



Office of
Mental Health

New York State Office of Mental Health Comprehensive Psychiatric Evaluation Program



Presenter

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NYS OMH Mission Statement

The mission of the New York State Office of Mental Health is to promote the mental health of all New Yorkers, with a particular focus on providing hope and recovery for adults with serious mental illness and children with serious emotional disturbances.

Office of Mental Health has Two Main Missions

- Assuring access to services of the highest quality for children with serious emotional disturbance and adults with severe mental health illness
- Promoting the mental health of all New Yorker through a public health approach of educational and advocacy

OMH Role and Responsibilities:

- New York State has a large, multi-faceted mental health system that serves more than 900,000 individuals each year. The Office of Mental Health (OMH) operates psychiatric centers across the State, and also regulates, certifies and oversees more than 4,500 programs which are operated by local governments, nonprofit agencies and State Psychiatric Centers. These programs include various inpatient and outpatient programs, emergency, community support, residential and family care programs

www.omh.ny.gov/omhweb/about/



Office of
Mental Health

Office of Mental Health Values:

Recovery

Resilience

Excellence

Respect

Diversity

Elimination of Stigma

Cultural Competence

Safety

Positive Social and Emotional
Development



Office of
Mental Health

Children Services

- **Mental Health Outpatient Treatment and Rehabilitative Services**
(aka Outpatient Clinic) (MHOTRS)**
- **Single Point of Access** (SPOA Children (C))**
- **Crisis Residence** (CR Children (C))**
- **Home & Community Based Intervention (HCBI)**
- **Community Residence (CCR Children (C))**
- **Residential Treatment Facilities (RTF)**
- **Inpatient Hospitalization****

** identifies both Adult & Children services

Children Services

- **Partial Hospitalization****
- **Children's State Inpatient Hospitalization**** (CPC)
- **Child & Family Treatment Support Services** (CFTSS)
- **Assertive Community Treatment**** (ACT)
- **Day Treatment**
- **Family Peer Support** (FPA)
- **Youth Peer Support** (YPA)
- **Crisis Stabilization Centers**** (CSC)



Comprehensive Psychiatric Evaluation Program (CPEP)

- **Comprehensive Psychiatric Evaluation Program (CPEP):**
 - The purpose is for those individuals with a known or suspected mental illness to provide emergency observation, evaluation, care, and treatment in a safe and comfortable environment.
 - Services will include crisis intervention services within an emergency room setting, crisis outreach services, beds for extended observation of patients, and triage and referral services.

[CPEP Program Guidance Final October 2021 \(ny.gov\)](https://www.ny.gov/cpep-program-guidance-final-october-2021)



Comprehensive Psychiatric Evaluation Program (CPEP)

- OMH licenses 21 CPEP Programs across NYS
 - Western Region : 3
 - Central Region: 2
 - Hudson Region: 0
 - Long Island: 1
 - New York City: 14

In the 2023 proposed OMH budget, 12 CPEP expansions are included.



Comprehensive Psychiatric Evaluation Program (CPEP)

- **Comprehensive Psychiatric Evaluation Program (CPEP):**
 - A hospital-based emergency psychiatric service
 - Operate 24/7
 - Treats patients of all ages – typically separate units and waiting areas for children and adults
 - Provides psychiatric evaluations by a team of professionals
 - Goal: decide if patient requires inpatient care or to be discharged with additional supports



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ **Inpatient services:**

- These hospital-based programs offer a full range of treatment and support services. Programs exist in general hospitals (Article 28), freestanding psychiatric hospitals (Article 31) and State Children's Psychiatric Centers.

➤ **9.39 Designation:**

- A hospital that has an inpatient unit. The emergency room is to provide for those individuals with a known or suspected mental illness to provide emergency observation, evaluation, care, and treatment in a safe and comfortable environment.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ Presentations to CPEP:

- Referrals from providers - ie. schools, clinic's, etc.
- Emergency medical services transport
- Police transport (9.41 or 9.45)
- Self presentations



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ CPEPs Provides:

- A full range of psychiatric emergency services
 - Triage
 - Observation
 - Evaluation
 - Care
 - Treatment
 - Referral to community-based services
 - Crisis outreach services within a defined geographic area to individuals experiencing symptoms of a behavioral health crisis including co-occurring disorders, developmental disabilities, and medical conditions.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ CPEP Team of Professionals:

- **Doctor/Psychiatrist/Psychiatric Nurse Practitioner:** Conducts a psychiatric evaluation of the patient's presenting problem and their mental health history as well as home and school environment to determine the need to admission.
- **Nurse:** Takes vital signs, medical history, and gathers information upon arrival. They also observe and provide support to your children while they wait to be seen in the milieu area.
- **Social Worker:** Conduct collateral calls as well as a psychosocial assessment and safety planning with your child. The information gathered is communicated to the doctor to help come to a decision.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ Triage and referral service:

- A face-to-face interaction in-person between an individual and a staff physician or psychiatric nurse practitioner. Other disciplines including but not limited to nurses, social workers, and mental health aides, may assist the physician or psychiatric nurse practitioner with triage and referral services.
- Psychiatric diagnostic assessments
- Basic health screening, vitals, other screenings and emotional support as necessary may be performed by a nurse;



Comprehensive Psychiatric Evaluation Program (CPEP)

- Emotional support, orientation to the unit, reassurance for the individual receiving services
- Communication by CPEP staff with collaterals including but not limited to family, family of choice, and/or guardians of the individual receiving services. This is an essential aspect of the service. Collateral calls are necessary for gathering information on the patient and provide the team with a full understanding of the patient's needs.
- Discharge planning and linkage to services in the community may be performed by licensed social workers, other licensed professionals, and peer specialists.



Comprehensive Psychiatric Evaluation Program (CPEP)

- If a more specialized assessment is required, it may be provided by relevant trained staff, e.g. a substance use evaluation may be provided by a credentialed alcoholism and substance abuse counselor.



Comprehensive Psychiatric Evaluation Program (CPEP)

Extended Observation Bed (EOB):

- Bed(s) located in or adjacent to the emergency room of a CPEP which provides a safe environment for an individual who, in the opinion of the examining physicians, requires extensive evaluation, observation, assessment, or stabilization of the person's acute psychiatric symptoms for a period up to 72 hours.
 - EOB beds may be for adults and/or youth
- Extended observation beds are operated 24/7. EOBs provide extended assessment, observation and evaluation, therapeutic programming as well as a humane, safe environment which includes appropriate sleeping quarters, toilet, bath, and dietary facilities

Comprehensive Psychiatric Evaluation Program (CPEP)

- **EOB services include but are not limited to the following:**
 - Individuals are observed frequently throughout their stay in an EOB. Observation levels are determined by the treatment team and ordered by the CPEP physician.
 - Nursing assessment is performed by a RN every shift.
 - Minimum daily psychiatric assessment performed by the attending psychiatrist or a nurse practitioner in psychiatry under supervision of a staff psychiatrist.
 - Meetings occur with the treatment team throughout an EOB stay. Meetings are dependent on the individual's needs, clinical course and possible family or outpatient care providers/case managers meetings.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ **EOB Beds cont.:**

- Opportunities to engage in activity therapy are offered daily.
- Risk assessments including suicide and violence assessments are performed.
- For individuals admitted into an extended observation bed, a safety plan for the EOB stay is developed for anyone determined to be at moderate to high risk of harm to their self or others.

➤ **Crisis Outreach Services:**

- Crisis outreach services are evaluation, assessment and stabilization services provided in-person outside of an emergency room.
 - Mobile Crisis Outreach
 - Crisis Outreach Follow Up



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ **Mobile Crisis Outreach:**

- Are voluntary services provided to individuals in the community who are exhibiting symptoms of mental illness and/or acute stress that significantly impairs the capacity to cope with normal life circumstances. There may be a risk for an escalation of psychiatric symptoms that cannot reasonably be managed without intervention.

➤ **Crisis Outreach Follow Up:**

- Services are provided to individuals who may be considered high risk, disconnected from care or other factors, and are identified through CPEP psychiatric emergency services at discharge or by Mobile Crisis Outreach teams.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ **Crisis Outreach Services:**

- May be provided in the community or at a location within the hospital outside of the emergency department.
- If provided within the hospital, this service is not intended to replace clinic services but are intended to provide opportunities for individuals where making connections in the community are too difficult and providing a space within the hospital walls provides better access and greater opportunity for making connections with the individual and linkages within the community.
- Crisis Outreach Follow Up is not a service that is provided to individuals being discharged from psychiatric inpatient units.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ **Crisis Outreach Services:**

- An individual may receive crisis outreach services for a sufficient period of time that allows for linkage to and engagement in services after an initial crisis service visit in the community or discharge from the emergency room of the CPEP.
- Crisis outreach services should not take the place of ongoing treatment and support services in the community.



Comprehensive Psychiatric Evaluation Program (CPEP)

➤ **Telehealth:**

- Telehealth is allowed in CPEPs with proper approvals. For details on how Telehealth may be implemented in CPEPs, please review the most current telehealth guidance at:

<https://omh.ny.gov/omhweb/guidance/>



Field Office Locations

Central New York Field Office
 545 Cedar Street
 2nd Floor
 Syracuse, NY 13210-2319
 (315) 426-3930
 Fax (315) 426-3950

Hudson River Field Office
 10 Ross Circle
 Suite 5N
 Poughkeepsie, NY 12601
 (845) 454-8229
 Fax (845) 454-8218

Long Island Field Office
 998 Crooked Hill Road
 Building 45, 3rd Floor
 West Brentwood, NY 11717-1087
 (631) 761-2508
 Fax (631) 761-2820

Western New York Field Office
 737 Delaware Avenue
 Suite 200
 Buffalo, NY 14209
 (716) 533-4075
 Fax (716) 885-4096

New York City Field Office
 330 Fifth Avenue
 9th Floor
 New York, NY 10001-3101
 (212) 330-1650
 Fax (212) 330-6359



★ NYS OMH Field Office

Reasons to contact the Field Office

- Families, providers and staff may call when:
 - Concerns about programming/services
 - Information regarding programs
 - Locating programs and linkages
 - Cross-systems questions, issues and challenges



[New York State Office of Mental Health \(ny.gov\)](http://ny.gov)



Reasons to contact the Field Office

- Field Office Phone Numbers:
 - New York City: 212-330-1650
 - Long Island: 631-761-2508
 - Hudson: 845-454-8229
 - Central: 315-4263950
 - Western: 716-533-4075

- OMH Relations Line:
 - 1-800-597-8481

- Justice Center:
 - 1-800-624-4143



[New York State Office of Mental Health \(ny.gov\)](http://ny.gov)

Field Office Functioning and Interactions

- Manages, oversees, and coordinates mental health programs and services for children, adolescents and adults
- Bureau of Inspection and Certification monitors, visits, and reviews children, adolescents and adult programs (Feedback from families, adults and children are sought out for review visits)
- Reviews and comments on proposed regulations, guidelines, and other directives related to services for children, adolescents and adults. OMH provides surveys to adults, families and youth on feedback for programming.
- Conducts site visits of unlicensed programs and collaborates with licensed programs to integrate service delivery
- Coordinates and participates in meetings to facilitate children and youth transitions between services and systems
- Provides technical assistance for certification licensed programs

Thank
you!





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