

Junior Youth Peer Advocate Program

The Junior Youth Peer Advocate (JYPA) Training program is a 6-week training for high school students (grades 9 – 12) who are passionate about supporting others. Upon completion, trained JYPA's receive a certificate of completion and are eligible to facilitate support groups for fellow students within their school and/or community.

JYPA's are under the supervision of an adult ally (teacher, school counselor, social worker, etc.). FTNYS offers ongoing technical assistance in order to ensure all groups have the necessary resources to succeed.

FOR MORE INFORMATION, CONTACT:

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The training consists of the following topics:

- Youth Peer Support
- Essential Communication Skills
- Strategic Sharing
- Cultural Curiosity & Inclusion
- Impacts of Childhood Trauma
- Trauma Informed Peer Support
- Healthy Coping Skills
- Group Facilitation

Benefits of Completing the JYPA Training:

- Find purpose & make a difference
- Resume & career development
- Increased self confidence
- Promotes sense of belonging
- Mental health education

Benefits of attending JYPA Support Groups:

- Increased social networks & support systems
- Receive emotional support
- Develop a stronger appreciation for the importance and value of inclusion
- Deeper knowledge of diverse backgrounds

Are you looking to raise
mental health
awareness in your
high school?

Families Together in NYS partners with Nassau BOCES to expand accessibility to the Junior Youth Peer Advocate (JYPA) Training Program.

FTNYS is now part of the Nassau BOCES Community School Partnership cooperative service. This allows FTNYS to be BOCES aidable for public school districts!

The \$5,100 program cost is fully BOCES aidable.

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