NEW YORK STATE
FAMILY SUPPORT PROGRAMS

Version 6 / 2022 / 3.11.2022
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Family Peer Support Services (FPSS) are an array of formal and informal services and supports provided to families raising a child up to age 21 who is experiencing social, emotional, developmental and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength-based relationship between a Family Peer Advocate and the parent/family member for the benefit of the child/youth. The purpose of this service is to support the parent/family member and enhance their skills so they can promote positive youth functioning and their child’s ability to live successfully in their community. FPSS are provided by a trained and credentialed Family Peer Advocate (FPA) who is uniquely qualified to work with families based on his/her personal experience parenting a child with similar needs and the specialized training they receive (see below). FPSS can be provided through individual and group face-to-face work in various settings (e.g. family’s home, community, office, telephone or Skype contacts, etc).

### TYPES OF FAMILY PEER SUPPORT SERVICES

*There are six categories of Family Peer Support Services.*

*Within each category are several examples of activities specific to that category. These examples are not intended to be exhaustive.*

*A family peer support provider will have the capacity to offer all six categories of services based on the individual needs and preferences of the family.*

<table>
<thead>
<tr>
<th>Category</th>
<th>Activities</th>
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</table>
| **Outreach and Information**                  | ◦ Empower families to make informed decisions regarding the nature of supports for themselves and their child through:  
  - sharing information about resources, services and supports and exploring what might be appropriate for their child and family;  
  - exploring the needs and preferences of the family and locating relevant resources.  
  - helping families understand eligibility rules;  
  - helping families understand the assessment process and identifying their child’s strengths, needs and diagnosis.  
  ◦ Develop resource directories to identify relevant formal services and informal resources for families.  
  ◦ Conduct general and individual outreach in the community to raise awareness, reduce stigma, and engage families in services.  
  ◦ Staff a ‘warm line’ that families can call for information. |
| **Engagement, Bridging and Transition Support**| ◦ Based on the strengths and needs of the youth and family, connect them with appropriate services and supports. Accompany the family when visiting programs.  
  ◦ Facilitate meetings between families and service providers.  
  ◦ Assist the family to gather, organize and prepare documents needed for specific services.  
  ◦ Address any concrete or subjective barriers that may prevent full participation in services.  
  ◦ Serve as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals.  
  ◦ Support and assist families during stages of transition which may be unfamiliar (e.g.: placements, in crisis, and between service systems etc.).  
  ◦ Promote continuity of engagement and supports as families’ needs and services change. |
| **Self-Advocacy, Self-Efficacy and Empowerment**| ◦ Advocate on behalf of and in collaboration with families to promote shared decision-making.  
  ◦ Regularly consult with families and providers to ensure that the family’s perspectives are included in all planning and decision-making.  
  ◦ Coach and model shared decision-making and skills that support collaboration.  
  ◦ Model strengths-based interactions by accentuating the positive.  
  ◦ Support the families in discovering their strength and concerns. Assist families to identify and set goals and short term objectives.  
  ◦ Prepare families for meetings and accompany them when needed.  
  ◦ Empower families to express their fears, expectations and anxieties to promote positive effective communication.  
  ◦ Assist families to frame questions to ask providers.  
  ◦ Provide opportunities for families to connect to and support one another.  
  ◦ Support and encourage family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support. |
Community Connections and Natural Supports
- Provide leadership opportunities for families who are receiving Family Peer Support Services.
- Enhance the quality of life by integration and supports for families in their own communities.
- Help the family to rediscover and reconnect to natural supports already present in their lives.
- Utilize the families’ knowledge of their community in developing new supportive relationships.
- Help the family identify and get involved in leisure and recreational activities in their community.
- In partnership with community leaders, encourage families who express an interest to get more involved in faith or cultural organizations.
- Arrange support and training as needed to facilitate participation in community activities.
- Conduct groups with families to strengthen social skills, decrease isolation, and provide emotional support.

Parent Skill Development
- Supports the efforts of families in caring for and strengthening their children’s mental, and physical health, development and well-being of their children.
- Helps the family learn and practice strategies to support their child’s positive behavior.
- Assist the family to implement strategies recommended by clinicians (e.g. medication management, behavior support, crisis plan) and talk to clinicians about their comfort with these plans.
- Provide emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness.
- Link to and provide workshops and courses on parenting that are matched to families’ individual needs.
- Advocate whose child is coming out of placement by equipping the family with skills, knowledge and resources to support the child at home, ensuring the greatest likelihood of success.
- Assist families to access transportation.

Promoting Effective Family-Driven Practice
- Participate on teams that manage access to care, evaluate and work to improve quality of care.
- Conduct training for service providers on topics including, strategies for partnering with families, engagement, family-centered care, and family-driven decision-making.
- Attend and/or facilitate meetings to promote family voice and infuse a family perspective at all levels: individual provider, agency, local planning, state and national policy making.

FAMILY PEER SUPPORT SERVICES PROVIDER QUALIFICATIONS
Family Peer Support is delivered by a New York State Credentialed Family Peer Advocates (FPA). To be eligible for the FPA Credential, the applicant must:
- Demonstrate ‘lived experience’ as the parent or primary caregiver who has navigated multiple child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs.
- Have a high school diploma or GED (or document comparable skills).
- Complete the Parent Empowerment Program (PEP) training 40 hours plus 12 one-hour each of group consultation calls
- Submit three letters of reference attesting to proficiency in and suitability for the role of Family Peer Advocate.
- Complete a Professional Development Plan.
- Document 1000 hours of experience providing Family Peer Support services.
- Agree to practice according to the Family Peer Advocate Code of Ethics.
- Complete 20 hours of continuing education and renew their FPA credential every three years.

The Family Peer Advocate Credential is administered by Families Together in New York State. www.ftnys.org

DEFINITIONS
Advocacy: The spirit of this advocacy work is one that promotes effective parent-professional-system partnerships. Advocacy in this role does not include legal consultation or representation. It is defined as constructive, collaborative work with and on behalf of families to assist them to obtain needed services and supports to promote positive outcomes.

Parent/Family: Family is defined as the primary care-giving unit and is inclusive of the wide diversity of primary care-giving units in our culture. Family is a biological, adoptive or self-created unit of people residing together, consisting of adult(s) and/or child(ren), with adult(s) performing duties of parenthood/caregiving for the child(ren). Persons within this unit share bonds, culture, practices and a significant relationship. Biological parents, siblings and others with significant attachment to the individual living outside the home are included in the definition of family. For the purposes of this service, "family" is defined as the persons who live with, or provide care to a child and may include a parent, spouse, sibling, children, relatives, grandparents, guardians, foster parents or others with significant attachment to the individual.

Service Provider: Refers to individuals/organizations that provide formal services to the youth and family from all
child/family serving systems (mental health, juvenile justice, child welfare, substance abuse treatment, education, health, etc.).

**Natural Supports:** Natural supports are individuals and resources a family can access “naturally,” independent from formal services. These supports are a significant source of culturally relevant emotional support and caring friendships for children and families. Natural supports can be short-term or long-term and are usually sustainable and available to the child and family after formal services have ended.
Central Region

Broome

Broome Catholic Charities
86-88 Walnut Street, Binghamton, NY 13905
Contact: Amy Wilson
Phone: 607-584-7800

Children’s Home of Wyoming Conference
297 Chenango Street, Binghamton, NY 13901
1182 Chenango Street, Binghamton, NY 13901
Contact: Beth Palmieri
607-772-6904
bpalmieri@chowc.org

MHA Southern Tier
47 Broad Street, Binghamton, NY 13094
Contact: Heather Mower
607-771-888
Heather.mower@mhaust.org

Cayuga

Cayuga Counseling Services, Inc.
17 E. Genesee Street, Auburn, NY 13021
Residential FPA and Parents as Partners
Contact: Evie Noden – CCSI/Parent Partner
Phone: 315-253-9795
Fax: 315-253-3952
evien@cayugacounseling.org

Clinton

Behavioral Health Services North, Inc.
22 US Oval, Suite 218, Plattsburgh, NY 12903
Program Coordinator: Carrie Anne Rollier
Phone: 518-561-1767
crollier@bhns.org

Cortland

Cortland Community Services/Clinic
Family Support Services
7 Clayton Avenue
Cortland, NY 13045-2501
Contact: Jamee Sobko
607-758-6110
jsobko@cortland-co.org
Delaware
Family Resource Network
46 Oneida Street, Oneonta, NY 13820
Contact: Michelle Zuk - Executive Director
executivedirector@familyrn.org mzuk@familyrn.org
Barb Finkelstein
Bfinkelstein@familyrn.org
Phone: 607-432-0001

Essex
Families First of Essex County
Family Support
196 Water Street, Elizabethtown, NY 12932
Director of Family Support: Anne Griffin
Phone: 518-873-9544
Fax: 518-873-9570
agriffin@familiesfirstessex.org

Herkimer
Center for Family Life and Recovery
502 Court Street, Suite 401 Utica, NY 13502
Sandy Seaman
Phone: 315-867-1382
sseaman@cflrinc.org

Upstate Cerebral Palsy, Inc.
s/b 235 N. Prospect St, Herkimer, NY 13350
Phone: 315-525-1523
Laura DePalma
Lauradepalma@upstatecp.org

Franklin
Citizens Advocates, Inc.
Enhanced Parent Support Services
209 Park Street, Malone, NY 12953
Contact: Melissa Rundall
Phone: 518-651-2277
melissarundall@citizenadvocates.net

Fulton & Montgomery
MHA of Fulton and Montgomery Counties
Family Support – Fulton/Montgomery
307-309 Meadow Street, Johnstown, NY 12095
Family Support Director: Janine Dykeman
Phone: 518-762-5332 (103)
jdykemant@mhfam.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Organization</th>
<th>Services</th>
<th>Address</th>
<th>Contact Person</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fulton</td>
<td>The Family Counseling Center</td>
<td>Family Support</td>
<td>11-21 Broadway, Gloversville, NY 12078</td>
<td>Sheila Woods</td>
<td>518-725-4310</td>
<td><a href="mailto:swoods@thefamilycounselingcenter.org">swoods@thefamilycounselingcenter.org</a></td>
</tr>
<tr>
<td>Jefferson</td>
<td>Northern Regional Center for Independent Living</td>
<td>Family Support Services</td>
<td>210 Court Street, Suite 107, Watertown, NY 13601</td>
<td>Jennifer Sibley</td>
<td>315-785-8703</td>
<td><a href="mailto:jsibley@nrcil.net">jsibley@nrcil.net</a>/Aileen Martin@<a href="mailto:aileenm@nrcil.net">aileenm@nrcil.net</a></td>
</tr>
<tr>
<td>Lewis</td>
<td>Northern Regional Center for Independent Living</td>
<td>Family Support Services</td>
<td>7632 North State Street, Lowville, NY 13367</td>
<td>Karen Boliver</td>
<td>315-376-8696</td>
<td><a href="mailto:karenb@nrcil.net">karenb@nrcil.net</a></td>
</tr>
<tr>
<td>Madison</td>
<td>Family Support in Central New York</td>
<td></td>
<td>155 Madison Street, Oneida, NY 13421</td>
<td>Elaine Angwin</td>
<td>315-794-4590/315-941-2520</td>
<td><a href="mailto:Elaine.fscny@gmail.com">Elaine.fscny@gmail.com</a></td>
</tr>
<tr>
<td>Onondaga</td>
<td>Onondaga County ACCESS</td>
<td>Director</td>
<td>315-463-1100</td>
<td>Tracy Miller</td>
<td><a href="mailto:tracy.miller2@dfa.state.ny.us">tracy.miller2@dfa.state.ny.us</a></td>
<td></td>
</tr>
<tr>
<td>Oswego</td>
<td>Hillside Children’s Center</td>
<td></td>
<td>945 South 1st Street, Fulton, NY 13069</td>
<td>Lacey Natello</td>
<td>585-219-3028</td>
<td><a href="mailto:lnatello@hillside.com">lnatello@hillside.com</a></td>
</tr>
</tbody>
</table>
Otsego

Family Resource Network
46 Oneida Street, Oneonta, NY 13820
Coordinated Children’s Service Initiative
Contact: Michelle Zuk- Executive Director
Phone: 607-432-0001
director@familyrn.org
mzuk@familyrn.org
Barbara Finkelstein
bfinkelstein@familyrun.org

St. Lawrence

St. Lawrence Dept. of Health
Contact: Jennifer Sibley
Phone: 315-785-8703
jsibley@nrcil.net

Families Together NewYork State

Regional Parent Advisors

Sue Lewis, FPA
315-317-4877
315-426-3936
slewis@ftnys.org
susan.lewis@omh.ny.gov

Kathleen Liedka, FPA
315-426-3944
315-729-8622
kliedka@ftnys.org
Kathleen.liedka@omh.ny.gov

Regional Youth Partner
To Be Determined
## Hudson River Region

### Albany

**Families United Network**  
60 Academy Road, Albany, NY 12208  
Parsons Child & Family Center  
Contact: Cynthia Novacovic  
[cnovakovic@northernrivers.org](mailto:cnovakovic@northernrivers.org)  
Phone: 518-426-2649  
Fax: 518-447-5234

### Columbia

**MHA in Columbia/Greene Counties, Inc.**  
713 Union Street, Hudson, NY 12534  
Contact: Roxanne Carpenter  
[rcarpenter@mhaacg.org](mailto:rcarpenter@mhaacg.org)  
Phone: 518-828-4619 (x202)  
Fax: 518-828-1196

### Dutchess

**MHA in Dutchess County, Inc.**  
Family Support Programs  
253 Mansion Street Poughkeepsie, NY 12601  
Contact: Janet Caruso, Lynn Rogers  
[jcaruso@mhadutchess.org](mailto:jcaruso@mhadutchess.org)  
[lrogers@mhadutchess.org](mailto:lrogers@mhadutchess.org)  
Phone: 845-473-2500 (x1343) (x1342)  
Fax: 845-473-4870

### Greene

**Greene County Mental Health Center**  
Family Support Program  
PO Box 905, Cairo, NY 12601  
Contact: Katie Conroy  
Phone: 518-622-9163  
Fax: 518-622-8596  
[KConroy@discovergreene.com](mailto:KConroy@discovergreene.com)

**MHA in Columbia/Greene Counties, Inc.**  
713 Union Street  
Hudson, NY 12534  
Contact: Roxanne Carpenter  
[rcarpenter@mhaacg.org](mailto:rcarpenter@mhaacg.org)  
Phone: 518-828-4619 (x202)  
Fax: 518-828-1196  
Lori Kolb-Speer  
[lkspeer@mhaacg.org](mailto:lkspeer@mhaacg.org)
<table>
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<tr>
<th>Orange</th>
<th>MHA of Orange County, Inc.</th>
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<tr>
<td>Family Support Program</td>
<td></td>
</tr>
<tr>
<td>73 James P. Kelly Way, Middletown, NY 10940</td>
<td></td>
</tr>
<tr>
<td>Contact: Shakia Henderson</td>
<td></td>
</tr>
<tr>
<td><a href="mailto:shenderson@mhaorangeny.org">shenderson@mhaorangeny.org</a></td>
<td></td>
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<tr>
<td>Phone: 845-421-7324</td>
<td></td>
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<tr>
<td>Fax: 845-343-9906</td>
<td></td>
</tr>
<tr>
<td>Access: Supports for Living</td>
<td></td>
</tr>
<tr>
<td>2001 Rt. 17M, Goshen, NY 10924</td>
<td></td>
</tr>
<tr>
<td>Contact: Anne Marie Freitas</td>
<td></td>
</tr>
<tr>
<td><a href="mailto:afreitas@asfl.org">afreitas@asfl.org</a></td>
<td></td>
</tr>
<tr>
<td>Phone: 845-343-8100</td>
<td></td>
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<tr>
<td>Fax: 845-243-9906</td>
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<thead>
<tr>
<th>Putnam</th>
<th>Cove Care</th>
</tr>
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<tbody>
<tr>
<td>1808 Rt. 6, Carmel, NY 10512</td>
<td></td>
</tr>
<tr>
<td>Contact: Christina McGuigan</td>
<td></td>
</tr>
<tr>
<td><a href="mailto:cmcguigan@covecarecenter.org">cmcguigan@covecarecenter.org</a></td>
<td></td>
</tr>
<tr>
<td>Phone: 845-225-8995</td>
<td></td>
</tr>
<tr>
<td>Fax: 845-225-0753</td>
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<tr>
<th>Rensselaer</th>
<th>Vanderheyden Hall</th>
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<tbody>
<tr>
<td>650 Cooper Hill Road, Wynantskill, NY 12198</td>
<td></td>
</tr>
<tr>
<td>Phone: 518-283-6500 (211)</td>
<td></td>
</tr>
<tr>
<td>Fax: 518-687-0524</td>
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<thead>
<tr>
<th>Rockland</th>
<th>MHA Rockland County, Inc.</th>
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<tbody>
<tr>
<td>140 Route 303, Suite A, Valley Cottage, NY 10989</td>
<td></td>
</tr>
<tr>
<td>Contact: Laurie Montanaro</td>
<td></td>
</tr>
<tr>
<td><a href="mailto:lmontanaro@mharockland.org">lmontanaro@mharockland.org</a></td>
<td></td>
</tr>
<tr>
<td>Phone: 845-267-2172 (278)</td>
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<thead>
<tr>
<th>Rockland</th>
<th>St. Dominics Family Support</th>
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<tr>
<td>500 Western Highway Blauvelt, NY 10913</td>
<td></td>
</tr>
<tr>
<td>Phone: 845-359-7361</td>
<td></td>
</tr>
<tr>
<td>Contact: Santana Letts</td>
<td></td>
</tr>
</tbody>
</table>
NAMI Rockland County
140 Old Orangeburg Road, Bldg. #57, Rm N106
Orangeburg, NY 10962
Contact: Anne Arias
Phone: 845-359-8785
Fax: 845-359-4604
www.namirockland.org
Helpline: 845-359-8787
anne@namirockland.org

Saratoga
Captain Community Human Services
5 Municipal Plaza, Suite 3, Clifton Park, NY 12065
Contact: Joanna Long
Phone: 518-399-4624
Fax: 518-371-1185

Schoharie
Schoharie County Community Action Program
795 East Main Street, Suite 5, Cobleskill, NY
Contact: Becky Folan
bfoland@sccapinc.org
Phone: 518-235-0261
Fax: 518-234-0959

Catholic Charities
Family Support Services serving Delaware, Otsego and
Schoharie Counties
489 West Main Street, Cobleskill, NY 12043
Contact: Amy Brown
abrown@catholiccharitiessc.org
Rebecca Snyder
rebeccas@catholiccharitiessc.org
Phone: 518-235-3581
Fax: 518-234-8423

Sullivan
Action Towards Independence, Inc
309 East Broadway, Monticello, NY 12701
Contact: Deborah Worden
dworden@atitoday.org
Phone: 845-794-4228
Fax: 845-794-4475
Ulster

MHA in Ulster, Inc.
Family Support Services
300 Aaron Court, Kingston, NY 12401
Contact: Rachel Jacob
Rjacob@mhairulster.com
Phone: 845-339-9090
Fax: 845-336-0192

Families of Woodstock Adolescent Services
166 Albany Ave. Kingston NY 12401
Contact Person: Tori Barnes
(845) 331-7080 Ext.146
(845) 802-5558 Fax

Warren/Washington

Behavioral Health Services North Wellness Center
25 Willowbrook Road
Queensbury, NY 12804
Contact: Tia Ruggierio
truggiero@bhsn.org
Phone: 518-926-7100

Westchester

Family Ties of Westchester

Mount Vernon
105 Stevens Avenue, Suite 402
Mount Vernon, NY 10550
Phone: (914) 667-9369
Fax: (914) 667-9402
mtvernon@famtieswest.org

Ossining
175 Main Street, 2nd Floor
Ossining, NY 10562
Phone: (914) 941-3461
Fax: (914) 941-5373
ossining@famtieswest.org

Peekskill

c/o CHOICE, Inc.
One Park Place, 2nd Floor
Peekskill, NY 10566
Phone: (914) 930-8832
Fax. (914) 930-8833
peekskill@famtieswest.org

Yonkers
30 South Broadway, 7th Floor
Yonkers, NY 10701
Phone: (914) 964-2063
Fax: (914) 964-5748
yonkers@famtieswest.org

Administrative Office
112 East Post Rd, 3rd Floor White Plains, NY 10601
Phone: (914) 995-5238
Fax: (914) 995-8421
info@famtieswest.org

Families Together NewYork State

Regional Parent Advisors

Barbara Callahan, FPA
bcallahan@ftnys.org
Barbara.callahan@omh.ny.gov
845-797-1861

Charles Anthony Rice
carice@ftnys.org
518-432-0333 (33)
518-948-2531

Regional Youth Partner
To be Determined
**Long Island Region**

**Nassau County**

Family & Children’s Association Family Center  
377 Oak St., 5th floor  
Garden City, NY 11530  
**Contact:** Sondra Rakitovan, Program Supervisor  
**Email:** srakitovan@fcali.org  
516-485-5976

Hispanic Counseling Center  
Family Support Program  
344 Fulton Avenue  
Hempstead, NY 11550  
**Contact:** Maria Evelyn Rodriguez, Program Coordinator  
**Email:** merodriguez@hispaniccounseling.org  
516-538-2613

North Shore Child & Family Guidance Center  
480 Old Westbury Road  
Roslyn Hts, NY 11577  
**Contact:** Paul Danilack, Program Director  
**Email:** pdanilack@northshorechildguidance.org  
516-626-1971

**Suffolk County**

WellLife Network  
Family Support Service Program (FSS)  
3600 Rte. 112  
Coram, NY 11727  
**Contact:** Christina Hauptman, Supervisor  
**Email:** christina.hauptman@welllife.org  
631-920-8302

Family Service League  
Parent to Parent Program  
1444 Fifth Avenue  
Bayshore, NY 11706  
**Contact:** Anel Tineo, Program Supervisor  
**Email:** atineo@fsl-li.org  
631-647-3100
Suffolk County (cont.)

Family and Children’s Y-FI
Youth-Family Integration
4400 Veterans Hwy 202
Holbrook, NY 11741
Contact: Lori Adelberg
Email: ladelberg@fcali.org
631-389-4693

Regional Resources

Long Island Families Together
21 Greene Ave, Amityville, NY 11701
Contact: Andrea Stolz, Executive Director
631-264-5438, Ext. 103 astolz@lift4kids.org

Families Together New York State

Regional Parent Advisor
Cheryl Williams, FDC, FPA
631-761-3181
cheryl.williams@omh.ny.gov
cwilliams@ftnys.org

Regional Parent Advisor
Heather Tafuro, MS Ed. FDC, FPA
631-761-3334
heather.tafuro@omh.ny.gov
htafuro@ftnys.org

Regional Youth Partner
To Be Determined

IMPORTANT PHONE NUMBERS

County Department of Mental Health
Nassau County 516-227-7057
Suffolk County 631-853-8500

The Crisis Center (Hotline) 516-679-1111
Response of Suffolk (Hotline) 631-751-7500

Care Coordination/Health Home Manager
(formerly ICM / SEM)
Nassau County 516-485-5976
Suffolk County 631-854-0175
Long Island Families Together  631-264-5438

Mental Health Association  
   Nassau County  516-489-2322  
   Suffolk County  631-226-3900

Mental Health Hotline  631-952-3333

OMH Long Island Field Office  631-761-2508

Psychiatric Emergency Room  
   Nassau University Medical Center  631-572-4775  
   CPEP at Stony Brook (Suffolk)  631-444-6050

Sagamore Children’s Psychiatric Center  
   Mobile Mental Health Teams  631-370-1700

Single Point of Access (SPOA)  
   Nassau County  516-227-7057  
   Suffolk County  631-853-8513

DASH  24 hr Hotline  631-952-3333  
   (Diagnostic, Assessment & Stabilization Hub)

---

**HOTLINES**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Timings</th>
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<tbody>
<tr>
<td>Suicide Prevention Lifeline</td>
<td><strong>800-237-8255</strong></td>
<td></td>
</tr>
<tr>
<td>DASH</td>
<td>631-952-3333</td>
<td>24/7</td>
</tr>
<tr>
<td>LICADD</td>
<td>631-979-1700</td>
<td></td>
</tr>
<tr>
<td>Huntington Hotline</td>
<td>631-549-8700</td>
<td><strong>24/7</strong></td>
</tr>
<tr>
<td>Islip Hotline</td>
<td>631-227-4700</td>
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<tr>
<td>Long Island Crisis Center Hotline</td>
<td>516-679-1111</td>
<td><strong>24/7</strong></td>
</tr>
<tr>
<td>Long Beach Reach</td>
<td>516-889-2332</td>
<td>9am-10pm</td>
</tr>
<tr>
<td>Mental Health Hotline-Nassau</td>
<td>516-227-8255</td>
<td><strong>24/7</strong></td>
</tr>
<tr>
<td>Mental Health Hotline-Suffolk</td>
<td>631-952-3333</td>
<td><strong>24/7</strong></td>
</tr>
<tr>
<td>National Suicide Prevention</td>
<td>800-273-8255</td>
<td><strong>24/7</strong></td>
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<tr>
<td>Response of Suffolk County</td>
<td>631-751-7500</td>
<td><strong>24/7</strong></td>
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<tr>
<td>Response Spanish Line</td>
<td>631-751-7423</td>
<td><strong>15</strong> M-F 5pm-10pm</td>
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<td>Response On-lineHear2Help</td>
<td>[<a href="http://www.responsehotline.org">www.responsehotline.org</a>]</td>
<td>M-F 5pm-11pm</td>
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<tr>
<td>The Samaritans - NYC</td>
<td>212-673-3000</td>
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</table>
Additional Important Numbers

Nassau County Dept. of Health 516-742-6154 5:00 PM - 9:00 AM
Nassau County Dept. of Social Services 516-572-3143 6:00 PM - 8:00 AM
Families’ Anonymous 800-736-9805 Meeting information
Suffolk County Dept. of Social Services-after hrs 631-854-9100 4:30 PM - 9:00 AM

INFORMATION AND REFERRAL RESOURCES

Nassau County

Family and Children’s Association 516-746-0350
Mental Health Association 516-489-2322

Suffolk County

Family Service League 631-427-3700
Association of Mental Health & Wellness 631-226-3900
Islip information and referral 631-595-3535
Middle Country Library 631-585-9393

Nassau/Suffolk Counties

New York State Office of Mental Health 631-761-2508
Sagamore Children's Psychiatric Center 631-370-1700
<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Nassau Guidance &amp; Counseling Services, Inc.</td>
<td>950 South Oyster Bay Road – Suite 104</td>
<td>516-822-6111</td>
</tr>
<tr>
<td></td>
<td>Hicksville, NY 11801</td>
<td></td>
</tr>
<tr>
<td>EPIC Clinic Care</td>
<td>1500 Hempstead Tpke</td>
<td>516-739-7733</td>
</tr>
<tr>
<td></td>
<td>E. Meadow, NY 11554</td>
<td></td>
</tr>
<tr>
<td>Hispanic Counseling Center</td>
<td>344 Fulton Avenue</td>
<td>516-538-2613</td>
</tr>
<tr>
<td></td>
<td>Hempstead, NY 11550</td>
<td></td>
</tr>
<tr>
<td>LIFQHC</td>
<td>380 Nassau Road</td>
<td>516-442-5325</td>
</tr>
<tr>
<td></td>
<td>Roosevelt, NY 11575</td>
<td></td>
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<tr>
<td>Angelo J. Melillo Center for Mental Health</td>
<td>113 Glen Cove Avenue</td>
<td>(516) 676-2388</td>
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<td></td>
<td>Glen Cove, NY 11542</td>
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<tr>
<td>Mercy Medical Center BH Care Services</td>
<td>Ages 18 &amp; up</td>
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<tr>
<td></td>
<td>506 Stewart Ave</td>
<td>516-705-3400</td>
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<td></td>
<td>Garden City, NY 11570</td>
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<tr>
<td>Nassau Univ. Medical Center (NUMC)</td>
<td>Child, Adolescent &amp; Family Clinic</td>
<td></td>
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<tr>
<td></td>
<td>2201 Hempstead Turnpike</td>
<td></td>
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<tr>
<td></td>
<td>Butler Building</td>
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</tr>
<tr>
<td></td>
<td>East Meadow, NY 11554</td>
<td>516-296-2670</td>
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<tr>
<td>North Shore Child &amp; Family Guidance Ctr.</td>
<td>480 Old Westbury Road</td>
<td>Ages 7 – 21</td>
</tr>
<tr>
<td></td>
<td>Roslyn Heights, NY 11577</td>
<td>516-626-1971</td>
</tr>
<tr>
<td></td>
<td>999 Brush Hollow Road</td>
<td>516-997-2926</td>
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<tr>
<td></td>
<td>Westbury, NY 11590</td>
<td></td>
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<tr>
<td></td>
<td>Chemical dependency - Ages 7-25</td>
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<td>Mental Health - Ages 7-21</td>
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<tr>
<td>80 North Service Road (LIE)</td>
<td>Ages 0-3</td>
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<td>w/parent 3-6</td>
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<tr>
<td></td>
<td>Manhasset, NY 11030</td>
<td>516-484-3174</td>
</tr>
<tr>
<td>New Horizons</td>
<td>50 W. Hawthorne Ave</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Valley Stream, NY 11580</td>
<td>516-569-6600</td>
</tr>
<tr>
<td>South Nassau Communities Hospital Mental Health Services</td>
<td>2277 Grand Avenue</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Baldwin, NY 11510</td>
<td>516-377-5400</td>
</tr>
</tbody>
</table>
SUFFOLK COUNTY CLINICS

Brentwood Mental Health Center
1841 Brentwood Road
Brentwood, NY 11717  631-853-7300

Farmingville Mental Health Center
15 Horseblock Place
Farmingville, NY 11738  631-854-2552

Riverhead Mental Health Center
Riverhead County Center
Riverhead, NY 11901  631-852-1440

Catholic Charities
1727 No. Ocean Avenue
Medford, NY 11763  631-654-1919

21 Fourth Avenue
Bay Shore, NY 11706  631-665-6707

Family Service League (FSL)
Central Islip Clinic
320 Carlton Avenue
Central Islip, NY 11722  631-663-4300

East Hampton Clinic
316 Accabonac Rd.
East Hampton, NY 11937  631-324-3344

FSL – Huntington Clinic*
55 Horizon Drive
Huntington, NY 11743  631-396-2300

Iovino So. Shore Family Center
1444 Fifth Avenue
Bay Shore, NY 11706  631-647-3100

Mastic Clinic
1235 Montauk Hwy
Mastic, NY 11950  631-924-3741

Mattituck Mental Health Clinic
7555 Main Street
Mattituck, NY 11952  631-298-8642

Westhampton Beach Clinic
40 Main St.
Westhampton Beach, NY 11978  631-288-1954

Federation of Organizations Clinic
270A Long Island Avenue
Wyandanch, NY 11798  631-782-6200

John T. Mather Outpatient MHC
125 Oakland Avenue, Ste. 303
Pt. Jefferson, NY 11777  631-729-2140

Hudson River Healthcare Outpt. Behavioral Health Srv.
550 Montauk Highway
Shirley, NY 11967  631-490-3044

New Horizons Counseling Center
445 Oak Street, 2nd Floor
Copiague, NY 11726  631-257-5173

11 Route 111, 2nd Floor
Smithtown, NY 11787  631-656-9550

Sagamore Children’s Center
Waverly Avenue Clinic
440-14 Waverly Avenue,
Patchogue, NY 11772  631-654-2077

SCO/Madonna Heights Services
151 Burrs Lane
Dix Hills, NY 11746  631-643-8800

South Oaks Hospital Outpatient Services
400 Sunrise Highway
Amityville, NY 11701
Comp Outpt. Beh. Srv. (COBS) 631-608-5900
OnTrack South Oaks 631-608-5570

University Medical Ctr SUNY Stony Brook
Child Psychiatry Clinic
Putnam Hall
Stony Brook, NY 11794-8101
outpatient 631-632-8850
alternate # 631-632-9510

West Islip Youth Enrichment Services (YES)
401 Main St. Room #108
Islip, NY 11751  631-446-1950

Children’s Mobile Clinic Available *

INPATIENT SERVICES
Brunswick Hall
81 Louden Avenue
Amityville, NY 11701  631-789-7000
John T. Mather Hospital
North Country Road
Port Jefferson, NY 11777 631-473-1320
Partial Hospital 631-473-3877
Adolescent Unit 631-476-2775

Sagamore Children’s Psychiatric Ctr (SCPC)
197 Half Hollow Road
Dix Hills, NY 11746 631-370-1700
Sagamore Partial Hospital 631-370-1883

South Oaks Hospital
400 Sunrise Highway
Amityville, NY 11701 631-608-5610
Partial Hospital 631-608-5610

Stony Brook Hospital (Health Sciences Ctr)
Stony Brook, NY 11794 631-444-2111
Stony Brook Child Psychiatry 631-444-1251

DAY TREATMENT/SCPC SCHOOL BASED
MENTAL HEALTH CLINICS
Madonna Heights Day School 631-643-8800
SCPC No. Babylon Day Treatment 631-491-4355
SCPC Sayville School Based Clinic 631-775-1727
SCPC Tecumseh School Based Clinic 631-696-8660
SCPC Jefferson School Based Clinic 631-240-8920
SCPC Sequoya School Based Clinic 631-622-1249

NON-OMH LICENSED CLINICS
ACLD 631-665-3464
ACLD Kramer Learning Center 631-665-1900
Colonial Youth 631-281-4461
LI Select Health Care 631-650-2510
EPIC (Epilepsy Foundation) 516 739-7733
FSL Huntington 631-427-3700
Just Kids (preschool) 631-924-0008
VIBS 631-360-3730
YMCA Centereach 631-580-7777
Youth Bureau 631-853-8270

EMERGENCY SERVICES
CEP Stony Brook Hospital 631-444-6050
CPS Emergency 631-854-9100
Crisis Respite 631-370-1701
Children’s Mobile Response Team 631-952-3333
DASH 631-952-3333
NYS CPS Hotline 1-800-342-3720
Response Hotline of Suffolk 631-751-7500
SCPC Mobile Integration Team 631-370-1701
WellLife Network - Link 631-920-8302

COMMUNITY SUPPORT SERVICES
Alternatives for Youth (EAC) 631-648-2700
Assoc. for MH & Wellness 631-226-3900
Assoc. for MH & Wellness – HHCM 631-389-6336
Big Brothers & Sisters 516-731-7880
CPS Prevention 631-854-9359
FCA Youth & Family Integration 631-389-4693
FSL CAPT (preschool) 631-647-3128
FSL Family Connect 631-650-0051
FSL Home Base/Home Safe 631-650-0073
FSL – HHCM/NMCC Intensive 631-650-0146
FSL Parent to Parent (FSS) 631-853-2793
FSL – HHCM/NMCC Supportive 631-650-0146
FSL Therapeutic Rec/Recess 631-650-0105
Head Start 631-758-5200
LI Advocacy Center 631-234-0467
LIFT – LI Families Together (FSS) 631-264-LIFT
Probation 631-853-7889
SCDCMH – HHCM/NMCC Intensive 631-854-0175
WellLife Network Youth Care Mgmt 631-920-8663
WellLife Network SSTAAY 631-920-8604
WellLife Network MEIP 631-920-8333

SOME RESIDENTIAL OPTIONS
Berkshire Farms 631-420-4444
Hope For Youth 631-691-5100
LI AFS 631-444-4400
Mercy First/Merrick House CR 516-868-2050
WellLife Network House (east) 631-751-0197
WellLife Network House (west) 631-683-4393
SCO/CR 631-243-0305
SCO/Madonna Heights RTF 631-643-8800

For Further Information call:
Kathleen Herz, Psy.D.
Suffolk County Mental Hygiene 631-853-2949
Maryann Braithwaite, LCSW
Office of Mental Health 631-761-2063

Single Point of Access (CSPOA)
Fax 631-853-8513
New York City Region

ALLIANCE MEMBERS BY BOROUGH

STRONG FAMILIES AND COMMUNITIES TRAINING CENTER
New York Foundling
Elizabeth Tremblay, Assistant Vice President
Elizabeth.Tremblay@nyfoundling.org
(646) 745-0458

Bronx

Vibrant
Michelle Borgese, Alliance Coordinator
Mborgese@Vibrant.org
(917) 654-7074

MASA
Aracelis Lucero, Executive Director
alucero@masany.org
(718) 213-7845

JBFCs
Marilyn Jacob, PhD, LCSW Senior Director
mjacob@jbfcs.org
(212) 632-4749

Vibrant Emotional Health
975 Kelly Street, Suite 301
Bronx, New York 10459
Coordinator: Michelle Borgese
Email: Borgese@vibrant.org
Phone: 917-654-7074

Brooklyn

CCM
Shameka Beeks
Sbeeks@ccmny.org
(718) 704-1986 ext. 1403

Brooklyn Perinatal Network
Denise West, Deputy Executive Director
dwest@bpnetwork.org
(718) 643-8258 x 21

Christopher Rose Community Empowerment Campaign, Inc.
(CRCEC)
Sharon Coombs-Rose, Executive  
srose@crcec.org  
(718) 272-2363  

Brooklyn (cont.)  
Infinity Educational Special Programs CORP0  
Patricia Polimeni  
ppirozzi24@optonline.net  
(917) 501-0836  

Public Health Solutions  
Sarah Blust, Director  
sblust@healthsolutions.org  
(646) 619-6704  

Community Counseling & Mediation (CCM)  
810 Classon Avenue  
Brooklyn, NY 11238  
Coordinator: Elijah Williams  
Phone: 620-481-9042  
Email: elijahwilliams@ccmny.org  

Manhattan  
University Settlement  
Mary Adams  
marva@universitysettlement.org  
212.453.4505  
917.838.7327  

Association to Benefit Children (ABC)  
Marie Nguyen, Chief Program Officer  
Mnguyen@a-b-c.org  
(212) 845-3863  
Eri Noguchi, Associate Executive Director  
Enoguchi@a-b-c.org  
(212) 845-3822  

The Door  
Peter Gee, Interim Executive Director  
pgee@door.org  
(212) 941-9090 ext. 3429  
Reed Christian, Managing Director of Supportive Services and Counseling –  
rchristian@door.org  
(917) 882-1041  

Manhattan (cont.)

University Settlement Society of New York
184 Eldridge Street,
New York, NY 10002
Coordinator: Genesis Villafane
Email: gvillafane@universitysettlement.org
Phone: 646-574-7680

Queens

Vibrant Emotional Health
29-46 Northern Blvd, 2nd Floor
Queens, New York 11101
Ina Concepcion, Alliance Coordinator
Email: IConcepcion@vibrant.org
Phone: 347.920.8064

KAFSC
Jeehae Fischer, Executive Director
jeehae.fischer@kafsc.org
718.460.3804

Sheltering Arms
Amy Wilkerson
awilkerson@shelteringarmsny.org
917-485-1362

Staten Island

Families on the Move
358 St. Marks Place Ste. 302 S.I. NY 10301
Director: Euphemia Adams
eadams@fotmnyc.org
Phone: 347-682-4870 fax: 718-447-6539
Deputy Director of Programs: Lorraine Jacobs
ljacobs@fotmnyc.org
Phone: 718-613-3079

DOHMH Resources and Contact Information

Family Support Program Specialist – Salena Mullen
(347) 396-7075
smullen@health.nyc.gov

DOHMH Youth Peer Advocacy Coordinator – Nieve Jackson
(347) 396-7920
njackson2@health.nyc.gov
Families Together New York State

Regional Parent Advisors

Mona Ghuneim, FPA
mghuneim@ftnys.org
mona.ghuneim@omh.gov.ny
212-330-1676
917-597-9483

Diana Mendez, FPA
dmendez@ftnys.org
diana.mendez@omh.gov.ny
212-330-6371
917-232-5146

Priscilla Romero
promero@ftnys.org
518.432.0333 ext. 38

Regional Youth Partner
Mariama Toe-Freeland, YPA
mtfreeland@ftnys.org
347-996-9647
Western Region

Multiple Counties

AspireHope
25 West Steuben Street, Bath, NY
Program Director: Janine Struble
Phone: 607-776-2164, 1-800-934-4244
@aspirehope.org
Serving Counties: Alleghany, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, Yates

Hillside Family Support
96 West Buffalo Street, Warsaw, NY 14569
Manager: Megan Henry
Phone: 585-786-5906
mhenry@hillside.com
Serving Counties: Genesee, Livingston, Orleans, Wyoming

Cattaraugus

Intandem Family Support Program
1439 Buffalo St. Olean, NY 14760
Director of Behavioral Health Services: Kaylin Gunther
Phone: 716-375-4730
kgunther@intandem.org

Erie

Mental Health Advocates of WNY
1021 Broadway, Buffalo, NY 14212
Director: Stacie Dziwulski
Phone: 716-886-1242
sdziwulski@mhadwy.org

Monroe

Mental Health Association Family Support Program
320 Goodman Street N, Rochester NY, 14607
Director: Nitza Rodriguez
Email: nirodriguez@mharochester.org
Phone: 585-325-3145

Compeer Rochester
259 Monroe Street, Rochester, NY 14607
Contact: Josh Higgins, Manager of Youth Skill Building and Peer Services
Phone: 585-546-8280
jhiggins@compeerrochester.org
Niagara Frontier Family Network
New Directions Youth and Family Services
6395 Old Niagara Road, Lockport, NY 14094
Director: Sarah Taylor
Phone: 716-529-1122
staylor@ndyfs.org

Tompkins Mental Health Association in Tompkins County
Family Support Services
301 South Geneva Street, Suite 109, Ithaca, NY 14850
Director: Josephine Gibson
Phone: 607-273-9250
jgibson@mhaedu.org

Families Together NewYork State

<table>
<thead>
<tr>
<th>Regional Parent Advisor</th>
<th>Regional Parent Advisor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pam Brannan, FPA</td>
<td>Jenny Laney, FPA</td>
</tr>
<tr>
<td><a href="mailto:pbrannan@ftnys.org">pbrannan@ftnys.org</a></td>
<td><a href="mailto:jlaney@ftnys.org">jlaney@ftnys.org</a></td>
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<td><a href="mailto:Pamela.Brannan@omh.ny.gov">Pamela.Brannan@omh.ny.gov</a></td>
<td><a href="mailto:jenny.laney@omh.ny.gov">jenny.laney@omh.ny.gov</a></td>
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<td>716-517-1905, 716-533-4079</td>
<td>716-533-4191, 518-432-0333 ext.30</td>
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Regional Youth Partner

Alex Carpenter
acarpenter@ftnys.org
585-314-2452