YPA Technical Assitance Training

Effective Youth Peer Support for Neurodiverse and Specialized Populations

Youth are more than their diagnoses. Youth Peer Advocates support young people with a wide range of strengths, identities, abilities, and lived experiences that shape their journeys. From neurodivergent youth and young parents to youth with developmental disabilities, mental health challenges, and experiences in inpatient or residential settings, effective peer support requires flexibility, understanding, and individualized approaches.

This practical training explores how neurodiversity, disability, culture, system involvement, and other life experiences can influence engagement, communication, and self-advocacy. Participants will learn strategies for providing culturally responsive, trauma-informed, and strengths-based peer support that honors the whole person rather than focusing solely on labels. Youth Peer Advocates will build skills to foster meaningful connections, promote youth voice and choice, and support positive outcomes for diverse youth populations.

Presenter: MiMi Phillips, Youth Training Coordinator

Thursday, November 19, 2026

11:30AM - 01:00 PM

Virtual

- Earn Continuing Education hours!
- New topics monthly!

REGISTER: bit.ly/4e6DksS

Families Together in NYS YPA

Questions?
YPACredential@ftnys.org

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