

# Families 1001 Annual Conference BUILDING STRONG ROOTS FOR SUCCESS: TODAY'S VISION, TOMORROW'S REALIT

**BUILDING STRONG ROOTS FOR SUCCESS: TODAY'S VISION, TOMORROW'S REALITY!** SUNDAY & MONDAY, MAY 1 & 2, 2022 THE MARRIOTT, ALBANY, NY

schedule at a Glance

Healing, Calmness &

Wellness Rooms Available Throughout the Conference

# Sunday, May 1, 2022

9:30AM Registration Opens; Visit Exhibitors; 50/50 Raffle & iPad

12:00PM Lunch

**Keynote Speaker: Marc Brackett, PhD** 

Permission to Feel: The Power of Emotional Intelligence to Achieve Well-Being and Success in School and Life

## **Session 1**

12:30PM

2:00PM **Managing Emotions During Stressful and Uncertain Times** 

WDT: Systems Change: Value of Lived Expertise in Peer Support

**YT: The Melting Pot** 

FT: New York State Unified Court System: Inclusive Community Resources for Effective Dialogue and Resolutions

FYT: Your Journey of Wellness and Recovery, Your Voice, Your Child, Your Family

#### **Session 2**

3:30PM YT: Our Health Matters, Trauma Informed Recreation for LGBTQIA+, POC, and Neurodiverse Youth

WDT: Training and Credentialing for YPAs and FPAs - What You Need to Know

FT: Youth Voice - Preparing for the Next Generation

FT: Autism Through Our Lens

5:30PM **Awards Reception** 

8:30PM **Light the Night Event: Low Light** 

9:45PM **Light the Night Event: High Light** 

## Monday, May 2, 2022

9:15AM Keynote Speaker: Luis O. Lopez, MA, MS

Moving Forward—A Brief Review of Trauma and Where We Are at After the Past 2 Years

## **Session 3**

10.30AM FT: Human Trafficking of Youth 101

YT: Self & Systems Advocacy - Honoring Your Voice

YT: Speak Our Prep

FT: The "I" In The Storm: Using Restorative Practice to Support Ourselves, then Others, During Turbulent Times

**FYT: The Affirmation Project** 

12:00PM Lunch

1:00PM **Annual Youth Speak Out** 

2:30PM Closing