Families Together in New York State

Empowering Families. Coordinating Systems.

NEW YORK STATE /OMH

COMMUNITY BASED-FAMILY

SUPPORT PROGRAMS

(1650 PROGRAMS)

JUNE 2026 / Version 1

Families Together in New York State

Mission Statement

Families Together in New York State represents, supports and advocates for youth and family voice in policy and systems change to ensure an equitable and inclusive journey that fosters belonging, wellness and empowerment for all.

www.ftnys.org

Home Office
737 Madison Avenue
Albany, N.Y. 12208
Office: 518-432-0333
Fax: 518-432-6478
Toll-free: 1-888-326-8644

FAMILIES TOGETHER IS A STATEWIDE FAMILY RUN, FAMILY GOVERENED ORGANIZATION

Family organizations are family run, meaning CEO/ ED is a parent/caregiver, and family governed meaning at least 51% of board are parents/caregivers.

Central Region

Broome	**Broome Catholic Charities** **https://www.catholiccharitiesbc.org/programs/youth_services/family-support.html** **232 Main Street, Binghamton, NY 13905** **Contact: Amy Wilson, FPSS Supervisor** **Phone: 607-729-9166** **Email: awilson@ccbc.net** **Children's Home of Wyoming Conference** **https://chowc.org/our-services/community-programs/** **297 Chenango Street, Binghamton, NY13901** **1182 Chenango Street, Binghamton, NY 13901** **Contact: Beth Palmieri, FPSS Supervisor** **607-772-6904** **Email: bpalmieri@chowc.org**
Chenango	**Family Resource Network** **https://familyrn.org/programs/mental-health-and-wellness-services/** **46 Oneida Street, Oneonta, NY 13820** **Contact: Michelle Zuk- Executive Director** **Email: executivedirector@familyrn.org** **Email: mzuk@familyrn.org** **Phone: 607-432-0001** **Mary Fralick-Family Peer Support Director** **Email: mfralick@familyrn.org**
Clinton	**Behavioral Health Services North, Inc.** **https://bhsn.org/ccbhc/** **22 US Oval, Suite 218, Plattsburgh, NY 12903 Contact: Program Coordinator: Tammy Mahan** **Phone: 518-593-8380** **Email: tmahan@bhsn.org**

Cortland	**Cortland Community Services/Clinic** **https://www.cortlandcountyny.gov/454/Familysupport services** **7 Clayton Avenue** **Cortland, NY 13045-2501** **Contact: Jamee Sobko-Family Support Services Director** **607-758-6110** **Email: jsobko@cortlandcountyny.gov**
Delaware	**Family Resource Network** **https://familyrn.org/programs/mental-health-and-wellness-services/** **46 Oneida Street, Oneonta, NY 13820** **Contact: Michelle Zuk- Executive Director** **Email: executivedirector@familyrn.org** **Email: mzuk@familyrn.org** **Contact:Mary Fralick-Family Peer Support Director** **Email: mfralick@familyrn.org** **Phone: 607-432-0001**
Essex	**Families First of Essex County Family Support** **https://familiesfirstessex.org/what_we_do/programs_services.html** **PO Box 565** **196 Water Street, Elizabethtown, NY 12932** **Contact: Kayleigh Wojewodzic - Director of Clinical Services Phone: 518-873-9544** **Fax: 518-873-9570** **Email: kwojewodzic@familiesfirstessex.org**
Franklin	**Citizens Advocates, Inc.** **Enhance Parent Support Services** **https://citizenadvocates.net/mental-health/peer-support-services/** **209 Park Street, Malone, NY 12953** **Contact: Melissa Rundall** **Phone: 518-651-2277** **Email: melissarundall@citizenadvocates.net**

Fulton & Montgomery	**MHA of Fulton and Montgomery Counties** **Family Support – Fulton/Montgomery** **https://www.mentalhealthassociation.org/programs1.html** **307-309 Meadow Street, Johnstown, NY 12095** **Contact: Pat Gardner- Family Support Director** **Phone: 518-762-5332 (103)** **Email: pgardner@mhafm.org**
Fulton	**The Family Counseling Center** **https://www.thefamilycounselingcenter.org/family-support-services/** **11-21 Broadway, Gloversville, NY 12078 Contact: Emily Cooper-C & F Program Services Director** **Phone: 518-725-4310** **Email: ecooper@thefamilycounselingcenter.org**
Herkimer	**Center for Family Life and Recovery** **https://www.whenthereshelpthereshope.com/services/** **502 Court Street, Suite 401 Utica, NY 13502** **Contact: Oahmidah Chalbat/ Supervisor for PINS** **Email: ochalbat@cflrinc.org** **Phone: 315-867-1317**
	Upstate Cerebral Palsy, Inc. **https://www.upstatecp.org/behavioral-health/#other-supports** **s/b 235 N. Prospect St, Herkimer, NY 13350** **Contact: Jynee Zimdars-Program Manager of OMH** **Email: Jynee.zimdars@upstatecp.org** **Phone: 315-927-3230**

Jefferson	**Northern Regional Center for Independent Living** **Family Support Services** **https://nrcil.net/programs/family-peer-support/** **210 Court Street, Suite 107, Watertown, NY 13601: Jennifer Sibley- FPSS Program Director** **Phone: 315-785-8703** **Email: jennifers@nrcil.net** **Aileen Martin-Executive Director** **Email: aileenm@nrcil.net**
Lewis	**Northern Regional Center for Independent Living** **Family Support Services** **https://nrcil.net/programs/family-peer-support/** **5520 Jackson Street** **Lowville NY 13367** **Contact: Lamanda Jackson-Lewis** **Family Support Team Leader** **Phone: 315-836-3735** **Email: lamandac@nrcil.net**
Otsego	**Family Resource Network** **https://familyrn.org/programs/mental-health-and-wellness-services/** **46 Oneida Street, Oneonta, NY 13820 Coordinated Children's Service Initiative Contact: Michelle Zuk- Executive Director** **executivedirector@familyrn.org** **Email: mzuk@familyrn.org** **Mary Fralick-Family Peer Support Director** **Email: mfralick@familyrn.org** **Phone: 607-432-0001**

St. Lawrence	**Northern Regional Center for Independent Living Family Support Services** **https://nrcil.net/programs/family-peer-support/** **500 State Street, Ogdensburg, NY 13669** **Director: Jennifer Sibley** **FPSS Program Director** **Email: jennifers@nrcil.net** **Aileen Martin** **Executive Director** **Email: aileenm@nrcil.net** **Phone: 315-785-8703**

Hudson River Region

Albany

Families United Network

Northern Rivers

https://www.northernrivers.org/resources
60 Academy Road, Albany, NY 12208
Phone: 518-729-7574
Fax: 518-447-5234

Columbia

MHA in Columbia/Greene Counties, Inc.

https://www.mhacg.org/programs/cftss
713 Union Street, Hudson, NY 12534 Roxanne Carpenter-Division Director for Children and Families Division
Email: rcarpenter@mhacg.org
Lori Kolb-Speer, FPA
CFTSS Program Director
Email: lkspeer@mhacg.org
Phone: 518-828-4619
Fax: 518-828-1196

Dutchess

MHA in Dutchess County, Inc.
Family Support Programs
https://mhadutchess.org/services/family-peer-advocate/
515 Haight Street, Poughkeepsie, NY 12603
Janet Caruso-Director
Phone: 845-473-2500 (x1325)
Email: jcaruso@mhadutchess.org
Lynn Rogers
Phone: 845-473-2500 (x1343)
Email: lrogers@mhadutchess.org
Fax: 845-471-9748

Greene

Greene County Mental Health Center
Family Support Program
905 Greene County Office Bldg. Cairo, NY 12413
Contact: Katie Conroy
Phone: 518-622-9163
Fax: 518-622-8596
Email: KConroy@greenecountyny.gov

Greene (cont.)	**MHA in Columbia/Greene Counties, Inc.** **https://www.mhacg.org/programs** **713 Union Street** **Hudson, NY 12534Roxanne Carpenter-Division Director for Children and Families Division** **Email: rcarpenter@mhacg.org** **Lori Kolb-Speer, FPA** **CFTSS Program Director** **Email: lkspeer@mhacg.org** **Phone: 518-828-4619** **Fax: 518-828-1196**
Orange	**MHA of Orange County, Inc.** **https://mhaorangeny.com/get-help/family-support.html** **Family Support Program** **73 James P. Kelly Way, Middletown, NY 10940** **Contact: Orange County Crisis Call Center for Referral for Family Peer Support** **Phone: Dial 311 or 1-800- 832-1200** **Fax: 845-343-9665** **Jessica Welsh** **Email: jwelsh@mhaorangeny.com** **845-342-2400 (x1258)**
	Access: Supports for Living **https://accesssupports.org/behavioral-health/#children-families** **16-24 Union Street, Middletown, NY 10940** **Contact: Alva Martell-Ortiz** **Email: aortiz@asfl.org** **Cell: 845-281-5575** **Fax: 845-342-5869**
Putnam	**Cove Care Center** **https://covecarecenter.org/services/community-based-services/community-based-services-children-families/** **1808 Rt. 6, Carmel, NY 10512** **Contact: Christina McGuigan** **Email: cmcguigan@covecarecenter.org** **Phone: 845-225-2700 (x235)** **Fax: 845-225-3207**

Rensselaer

Vanderheyden Hall
www.vanderheyden.org/img/uploads/file/CFTSS-Service-descriptions-002-.pdf
650 Cooper Hill Road, Wynantskill, NY 12198
Contact: Crystal Stutz
Email: cstutz@vanderheyden.org
phone: 518-283-6500 (x211)
Cell: 518-687-4101

Rockland

Greater Mental Health of New York
https://greatermentalhealth.org/services-support/
140 Route 303, Suite A, Valley Cottage, 109
Arlene Smith, LCSW-Program Director
Email: smitha@greatermentalhealth.org
Phone: 845-267-2172
The Mental Health Association of Westchester and the Mental Health Association of Rockland joined forces to become Greater Mental Health of New York

St. Dominics Family Support
https://sdfs.org/programs/community-basedservices/children-and-familytreatment-supportservices.html
500 Western Highway Blauvelt, NY 10913
Phone: 845-359-3400 (221)
Contact: Santana Letts
Email: sletts@sdfs.org

NAMI Rockland County
https://namirockland.org/support-and-education/family-peer-support-services/
140 Old Orangeburg Road, Bldg. #57, Rm N106 Orangeburg, NY 10962
Contact: Anne Arias Phone: 845-359-8785
Fax: 845-359-4604
www.namirockland.org
Helpline: 845-359-8787 Email: **Email: anne@namirockland.org**

Saratoga	**CAPTAIN Community Human Services** **https://captaincares.org/get-help/help-for-families.html** **5 Municipal Plaza, Suite 3, Clifton Park, NY 12065** **Contact: Krystle Kiesel** **Email: Krystle@captaincares.org** **Contact: NicoleArmour** **Email: Nicole@captaincares.org** **P: (518) 371-1185** **F: (518) 383-7997**
Schoharie	**Schoharie County Community Action Program** **https://sccapinc.org/programs/family-support-and-resource-center/** **795 East Main Street, Suite 5, Cobleskill, NY** **Contact: Becky Foland** **Email: bfoland@sccapinc.org** **Phone: 518-235-0261** **Fax: 518-234-0959**
	Catholic Charities **https://www.charitiesccdos.org/services/family-support-services/** **Family Support Services serving Delaware, Otsego and Schoharie Counties** **489 West Main Street, Cobleskill, NY 12043 Contact: Denise Snyder** **Email: denises@catholiccharitiessc.org** **Phone: 518-234-3581 (316)** **Fax: 518-234-8423**
Sullivan	**Action Towards Independence, Inc** **https://www.atitoday.org/supportsforfamilies** **309 East Broadway, Monticello, NY 12701** **Contact: Deborah Worden** **Email: dworden@atitoday.org** **Phone: 845-794-4228** **Fax: 845-794-4475**

Ulster

MHA in Ulster, Inc.
Family Support Services
https://www.mhainulster.com/wellness-services/family-support-services/
300 Aaron Court, Kingston, NY 12401
Jeannette Know-Program Director
Email: jknox@mhainulster.com
Phone: 845-339-9090 (x2201)
Fax: 845-336-0192

Family of Woodstock Adolescent Services
https://www.familyofwoodstockinc.org/services-for-youth-adolescents/youth-case-management/
31 Albany Ave. Kingston NY 12401
Tori Barnes-Program Director
Email: Julie Jones-Assistant Program Director
(845) 331-7080
(845) 802-5558 Fax

Warren/Washington

Behavioral Health Services North
https://bhsn.org/youth-services/
25 Willowbrook Road
Queensbury, NY 12804
Contact: Chad Slagle
Email: cslagle@bhsn.org
Phone: 518-926-7100 (x3171)

Westchester

Family Ties of Westchester

https://www.familytieswestchester.org/advocacy-for-children-families/

Mount Vernon
Kaveen Bartlett
Email: **kbartlett@famtieswest.org**
Kerry Megley
Email: kmegley@familyties.org
105 Stevens Avenue, Suite 402
Mount Vernon, NY 10550
Phone: (914) 667-9369
Fax: (914) 667-9402

Ossining

Celia Loja
175 Main Street, 2nd Floor
Ossining, NY 10562
Phone: (914) 941-3461
Fax: (914) 941-5373
Email :**cloja@famtieswest.org**

Peekskill

Kaveen Bartlett
Email: **kbartlett@famtieswest.org**
Kerry Megley
Email: kmegley@familyties.org
1132 Main Street
Peekskill, NY 10566
Phone: (914) 930-8832
Fax. (914) 930-8833
Email: **pflint@famtieswest.org**

Yonkers

Jeffrey Ashe
30 South Broadway, 7th Floor
Yonkers, NY 10701
Phone: (914) 964-2063
Fax: (914) 964-5748
Email: jashe@famtieswest.org

Administrative Office

112 East Post Rd, 3rd Floor
White Plains, NY 10601
Phone: (914) 995-5238
Fax: (914) 995-8421
Email: info@famtieswest.org

Long Island Region

Nassau County

Family & Children's Association Family Center
https://www.fcali.org/programs-and-services/parent-support/
377 Oak St., 5th floor
Garden City, NY 11530
Contact: Kevena Muhundrew, FPA
Email: kmuhundrew@fcali.org
516-746-0350 (3260)

Hispanic Counseling Center
Family Support Program
https://www.hispaniccounseling.org/children-family-support-services/
344 Fulton Avenue
Hempstead, NY 11550
Contact: Maria Evelyn Rodriguez, Program Coordinator
Email: merodriguez@hispaniccounseling.org
516-538-2613

North Shore Child & Family Guidance Center
https://northshorechildguidance.org/helpful-guides
480 Old Westbury Road
Roslyn Hts, NY 11577
Contact: Paul Danilack, Program Director
Email:aknoxk@northshorechildguidance.org
516-626-1971

Suffolk County

WellLife Network
Family Support Service Program (FSS)
https://www.welllifenetwork.org/children-and-family-services/
3600 Rte. 112
Coram, NY 11727
Contact: Christina Hauptman, Supervisor
Email: christina.hauptman@welllifenetwork.org
631-920-8302

Suffolk County (cont.)

Family Service League
Parent to Parent Program
https://www.fsl-li.org/help-services/parent-to-parent/
1444 Fifth Avenue
Bayshore, NY 11706
Contact: Anel Tineo- Program Supervisor
Email: atineo@fsl-li.org
631-647-3100

Family and Children's Y-FI
Youth-Family Integration
https://www.fcali.org/programs-and-services/youth-services/youth-and-family-integration/
4400 Veterans Hwy 202
Holbrook, NY 11741
Contact: Shari Lubeck
Email: slubeck@fcali.org
631-389-4693

New York City

ALLIANCE MEMBERS BY BOROUGH

STRONG FAMILIES AND COMMUNITIES TRAINING CENTER
New York Foundling
https://www.nyfoundling.org/services/#therapy-family-support
Contact: Viviane Ouedraogo, Assistant Vice President
Email: Viviane.Ouedraogo@nyfoundling.org
(646) 276-3387

Bronx

Vibrant

www.vibrant.org/what-we-do/community-programs/parents-caregivers/family-youth-peer-support-services/
Contact: Ina Concepcion, Bronx Alliance Coordinator
Email: Iconcepcion@Vibrant.org
(347) 920-8064
369 E 149th Floor 7, Bronx, NY 10455

MASA
https://masany.org/programs
Contact:Aracelis Lucero, Executive Director
Email: alucero@masany.org
(718) 213-7845

Brooklyn

Brooklyn Perinatal Network
https://www.bpnetwork.org/nyc/family-service/
Contact: Cathleen Freemantle Morse
Email: cathleenfreemantle@bpnetwork.org
(718) 643-8258 x 21

Christopher Rose Community Empowerment Campaign, Inc. (CRCEC)
https://crcec.org/parents/
Contact: Sharon Coombs-Rose, Executive
Email: srose@crcec.org
(718) 272-2363

Infinity Educational Special Programs CORPO
https://www.infinityeducationalprograms.com/general-7
Contact: Patricia Polimeni
Email: Ppolimeni24@gmail.com
(917) 501-0836

Public Health Solutions
https://www.healthsolutions.org/community-work/family-support/
Contact: Sandra Clark, Director
Email: sclark@healthsolutions.org
(646) 619-6712

Community Counseling & Mediation (CCM)
https://ccmnyc.org/preventive-services-for-youth-and-families/
810 Classon Avenue
Brooklyn, NY 11238
Phone: 718-802-0666

Manhattan

University Settlement Society of New York
https://www.universitysettlement.org/programs/
184 Eldridge Street,
New York, NY 10002
Contact: Suleyka Perez
Director of Family and Youth Peer Support Services
Email: superez@universitysettlement.org
Phone: 646-574-7680

Operation Equivalency
https://opequiv.org/our-programs/
Francisco Lantigua
President/CEO
Email: Flantigua@opequiv.org
PH: 347-395-9709

Youth Action Youth Build
https://www.youthaction.nyc/support-yayb/
Robert Taylor
Executive Director
Email: Rtaylor@youthactionyouthbuild.org
PH: 212-860-8170 (x 31)

Association to Benefit Children (ABC)
https://www.a-b-c.org/preventive-services
Marie Nguyen, Chief Program Officer
Email: Mnguyen@a-b-c.org
(212) 845-3863
Eri Noguchi, Associate Executive Director
Email: Enoguchi@a-b-c.org
(212) 845-3822

The Door
https://broomestreetacademy.org/caregiver-resources-important-updates/
Peter Gee, Interim Executive Director
Email: pgee@door.org
(212) 941-9090 ext. 3429
Reed Christian, Managing Director of Supportive Services and Counseling –
Email: rchristian@door.org
(917) 882-1041

Queens

Together We Can Resource Center (TWC)
https://www.togetherwecanrc.org/grupo-de-padres-parents-group
Contact: Shannon Getzel
Co-Founder & Director
Email: info@togetherwecanrc.org

Vibrant Emotional Health
https://www.vibrant.org/what-we-do/community-programs/parents-caregivers/
29-46 Northern Blvd, 2nd Floor
Queens, New York 11101
Contact: Ina Concepcion, Alliance Coordinator
Email: IConcepcion@vibrant.org
Phone: 347.920.8064
SCO Family of Services
Contact: Jennifer Fuchs, Director
Email: jfuchs@sco.org

Staten Island

Families on the Move
https://fotmnyc.org/resources
358 St. Marks Place Ste. 302
S.I. NY 10301
Contact: Tina Gibbs- Associate Director
Email: tgibbs@fotmnyc.org
(347) 682-4951
fax: 718-447-6539

Staten Island (cont.)

Vibrant Emotional Health
https://www.vibrant.org/what-we-do/community-programs/parents-caregivers/
Staten Island Alliance
120 Stuyvesant Pl, Suite 414, Staten Island NY 10301
Contact: Jacqueline Jenkins
Email: jjenkins@vibrant.org
(917) 828-6732

Western Region

Multiple Counties

Aspire Hope Inc.
https://www.aspirehope.org/Parent-Page
25 West Steuben Street, Bath, NY
Program Director: Jeannine Struble
Phone: 607-776-2164, 1-800-934-4244
Email: jstruble@aspirehope.org
Serving Counties: Allegany, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, Yates

Hillside Family Support
https://hillside.com/services/family-resources/
96 West Buffalo Street, Warsaw, NY 14569
Contact: Megan Henry - Manager
Phone: 716-220-6906
Email: HCCGlowReferrals@hillside.com , mhenry@hillside.com
Serving Counties: Chautauqua, Genesee, Livingston, Orleans, Wyoming

Cattaraugus

Intandem Family Support Program
https://www.intandem.org/programs-support/childrens-services/other-services/
1439 Buffalo St. Olean, NY 14760
Contact: Melissa Milligan
Phone: 716-375-4747 (x1159)
Email: mmilligan@intandem.org

Erie

New Directions Youth and Family Services
https://www.fosteringgood.org/services/family-peer-support-services
6395 Old Niagara Road, Lockport, NY 14094
Contact: Heather Wood, FPA C-Supervisor
Phone: 716-486-3295
Cell: 716-260-3189
Email: lloyd@ndyfs.org

Monroe

Mental Health Association Youth & Family Support Program
274 Goodman Street N, Unit D103, Rochester NY, 14607
https://www.mharochester.org
Contact: Elizabeth Kingsley Curran, Vice President of Programs and Quality
ekingsleycurran@mharochester.org
Phone: 585-325-3145 (x601)
Direct: 585-514-0602

Monroe

Compeer Rochester
https://www.compeerrochester.org/family
259 Monroe Street, Rochester, NY 14607
Contact: Elliot Rizzo
Email: erizzo@compeerrochester.org

Niagara

New Directions Youth and Family Services

https://www.fosteringgood.org/services/family-peer-support-services
6395 Old Niagara Road, Lockport, NY 14094
Contact: Laura Lloyd- Director Niagara, Orleans Counties
Phone: 716-535-1745
Cell: 716-343-0013
Email: llloyd@ndyfs.org

Tompkins

Mental Health Association in Tompkins County

Family Peer Support Services

https://www.mhaedu.org/family-peer-support
171 East State Street, Suite 275, Ithaca, NY 14850
Mailbox 144
Director: Josephine Gibson
Phone: 607-273-9250
Email: jgibson@mhaedu.org

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