

2026 Annual Conference

WORKSHOP LINEUP

Autonomy vs. Support: Finding Balance and Tailoring it to the Needs of Youth and Families - Explores how to balance independence and support while navigating real-world challenges in youth and family work.

A Workforce That Makes a Difference - Provides an overview of FPA and YPA credentialing, including requirements, application steps, and common pitfalls.

Engaging Families as Partners in Recovery: Strength-Based Family Peer Support in Action - Focuses on building trust and empowering families as active partners in recovery through strength-based approaches.

Turning Grief into Action: Understanding Youth Vulnerability to Online Challenges - Explores how social media influences risky behaviors and how to identify warning signs and protect youth.

Pathways to Thriving - Introduces research-based tools and strategies to support healthy development and prevent child abuse in homes and communities.

Best Practices for Preventing Abuse and Neglect - Highlights tools, resources, and strategies to promote safety and prevent abuse across service settings.

Stories We Carry, Strengths We Share - Engages youth and families in reflecting on identity, culture, and connection to promote inclusion and well-being.

They Deserve Better: A Call for Trauma-Informed Sex Education for Individuals with Intellectual and Developmental Disabilities - Examines how to apply trauma-informed approaches to sexuality education that support dignity, safety, and autonomy.

Introduction to Youth-Guided & Family-Driven Practice - Introduces core concepts and strategies for embedding youth and family voice into programs and services.

Empowering Young Leaders: A Panel Discussion - Features youth sharing lived experiences and insights on leadership, advocacy, and advisory board impact.

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FPA's Engaging Fathers in Family Systems of Care - Examines the importance of father involvement and offers strategies to strengthen engagement in family services.

Nourishing the Mind: The Essential Role of Nutrition on Mental Health Treatment and Advocacy for Children - Explains how nutrition impacts mental health and offers strategies to integrate it into care and advocacy.

School Mental Health Resource and Training Center - Introduces statewide resources and training opportunities to support mental health education in schools.

Best Practices When Supervising Family and Youth Peer Advocates - Shares key strategies for effectively supervising and supporting peer advocates in their roles.

Courage & Connection: A Circle-Keeping Experience on Collaboration - Facilitates reflective dialogue to strengthen collaboration and connection within the lived experience workforce.

Family Engagement through the DJJOY Lens - Explores approaches to strengthening family engagement through partnerships and community collaboration.

Elevating Peer Support Across the Region: Collaboration, Capacity, and Culture - Addresses workforce challenges and highlights strategies to strengthen and sustain peer support systems.

Transition is a Process - Provides tools and strategies to help youth and families navigate the transition to adulthood with confidence.

From Lived Experience to Leadership - Explores how lived experience can drive meaningful systems change through leadership and partnership.