

# Junior Youth Peer Advocate Program

The Junior Youth Peer Advocate (JYPA) Training program is a 5-week training for high school students (grades 9 – 12) who are passionate about supporting others. Upon completion, trained JYPA's are eligible to facilitate support groups for fellow students within their school.

JYPA's are under the supervision of an adult ally (teacher, school counselor, social worker, etc.). FTNYS offers ongoing technical assistance in order to ensure all groups have the necessary resources to succeed.

**FOR MORE INFORMATION, CONTACT:**  
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## The training consists of the following topics:

- Youth Peer Support
- Strategic Sharing
- Disability Rights
- Creating Inclusive Environments
- Trauma Informed Peer Support
- Cultural Curiosity
- Group Facilitation
- The New Normal (Life with COVID)

## Benefits of Completing the JYPA Training:

- Find purpose & make a difference
- Resume & communication skills
- Begin a career path
- Increased self confidence
- Promotes sense of belonging

## Benefits of attending JYPA Support Groups:

- Increased social networks & support systems
- Receive emotional support
- Develop a stronger appreciation for the importance and value of inclusion
- Deeper knowledge of diverse backgrounds

Are you looking to raise  
**mental health**  
awareness in your  
**high school?**