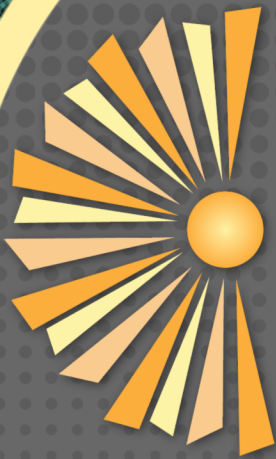


Healing the Mind, Body, and Soul!



RISE

ABOVE SUICIDE
PREVENTION PROGRAM

Community-based support including
Access to our Community Art Center,
Sensory Garden & Free Clinic!

Are you feeling at risk?

Take our online questionnaire for your free
consultation & coping skills kit

- Journal & Pen
- Stress Ball
- Consultation for personalized services



Rise Life Services: Enrichment Experience Suicide Prevention Program

riseliveservices.org • (631) 508-1148 • 901 E. Main Street – Suite 500, Riverhead, NY 11901



OUR SERVICES ARE FREE & OPEN TO THOSE IN NEED

Mind 🧠

- Individual and Group Therapy
- Family Education and Counseling
- Academic and Vocational Support
- Risk Assessment
- Referral and Linkage
- Wrap around Support

Body 🤘

- Community Engagement and Outreach
- Wellness Activities
- Art, Music and Dance Therapy and Classes
- Substance Use Prevention
- Recreational Activities

Soul ❤️

- Crisis Intervention and Management
- Peer Support
- Coping skills coaching, including help-seeking and accepting behaviors
- Post-prevention Support

ABOUT:

Our Mission is to engage in community outreach to identify vulnerable and at-risk individuals, and connect them to the highest quality of services, to instill hope for the future, and to save lives.

Our team includes the best social workers, family specialists, peer specialists, outreach specialists and recreational therapists Long Island has to offer.

Preventing and reducing the risk of suicide among these particular youth require an extensive, community-based approach that promotes help-seeking behaviors, builds networks to trusted individuals and alliances among supportive peers.

Engagement in community activities can also be instrumental in providing opportunities that can ensure physical and emotional safety.

Team Leader
(631) 508-1148

enrichmentexperience@Riselifeservices.org