

GET ON THE BUS CENTRAL

FAMILY EMPOWERMENT DAY RALLY & MARCH MARCH 3, 2025

Register at ftnys.org/fed and choose your pick-up site for bus transportation to the Capitol in Albany.



qrco.de/bfgNmB

PICK-UP LOCATIONS & TIMES:

Lowville | 6:15am
5520 Jackson Street
Lowville, NY 13367

Watertown | 7:15am
146 Arsenal St
Watertown, NY 13601

Syracuse | 9:00am
Dewitt Travel Center
6031 Tarbell Road
Syracuse, NY

*(Thruway rest stop off 90
East before exit 35)*

For busing information,
contact Lamanda Cook

 **(315) 836-3735 x309**

 **lamandac@nrcil.net**

NRCIL

**Families
Together**
in New York State



FAMILY Our Voice
Shapes Policy.
**EMPOWERMENT
DAY**