

Schedule at a Glance

Day 1: Friday 6/24/22

12:00-1:15pm **Registration & Lunch**
1:30-3:00pm **Orientation**
3:15-4:45pm **Advocacy 101**
5:00-6:00pm **Dinner**
6:30-8:30pm **Trax Performance and Panel Discussion**

Day 2: Saturday 6/25/22

8:00-9:30am **Breakfast**
9:45-10:45am **Keynote Address**

11:00-12:15pm **Classes:**

Peer Recovery Advocacy: *Trauma-Informed Approaches to Peer Support and the Importance of Self-Care for Peers*

Systems Advocacy: *Chronic Health Conditions & Youth Mental Health*

Disability Leadership: *Disability History & Culture*

12:15-1:15pm **Lunch**

1:30-2:45pm **Classes:**

Peer Recovery Advocacy: *Tacos, and Peaches, and Eggplants, OH MY! How to Take Control of Your Sexual Health and Encourage Your Peers to do the Same*

Systems Advocacy: *Fight for Our Rights*

Disability Leadership: *Disability Etiquette*

3:00-4:00pm **Electives:**

Option 1: *Harm Reduction: How to Safely Use Drugs (Narcan Training), How narCAN use Drugs Safely*

Option 2: *Our Health Matters: Trauma Informed Recreation for BIPOC, LGBTQ+, Neurodiverse Youth*

4:15-5:30pm **Classes:**

Peer Recovery Advocacy: *How to Provide Peer Services to Queer Identifying Youth and Young Adults (When You Might Not Have that Lived Experience)*

Systems Advocacy: *Foster Care, Incarceration, and Addiction: How They All Intersect*

Disability Leadership: *Strategic Sharing & Disability Disclosure*

5:30-6:30pm **Dinner**

6:30-8:00pm **Student Resource Fair**

7:30-9:00pm **Evening Activities**

Option 1: *Qi Gong Martial Arts Workshop*

Option 2: *Graduation Cap Decorating*



**The Wellness Room will be
available throughout UYP from
9:00am – 5:00pm**

Day 3: Sunday 6/26/22

8:00-9:30am **Breakfast**

9:45-11:00am **Electives:**

Option 1: *Media and Youth Mental Health - How Media Can be Used to Spark Conversation, Create Perceptions and Tell Stories for Change*

Option 2: *S.P.E.A.R. AND S.W.I.M. INTO WELLNESS*

Option 3: *Hyping Up HIV Prevention*

11:15-12:30pm **Classes:**

Peer Recovery Advocacy: *Building Your Toolbox*

Systems Advocacy: *Systems Change: Value of Lived Expertise in Peer Support*

Disability Leadership: *Independent Living the Next Generation*

12:45-1:45pm **Lunch**

2:00-3:15pm **Classes:**

Peer Recovery Advocacy: *Suicide Prevention for Non-Clinicians*

Systems Advocacy: *How to Build Youth Coalitions Through Collective Impact Alignment*

Disability Leadership: *Financial Literacy: Money Matters 101*

3:30-5:00pm **Leaders Lunch Prep**

5:15-6:15pm **Dinner**

6:30-9:00pm **Evening Activities**

Option 1: *Karaoke Pajama Party!*

Option 2: *Game Night!*

Day 4: Monday 6/27/22

8:00-9:30am **Breakfast**

9:45-10:30am **Personal Leadership Planning**

10:30-11:30am **Leaders Lunch Refresher Prep**

11:30-12:00pm **Dress for Leaders Lunch**

12:00-1:30pm **Leadership Lunch**

1:45-2:45pm **Graduation**

3:00-4:00pm **Check out**



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