

Families Together

in New York State

Empowering Families. Coordinating Systems.



NEW YORK STATE /OMH

COMMUNITY BASED-FAMILY

SUPPORT PROGRAMS

(1650 PROGRAMS)

Families Together in New York State

Mission Statement

Families Together in New York State represents, supports and advocates for youth and family voice in policy and systems change to ensure an equitable and inclusive journey that fosters belonging, wellness and empowerment for all.

www.ftnys.org

Home Office
737 Madison Avenue
Albany, N.Y. 12208
Office: 518-432-0333
Fax: 518-432-6478
Toll-free: 1-888-326-8644

**FAMILIES TOGETHER IS A STATEWIDE FAMILY RUN,
FAMILY GOVERNED ORGANIZATION**

Family organizations are family run, meaning CEO/ ED is a parent/caregiver, and family governed meaning at least 51% of board are parents/caregivers.

Central Region

Broome

Broome Catholic Charities

https://www.catholiccharitiesbc.org/programs/youth_services/family-support.html

232 Main Street, Binghamton, NY 13905

Contact: Amy Wilson, FPSS Supervisor

Phone: 607-729-9166

Email: awilson@ccbc.net

Children's Home of Wyoming Conference

<https://chowc.org/our-services/community-programs/>

297 Chenango Street, Binghamton,
NY13901

1182 Chenango Street, Binghamton, NY 13901

Contact: Beth Palmieri, FPSS
Supervisor

607-772-6904

Email: bpalmieri@chowc.org

Chenango

Family Resource Network

<https://familyrn.org/programs/mental-health-and-wellness-services/>

46 Oneida Street, Oneonta, NY 13820

Contact: Michelle Zuk- Executive
Director

Email: executivedirector@familyrn.org

Email: mzuk@familyrn.org

Phone: 607-432-0001

Mary Fralick-Family Peer Support Director

Email: mfralick@familyrn.org

Clinton

Behavioral Health Services North, Inc.

<https://bhsn.org/ccbhc/>

22 US Oval, Suite 218, Plattsburgh, NY

12903 Contact: Program Coordinator:

Tammy Mahan

Phone: 518-593-8380

Email: tmahan@bhsn.org

Cortland

Cortland Community Services/Clinic

<https://www.cortlandcountyny.gov/454/Familysupportservices>

7 Clayton Avenue

Cortland, NY 13045-2501

Contact: Jamee Sobko-Family Support Services Director
607-758-6110

Email: jsobko@cortlandcountyny.gov

Delaware

Family Resource Network

<https://familyrn.org/programs/mental-health-and-wellness-services/>

46 Oneida Street, Oneonta, NY 13820

Contact: Michelle Zuk- Executive Director

Email: executivedirector@familyrn.org

Email: mzuk@familyrn.org

Contact: Mary Fralick-Family Peer Support Director

Email: mfralick@familyrn.org

Phone: 607-432-0001

Essex

Families First of Essex County Family Support

https://familiesfirstessex.org/what_we_do/programs_services.html

PO Box 565

196 Water Street, Elizabethtown, NY 12932

Contact: Kayleigh Wojewodzic - Director of Clinical Services
Phone: 518-873-9544

Fax: 518-873-9570

Email: kwojewodzic@familiesfirstessex.org

Franklin

Citizens Advocates, Inc.

Enhance Parent Support Services

<https://citizenadvocates.net/mental-health/peer-support-services/>

209 Park Street, Malone, NY 12953

Contact: Melissa Rundall

Phone: 518-651-2277

Email:

melissarundall@citizenadvocates.net

Fulton & Montgomery

MHA of Fulton and Montgomery Counties

Family Support – Fulton/Montgomery

<https://www.mentalhealthassociation.org/programs1.html>

307-309 Meadow Street, Johnstown, NY 12095

Contact: Pat Gardner- Family Support Director

Phone: 518-762-5332 (103)

Email: pgardner@mhafm.org

Fulton

The Family Counseling Center

<https://www.thefamilycounselingcenter.org/family-support-services/>

11-21 Broadway, Gloversville, NY

12078 Contact: Emily Cooper-C &

F Program Services Director

Phone: 518-725-4310

Email: ecooper@thefamilycounselingcenter.org

Herkimer

Center for Family Life and Recovery

<https://www.whenthereshelpthereshope.com/services/>

502 Court Street, Suite 401 Utica, NY

13502

Contact: Oahmidah Chalbat/

Supervisor for PINS

Email: ochalbat@cflrinc.org

Phone: 315-867-1317

Upstate Cerebral Palsy, Inc.

<https://www.upstatecp.org/behavioral-health/#other-supports>

s/b 235 N. Prospect St, Herkimer, NY

13350

Contact: Jynee Zimdars-Program

Manager of OMH

Email: Jynee.zimdars@upstatecp.org

Phone: 315-927-3230

Jefferson

Northern Regional Center for Independent Living

Family Support Services

<https://nrcil.net/programs/family-peer-support/>

210 Court Street, Suite 107, Watertown, NY
13601: Jennifer Sibley- FPSS Program

Director

Phone: 315-785-8703

Email: jennifers@nrcil.net

Aileen Martin-Executive Director

Email: aileenm@nrcil.net

Lewis

Northern Regional Center for Independent Living

Family Support Services

<https://nrcil.net/programs/family-peer-support/>

5520 Jackson Street
Lowville NY 13367

Contact: Lamanda Jackson-Lewis
Family Support Team Leader

Phone: 315-836-3735

Email: lamandac@nrcil.net

Otsego

Family Resource Network

<https://familyrn.org/programs/mental-health-and-wellness-services/>

46 Oneida Street, Oneonta, NY

13820 Coordinated Children's

Service Initiative Contact: Michelle

Zuk- Executive Director

executivedirector@familyrn.org

Email: mzuk@familyrn.org

Mary Fralick-Family Peer Support Director

Email: mfralick@familyrn.org

Phone: 607-432-0001

St. Lawrence

**Northern Regional Center for Independent
Living Family Support Services**

**[https://nrcil.net/programs/family-peer-
support/](https://nrcil.net/programs/family-peer-support/)**

500 State Street, Ogdensburg, NY 13669

Director: Jennifer Sibley

FPSS Program Director

Email: jennifers@nrcil.net

Aileen Martin

Executive Director

Email: aileenm@nrcil.net

Phone: 315-785-8703

Hudson River Region

Albany

Families United Network

Northern Rivers

<https://www.northernrivers.org/resources>

60 Academy Road, Albany, NY 12208

Cynthia Novakovic-Program Manager

Email: cnovakovic@northernrivers.org

Phone: 518-729-7574

Fax: 518-447-5234

Columbia

MHA in Columbia/Greene Counties, Inc.

<https://www.mhacg.org/programs/cftss>

713 Union Street, Hudson, NY 12534 Roxanne

Carpenter-Division Director for Children and

Families Division

Email: rcarpenter@mhacg.org

Lori Kolb-Speer, FPA

CFTSS Program Director

Email: lspeer@mhacg.org

Phone: 518-828-4619

Fax: 518-828-1196

Dutchess

MHA in Dutchess County, Inc.

Family Support Programs

<https://mhadutchess.org/services/family-peer-advocate/>

515 Haight Street, Poughkeepsie, NY 12603

Janet Caruso-Director

Phone: 845-473-2500 (x1325)

Email: jcaruso@mhadutchess.org

Lynn Rogers

Phone: 845-473-2500 (x1343)

Email: lrogers@mhadutchess.org

Fax: 845-471-9748

Greene

Greene County Mental Health Center
Family Support Program
905 Greene County Office Bldg. Cairo, NY 12413
Contact: Katie Conroy
Phone: 518-622-9163
Fax: 518-622-8596
Email: KConroy@greencountyny.gov

Greene (cont.)

MHA in Columbia/Greene Counties, Inc.
<https://www.mhacg.org/programs>
713 Union Street
Hudson, NY 12534 Roxanne Carpenter-Division Director for
Children and Families Division
Email: rcarpenter@mhacg.org
Lori Kolb-Speer, FPA
CFTSS Program Director
Email: lspeer@mhacg.org
Phone: 518-828-4619
Fax: 518-828-1196

Orange

MHA of Orange County, Inc.
<https://mhaorangeny.com/get-help/family-support.html>
Family Support Program
73 James P. Kelly Way, Middletown, NY 10940
Contact: Orange County Crisis Call Center for Referral
for Family Peer Support
Phone: Dial 311 or 1-800- 832-1200
Fax: 845-343-9665
Jessica Welsh
Email: jwelsh@mhaorangeny.com
845-342-2400 (x1258)

Access: Supports for Living
<https://accessupports.org/behavioral-health/#children-families>
16-24 Union Street, Middletown, NY 10940
Contact: Alva Martell-Ortiz
Email: aortiz@asfl.org
Cell: 845-281-5575
Fax: 845-342-5869

Putnam

Cove Care Center

<https://covecarecenter.org/services/community-based-services/community-based-services-children-families/>

1808 Rt. 6, Carmel, NY 10512

Contact: Christina McGuigan

Email: cmcguigan@covecarecenter.org

Phone: 845-225-2700 (x235)

Fax: 845-225-3207

Rensselaer

Vanderheyden Hall

www.vanderheyden.org/img/uploads/file/CFTSS-Service-descriptions-002-.pdf

650 Cooper Hill Road, Wynantskill, NY 12198

Contact: Crystal Stutz

Email: cstutz@vanderheyden.org

phone: 518-283-6500 (x211)

Cell: 518-687-4101

Rockland

Greater Mental Health of New York

<https://greatermentalhealth.org/services-support/>

140 Route 303, Suite A, Valley Cottage, 109

Arlene Smith, LCSW-Program Director

Email: smitha@greatermentalhealth.org

Phone: 845-267-2172

The Mental Health Association of Westchester and the Mental Health Association of Rockland joined forces to become Greater Mental Health of New York

St. Dominics Family Support

<https://sdfs.org/programs/community-basedservices/children-and-familytreatment-supportservices.html>

500 Western Highway Blauvelt, NY 10913

Phone: 845-359-3400 (221)

Contact: Santana Letts

Email: sletts@sdfs.org

NAMI Rockland County

<https://namirockland.org/support-and-education/family-peer-support-services/>

**140 Old Orangeburg Road, Bldg. #57, Rm
N106 Orangeburg, NY 10962**

Contact: Anne

Arias Phone:

845-359-8785

Fax: 845-359-4604

www.namirockland.org

Helpline: 845-359-8787 Email: **Email:**

anne@namirockland.org

Saratoga

CAPTAIN Community Human Services

<https://captaincares.org/get-help/help-for-families.html>

5 Municipal Plaza, Suite 3, Clifton Park, NY 12065

Contact: Krystle Kiesel

Email: Krystle@captaincares.org

Contact: Nicole Armour

Email: Nicole@captaincares.org

P: (518) 371-1185

F: (518) 383-7997

Schoharie

**Schoharie County Community Action
Program**

<https://sccapinc.org/programs/family-support-and-resource-center/>

795 East Main Street, Suite 5, Cobleskill, NY

Contact: Becky Foland

Email: bfoland@sccapinc.org

Phone: 518-235-0261

Fax: 518-234-0959

Catholic Charities

<https://www.charitiesccd.org/services/family-support-services/>

Family Support Services serving Delaware, Otsego and Schoharie Counties

489 West Main Street, Cobleskill, NY

12043 Contact: Denise Snyder

Email: denises@catholiccharitiessc.org

Phone: 518-234-3581 (316)

Fax: 518-234-8423

Sullivan

Action Towards Independence, Inc

<https://www.atitoday.org/supportsfamilies>

309 East Broadway, Monticello, NY 12701

Contact: Deborah Worden

Email: dworden@atitoday.org

Phone: 845-794-4228

Fax: 845-794-4475

Ulster

MHA in Ulster, Inc.

Family Support Services

<https://www.mhainulster.com/wellness-services/family-support-services/>

300 Aaron Court, Kingston, NY 12401

Jeannette Know-Program Director

Email: jknox@mhainulster.com

Phone: 845-339-9090 (x2201)

Fax: 845-336-0192

Family of Woodstock Adolescent Services

<https://www.familyofwoodstockinc.org/services-for-youth-adolescents/youth-case-management/>

31 Albany Ave. Kingston NY 12401

Tori Barnes-Program Director

Email: Julie Jones-Assistant Program Director

(845) 331-7080

(845) 802-5558 Fax

Warren/Washington

Behavioral Health Services North

<https://bhsn.org/youth-services/>

25 Willowbrook Road
Queensbury, NY 12804

Contact: Chad Slagle

Email: cslagle@bhsn.org

Phone: 518-926-7100 (x3171)

Westchester

Family Ties of Westchester

<https://www.familytieswestchester.org/advocacy-for-children-families/>

Mount Vernon

Kaveen Bartlett

Email: kbartlett@famtieswest.org

Kerry Megley

Email: kmegley@familyties.org

105 Stevens Avenue, Suite 402
Mount Vernon, NY 10550

Phone: (914) 667-9369

Fax: (914) 667-9402

Ossining

Celia Loja

175 Main Street, 2nd Floor
Ossining, NY 10562

Phone: (914) 941-3461

Fax: (914) 941-5373

Email : cloja@famtieswest.org

Peekskill

Kaveen Bartlett

Email: kbartlett@famtieswest.org

Kerry Megley

Email: kmegley@familyties.org

1132 Main Street
Peekskill, NY 10566

Phone: (914) 930-8832

Fax. (914) 930-8833

Email: pflint@famtieswest.org

Yonkers

Jeffrey Ashe
30 South Broadway, 7th Floor
Yonkers, NY 10701
Phone: (914) 964-2063
Fax: (914) 964-5748
Email: jashe@famtieswest.org

Administrative Office

112 East Post Rd, 3rd Floor
White Plains, NY 10601
Phone: (914) 995-5238
Fax: (914) 995-8421
Email: info@famtieswest.org

Long Island **Region**

Nassau County

Family & Children's Association Family Center
<https://www.fcali.org/programs-and-services/parent-support/>
377 Oak St., 5th floor
Garden City, NY 11530
Contact: Kevena Muhundrew, FPA
Email: kmuhundrew@fcali.org
516-746-0350 (3260)

Hispanic Counseling Center
Family Support Program
<https://www.hispaniccounseling.org/children-family-support-services/>
344 Fulton Avenue
Hempstead, NY 11550
Contact: Maria Evelyn Rodriguez, Program Coordinator
Email: merodriguez@hispaniccounseling.org
516-538-2613

North Shore Child & Family Guidance Center
<https://northshorechildguidance.org/helpful-guides>
480 Old Westbury Road
Roslyn Hts, NY 11577
Contact: Paul Danilack, Program Director
Email: aknox@northshorechildguidance.org
516-626-1971

Suffolk County

WellLife Network
Family Support Service Program (FSS)
<https://www.welllifenetwrok.org/children-and-family-services/>
3600 Rte. 112
Coram, NY 11727
Contact: Christina Hauptman, Supervisor
Email: christina.hauptman@welllifenetwrok.org
631-920-8302

Suffolk County (cont.)

**Family Service League
Parent to Parent Program**

<https://www.fsl-li.org/help-services/parent-to-parent/>

1444 Fifth Avenue

Bayshore, NY 11706

Contact: Anel Tineo- Program Supervisor

Email: atineo@fsl-li.org

631-647-3100

**Family and Children's Y-FI
Youth-Family Integration**

<https://www.fcali.org/programs-and-services/youth-services/youth-and-family-integration/>

4400 Veterans Hwy 202

Holbrook, NY 11741

Contact: Shari Lubeck

Email: slubeck@fcali.org

631-389-4693

New York City

ALLIANCE MEMBERS BY BOROUGH

STRONG FAMILIES AND COMMUNITIES TRAINING CENTER

New York Foundling

<https://www.nyfoundling.org/services/#therapy-family-support>

Contact: Viviane Ouedraogo, Assistant Vice President

Email: Viviane.Ouedraogo@nyfoundling.org

(646) 276-3387

Bronx

Vibrant

www.vibrant.org/what-we-do/community-programs/parents-caregivers/family-youth-peer-support-services/

Contact: Ina Concepcion, Bronx Alliance Coordinator

Email: Iconcepcion@Vibrant.org

(347) 920-8064

369 E 149th Floor 7, Bronx, NY 10455

MASA

<https://masany.org/programs>

Contact: Aracelis Lucero, Executive Director

Email: alucero@masany.org

(718) 213-7845

Brooklyn

Brooklyn Perinatal Network

<https://www.bpnetwork.org/nyc/family-service/>

Contact: Cathleen Freemantle Morse

Email: cathleenfreemantle@bpnetwork.org

(718) 643-8258 x 21

Christopher Rose Community Empowerment Campaign, Inc. (CRCEC)

<https://crcec.org/parents/>

Contact: Sharon Coombs-Rose, Executive

Email: srose@crcec.org

(718) 272-2363

Infinity Educational Special Programs CORPO

<https://www.infinityeducationalprograms.com/general-7>

Contact: Patricia Polimeni

Email: Ppolimeni24@gmail.com

(917) 501-0836

Public Health Solutions

<https://www.healthsolutions.org/community-work/family-support/>

Contact: Sandra Clark, Director

Email: sclark@healthsolutions.org

(646) 619-6712

Community Counseling & Mediation (CCM)

<https://ccmny.org/preventive-services-for-youth-and-families/>

810 Classon Avenue

Brooklyn, NY 11238

Contact: Sophia Romero-Benz

Sromero-benz@ccmny.org

Phone: 718-802-0666

Manhattan

University Settlement Society of New York

<https://www.universitysettlement.org/programs/>

184 Eldridge Street,

New York, NY 10002

Contact: Suleyka Perez

Director of Family and Youth Peer Support Services

Email: superez@universitysettlement.org

Phone: 646-574-7680

Operation Equivalency

<https://opequiv.org/our-programs/>

Francisco Lantigua

President/CEO

Email: Flantigua@opequiv.org

PH: 347-395-9709

Youth Action Youth Build

<https://www.youthaction.nyc/support-yayvb/>

Robert Taylor

Executive Director

Email: Rtaylor@youthactionyouthbuild.org

PH: 212-860-8170 (x 31)

Association to Benefit Children (ABC)
<https://www.a-b-c.org/preventive-services>
Marie Nguyen, Chief Program Officer
Email: Mnguyen@a-b-c.org
(212) 845-3863
Eri Noguchi, Associate Executive Director
Email: Enoguchi@a-b-c.org
(212) 845-3822

The Door
<https://broomstreetacademy.org/caregiver-resources-important-updates/>
Peter Gee, Interim Executive Director
Email: pgee@door.org
(212) 941-9090 ext. 3429
Reed Christian, Managing Director of Supportive Services and Counseling –
Email: rchristian@door.org
(917) 882-1041

Queens

Together We Can Resource Center (TWC)
<https://www.togetherwecanrc.org/grupo-de-padres-parents-group>
Contact: Shannon Getzel
Co-Founder & Director
Email: info@togetherwecanrc.org

Vibrant Emotional Health
<https://www.vibrant.org/what-we-do/community-programs/parents-caregivers/>
29-46 Northern Blvd, 2nd Floor
Queens, New York 11101
Contact: Ina Concepcion, Alliance Coordinator
Email: Iconcepcion@vibrant.org
Phone: 347.920.8064
SCO Family of Services
Contact: Jennifer Fuchs, Director
Email: jfuchs@sco.org

Staten Island

Families on the Move
<https://fotmny.org/resources>
358 St. Marks Place Ste. 302
S.I. NY 10301
Contact: Tina Gibbs- Associate Director
Email: tgibbs@fotmny.org
(347) 682-4951
fax: 718-447-6539

Staten Island (cont.)

Vibrant Emotional Health

<https://www.vibrant.org/what-we-do/community-programs/parents-caregivers/>

Staten Island Alliance

120 Stuyvesant Pl, Suite 414, Staten Island NY 10301

Contact: Jacqueline Jenkins

Email: jjenkins@vibrant.org

(917) 828-6732

Western Region

Multiple Counties

Aspire Hope Inc.

<https://www.aspirehope.org/Parent-Page>

25 West Steuben Street, Bath, NY

Program Director: Jeannine Struble

Phone: 607-776-2164, 1-800-934-4244

Email: jstruble@aspirehope.org

Serving Counties: Allegany, Chemung, Ontario,
Schuyler, Seneca, Steuben, Tioga, Wayne, Yates

Hillside Family Support

<https://hillside.com/services/family-resources/>

96 West Buffalo Street, Warsaw, NY 14569

Contact: Megan Henry - Manager

Phone: 716-220-6906

Email: HCCGlowReferrals@hillside.com , mhenry@hillside.com

Serving Counties: Chautauqua, Genesee, Livingston, Orleans, Wyoming

Cattaraugus

Intandem Family Support Program

<https://www.intandem.org/programs-support/childrens-services/other-services/>

1439 Buffalo St. Olean, NY 14760

Contact: Melissa Milligan

Phone: 716-375-4747 (x1159)

Email: mmilligan@intandem.org

Erie

New Directions Youth and Family Services

<https://www.fosteringgood.org/services/family-peer-support-services>

6395 Old Niagara Road, Lockport, NY 14094

Contact: Heather Wood, FPA C-Supervisor

Phone: 716-486-3295

Cell: 716-260-3189

Email: lloyd@ndvfs.org

Monroe

Mental Health Association Youth & Family Support Program

274 Goodman Street N, Unit D103, Rochester NY, 14607

<https://www.mharochester.org>

Contact: Elizabeth Kingsley Curran, Vice President of Programs and Quality
ekingsleycurran@mharochester.org

Phone: 585-325-3145 (x601)

Direct: 585-514-0602

Monroe

Compeer Rochester

<https://www.compeerrochester.org/family>

259 Monroe Street, Rochester, NY 14607

Contact: Elliot Rizzo

Email: erizzo@compeerrochester.org

Niagara

New Directions Youth and Family Services

<https://www.fosteringgood.org/services/family-peer-support-services>

6395 Old Niagara Road, Lockport, NY 14094

Contact: Laura Lloyd- Director Niagara, Orleans Counties

Phone: 716-535-1745

Cell: 716-343-0013

Email: llloyd@ndyfs.org

Tompkins

Mental Health Association in Tompkins County

Family Peer Support Services

<https://www.mhaedu.org/family-peer-support>

171 East State Street, Suite 275, Ithaca, NY 14850

Mailbox 144

Director: Josephine Gibson

Phone: 607-273-9250

Email: jgibson@mhaedu.org

**Families
Together**
in New York State