families in their own communities. Help the family to rediscover and reconnect to natural supports already present in their lives. Utilize the families' knowledge of their community in developing new supportive relationships. Help the family identify and get involved in leisure and recreational activities in their community. In partnership with community leaders, encourage families who express an interest to get more involved in faith or cultural organizations. Arrange support and training as needed to facilitate participation in community activities. Conduct groups with families to strengthen social skills, decrease isolation, and provide emotional support. |
| Parent Skill Development | <ul style="list-style-type: none"> Supports the efforts of families in caring for and strengthening their children's mental, and physical health, development and well-being of their children. Helps the family learn and practice strategies to support their child's positive behavior. Assist the family to implement strategies recommended by clinicians (e.g. medication management, behavior support, crisis plan) and talk to clinicians about their comfort with these plans. Provide emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness. Link to and provide workshops and courses on parenting that are matched to families' individual needs. Advocate whose child is coming out of placement by equipping the family with skills, knowledge and resources to support the child at home, ensuring the greatest likelihood of success. Assist families to access transportation. |
| Promoting Effective Family-Driven Practice | <ul style="list-style-type: none"> Participate on teams that manage access to care, evaluate and work to improve quality of care. Conduct training for service providers on topics including, strategies for partnering with families, engagement, family-centered care, and family-driven decision-making. Attend and/or facilitate meetings to promote family voice and infuse a family perspective at all levels: individual provider, agency, local planning, state and national policy making. |

FAMILY PEER SUPPORT SERVICES PROVIDER QUALIFICATIONS

Family Peer Support is delivered by a New York State Credentialed Family Peer Advocates (FPA). To be eligible for the FPA Credential, the applicant must:

- Demonstrate 'lived experience' as the parent or primary caregiver who has navigated multiple child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs.
- Have a high school diploma or GED (or document comparable skills).
- Complete the Parent Empowerment Program (PEP) training 40 hours plus 12 one-hour each of group consultation calls
- Submit three letters of reference attesting to proficiency in and suitability for the role of Family Peer Advocate.
- Complete a Professional Development Plan.
- Document 1000 hours of experience providing Family Peer Support services.
- Agree to practice according to the Family Peer Advocate Code of Ethics.
- Complete 20 hours of continuing education and renew their FPA credential every three years.

The Family Peer Advocate Credential is administered by Families Together in New York State. www.ftnys.org

DEFINITIONS

Advocacy: The spirit of this advocacy work is one that promotes effective parent-professional-system partnerships. Advocacy in this role does not include legal consultation or representation. It is defined as constructive, collaborative work with and on behalf of families to assist them to obtain needed services and supports to promote positive outcomes.

Parent/Family: Family is defined as the primary care-giving unit and is inclusive of the wide diversity of primary care-giving units in our culture. Family is a biological, adoptive or self-created unit of people residing together, consisting of adult(s) and/or child(ren), with adult(s) performing duties of parenthood/caregiving for the child(ren). Persons within this unit share bonds, culture, practices and a significant relationship. Biological parents, siblings and others with significant attachment to the individual living outside the home are included in the definition of family. For the purposes of this service, "family" is defined as the persons who live with, or provide care to a child and may include a parent, spouse, sibling, children, relatives, grandparents, guardians, foster parents or others with significant attachment to the individual.

Service Provider: Refers to individuals/organizations that provide formal services to the youth and family from all

child/family serving systems (mental health, juvenile justice, child welfare, substance abuse treatment, education, health, etc.).

Natural Supports: Natural supports are individuals and resources a family can access “naturally,” independent from formal services. These supports are a significant source of culturally relevant emotional support and caring friendships for children and families. Natural supports can be short-term or long-term and are usually sustainable and available to the child and family after formal services have ended.

Central Region

Broome

Broome Catholic Charities

86-88 Walnut Street, Binghamton, NY 13905

Contact: Amy Wilson

Phone: 607-584-7800

Children's Home of Wyoming Conference

297 Chenango Street, Binghamton, NY 13901

1182 Chenango Street, Binghamton, NY 13901

Contact: Beth Palmieri

607-772-6904

bpalmieri@chowc.org

MHA Southern Tier

47 Broad Street. Binghamton, NY 13094

Contact: Heather Mower

607-771-888

Heather.mower@mhast.org

Cayuga

Cayuga Counseling Services, Inc.

17 E. Genesee Street, Auburn, NY 13021

Residential FPA and Parents as Partners

Contact: Evie Noden – CCSI/Parent Partner

Phone: 315-253-9795

Fax: 315-253-3952

evien@cavugacounseling.org

Clinton

Behavioral Health Services North, Inc.

22 US Oval, Suite 218, Plattsburgh, NY 12903

Program Coordinator: Carrie Anne Rollier

Phone: 518-561-1767

crollier@bhns.org

Cortland

Cortland Community Services/Clinic

Family Support Services

7 Clayton Avenue

Cortland, NY 13045-2501

Contact: Jamee Sobko

607-758-6110

jsobko@cortland-co.org

Delaware

Family Resource Network
46 Oneida Street, Oneonta, NY 13820
Contact: Michelle Zuk- Executive Director
executivedirector@familyrn.org mzuk@familyrn.org
Barb Finkelstein
Bfinkelstein@familyrn.org
Phone: 607-432-0001

Essex

Families First of Essex County
Family Support
196 Water Street, Elizabethtown, NY 12932
Director of Family Support: Anne Griffin
Phone: 518-873-9544
Fax: 518-873-9570
agriffin@familiesfirstessex.org

Herkimer

Center for Family Life and Recovery
502 Court Street, Suite 401 Utica, NY 13502
Sandy Seaman
Phone: 315-867-1382
sseaman@cflrinc.org

Upstate Cerebral Palsy, Inc.
s/b 235 N. Prospect St, Herkimer, NY 13350
Phone: 315-525-1523
Laura DePalma
Lauradepalma@upstatecp.org

Franklin

Citizens Advocates, Inc.
Enhanced Parent Support Services
209 Park Street, Malone, NY 12953
Contact: Melissa Rundall
Phone: 518-651-2277
melissarundall@citizenadvocates.net

Fulton & Montgomery

MHA of Fulton and Montgomery Counties
Family Support – Fulton/Montgomery
307-309 Meadow Street, Johnstown, NY 12095
Family Support Director: Janine Dykeman
Phone: 518-762-5332 (103)
jdykemant@mhafm.org

Fulton

The Family Counseling Center

Family Support

11-21 Broadway, Gloversville, NY 12078

Contact: Sheila Woods

Phone: 518-725-4310

swoods@thefamilycounselingcenter.org

Jefferson

Northern Regional Center for Independent Living

Family Support Services

210 Court Street, Suite 107, Watertown, NY 13601

Program Director: Jennifer Sibley

Phone: 315-785-8703

jsibley@nrcil.net

Aileen Martin

aileenm@nrcil.net

Lewis

Northern Regional Center for Independent Living

Family Support Services

7632 North State Street, Lowville, NY 13367

Program Director: Karen Boliver

Phone: 315-376-8696

karenb@nrcil.net

Madison

Family Support in Central New York

155 Madison Street, Oneida, NY 13421

Contact: Elaine Angwin

Phone: 315-794-4590 / 315-941-2520

Elaine.fscny@gmail.com

Onondaga

Onondaga County ACCESS

Director: Tracy Miller

315-463-1100

tracy.miller2@dfa.state.ny.us

Oswego

Hillside Children's Center

945 South 1st Street, Fulton, NY 13069

Contact: Lacey Natello

585-219-3028

lnatello@hillside.com

Otsego

Family Resource Network

46 Oneida Street, Oneonta, NY 13820
Coordinated Children's Service Initiative
Contact: Michelle Zuk- Executive Director
Phone: 607-432-0001

executivedirector@familyrn.org

mzuk@familyrn.org

Barbara Finkelstein

bfinkelstein@familyrun.org

St. Lawrence

St. Lawrence Dept. of Health

Contact: Jennifer Sibley

Phone: 315-785-8703

jsibley@nrcil.net

Families Together NewYork State

Regional Parent Advisors

Sue Lewis, FPA

315-317-4877

315-426-3936

slewis@ftnys.org

susan.lewis@omh.ny.gov

Kathleen Liedka, FPA

315-426-3944

315-729-8622

kliedka@ftnys.org

Kathleen.liedka@omh.ny.gov

Regional Youth Partner

To Be Determined

Hudson River Region

Albany

Families United Network
60 Academy Road, Albany, NY 12208
Parsons Child & Family Center
Contact: Cynthia Novacovic
cnovakovic@northernrivers.org
Phone: 518-426-2649
Fax: 518-447-5234

Columbia

MHA in Columbia/Greene Counties, Inc.
713 Union Street, Hudson, NY 12534
Contact: Roxanne Carpenter
rcarpenter@mhacg.org
Phone: 518-828-4619 (x202)
Fax: 518-828-1196

Dutchess

MHA in Dutchess County, Inc.
Family Support Programs
253 Mansion Street Poughkeepsie, NY 12601
Contact: Janet Caruso, Lynn Rogers
jcaruso@mhadutchess.org
lrogers@mhadutchess.org
Phone: 845-473-2500 (x1343) (x1342)
Fax: 845-473-4870

Greene

Greene County Mental Health Center
Family Support Program
PO Box 905, Cairo, NY 12601
Contact: Katie Conroy
Phone: 518-622-9163
Fax: 518-622-8596
KConroy@discovergreene.com

MHA in Columbia/Greene Counties, Inc.
713 Union Street
Hudson, NY 12534
Contact: Roxanne Carpenter
rcarpenter@mhacg.org

Phone: 518-828-4619 (x202)
Fax: 518-828-1196
Lori Kolb-Speer
lkspeer@mhacg.org

Orange

MHA of Orange County, Inc.

Family Support Program

73 James P. Kelly Way, Middletown, NY 10940

Contact: Shakia Henderson

shenderson@mhaorangeny.org

Phone: 845-421-7324

Fax: 845-343-9906

Access: Supports for Living

2001 Rt. 17M, Goshen, NY 10924

Contact: Anne Marie Freitas

afreitas@asfl.org

Phone: 845-343-8100

Fax: 845-243-9906

Putnam

Cove Care

1808 Rt. 6, Carmel, NY 10512

Contact: Christina McGuigan

cmcguigan@covecarecenter.org

Phone: 845-225-8995

Fax: 845-225-0753

Rensselaer

Vanderheyden Hall

650 Cooper Hill Road, Wynantskill, NY 12198

Phone: 518-283-6500 (211)

Fax: 518-687-0524

Rockland

MHA Rockland County, Inc.

140 Route 303, Suite A, Valley Cottage, NY 10989

Contact: Laurie Montanaro

lmontanaro@mharockland.org

Phone: 845-267-2172 (278)

St. Dominics Family Support

500 Western Highway Blauvelt, NY 10913

Phone: 845-359-7361

Contact: Santana Letts

NAMI Rockland County
140 Old Orangeburg Road, Bldg. #57, Rm N106
Orangeburg, NY 10962
Contact: Anne Arias
Phone: 845-359-8785
Fax: 845-359-4604
www.namirockland.org
Helpline: 845-359-8787
anne@namirockland.org

Saratoga

Captain Community Human Services
5 Municipal Plaza, Suite 3, Clifton Park, NY 12065
Contact: Joanna Long
Phone: 518-399-4624
Fax: 518-371-1185

Schoharie

Schoharie County Community Action Program
795 East Main Street, Suite 5, Cobleskill, NY
Contact: Becky Foland
bfoland@sccapinc.org
Phone: 518-235-0261
Fax: 518-234-0959

Catholic Charities
Family Support Services serving Delaware, Otsego and
Schoharie Counties
489 West Main Street, Cobleskill, NY 12043
Contact: Amy Brown
abrown@catholiccharitiessc.org
Rebecca Snyder
rebeccas@catholiccharitiessc.org
Phone: 518-235-3581
Fax: 518-234-8423

Sullivan

Action Towards Independence, Inc
309 East Broadway, Monticello, NY 12701
Contact: Deborah Worden
dworden@atitoday.org
Phone: 845-794-4228
Fax: 845-794-4475

Ulster

MHA in Ulster, Inc.
Family Support Services
300 Aaron Court, Kingston, NY 12401
Contact: Rachel Jacob
Rjacob@mhainulster.com
Phone: 845-339-9090
Fax: 845-336-0192

Families of Woodstock Adolescent Services
166 Albany Ave. Kingston NY 12401
Contact Person: Tori Barnes
(845) 331-7080 Ext.146
(845) 802-5558 Fax

Warren/Washington

Behavioral Health Services North Wellness Center
25 Willowbrook Road
Queensbury, NY 12804
Contact: Tia Ruggiero
truggiero@bhsn.org
Phone: 518-926-7100

Westchester

Family Ties of Westchester

Mount Vernon
105 Stevens Avenue, Suite 402
Mount Vernon, NY 10550
Phone: (914) 667-9369
Fax: (914) 667-9402
mtvernon@famtieswest.org

Ossining

175 Main Street, 2nd Floor
Ossining, NY 10562
Phone: (914) 941-3461
Fax: (914) 941-5373
ossining@famtieswest.org

Peekskill

c/o CHOICE, Inc.
One Park Place, 2nd Floor
Peekskill, NY 10566
Phone: (914) 930-8832
Fax. (914) 930-8833

peekskill@famtieswest.org

Yonkers

**30 South Broadway, 7th Floor
Yonkers, NY 10701
Phone: (914) 964-2063
Fax: (914) 964-5748
yonkers@famtieswest.org**

Administrative Office

**112 East Post Rd, 3rd Floor White Plains, NY 10601
Phone: (914) 995-5238
Fax: (914) 995-8421
info@famtieswest.org**

Families Together New York State

Regional Parent Advisors

**Barbara Callahan, FPA
bcallahan@ftnys.org
Barbara.callahan@omh.ny.gov
845-797-1861**

**Charles Anthony Rice
carice@ftnys.org
518-432-0333 (33)
518-948-2531**

Regional Youth Partner

To be Determined

Long Island Region

Nassau County

Family & Children's Association Family Center
377 Oak St., 5th floor
Garden City, NY 11530
Contact: Sondra Rakitovan, Program Supervisor
Email: srakitovan@fcali.org
516-485-5976

Hispanic Counseling Center
Family Support Program
344 Fulton Avenue
Hempstead, NY 11550
Contact: Maria Evelyn Rodriguez, Program Coordinator
Email: merodriguez@hispaniccounseling.org
516-538-2613

North Shore Child & Family Guidance Center
480 Old Westbury Road
Roslyn Hts, NY 11577
Contact: Paul Danilack, Program Director
Email: pdanilack@northshorechildguidance.org
516-626-1971

Suffolk County

WellLife Network
Family Support Service Program (FSS)
3600 Rte. 112
Coram, NY 11727
Contact: Christina Hauptman, Supervisor
Email: christina.hauptman@welllife.org
631-920-8302

Family Service League
Parent to Parent Program
1444 Fifth Avenue
Bayshore, NY 11706
Contact: Anel Tineo, Program Supervisor
Email: atineo@fsl-li.org
631-647-3100

Suffolk County (cont.)

Family and Children’s Y-FI
Youth-Family Integration
4400 Veterans Hwy 202
Holbrook, NY 11741
Contact: Lori Adelberg
Email: ladelberg@fcali.org
631-389-4693

Regional Resources

Long Island Families Together
21 Greene Ave, Amityville, NY 11701
Contact: Andrea Stolz, Executive Director
631-264-5438, Ext. 103 astolz@lift4kids.org

Families Together NewYork State

Regional Parent Advisor
Cheryl Williams, FDC, FPA
631-761-3181
cheryl.williams@omh.ny.gov
cwilliams@ftnys.org

Regional Parent Advisor
Heather Tafuro, MS Ed. FDC, FPA
631-761-3334
heather.tafuro@omh.ny.gov
htafuro@ftnys.org

Regional Youth Partner

To Be Determined

IMPORTANT PHONE NUMBERS

| | |
|---|--------------|
| County Department of Mental Health | |
| Nassau County | 516-227-7057 |
| Suffolk County | 631-853-8500 |
| The Crisis Center (Hotline) | 516-679-1111 |
| Response of Suffolk (Hotline) | 631-751-7500 |
| Care Coordination/Health Home Manager (formerly ICM / SEM) | |
| Nassau County | 516-485-5976 |
| Suffolk County | 631-854-0175 |

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| Long Island Families Together | 631-264-5438 |
| Mental Health Association Nassau County Suffolk County | 516-489-2322 631-226-3900 |
| Mental Health Hotline | 631-952-3333 |
| OMH Long Island Field Office | 631-761-2508 |
| Psychiatric Emergency Room Nassau University Medical Center CPEP at Stony Brook (Suffolk) | 631-572-4775 631-444-6050 |
| Sagamore Children's Psychiatric Center Mobile Mental Health Teams | 631-370-1700 |
| Single Point of Access (SPOA) Nassau County Suffolk County | 516- 227-7057 631-853-8513 |
| DASH 24 hr Hotline (<u>D</u> agnostic, <u>A</u> ssessment & <u>S</u> tabilization <u>H</u> ub) | 631-952-3333 |

HOTLINES

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|------------------------------------|--|--------------|
| Suicide Prevention Lifeline | 800-237-8255 | |
| DASH | 631-952-3333 | |
| LICADD | 631-979-1700 | 24/7 |
| Huntington Hotline | 631-549-8700 | 24/7 |
| Islip Hotline | 631-227-4700 | |
| Long Island Crisis Center Hotline | 516- 679-1111 | 24/7 |
| Long Beach Reach | 516- 889-2332 | 9am-10pm |
| Mental Health Hotline-Nassau | 516- 227-8255 | 24/7 |
| Mental Health Hotline-Suffolk | 631-952-3333 | 24/7 |
| National Suicide Prevention | 800- 273-8255 | 24/7 |
| Response of Suffolk County | 631- 751-7500 | 24/7 |
| Response Spanish Line | 631-751-7423 | M-F 5pm-10pm |
| Response On-lineHear2Help | www.responsehotline.org | M-F 5pm-11pm |
| The Samaritans - NYC | 212-673-3000 | |

Additional Important Numbers

| | | |
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| Nassau County Dept. of Health | 516-742-6154 | 5:00 PM - 9:00 AM |
| Nassau County Dept. of Social Services | 516-572-3143 | 6:00 PM - 8:00 AM |
| Families' Anonymous | 800-736-9805 | Meeting information |
| Suffolk County Dept. of Social Services-after hrs | 631-854-9100 | 4:30 PM - 9:00 AM |

INFORMATION AND REFERRAL RESOURCES

Nassau County

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|-----------------------------------|--------------|
| Family and Children's Association | 516-746-0350 |
| Mental Health Association | 516-489-2322 |

Suffolk County

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|---|--------------|
| Family Service League | 631-427-3700 |
| Association of Mental Health & Wellness | 631-226-3900 |
| Islip information and referral | 631-595-3535 |
| Middle Country Library | 631-585-9393 |

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Nassau/Suffolk Counties

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| New York State Office of Mental Health | 631-761-2508 |
| Sagamore Children's Psychiatric Center | 631-370-1700 |

NASSAU COUNTY CLINICS

Central Nassau Guidance & Counseling Services, Inc.

950 South Oyster Bay Road – Suite 104
Hicksville, NY 11801 516-822-6111

EPIC Clinic Care

1500 Hempstead Tpke
E. Meadow, NY 11554 516-739-7733

Hispanic Counseling Center

344 Fulton Avenue
Hempstead, NY 11550 516-538-2613

LIFQHC

380 Nassau Road
Roosevelt, NY 11575 516-442-5325

Angelo J. Melillo Center for Mental Health

113 Glen Cove Avenue
Glen Cove, NY 11542 (516) 676-2388

Mercy Medical Center

BH Care Services Ages 18 & up
506 Stewart Ave
Garden City, NY 11570 516-705-3400

Nassau Univ. Medical Center (NUMC)

Child, Adolescent. & Family Clinic

2201 Hempstead Turnpike
Butler Building
East Meadow, NY 11554 516-296-2670

North Shore Child & Family Guidance Ctr.

480 Old Westbury Road Ages 7 – 21
Roslyn Heights, NY 11577 516-626-1971

999 Brush Hollow Road
Westbury, NY 11590 516-997-2926

Chemical dependency- Ages 7-25

Mental Health - Ages 7- 21

80 North Service Road (LIE) Ages 0-3
w/parent 3-6

Manhasset, NY 11030 516-484-3174

New Horizons

50 W. Hawthorne Ave
Valley Stream, NY 11580 516-569-6600

South Nassau Communities Hospital

Mental Health Services

2277 Grand Avenue
Baldwin, NY 11510 516-377-5400

Hempstead Clinic

175 Fulton Avenue
Hempstead, NY 11550 516-485-5710

Southeast Nassau Guidance Center

2146 Jackson Avenue Ages 18 & up
Seaford, NY 11783 516-221-3030

South Shore Child Guidance Center

91 Guy Lombardo Ave
Freeport, NY 11520 516-868-3030

SUFFOLK COUNTY CLINICS

Brentwood Mental Health Center

1841 Brentwood Road
Brentwood, NY 11717 631-853-7300

Farmingville Mental Health Center

15 Horseblock Place
Farmingville, NY 11738 631-854-2552

Riverhead Mental Health Center

Riverhead County Center
Riverhead, NY 11901 631-852-1440

Catholic Charities

1727 No. Ocean Avenue
Medford, NY 11763 631-654-1919

21 Fourth Avenue
Bay Shore, NY 11706 631-665-6707

Family Service League (FSL)

Central Islip Clinic
320 Carlton Avenue
Central Islip, NY 11722 631-663-4300

East Hampton Clinic
316 Accabonac Rd.
East Hampton, NY 11937 631-324-3344

FSL – Huntington Clinic*
55 Horizon Drive
Huntington, NY 11743 631-396-2300

Iovino So. Shore Family Center
1444 Fifth Avenue
Bay Shore, NY 11706 631-647-3100

Mastic Clinic
1235 Montauk Hwy
Mastic, NY 11950 631-924-3741

Mattituck Mental Health Clinic
7555 Main Street
Mattituck, NY 11952 631-298-8642

Westhampton Beach Clinic
40 Main St.
Westhampton Beach, NY 11978 631-288-1954

Federation of Organizations Clinic

270A Long Island Avenue
Wyandanch, NY 11798 631-782-6200

John T. Mather Outpatient MHC

125 Oakland Avenue, Ste. 303
Pt. Jefferson, NY 11777 631-729-2140

Hudson River Healthcare Outpt. Behavioral Health Srv.

550 Montauk Highway
Shirley, NY 11967 631-490-3044

New Horizons Counseling Center

445 Oak Street, 2nd Floor
Copiague, NY 11726 631-257-5173

11 Route 111, 2nd Floor
Smithtown, NY 11787 631-656-9550

Sagamore Children's Center

Waverly Avenue Clinic
440-14 Waverly Avenue,
Patchogue, NY 11772 631-654-2077

SCO/Madonna Heights Services

151 Burrs Lane
Dix Hills, NY 11746 631-643-8800

South Oaks Hospital Outpatient Services

400 Sunrise Highway
Amityville, NY 11701
Comp Outpt. Beh. Srv. (COBS) 631-608-5900
OnTrack South Oaks 631-608-5570

University Medical Ctr SUNY Stony Brook

Child Psychiatry Clinic
Putnam Hall
Stony Brook, NY 11794-8101
outpatient 631-632-8850
alternate # 631-632-9510

West Islip Youth Enrichment Services (YES)

401 Main St. Room #108
Islip, NY 11751 631-446-1950

Children's Mobile Clinic Available *

INPATIENT SERVICES

Brunswick Hall
81 Loudon Avenue
Amityville, NY 11701 631-789-7000

John T. Mather Hospital
 North Country Road
 Port Jefferson, NY 11777 631-473-1320
 Partial Hospital 631-473-3877
 Adolescent Unit 631-476-2775

Sagamore Children's Psychiatric Ctr (SCPC)
 197 Half Hollow Road
 Dix Hills, NY 11746 631-370-1700
 Sagamore Partial Hospital 631-370-1883

South Oaks Hospital
 400 Sunrise Highway
 Amityville, NY 11701 631-608-5610
 Partial Hospital 631-608-5610

Stony Brook Hospital (Health Sciences Ctr)
 Stony Brook, NY 11794 631-444-2111
 Stony Brook Child Psychiatry 631-444-1251

DAY TREATMENT/SCPC SCHOOL BASED MENTAL HEALTH CLINICS

Madonna Heights Day School 631-643-8800
 SCPC No. Babylon Day Treatment 631-491-4355
 SCPC Sayville School Based Clinic 631-775-1727
 SCPC Tecumseh School Based Clinic 631-696-8660
 SCPC Jefferson School Based Clinic 631-240-8920
 SCPC Sequoya School Based Clinic 631-622-1249

NON-OMH LICENSED CLINICS

ACLD 631-665-3464
 ACLD Kramer Learning Center 631-665-1900
 Colonial Youth 631-281-4461
 LI Select Health Care 631-650-2510
 EPIC (Epilepsy Foundation) 516 739-7733
 FSL Huntington 631-427-3700
 Just Kids (preschool) 631-924-0008
 VIBS 631-360-3730
 YMCA Centereach 631-580-7777
 Youth Bureau 631-853-8270

EMERGENCY SERVICES

CPEP Stony Brook Hospital 631-444-6050
 CPS Emergency 631-854-9100
 Crisis Respite 631-370-1701
 Children's Mobile Response Team 631-952-3333
 DASH 631-952-3333
 NYS CPS Hotline 1-800 342-3720
 Response Hotline of Suffolk 631-751-7500
 SCPC Mobile Integration Team 631-370-1701
 WellLife Network - Link 631-920-

8302

COMMUNITY SUPPORT SERVICES

Alternatives for Youth (EAC) 631-648-2700
 Assoc. for MH & Wellness 631-226-3900
 Assoc. for MH & Wellness – HHCM 631-389-6336
 Big Brothers & Sisters 516-731-7880
 CPS Prevention 631-854-9359
 FCA Youth & Family Integration 631-389-4693
 FSL CAPT (preschool) 631-647-3128
 FSL Family Connect 631-650-0051
 FSL Home Base/Home Safe 631-650-0073
 FSL – HHCM/NMCC Intensive 631-650-0146
 FSL Parent to Parent (FSS) 631-853-2793
 FSL – HHCM/NMCC Supportive 631-650-0146
 FSL Therapeutic Rec/Recess 631-650-0105
 Head Start 631-758-5200
 LI Advocacy Center 631-234-0467
 LIFT – LI Families Together (FSS) 631-264-LIFT
 Probation 631-853-7889
 SCDCMH– HHCM/NMCC Intensive 631-854-0175
 WellLife Network Youth Care Mgmt 631-920-8663
 WellLife Network SSTAAY 631-920-8604
 WellLife Network MEIP 631-920-8333

SOME RESIDENTIAL OPTIONS

Berkshire Farms 631-420-4444
 Hope For Youth 631-691-5100
 LIAFS 631-444-4400
 Mercy First/Merrick House CR 516-868-2050
 WellLife Network House (east) 631-751-0197
 WellLife Network House (west) 631-683-4393
 SCO/CR 631-243-0305
 SCO/Madonna Heights RTF 631-643-8800

For Further Information call:

Kathleen Herz, Psy.D.
 Suffolk County Mental Hygiene 631-853-2949

Maryann Braithwaite, LCSW
 Office of Mental Health 631-761-2063

Single Point of Access (CSPOA) 631-853-8513
Fax 631-853-8518

New York City Region

ALLIANCE MEMBERS BY BOROUGH

STRONG FAMILIES AND COMMUNITIES TRAINING CENTER

New York Foundling

Elizabeth Tremblay, Assistant Vice President

Elizabeth.Tremblay@nyfoundling.org

(646) 745-0458

Bronx

Vibrant

Michelle Borgese, Alliance Coordinator

Mborgese@Vibrant.org

(917) 654-7074

MASA

Aracelis Lucero, Executive Director

alucero@masany.org

(718) 213-7845

JBFCs

Marilyn Jacob, PhD, LCSW Senior Director

mjacob@jbfc.org

(212) 632-4749

Vibrant Emotional Health

975 Kelly Street, Suite 301

Bronx, New York 10459

Coordinator: Michelle Borgese

Email: Borgese@vibrant.org

Phone: 917-654-7074

Brooklyn

CCM

Shameka Beeks

Sbeeks@ccmnyc.org

(718) 704-1986 ext. 1403

Brooklyn Perinatal Network

Denise West, Deputy Executive Director

dwest@bpnetwork.org

(718) 643-8258 x 21

Christopher Rose Community Empowerment Campaign, Inc.
(CRCEC)

Sharon Coombs-Rose, Executive
srose@crcec.org
(718) 272-2363

Brooklyn (cont.)

Infinity Educational Special Programs CORP0

Patricia Polimeni
ppirozzi24@optonline.net
(917) 501-0836

Public Health Solutions
Sarah Blust, Director
sblust@healthsolutions.org
(646) 619-6704

Community Counseling & Mediation (CCM)
810 Classon Avenue
Brooklyn, NY 11238
Coordinator: Elijah Williams
Phone: 620-481-9042
Email: elijahwilliams@ccmny.org

Manhattan

University Settlement
Mary Adams
marva@universitysettlement.org
212.453.4505
917.838.7327

Association to Benefit Children (ABC)
Marie Nguyen, Chief Program Officer
Mnguyen@a-b-c.org
(212) 845-3863
Eri Noguchi, Associate Executive Director
Enoguchi@a-b-c.org
(212) 845-3822

The Door
Peter Gee, Interim Executive Director
pgee@door.org
(212) 941-9090 ext. 3429
Reed Christian, Managing Director of Supportive Services and
Counseling –
rchristian@door.org
(917) 882-1041

Manhattan (cont.)

University Settlement Society of New York
184 Eldridge Street,
New York, NY 10002
Coordinator: Genesis Villafane
Email: gvillafane@universitysettlement.org
Phone: 646-574-7680

Queens

Vibrant Emotional Health
29-46 Northern Blvd, 2nd Floor
Queens, New York 11101
Ina Concepcion, Alliance Coordinator
Email: IConcepcion@vibrant.org
Phone: 347.920.8064

KAFSC
Jehae Fischer, Executive Director
jehae.fischer@kafsc.org
718.460.3804

Sheltering Arms
Amy Wilkerson
awilkerson@shelteringarmsny.org
917-485-1362

Staten Island

Families on the Move
358 St. Marks Place Ste. 302 S.I. NY 10301
Director: Euphemia Adams
eadams@fotmnyc.org
Phone: 347-682-4870 fax: 718-447-6539
Deputy Director of Programs: Lorraine Jacobs
ljacobs@fotmnyc.org
Phone : 718-613-3079

DOHMH Resources and Contact Information

Family Support Program Specialist – Salena Mullen
(347) 396-7075
smullen@health.nyc.gov

DOHMH Youth Peer Advocacy Coordinator – Nivea Jackson
(347) 396-7920
njackson2@health.nyc.gov

Families Together New York State

Regional Parent Advisors

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917-597-9483

Diana Mendez, FPA
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917-232-5146

Priscilla Romero
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518.432.0333 ext. 38

Regional Youth Partner
Mariama Toe-Freeland, YPA
mtfreeland@ftnys.org
347-996-9647

Western Region

Multiple Counties

AspireHope

25 West Steuben Street, Bath, NY
Program Director: Janine Struble
Phone: 607-776-2164, 1-800-934-4244
[@aspirehope.org](mailto:aspirehope.org)

Serving Counties: Alleghany, Chemung, Ontario, Schuyler,
Seneca, Steuben, Tioga, Wayne, Yates

Hillside Family Support

96 West Buffalo Street, Warsaw, NY 14569
Manager: Megan Henry
Phone: 585-786-5906
mhenry@hillside.com

Serving Counties: Genesee, Livingston, Orleans, Wyoming

Cattaraugus

Intandem Family Support Program

1439 Buffalo St. Olean, NY 14760
Director of Behavioral Health
Services: Kaylin Gunther
Phone: 716-375-4730
kgunther@intandem.org

Erie

Mental Health Advocates of WNY

1021 Broadway, Buffalo, NY 14212
Director: Stacie Dziwulski
Phone: 716-886-1242
sdziwulski@mhawny.org

Monroe

Mental Health Association Family Support Program

320 Goodman Street N, Rochester NY, 14607
Director: Nitza Rodriguez
Email: nirodriguez@mharochester.org
Phone: 585-325-3145

Compeer Rochester

259 Monroe Street, Rochester, NY 14607
Contact: Josh Higgins, Manager of Youth Skill
Building and Peer Services
Phone: 585-546-8280
jhiggins@compeerrochester.org

Niagara

Niagara Frontier Family Network
New Directions Youth and Family Services
6395 Old Niagara Road, Lockport, NY 14094
Director: Sarah Taylor
Phone: 716-529-1122
staylor@ndvfs.org

Tompkins

Mental Health Association in Tompkins County
Family Support Services
301 South Geneva Street, Suite 109, Ithaca, NY 14850
Director: Josephine Gibson
Phone: 607-273-9250
jgibson@mhaedu.org

Families Together New York State

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Pamela.Brannan@omh.ny.gov
716-517-1905, 716-533-4079

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Regional Youth Partner

Alex Carpenter
acarpenter@ftnys.org
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Families Together in New York State